

THE  
BLUESTONE  
2010 //  
DIMENSIONS





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THE BLUESTONE, VOLUME 101  
THE YEARBOOK OF JAMES MADISON UNIVERSITY  
MARCH 2009-MARCH 2010  
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**OPENING**

**STUDENT LIFE**

**ACADEMICS**

**ORGANIZATIONS**

**VARSITY SPORTS**

**CLOSING**

The university is made up of many dimensions. Students, faculty and staff come together on a daily basis to create a unified community. Whether you are involved in Greek life, athletics, or visual arts, each person contributes to the diversity of our campus.

Members of University Program Board and others involved in music production helped put on performances by artists ranging from Three 6 Mafia to Corey Smith. Former President Jimmy Carter visited campus to spread his message of peace. Organizations on campus such as the Center for Multicultural Student Services sponsored educational and entertaining programs ranging from the Homecoming Step Show to the Martin Luther King Jr. Formal Program. Alumni and faculty showed their Duke pride at the Homecoming football game, where the entire stadium bled purple and gold.

Through honored Madison traditions and new and exciting experiences, our campus has multiple layers that are continually being discovered.

**What is your dimension?**





Basking in the warm air, sunflowers wait to be sold at the Harrisonburg Farmers' Market. The farmers' market was held every Tuesday and Saturday since it began in 1979 as an idea of Samuel Johnson, a local fruit and vegetable farmer.  
[chloa//essiesdadds](#)



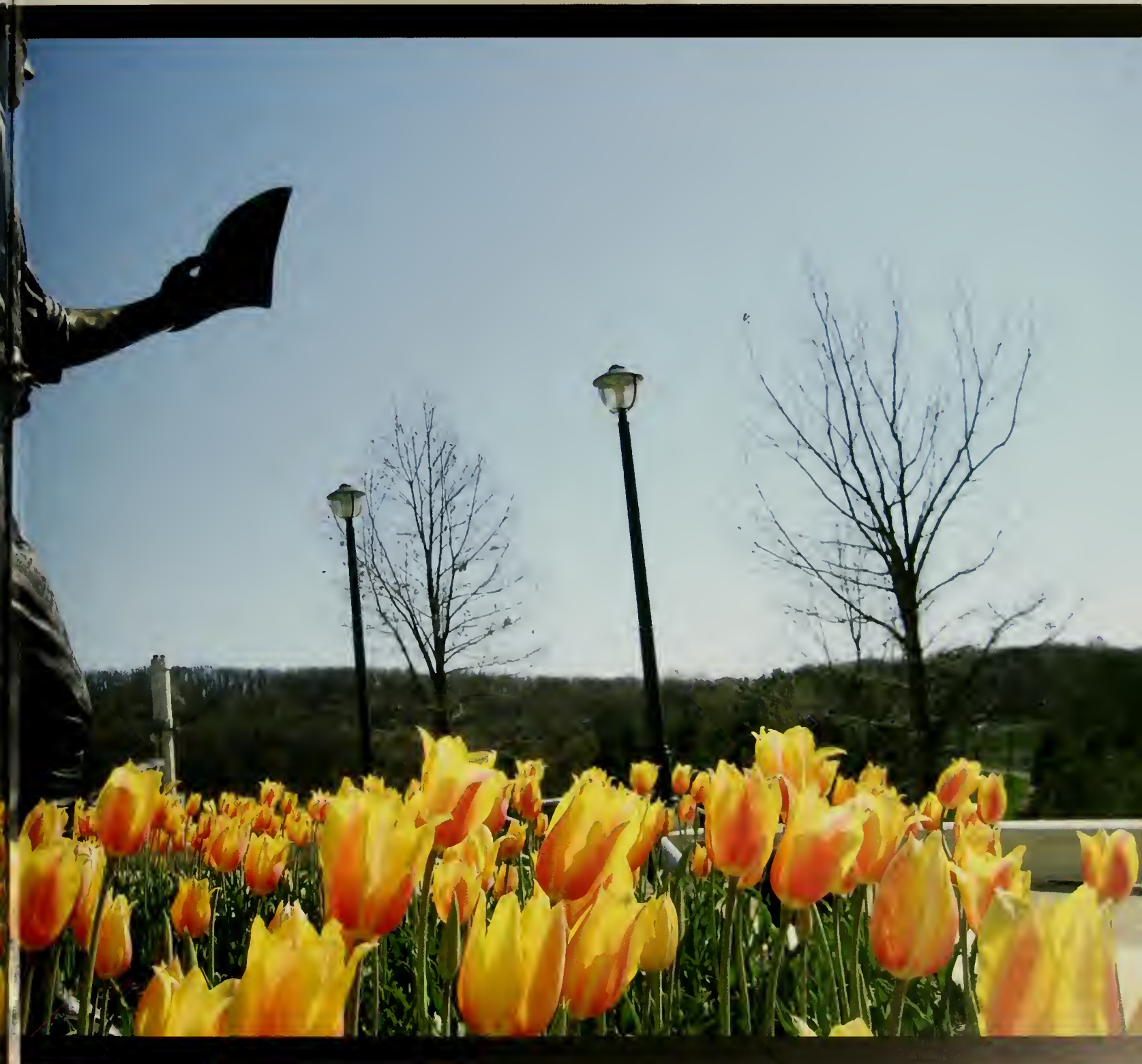
**we are growing.**





Showing their excitement, the players on the baseball team celebrate their victory (left). The baseball and softball teams moved into a new stadium in the spring of 2010, just one of the university's new expansion projects. Other construction completed this year included a new dining facility and a new residence hall on East Campus. Construction also began on Bridgeforth Stadium, which would add 10,000 seats to the stadium.

photos // courtesy of sportsmedia & laurabock



**we are cultured.**





The university dance team performs on stage (left).  
Wilson Hall (right) hosted several entertainment acts throughout the year, including country artist Corey Smith, acrobatic performance "Cirque D'or," and the improvisational show "Whose Line Is It Anyway." Wilson Hall also housed the offices of University Advising, Career and Academic Planning, and Community Service Learning. The building was named after former President Woodrow Wilson, one of the eight U.S. presidents born in Virginia.  
photos//jessicadodds & laurabock





**we are animated.**



Outside her apartment, senior **Kerry Shannon** enjoys her snow day on Friday, Feb. 5 (left). The university saw more than 50 inches of snow for the winter season, with three snow days in February alone. Students sledded down the hills of East Campus, including the hills in front of Shenandoah and Potomac Halls (right). Some students also indulged their childlike tendencies by building snowmen and snow forts.  
photos // nataliewall & caseybailey



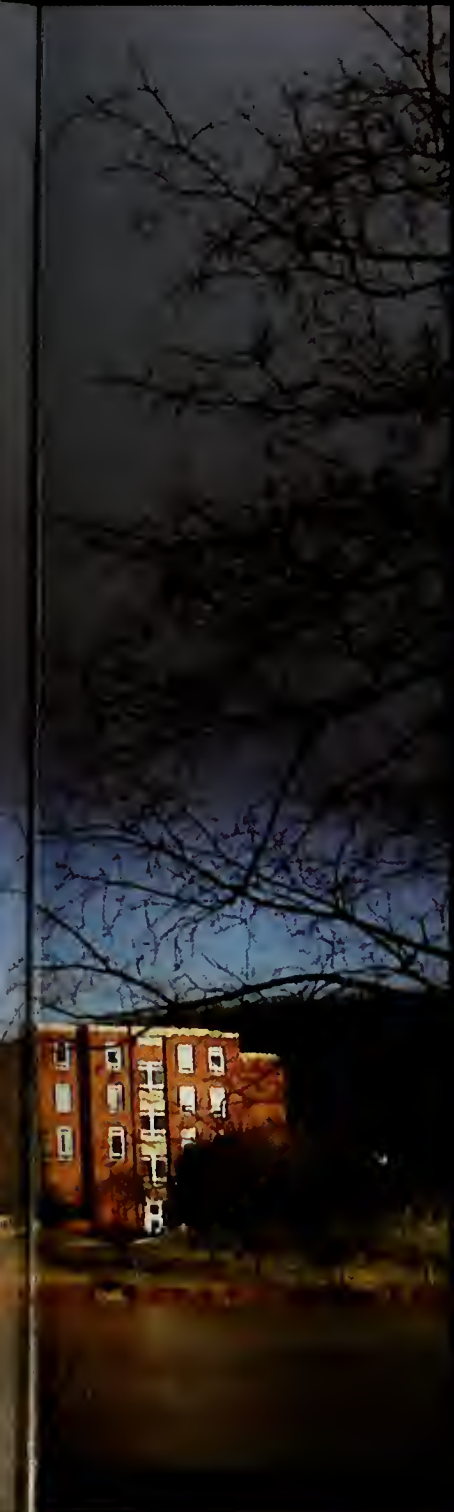


**we are united.**





Posed outside a residence hall on the Quad, junior K.D. Doxie takes a break from Resident Adviser (RA) training in August (right). RAs, Orientation Program Advisers and First year Orientation Guides worked together to make freshmen's first few weeks at the university a smooth transition. 1787 Orientation provided several opportunities for freshmen to get acquainted with the university, including conversations with professors and a beach party at the University Recreation Center (UREC). Other resources available to first-year students included the First Year Involvement Resource and Writing Center, and the Academic Mentor Program, both located in Huffman Hall.  
photos//sarahmcginnis & roosemarygrant



student*life*//

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# STUDENT LIFE FEATURES

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# the ULTIMATE FIGHTER

## STUDENT STEPS OUT OF THE CLASSROOM AND INTO THE OCTAGON AS A CAGEFIGHTER

rebecca schneider // writer

**W**elcome to *Respect Is Earned: Battle of the 'Burg*, a regional mixed martial arts (MMA) fight night. It is 9:30 p.m., and it's time for the main amateur event of the evening.

From Herndon, Va., at 6 feet 1 inch tall and 155 pounds, freshman Herman Brar enters the cage. The crowd cheers. Brar and his opponent, "Stone" Cole Presley, touch gloves and the bell rings.

Presley immediately goes after Brar with a right hook and slams him back against the cage. Brar begins to feel dizzy as Presley goes for his ankles.

Now a sophomore, Herman Brar had been training to be an MMA fighter since September 2008. With a 2-0 record, Brar prepared for his third amateur fight against a 5-2-1 regional welterweight and lightweight champion, scheduled for March 21 at Rockingham County Fairgrounds.

Brar played football in high school, and began kickboxing as an off-season activity. He took an interest in the sport after watching the KI Grand Prix, a Japanese kickboxing tournament.

"I saw some dudes get kicked in the face, and I was like, 'Wow, I want to try this out,'" said Brar.

In his senior year of high school, Brar's cousin, a university alumnus, sent him a *Breeze* article about a new MMA gym in Harrisonburg. Brar jumped at the opportunity to take kickboxing to a new level.

"It sounded really hardcore," said Brar. "I think that's a big reason why I chose JMU over some other schools. JMU had academically what I was looking for, and a big plus was they had MMA Institute (MMAI) also."

MMA was like a physical chess match, normally held inside an octagon-shaped cage. The full-combat, competitive sport incorporated Brazilian Jiu-Jitsu, Muay Thai/kickboxing, karate, wrestling, Judo and Sambo, among various other disciplines.

Brar spent at least four days a week at the gym in preparation for his fight.

Two days before the fight, Brar cut 11 pounds by sitting in the sauna. He reduced calories, controlled when he would eat, and stayed away from saturated fats like whole milk—a big change compared to his usual six plates of food at D-Hall.

"It's two different extremes almost," said Jeremy Whitmore, Brar's strength and conditioning coach at MMAI. "It's a pretty pure lifestyle. You sacrifice a lot. Basically if it tastes good, you're probably not going to eat it."

After weighing in on Friday, MMAI owners Beau Baker and Whitmore encouraged Brar to eat small amounts every 30 minutes, as to not overfill his stomach. Brar loaded up on fruit, carbohydrates and proteins.

Knocking his opponent back and forth, Herman Brar throws a left jab and lands up on a mat floor during Brawl in the Cage 5. Small, open-fingered gloves were worn by fighters to protect fists in punches and reduce the occurrence of cuts, while still allowing movement for grappling.  
photo: natalliewall





Straining to submit his opponent with a knee bar, sophomore **Herman Brar** looks to his trainers for encouragement during the second round of Brawl in the Cage 5. A knee bar, technically known as a straight leglock, resulted in hyperextension of the knee.

photo: nataliewall



With Brar stunned, Presley goes for a single-leg takedown and takes Brar to the ground. Presley is in top guard, straddling Brar. With Brar on his back, he throws six hard elbows to the top of Presley's head. Presley advances his position and manages to get Brar in an armbar, an arm lock that hyperextends the elbow. Brar scrambles and escapes—and the crowd goes crazy.

They get back to their feet, but seconds later, Presley lands a hard right kick to Brar's side, knocking him over. Brar stumbles into the fence and tries to go for a single-leg takedown. Presley grabs Brar by the neck and swings around onto his back. In a piggyback-like position, Presley submits Brar in a rear naked choke. Brar taps, 1:34 in the first round.

Receiving high fives from his training partners, sophomore **Herman Brar** goes to his corner after being declared the Brawley Fights Lightweight Champion. Brar fought in the lightweight division, one of nine MMA weight classes, in which fighters weighed between 146 and 155 pounds.

photo: nataliewall

When asked about his opponent the day before the fight, Brar seemed comfortable, knowledgeable and prepared. “[Presley] is a very respected fighter in the MMA community and he holds a few titles, not to mention he is going pro very soon,” said Brar.

Both fighters were aware of each other's strengths and weaknesses. Presley's strengths were groundwork and submissions, while Brar's were stand-up and striking.

“If I win, I know that I can roll with the big dogs, and if I lose, I know I lost to a very good fighter,” said Brar. “Every true fighter wishes for a battle and hopefully that is what the fans will get.”

“The fight ended... harsh,” noted junior James Morrissey.

Brar graciously accepted his defeat, and congratulated Presley.

Event volunteer Brandon Sardik saw that Presley “landed a couple of blows that opened it up and I think that [Brar] was staggered by those blows and after a while it disheartened him.”

Brar knew that he came out relaxed with his usual combination, which he thought might have been his downfall. Presley got Brar to the ground early, and Brar said he knew he was in a bad spot from then on.





With his arms encircling Corey Wamsley's neck, sophomore **Herman Brar** attempts a guillotine choke to restrict his opponent's breathing. Even when fighters were bloody and exhausted, the officials would not stop the fight until a fighter tapped out, was knocked out or was unable to defend himself. photo//nataliewall

"AFTER THE REFEREE STOPPED THE FIGHT, I JUST ROLLED OVER AND LAID MY HANDS OVER MY FACE BECAUSE IT WAS SO SURREAL THAT I HAD WON THE LIGHTWEIGHT CHAMPIONSHIP" - HERMAN BRAR, SOPHOMORE

"I learned a lot as a fighter because of it and I'm just going to go back to the drawing boards and come back stronger next time," said Brar.

Brar worked with the Jiu-Jitsu Club on campus to improve his groundwork, planning to "bulk up" for his next fight in late August (see "Brar's Update").

"As long as he learns something from this fight, it can be seen as a success," said Brar's training partner and friend, senior Shea Kelly. "He knew it was going to be a tough fight and came away knowing that he gave it 100 percent in training and during the fight. He had nothing to lose." //

## BRAR'S UPDATE

His face was split open, he could not see straight and he only had a two minutes to go in the third round. Sophomore Herman Brar was just seconds away from his goal.

On Aug. 29, Brar became the Brawley Fights 155-pound lightweight champion at the Rockingham County Fairgrounds. The fight consisted of three five-minute rounds, ending halfway through the third round.

"This belt means more than anything to me and when I finally won, it took me a second to realize what had just happened," said Brar.

Brar's trainers pushed him in the gym and taught him how to counter his opponent, 20-year-old Corey Wamsley.

"I knew he was tough and I knew he could take a hit from the videos I watched on him," said Brar.

Training for the title proved to be different than training for any other fight, an average day consisting of an

hour of technique drills and an hour of intense cardio training, ending with hard sparring.

"Everything all of a sudden became a lot more serious," said Brar.

"My trainers began throwing me in five-minute rounds for sparring against a fresh opponent every time to build my stamina and to break me mentally so that I would be more than ready for any situation I encountered in the cage," said Brar.

The most important part of training was making sure each day involved something different so Brar's muscles never got used to the same motions.

Although the physical aspect of training for this fight was different, Brar said he mentally prepared for this fight like any other fight. Alone time and soothing music helped Brar get in the zone.

"You want to be very calm going into a fight so you can think instead of reacting on instincts," said Brar.

Freshman Tyler Peacock attended

the fight and claimed Brar's was the best fight of the night.

"[Brar's] opponent picked it up in the last few rounds and made it a much tougher fight for Brar," said Peacock. "The back and forth momentum was what made it so enjoyable for me."

Three minutes and six seconds into the third round, Brar mounted Wamsley and dropped several punches and elbows for the TKO, or technical knockout, and the title.

Brar suffered a fractured orbital, the seven small bones surrounding the eye socket, in the second round and had surgery to replace it with titanium a few weeks after the fight.

"After the referee stopped the fight I just rolled over and laid my hands over my face because it was so surreal that I had won the lightweight championship," said Brar. "It was the greatest feeling ever."

amandacaskey // writer



behind the scenes

Ever wonder about all the hard work that goes into a concert? Junior Jenn Steinhardt was no stranger to setting up a concert stage.

"Anyone who likes puzzles and teamwork would love putting up the stage," said Steinhardt, director of 80 One Records, the university's student-run record label. Steinhardt helped to set up the Convocation Center for the Girl

Talk and Three 6 Mafia Concert.

"The pieces aren't light at all, but we usually have two people holding one square on either side, two to four people with a stand, and then one person on the bottom to guide you," said Steinhardt. "The process requires a lot of collaboration."

Steinhardt said that while lifting up the individual pieces of the stage might seem like the hardest part, the hardest thing to do was move the stage squares up and down the sets of stairs.

"Once the group is on a roll with each group of people sliding squares into place or taking them off, everything runs smoothly. Those stairs, however, are a beast."

The entire process wasn't all work for UPB. "My favorite part about making the stage is seeing what comes of all these tiny squares together, and seeing a concert play out on something you built," said Steinhardt. "Although I worked the Boys Like Girls concert as well, seeing Girl Talk dance and jump around the stage [I helped build] was just amazing."



Dancing skills prominently displayed, **Girl Talk** lets loose with students on stage. Filled with sporadic bursts of energy, Gillis provided a unique concert experience for many students.

Photo by [unreadable]



With hands waving in the air, students dance to "Play Your Part." This song is on Girl Talk's 4th album, "Feed the Animals."

Photo by [unreadable]



# Non-Stop party NOW

## STUDENTS ROCKED OUT TO A MIXED-GENRE CONCERT

caitlinharrison // writer

Students crowded the floor, greeting one another and trying to claim some standing room in the Convocation Center while waiting for Three 6 Mafia to take the stage. The rap group was slightly delayed; their plane had landed late and the airport was two hours away, making the group absent for sound check. The students waiting on the floor were still eager for the concert to begin.

Three 6 Mafia made it to the stage around 8:30 p.m., and began with some of their more popular songs like “Fly,” “Doe Boy Fresh,” and “Chop Me Up,” which they usually sang with Justin Timberlake. Despite missing their sound check, Three 6 Mafia still performed without any problems. Group members got personal with the audience, getting them involved in the show by asking where the parties were and if everyone was having a good time.

One student was actually wearing a Three 6 Mafia shirt, and the group tried to get him up on stage. Although concert security wouldn’t allow it, the group was glad to have a loyal fan in the audience.

After Three 6 Mafia finished their set, there was a 30-minute break to set up for Girl Talk and for students to get food. More people started to enter the Convocation Center for the headlining group, filling the reserved seats and crowding the floor.

“The Girl Talk concert was out of control!” said sophomore Laura Hayden, a longtime Girl Talk fan who went to the

concert with a group of friends. “A group of us met up before the concert to get pumped and had a jam session to some Girl Talk favorites.”

Girl Talk, also known as DJ Gregg Michael Gillis, was known for his mash-ups of favorite classic and popular songs. He mixed older songs like “Shout,” by The Temptations; “Thunderstruck,” by AC/DC; and “Time After Time,” by Cyndi Lauper; and blended other, more current songs by Kanye West and Beyonce.

He also played fan favorites from his newest album “Feed the Animals.” The atmosphere became more like a big dance party than a concert, especially on the floor where students had more room to dance.

One group of lucky students was able to get on stage during the Girl Talk portion of the concert. UPB had decided beforehand that they would allow students this privilege.

“We all got our special tickets from Sarah Sunde, the UPB coordinator at the time, and she gave us some safety rules and a few other things we needed to know, and then we waited by the stage for the signal to run up and begin dancing,” said junior Tyler Conta.

After Girl Talk exited the stage, the dancing students were able to take pictures with him and ask for autographs.

“It was honestly one of the highlights of my JMU career,” said Conta. “I owe it all to UPB and just being in the right place at the right time.”



Clapping his hands, DJ Gregg Michael Gillis engages the crowd. Better known as Girl Talk, Gillis studied biomedical engineering at Case Western Reserve University in Cleveland, Ohio, during the beginning of his musical career.

photo // roberlboag



# glam GARBAGE

PROJECT RUNWAY WINNER  
BROUGHT FLAIR TO  
EARTH WEEK

## calendar of events

sarahchain // writer

“I’m very casual,” announced Jay McCarroll. “And I’m going to curse. So get used to it.”

And so began the “Trashion Show,” the first evening of Earth Week. McCarroll, the first-season winner of “Project Runway,” delivered a show part stand-up comedy and part rags-to-riches story.

“He’s just so funny and unscripted,” said sophomore Jonathan Pilchard.

Born in 1974, McCarroll grew up in a small Pennsylvania town with five siblings and a mother who was in charge of the local high school’s color guard uniforms—his self-proclaimed “first experience with fabric.”

He studied fashion design in Philadelphia and London before deciding England was “too dark” and moving on to Amsterdam. At age 27, he moved back to Philadelphia, took a job in the adult industry, and moved back in with his parents. The only stipulation? Make his bed once a year.

McCarroll had sold clothes he designed in England and Amsterdam, so when he received an e-mail about a casting call for “Project

Runway” in 2004, he took the bait and stood in line for a casting call—for six hours.

After callbacks, McCarroll went through psychological testing.

“I guess they don’t want you to be crazy,” he said. “Or they do want you to be crazy. I can’t figure it out.”

McCarroll transitioned from his experience on the show to speaking about ecofashion, the process of designing and creating clothing without using animal fur or leather. Thoroughly describing the methods furmakers used, McCarroll said he preferred using fabrics like bamboo and organic cotton.

He described his aesthetic as “techno-bohemian,” a “futuristic but super earthy, organic” style.

“I loved fabric, but you can’t really go to college for the love of fabric,” said McCarroll. “So I got into fashion.”

After a question and answer period with McCarroll, “Trashion Show” also presented the work of student designers. Friends acted as models, showing off clothing made from recycled “fabric,” which ranged from black garbage bags and posters to newspapers and Post-it notes.

“It was great to try to manipulate the posters and work with coloring and patterns so they no longer looked like the flat poster, but instead like a structured dress,” said senior Genevieve Provost, who designed a dress from recycled posters.

### Mon., 4/13: Reduce, Reuse, Recycle Day

#### -Trash The Commons

Students sorted trash on The Commons to discover hidden, recyclable treasures.

#### -Fashion Show

A fashion show with recyclable materials was hosted by Jay McCarroll.

### Tues., 4/14: Spirituality & the Environment Day

“If you love the creator, take care of the creation” stickers were available.

#### -Spirituality and the Environment Panel

Students could check out how different faiths related to the environment in a positive way.

### Wed., 4/15: Grassroots Activism Day

#### -Letter Writing

Grassroots activist groups visited campus, and students could write letters to representatives about local environmental issues.

#### -Rising Tide North America

Exposed false solutions to climate change.

### Thurs., 4/16: Sustainable Economics Day

#### -Really Really Free Market

Students could get stuff for free, or could donate old clothes, shoes, furniture, etc.

#### -Locally Owned & Operated Renewable Energy

A facilitated discussion about localizing energy production proposed a strategy for energy sustainability.

#### -Sustainable Economics Panel

Local currencies, worker-owned businesses, local sustainable food and green business representatives shared insights into how to make our economy green in the long term.

### Fri., 4/17: Alternative Transportation Day

#### -No Drive Day

#### -Community Bike Ride

Bike enthusiasts young and old celebrated clean transportation with a ride through Harrisonburg.

#### -Arboretum: Festival Fest Pre-Show

### Sat., 4/18: Festival Fest 2009

Free, day-long music festival featured games, crafts, vendors and music.

### Wed., 4/22: Earth Day

#### -Renewable Energy Fair

The fair included a wind energy demo, Bagel Bites cooked by a solar oven, an energy efficiency demonstration and a CFL give-a-way.





Flaunting a dress made from recycled newspaper, a model struts her stuff on the catwalk. Student designers showcased their talents in a challenge a la "Project Runway."  
photo//hannahpace



Dressed in a unique tube top and skirt, a student model strikes a fierce pose. Unconventional materials presented challenges for designers and models.  
photo//hannahpace

Some of the models had trouble wearing the unconventional materials. "Wearing an outfit made out of Post-it notes is as uncomfortable as it sounds, and I had multiple papercuts at the end of the show," said junior Mitch Ramey. "But it was worth it!"

Regardless of whether audience members came to support friends who sauntered down the catwalk or to see McCarroll, many students stayed after to meet the designer.

"I usually watch marathons [of Project Runway]," said sophomore Katie Shaw, who came with a friend, senior Maria Fernandez. Both women stood in line with other students interested in meeting McCarroll after the show.

"It's his attitude and charisma," said Pilchard. //

Stopping to pose, juniors **Patrick Crosson** and **Mitch Ramey** show off their outfits made from Post-its. Newspapers and posters were common materials used by "Trashion Show" designers.  
photo //hannahpace





# SURVIVAL *of the* FITTEST

## KNOW *the* LINGO

### CARDIO CRAZE

A fantastic, heart-pumping workout offered the option of high- or low-impact moves.

### WORLD BEAT

A fun dance with moves inspired from all over the world: Belly Dance, Latin, Salsa, African, Irish, Caribbean and more!

### KUKAWA

A workout that blended African, Latin and Caribbean dance moves.

### ATHLETIC CONDITIONING

A strength and cardio workout that got students' hearts pumping.

### KICKBOXING

A high-energy workout based on kickboxing moves and drills. Participants learned to punch and kick with the best.

### HIP-HOP

Students danced in an energetic workout.

### BOOGIE FEVER

Participants grooved like back in the disco days.

### YOGA

This class combined yoga postures and modern fitness for a mind/body workout that increased strength, endurance and flexibility.

## UREC OFFERED ITS FIRST OUTDOOR GROUP FITNESS CLASS

mandysmoot // writer

“It was a beautiful day and a great change to exercise outside,” said sophomore Elise Shellenberger, one of the 47 participants who took part in Fit JMU, the University Recreation Center’s (UREC) newest group fitness class.

Warm spring weather permitted students and faculty to scope out a spot on the UREC turf in April, where group fitness instructors took turns teaching the 90-minute class.

The sampler reached out to individuals of all interests. Students and faculty had the opportunity to participate in various classes, including cardio craze, world beat, kukawa, athletic conditioning, kickboxing, hip hop, boogie fever and yoga.

The participants weren’t the only ones who enjoyed the wide variety of fitness classes. Graduate Kellie Hayes, a group fitness instructor, had just as much fun teaching.

“It was great to have the chance to interact with participants and watch the other seniors teach for one of the last times before we graduate,” said Hayes.

Hayes even felt that Fit JMU had the potential

to become a university tradition. “We had a great crowd that was very energetic and seemed like they were enjoying themselves.”

“I love to teach when there are large groups because the energy is always high,” said graduate Jen Everdale, also a group fitness instructor. “I think it is a great way to introduce our participants to new class formats and get them excited about taking other classes,” she added.

Fit JMU also seemed to be a hit among students.

“I definitely think UREC should do this annually,” said Shellenberger.

“I think we have something to shoot for now,” said Holly Wade, coordinator of group fitness and wellness. “We’ve established a baseline and can build from that.”

Wade, who had been with UREC since 2006, trained the group fitness instructors and oversaw the fitness classes. She had previously taught numerous classes herself, including boogie fever. Wade enjoyed the event just as much as the participants, evident by her gold, sparkling shirt she

While other students perform crunches, a fitness instructor keeps her heart rate elevated by running in place. Aerobics were incorporated in classes such as athletic conditioning and cardio craze.

Photo by Lauren







Conditioning their upper bodies, students line up on the UREC turf to do push-ups while others do sprints. With sunny skies and warm temperatures for April, the event offered an enjoyable glimpse of spring. photo//kimlofgren

sported during her disco dancing exercise. “I liked the dancing classes the best,” said sophomore Sameera Navidi, whose friend, sophomore Ariel Vital, agreed. “My favorite part was the disco portion,” said Vital. Vital and Navidi weren’t the only ones who took the class with a friend. Many participants found out about Fit JMU through word of mouth, particularly roommates and friends. Twitter and Facebook also helped market Fit JMU in August, when UREC held its second giant group fitness class. The class moved inside UREC due to rainy weather, but that didn’t put a damper on the turnout. “We doubled in participation numbers, so I think people are starting to look for it,” said Wade. “Either way, it was a blast.” //



Throwing a left jab, sophomores Ariel Vital, right, and Sameera Navidi, middle, work their upper bodies. Kickboxing incorporated an intense, full-body workout. photo//kimlofgren

# by the numbers

**47** spring participants  
(**83** in the fall)

**1970s**  
the decade group exercise became popular

**16:** THE # OF YEARS WADE HAD TAUGHT CLASSES



Waiting to receive his diploma, a student snaps a picture to capture the special moment. Students heard speeches from President Linwood H. Rose, SGA president Larson Thune, student speaker Amrou Kotb, and commencement speaker Paul Holland.  
photo lizzycannon

Family and friends gather at Bridgeforth Stadium to celebrate students' accomplishments. Graduation day flooded Harrisonburg with an influx of visitors, keeping hotels and restaurants busy.  
photo lizzycannon

Holding flowers close, family members wait to congratulate their graduates. The university did not require tickets, allowing multiple family members to attend the ceremonies.  
photo lizzycannon

Creatively expressing her gratitude, graduate **Briana Marcantoni's** graduation cap reflects her appreciation for her parents' support over the past four years. Decorative caps were seen all over campus on graduation day.  
photo lizzycannon



# facing *the* future

GRADUATES REFLECTED ON THE PAST WHILE LOOKING TOWARD THE FUTURE

sarapryor // writer

**D**ark clouds hung over Bridgeforth Stadium, but even the threat of rain could not dampen the spirit of graduation day. Packs of graduates donned purple gowns and strolled down Port Republic Road, trying to avoid the long line of cars headed toward campus. Waiting outside the stadium, graduates felt a mix of emotions.

"It is a weird feeling," said graduate Ashley Lowry. "I'm really excited to graduate with all my friends, but sad and a little scared all at the same time. It is definitely bittersweet."

Graduate Bo Snead agreed. "Today is insanely surreal. You always know this day is approaching. It's what we work hard for, and something we all want, but you never expect it to sneak up on you so fast."

As the graduates filed in, audience members waved brightly colored umbrellas and ponchos

in order to catch the graduates' attention.

President Linwood H. Rose started the ceremony. "You are the first graduates of Madison's second century," said Rose. "You join a world full of challenges, and certainly not a very friendly job market. You entered this university as the most academically accomplished class in our history, and you leave with the knowledge and skills to address the opportunities that will come your way."

Student Government Association President Larson Thune was next on the podium.

"Over the past four years, JMU has been more than a home to us," said Thune. "It has been a community of people who have helped us enrich our minds as well as our character."

Thune then introduced the student speaker, graduate Amrou Kotb, who centered his speech on a metaphor about time at the

university being just one piece of art in the graduates' lives.

"We sit here today in Bridgeforth Stadium awaiting the presentation of our final drafts of our works of art," said Kotb, "each one unique and each one reflecting upon the originality of its artist."

The commencement speaker, Paul Holland, a 1982 graduate and entrepreneur with a passion for green technology, began his address with a memory of his first visit to the university.

"I have two memories that stand out," he said. "Number one: I had never seen so many pretty girls in one place in my life. Number two: It seemed like they were all wearing a bikini."

After four years of studying political science and business, Holland and the class of 1982 faced the worst job market since World War II. He offered the following advice to graduates:





Aside from celebrating the accomplishments of graduating seniors, families also had to consider the logistics of securing hotel and dinner reservations, and navigate the influx of traffic on graduation morning.

"We understand that there's going to be a lot of people coming in, and so you manage it the best way you can in terms of traffic flow and parking," said university spokesperson Don Egle.

Strong relationships with the city of Harrisonburg and local law enforcement, and being proactive about announcing parking information and alternate routes early also helped control the traffic problem, according to Egle.

In terms of a hotel, many families began planning their accommodations months in advance. When Hampton Inn on University Boulevard accepted phone reservations, they began taking requests one year in advance and filled up within four months.

But the hotel encountered troubles with cancellations and arguments over differing nightly rates, according to front desk manager Chris, who asked his last name not be published. To avoid future complications Hampton Inn moved to a contract method, beginning with Family Weekend 2009, where the guest requested a room and returned a contract with his or her credit card information before the reservation was complete.

Even reserving a restaurant became a multiple-step process in some cases. For larger, casual restaurants like Dave's Downtown Taverna and Cally's Restaurant and Brewing Co., guests were free to make reservations or walk in the evening of graduation.

"People will walk in and we like to have tables available for them," said Dave's owner, David Miller, whose restaurant sat up to 425 people. "We've never turned anybody away."

But for smaller restaurants like the Joshua Wilton House, reservations policies were stricter—and more competitive.

"We start accepting reservations the second Tuesday in January, 10 a.m.," said co-owner Sean Pugh. "We usually fill up within the day."

Reservations at the Joshua Wilton House required a \$65 deposit for the first ten guests in a party, refundable only up until two weeks prior to graduation.

With 2,651 graduates who walked in Saturday's commencement ceremonies, it was no surprise that hotels and restaurants filled up quickly.

"All of Bridgeforth Stadium was packed," said Egle. "When you think about that many people, plus the graduates and faculty and staff, it's a large number."

sarahchain // writer

"As an entrepreneur I believe you have to sell out—you have to give all of yourself to a venture or you have very little time and chance to succeed. I also learned the concept of 'doing well by doing good.'"

Holland concluded his speech with encouragement for the graduates who faced a dismal job market. "As time has gone by, I have been convinced that EQ—the ability to work with people—is at least as important as IQ, and that MQ, or the Madison Quotient, is the secret weapon that you take out into the work force," he explained. "The graduates sitting before me have the highest EQ of any graduates from any school in the world. I urge you to use your EQ and your MQ to embrace the challenges that await you in your career and in your life."

As the commencement came to a close, senior vice president for Academic Affairs, Dr. Douglas T. Brown, recognized the honors graduates.

When Rose declared them alumni, blow horns sounded and a few beach balls bounced through the crowd. The graduates flipped their tassels and sang the alma mater, led by graduate

Yunjin Kim. In the final moments of the ceremony, the sun began to break through the cloudy sky.

After hugs and pictures, graduates headed to their individual college ceremonies. As they left the stadium, many reminisced on fond memories as Holland had.

"My favorite memories at JMU are just spending time with my best friends," said graduate Stephanie Potter. "JMU was more than just school to me. It was going to events, laying on the Quad and making friends with the best and funniest people in the world."

In addition to Holland's advice to do well by doing good, some graduates offered their own parting advice for current underclassmen. "Enjoy every moment, because you don't realize how fast this really comes," said graduate Patrick DiMarchi. "Do all you can and don't ever avoid doing something because you're scared. Live up every moment on and off campus and you will leave here accomplished in every way."



# LIVE, LEARN & INTERNSHIP

## OPPORTUNITIES AROSE THROUGH DIVERSE SUMMER INTERNSHIPS

allisonlagonigro // writer

caitlinmullins // Movie premieres, promotional events and meeting celebrities. Sound appealing? For Caitlin Mullins, a senior English major with a minor in film, it was just a part of her summer internship working in the Warner Brothers publicity department.

A typical day for this Warner Brothers intern started at 9:30 a.m.

"First thing in the morning we had to look through all the newspapers and magazines and see if there was any mention of any

of our movies," said Mullins. Most days she stayed in the office, and generally finished working between 5 p.m. and 6 p.m.

Among Mullins' favorite events were several movie premieres where she worked the red carpet. During the course of her summer, she worked at the premieres for "My Sister's Keeper," "The Time Traveler's Wife," and the New York premiere of "Harry Potter and the Half-Blood Prince."

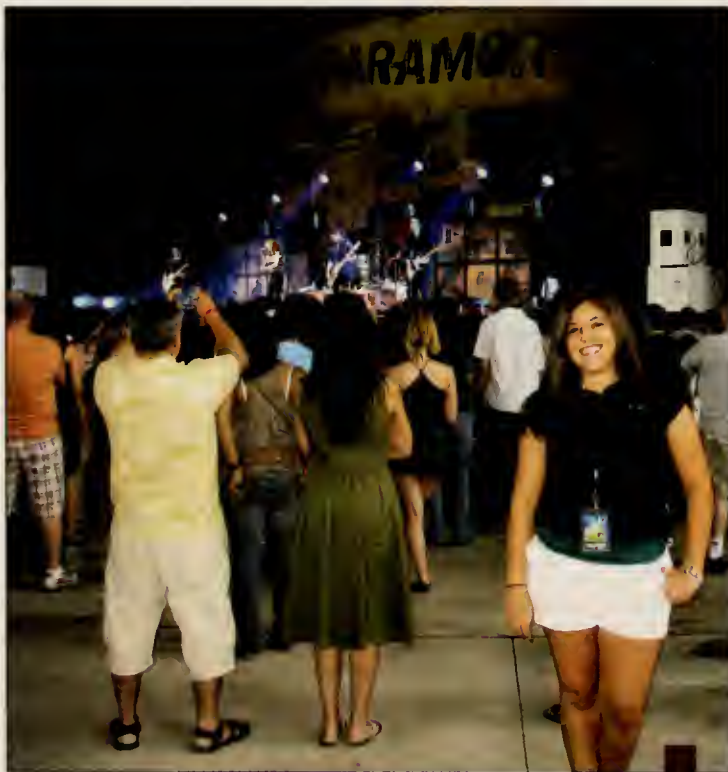
"Harry Potter was the most fun—there were so many fans compared to the other premieres, and it was cool to see all of the stars," said Mullins. During the premieres, she often escorted various stars down the red carpet. During the Harry Potter premiere, she escorted Warwick Davis, who played Professor Flitwick, along with his entire family.

Another rewarding experience for Mullins was working at the various press junkets, where several different magazines and newspapers interviewed the stars of a movie on one day.

"I felt like I was helping them out, and wasn't doing boring internship stuff," said Mullins.

"When I started, I didn't know anything about PR," said Mullins, who planned to work in the industry post-graduation. During the course of her internship, she learned more about the business and entertainment industry, including how to pitch story ideas and how to talk to people.

"I definitely recommend people doing internships," she added. "I think they can really help you figure out if you're interested in that field or not, and it really gets you involved in it." //



Standing in the Paramore/No Doubt pit at the Nissan Pavilion in Bristow, Va., junior **Angela Marino** enjoys one of the benefits of her internship with Live Nation: free concert access. Marino was a booking intern who helped in the planning and executing of concerts at the 15 Live Nation venues in the Washington, D.C., metropolitan area.

photo // courtesy of angelamarino

jorgeliloy // Ever wanted to work for a major celebrity? For sophomore Jorge Liloy, who interned with Marc Anthony's production company for two months, that dream came true. Over the course of his summer, Liloy worked on a number of projects for the company, including concert organization and Jennifer Lopez's 40th birthday party.

A typical day for Liloy, who stayed with family in New Jersey and commuted into New York City, consisted of waking up and catching an early train.

"I'd open up [the office] and check the messages," he said of his morning routine. But his internship was much more than that.

"When it came to concerts, my big job was ticket organization," he explained. "There were times where I had \$20,000 worth of tickets in my hands." During his time with the production company, Liloy worked on three concerts, and even got the chance to be backstage

during one of them.

"I walked around," he said. "I wanted to see what it actually took to run a concert."

One of the biggest projects of the summer, and Liloy's least favorite, was planning Jennifer Lopez's birthday party. In the weeks leading up to the party, several miscommunications complicated the planning of performances by Broadway singers and Latin musicians. Liloy worked backstage during the show.

"I was the guy running back and forth telling them 'you gotta be here this time,' 'you gotta be there that time.' It was probably one of the most stressful nights of my life."

Liloy's ideal job was working as a scriptwriter, but he also hoped to work with a public relations company or as a publicist.

"It's a lot of personal responsibility," said Liloy. "Just make sure you communicate effectively. That's definitely the biggest thing I've learned." //





Decked out in scrubs, senior **Katya Chopivsky** sits outside the University of California in Los Angeles, Calif., with a fellow intern. Los Angeles, known for its cutting edge health care, was an opportune place to gain field experience for Chopivsky, a nursing major.  
photo//courtesy of katyachopivsky



Stationed behind two large computer monitors, senior **Alyssa Johnson** works with an image-editing program to fix pictures of bands' merchandise for online sales. Johnson was an intern in the art department at Musictoday in Crozet, Va.  
photo//courtesy of alyssajohnson



christabelledarby // With past guests including The Beatles, Diana Ross and Frank Sinatra, the Omni Shoreham Hotel was rich with history. Christabelle Darby spent her summer interning at this four diamond, luxury hotel in Washington, D.C.

During the course of her internship, Darby and her fellow interns rotated through each service within the hotel for a well-rounded experience in the industry. This included working in the kitchen, being a server in the restaurant, and working in housekeeping.

“When I worked in housekeeping, that was the day that Jesse Jackson came unexpectedly to stay for the night, so I got to clean his mirrors,” said Darby.

One of the busiest events Darby worked was weekend of July 4th. Being a popular and historic hotel in the nation’s capital, the restaurant was packed, and the servers had up to 16 tables at a time.

“As much as I wanted to pull my hair out, that was such a great experience and I remember after we were all done, we just sat there and it was just like ‘Wow I can’t believe we did it,’” said Darby.

“The biggest lesson I learned is that you can’t please everybody,” said Darby of her experience working in customer service. “If you try to keep pleasing everyone every single day, you’re just going to get burnt out.”

The beauty of a colorful fruit tart and rich dessert wine is captured on film by senior **Jessica Dodds** for her photography internship at *Richmond Magazine*. Dodds traveled to The Desserterie, a northern-style pastry shop in Midlothian, Va., for one of her many assignments.  
photo//jessicadodds

# going the extra mile

RESIDENT ADVISERS PREPARE  
FOR A YEAR OF POTENTIAL  
PROBLEMS AND PROMISE



Displaying a sample advertisement, senior **Matt LaPierre** and junior **Kari Ebmeier** teach a class on creative advertising to RAs. RAs were required to hold four programs per semester: two community programs, one academic program and one multicultural program.  
photo / tiffanybrown

Resident advisers listen closely during a discussion session. Trainees had to attend three interest meetings prior to freshman move-in, with topics such as how to balance being an RA with one's personal life.  
photo / tiffanybrown





**A**s sophomore Resident Adviser (RA) Megan Trotter opened the door to the “dorm room,” she was overcome with the anxious feeling of having no idea what to expect. One of her “residents” sat in the room, obviously upset about something. As Trotter found out, he wasn’t upset about just one thing—he was struggling with depression. It was one conversation you would think you could never be prepared for, but Trotter was.

This was just one of the many situations she was forced to face during her training to be an RA in an exercise called Behind Closed Doors (BCDs).

BCDs were used to test RAs on what they had learned during training. Experienced RAs and hall directors acted out different situations—everything from loud music to a student being homesick and possibly suicidal.

“Depression was definitely the hardest to deal with,” said Trotter. “You really have to open up to them and there’s really no hard or fast policy for that.”

Some situations even required standing up

to fellow staff members. Sophomore RA Alexa DeLuca had to confront a staff member for drinking with a resident.

“It’s hard to confront your own staff because you build such a bond with them and you want to be on their side and have a front against the residents, have each other’s backs,” said DeLuca. “When there’s a problem with another RA, especially when a resident is involved, it ruins that relationship because they’ll probably get fired. But then again it puts you in a hard place between your friend and your job, because if I don’t do my job then we both get fired.”

“[BCDs were] basically a culmination of everything we learned during the week. By the end I was exhausted,” said sophomore RA Kerry Tousignant.

The RAs moved in Aug. 7, and began training right away. They reviewed policies and learned about on-campus resources for their residents. They also learned how to build community and how to plan programs, which kept them busy every day from 9 a.m. to 5 p.m. After training, they typically met for dinner and bonding with

their staff, leaving them only five or six hours to sleep.

“Training encompasses everything—from relationships with your residents, how to be guidance counselors, how to handle different situations about safety on campus and alcohol policies,” said Tousignant.

However, training wasn’t all work and no play. Each hall participated in spirit days, where they would come up with their own theme to dress up as. Chandler Hall even did James Madison Day, where they made wigs out of shower caps and cotton balls.

For an RA, orientation was only the beginning. While the FROGS’ responsibility ended Aug. 24, the RAs’ responsibilities lasted the entire year.

“The first week we had a mother calling the office asking us to check on her daughter because she wasn’t answering her phone,” said Tousignant. “We told her mother that we couldn’t do that. We did let the girl know that her mother was worried about her, but she’s in college now. It’s her choice to call home.” //



Passing around the “question ball,” senior **Carolyn Russell** and sophomore **Ariana Witt** explain the value of icebreakers. Questions ranging from “Cats or dogs?” to “What was your proudest moment?” encouraged RAs to get to know one another. photo//tiffanybrown



# east side st

Shenandoah Hall, the newest residence hall, houses honors students. Incoming freshmen students in the honors program were expected, but not required to live in Shenandoah.  
photo//leslihaase





Taking advantage of the various options at the dessert station, sophomore **Cory Valentine** considers her choices. The East Campus dining hall offered an all-you-can eat meal for a punch, or \$8.25 in dining dollars.  
photo//sarahwink



Laughing, sophomore **Lauren Burwell** enjoys a side of fresh pineapple. The salad bar offered produce options including bell peppers and strawberries.  
photo//sarahwink

## GROWING STUDENT POPULATION REQUIRED CAMPUS EXPANSION

# only

heidicampbell // writer

**W**hen most students thought of East Campus, they thought contemporary, modern and new. This was no exception for the new additions to the campus, Shenandoah Hall and E-Hall.

Shenandoah Hall, which housed both freshmen and upperclassmen, was located next to Chesapeake Hall. Shenandoah had a view of the Edith J. Carrier Arboretum and a flat screen television in every lounge, not to mention air-conditioning.

"It makes me feel kind of special being among the first people living here," said freshman June Hundley. But Hundley had one complaint about the beautiful building she called home.

"The location is not ideal," she said. "All but one of my classes is on the Quad and it takes about twenty minutes to walk there." Due to her theatre major, many of her classes and activities were in Theatre II, located off on South Main Street.

Sophomore Mike Morris was indifferent about the location. "It was close to the chemistry building, which was what I wanted. I don't like how far away it is from all the band activities."

For freshman James Gwinn, the location was just fine because E-Hall was basically in his backyard.

"E-Hall is so good, it should be called A-Hall," said Morris.

After the university's \$18.8 million investment in E-Hall, the student body seemed to enjoy the newest addition to the campus. The tables, chairs, lights, and even the plates were modern and chic.

E-Hall featured all-you-can-eat meals just like D-Hall, so there were plenty of choices: from brick-oven pizza and salads to home-style entrees and desserts, not to mention Indian cuisine from an authentic Tandoori oven.

For all the environmentalists, E-Hall was the first building on campus eligible for certification by the U.S. Green Building Council, according to Public Affairs. The certification meant that E-Hall was built to improve performance and energy

savings, a goal accomplished by using recycled building materials and water-efficient plumbing, and taking advantage of available daylight instead of wasting electricity.

Even with all the support for E-Hall, there were a few complaints. Some students said that E-Hall was not as fast or efficient as D-Hall and had trouble identifying specific stations without names prominently displayed.

Festival changed its weekend hours after E-Hall opened, limiting the dining options on the east side of campus.

Students complained about not having the option of a grab-and-go meal after 7:30 p.m. on weeknights or at all on Saturday. Another change was the convenience store originally located on the bottom floor of Festival, which moved to E-Hall upon the opening of the new dining hall.

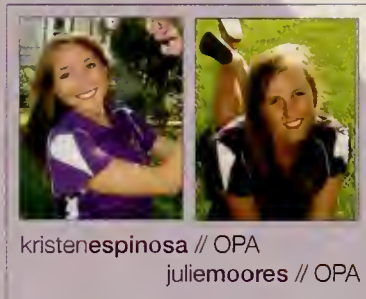
Shenandoah Hall became a popular place to live in on campus, and E-Hall had a line of students out the doors for the first few weeks. East Campus was growing, and continued to become a more recognizable part of the university's campus. //

"E-HALL IS SO GOOD IT SHOULD BE CALLED A-HALL" - MIKE MORRIS, SOPHOMORE



# a DAY in the life

A LOOK  
BACK AT THE  
MULTIPLE  
DIMENSIONS  
THAT MADE UP  
ORIENTATION



kristenespinosa // OPA  
juliemoores // OPA

Most of the time when students applied to be an Orientation Peer Advisor (OPA), they were looking to get more involved on campus. What they ended up with was a summer job unlike any other.

"I'm so grateful for that opportunity," said junior OPA Kristen Espinosa. "I don't know where I would be if it didn't happen to me." For OPAs, orientation provided valuable leadership experience that began even before some freshmen were accepted to the university.

Spring semester, OPAs were responsible for interviewing and selecting the First Year Orientation Guides (FROGs). They were also required to take an eight-week class, two hours a week, where different organizations and departments from around campus spoke to OPAs about the resources available to first-year students.

"We learned a lot of little things," said sophomore Julie Moores, which was important since OPAs were expected to be sources of information for first-years.

Their next major event was summer springboard, which offered freshmen their first glimpse of their classmates. The program consisted of 14 days spread out in June and July, days that typically started at 5 a.m. and lasted until 8 p.m. for OPAs.

Each day began with the traditional breakfast at D-Hall. From there the OPAs would go to a placement, a spot on campus where freshmen or parents were likely to be, to direct them or answer questions. They

Freshmen **Lauren Ashcroft**, **Katie Grube** and **Sarah Weissberger**, along with their FROG, junior **Rachel Navarrete**, listen intently during the "First-Year Reading Discussion." "The DNA Age," by Amy Harmon, stressed that with great knowledge, came great power and responsibility.

photo: britannyjones







would then head over to Wilson Hall to welcome the freshmen and gather up a group of 10 to 20 first-years for a peer group. The OPAs led icebreakers and group discussions where the freshmen could ask anything about college life.

During 1787 August Orientation, an OPA's responsibility changed drastically. Instead of working directly with the first-years, each OPA became a supervisor and trained a new group of mentors: the FROGs.

Over the three days prior to freshman move-in, the OPAs were responsible for teaching FROGs how to facilitate small groups, icebreakers and group discussions.

"Coming back to 1787, everything came full circle," recalled Espinosa. "Finally getting to see [the first-years] here was an indescribable feeling."

Even poor weather didn't dampen the OPAs' enthusiasm during orientation.

"It was sunny one minute and then torrential downpour the next, which was a challenge," said Moores. "But we worked around it."

As Espinosa noted, "our goal of that week had nothing to do with the weather. We wanted it to be a positive experience for [the first-years] rain or shine."

In any case, it wasn't the individual jobs, early mornings, or countless hours of training that the OPAs remembered when they thought of the signature purple polo.

"I took away so much," said Moores. "I gained 25 new best friends and got the chance to change lives in the first years. I gave them the tools to succeed here. I wouldn't want to have spent my summer any other way."

While orientation may have ended August 23rd, as Moores pointed out, "We're OPAs forever. I may not always wear the purple shirt, but I'm always going to be an OPA 2K9." //

lisamees // writer



rachellewis // freshman

Freshman Rachel Lewis arrived to Shorts Hall on Aug. 19 amidst a crowd of parents, stifling humidity, a downpour of rain, and a gaggle of excited FROGs and RAs. After making her way up five flights of stairs, Lewis had to deal with moving in with a random roommate, organizing her room and saying goodbye to her parents—all without air conditioning.

"Saying goodbye to my parents was easier than I thought it would be," said Lewis. "It just felt like it was time."

Move-in may have been a stressful time for freshmen, but saying goodbye was only the beginning. Orientation activities began the same afternoon Lewis moved into her new home. As rain-soaked freshmen piled into the Convocation Center, where Orientation Peer Advisors (OPAs) led the audience in the familiar "J-M-U Duuuuukes" cheer, which inspired some and left others hesitant.

After the University Welcome, the glow of familiar neon yellow T-shirts sprang through the aisles to offer another greeting. The famous "FROG Dance" surprised and amused the freshmen with its five-minute routine of various popular songs. In a short Michael Jackson tribute, the FROGs danced to "Thriller."

"The FROG Dance was interesting," said Lewis. "I didn't really know what was going on so it was a little scary."

Later that night Lewis and the other freshmen in the "Spongebob SquareSHORTS" group had more of an opportunity to get to know their FROGs, juniors Cori Kendrick and Yvette Blackwell, and spend time with their new neighbors.

"I'm most nervous about meeting the people I'll hang out with on a regular basis," said Lewis. "I'm ready for orientation to be over and to just have my regular routine."

But orientation was far from over.

While some events were called "mandatory," Lewis and other freshmen soon realized that apart from academic meetings, they could decide which events to go to as long as they were willing to incur the wrath of their FROGs.

Thursday night was the UREC Beach Party, where freshmen were allowed to take shortened classes and work out as an introduction to university's on-campus gym.

"I loved UREC," said Lewis. "I didn't expect it to be up to the status that normal gyms have like the Y[MCA]. But it really is a great facility."

The next day Lewis attended We Are JMU, an event that emphasized the diversity of the freshman class and encouraged students to be open and accepting.

"One thing I really liked was how the event involved the crowd," said Lewis. "There were parts where the speaker would say 'Stand up if you're the first in your family to attend college' and they'd stand up and the speaker would say 'We Are JMU.' I thought that was neat because it really made me feel like we had a unified student body."

Saturday night Lewis and her friends rushed over to the Convocation Center to get into the most anticipated freshman orientation event, where hypnotist Michael C. Anthony dazzled the audience with his mind tricks. Not only did his hypnosis work on randomly picked students on stage, but it affected certain audience members as well, causing them to leave their seats and fall on the ground multiple times.

Eventually, 1787 August Orientation ended on Sunday and it was time to start classes. Lewis, being a business management major, had a scary first couple days.

"I already got yelled at on day one for talking!" said a concerned Lewis to a RA in her building.

Reflecting on her first week, Lewis described her orientation experience as uncomfortable, but worth it.

"At first you feel awkward talking with people you don't know and playing icebreaker games," Lewis said, "But now I say 'hi' to people I wouldn't have before, and I've started making pretty regular friends." //

racheldozier // writer









alexfrazier //  
freshman

The night before 1787 August Orientation, freshman Alex Frazier said goodbye to his parents and drove from northern Virginia to Harrisonburg with his older brother. Frazier's anticipation for move-in day outweighed any sadness he felt about leaving home. Comforted by the advice of his older brother, Max, a junior at the university, Frazier looked forward to orientation and settling into his dorm room in Dingedine Hall.

"I wasn't nervous at all," said Frazier, who noted moving in was not a difficult transition because he decided to room with a friend from high school.

After settling in, Frazier was swept into the whirlwind of events scheduled during orientation. While Frazier wished the events could have started a little later in the day, he appreciated the efforts of his First Year Orientation Guides (FROGs), who helped him adjust to his new environment.

"I have talked to a lot of friends that go to University of South Carolina and they told me that they didn't really have much of FROG type of stuff," said Frazier.

Due to the high number of people living in Dingedine, Frazier felt it would have been much more difficult to make friends and meet other freshmen in his hall if it were not for the events and icebreaker games.

"A lot of the games were awkward," said Frazier, but the game "I love you baby, but I can't make you smile" soon became a favorite. One person tried his or her best to make his or her partner crack a smile after saying, "I love you baby, but I can't make you smile" in silly ways. This game forced the players to let loose and act ridiculous. Many of the icebreaker games played at orientation were aimed at making the freshmen relax and feel comfortable around one another.

While a full agenda of events was scheduled for the freshmen, it did not take much to impress Frazier, as one of his favorite memories of orientation was eating dinner with his FROG group at the new dining hall on East Campus, E-Hall.

"E-Hall was amazing—it's way better than D-Hall," said Frazier. Frazier's other favorite event was watching the FROGs perform their famous "FROG dance" at the Convocation Center during the University Welcome event.

"The FROG dance was awesome," said Frazier, after recognizing the FROGs' hard work and efforts put into their choreographed dance, which was performed to a mix of popular songs.

Unfortunately, the orientation week ended on Sunday with the FROG finale, and freshmen were faced with the reality of starting classes.

"I feel as if it's hard to wake up and go to class at 8 in the morning, as I do three days of the week," said Frazier. After the first week of classes, Frazier already dreaded the difficult task of waking up early, especially after temptations of staying up late.

Learning the art of juggling studies and free time was one of the first lessons Frazier would encounter as a freshman at the university. Luckily, with the experiences of orientation and his FROGs' guidance, Frazier was able to start his first year as a Duke in the right direction. //

chloemulliner // writer

Members of the class of 2013 raise their arms to form a "U," while learning the J-M-U Duuuuukes cheer. During football games, the same cheer sounded from the stands after a Duke's first down.  
photo // brittanyjones

# bythenumbers

**63**  
percent of  
the freshmen  
class were  
females

**79 percent had  
JMU as their  
first choice**

(36% freshmen  
were males)

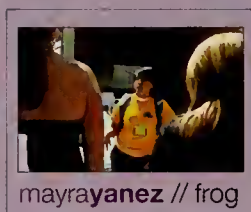


AVERAGE SAT  
SCORES

males:  
females:

**1100**  
**1199**

**57%**  
PLANNED  
TO  
STUDY  
ABROAD



mayrayanez // frog

All was quiet and peaceful across campus at 6:40 a.m. on the first day of 1787 August Orientation. That was, until a herd of more than 200 yellow First year Orientation Guides

(FROGs) arrived. As they congregated in the Commons, they had already packed enough excitement to out-scream the 4,000 first-years.

Enthusiasm, school spirit, dedication and some personal flair were important attributes of a FROG, according to senior Orientation Peer Adviser (OPA) Brett Pearsall.

“You are the first impression of JMU that the first-years have, and if they do not get a good first impression then they won’t want to be here,” said junior FROG Mayra Yanez, whose group was overseen by Pearsall.

Yanez joined her group of 19 FROGs and immediately began playing icebreaker games and preparing for the day’s busy schedule of events. Just after 7 a.m., it was off to D-Hall for a hearty breakfast.

At 8:45 a.m., Yanez and her fellow FROG, junior Rachel Navarrete, headed to Hillside Hall, section 3B, to awaken their 31 first-years.

In order to help the first-years feel like part of the university community, FROGs went through a rigorous training to prepare for orientation.

“I was kind of shy going in and didn’t know what to expect, but orientation really motivated me to break out of my shell,” said Yanez.



**"IT IS A HUGE COMMITMENT TO BE A FROG. YOU HAVE TO REALLY WANT THIS BECAUSE YOU ARE RUNNING AROUND FROM THE TIME YOU WAKE UP TO THE TIME YOU GO TO BED"- MAYRA YANEZ, JUNIOR**

An all-day event in April kicked off training and was continued in August the Saturday before orientation, where FROGs participated in icebreaker activities, learned how to facilitate discussions with the first-years, and practiced the FROG dance to perfection.

Icebreakers continued throughout the week, making it easier relax despite the group's initial awkwardness.

Yanez's first-years also opened up at the "Conversation with Professors" event. They talked with ease to communications professor, Thaddeus Herron. They shared their reasons for coming to the university and their fears about being in a new environment, and asked any questions they wanted. Yanez's group was especially interested in Greek life.

At 12:40 p.m., Yanez and Navarrete met up with their first-years outside Hillside Hall for the "First Year Reading Discussion" event in Taylor Hall, where first-years were challenged to make positive, strong identities for themselves at the university.

Yanez and Navarrete sent their first-years to their peer-advising meetings at 2:30 p.m. and set off for some free time.

"It is a huge commitment to be a FROG," said Yanez. "You have to really want this because you are running around from the time you wake up to the time you go to bed."

Her favorite part of orientation was watching her first-years get comfortable on the campus and make new friends. She felt that helping them do this was worth feeling exhausted at the end of the day.

Yanez and Navarrete's first-years appreciated the hard work the FROGs put in to help them adjust to the university.

"They make a good effort to make you feel comfortable," said freshman Katie Grube. "I would feel so lost without their help."

JMADisON, QuadFest, the UREC beach party and Laugh Out Loud Comedy left little time for Yanez and Navarrete to relax for the rest of the night. They finally bid farewell to their first-years at 11:30 p.m. and retired to bed.

Despite the chaotic schedule, Yanez said that it was her best experience thus far at the university and she would not change a single thing about the FROG program.

"I took away lifelong friends, [both] FROGs and first-years," said Yanez. "I met so many wonderful people that I would not have had the opportunity to meet otherwise."

The only complaint Grube had at the end of orientation was that she ran out of fun facts about herself. She even aspired, along with freshman hallmate Allison Lagonigro, to become a FROG in the future.

When asked about how he thought his FROGs performed, Pearsall responded very pleased. "Words cannot describe how proud all of the OPAs and orientation staff felt towards them." //

allieconroy // writer



# TWO STRIKES & YOU'RE OUT

OFF-CAMPUS  
RESIDENTS  
COPED  
WITH THE  
CRACKDOWN  
ON ALCOHOL  
POLICIES

mandysmoot // writer

In the interests of clarifying judicial policies, the university began fall semester to strictly enforce the “two strikes policy” of selling or providing alcohol to minors.

“You’re proven guilty based on the 50 percent rule—there is no ‘beyond reasonable doubt,’” said senior Jake Fishman. “If they can be 51 percent sure that you’re guilty, then you receive the strike.”

Some students felt that with only two strikes before a student could be suspended or expelled, it could open the door to more people getting into trouble when

they might not deserve such harsh punishment.

“Instead of deterring students from drinking, they will just end up kicking out students who could have potentially been very successful here,” said senior Pam Talman.

However, according to Director of Judicial Affairs Josh Bacon, the two strikes rule had always been in effect to discourage upperclassmen from supplying alcohol to underage students.

“We are just pushing it this year,” said Bacon. “To me, I hope it makes students make safer choices.”

The university made efforts to inform the student body of the stricter enforcement. Prior to school



# controversia changes

starting, Judicial Affairs went out to make sure everyone knew the community standards. City police stood on Port Republic Road, offering students advice and encouraging them to call SafeRides. They wanted freshmen to know community standards and consequences before they went out partying.

But many students were still confused about the specific guidelines of the policy.

According to Bacon, three strikes was just the minimum. For example, something as severe as selling drugs could lead to immediate suspension or even expulsion on the first offense. The two strikes guideline specifically applied only to students who supplied alcohol to underage students.

"We want to make people aware if you are selling [or providing] alcohol to minors and you do it twice, you are gone," said Bacon.

According to the associate director for the University Health Center's Substance Abuse Prevention, Paige Hawkins, the university developed a stronger partnership with city officers to place an emphasis on enforcement and keg violations.

The university held focus groups with the student body last March to address the role alcohol played in relation to students' decisions to attend the university. Two themes emerged as a result: the culture of "free" beer, and how the late-night transit (known as the "drunk bus" to students) defined the university's community.

This became a "springboard" for changes in the drinking policy, said Hawkins. It sparked conversations that aimed to challenge the free beer culture of the university. They also wanted strong consequences for being found guilty because they wanted students to realize the impact it had on their future.

## DRUNK BUS

In addition to changes in the university's drink policy, the late-night transit hours were reduced by 45 minutes.

"I completely understand why JMU is trying to change the reputation it has as a party school, but imposing new regulations will not achieve it," said senior Jake Fishman. "The change has to come from the student body itself."

The university-made decision resulted from behavior that occurred during early morning hours. According to Paige Hawkins, associate director for the University Health Center's Substance Abuse Prevention, it all boiled down to students' lack of respect for themselves and others.

But senior Pam Talman worried the change would have a negative effect.

"Instead of students coming home earlier, they will simply get rides with friends, some of whom may have been drinking," said Talman. "It is better to provide the students with a safe way home."

Senior Lindsey Monroe disagreed. "It is not going to lead to more drunk drivers, just more walkers," she said.

From the university's perspective, the extra 45 minutes was not servicing the local community. "As an institution, we want to make sure we are challenging the behaviors of the community and drivers at risk," said Hawkins, who said 3 a.m. seemed a little too late. The role of the transit was to take students back and forth, servicing their academic needs during the day and providing a safe environment for positive engagement at night.

"I feel like we will adjust as time goes on," said junior Allison O'Boyle.

The university has no plans to reduce the time of the late-night transit further. "I feel 2:15 a.m. is an appropriate time," said Hawkins.

## BUD LIGHT CANS

A new marketing campaign by Anheuser-Busch sold cans of Bud Light dressed in college sports team's colors. Students purchased purple and gold Bud Light cans from places such as Wal-Mart, Martins and Food Lion. Bud Light targeted Virginia Tech and the University of Virginia with their school colors as well.

"When someone is looking at the school-colored Bud Light next to the boring old silver cans, it's a pretty easy choice between which one looks more appealing," said Fishman.

"It doesn't matter, people are still going to drink and be held accountable for their own decisions," said O'Boyle.

Fishman also agreed with O'Boyle. "College students are going to drink [beer] regardless of what brand it is, what it tastes like, or what color it is."

Despite how students felt, the university's administration worried that "fan can" beer sales at local stores would contribute to underage and binge drinking, or give the impression that the university endorsed the beer.

"The majority of our students are under 21," said Hawkins. "The product is marketed to ages [unable to drink]."

Edward Forty Hands, a popular drinking game among some students, requires a 40-ounce bottle of beer to be taped to each hand. Participants were unable to untape their hands until the bottles were empty, restricting activities such as going to the bathroom or using a cell phone.

photo // nataliewall



Liquor bottles and empty beer cans clutter an apartment countertop after a night of drinking. Doubts flew among students about whether the new policies would change students' drinking habits.

photo // nataliewall





# the SOUND of music

ASPIRING  
A CAPPELLA  
SINGERS VIED  
FOR A SPOT IN  
STUDENT  
GROUPS

kane **kennedy** // writer

Overtones member, junior **Brittany Young**, introduces freshman **Amy Janicki** to the panel of judges. Young served as the social chair for the Overtones.  
photo//nataliewall



**B**etween Sept. 6 and Sept. 8, the university a cappella community held tryouts to search for its newest members. With such prestigious reputations, it was considered an honor to be selected for one of the groups.

There were seven a cappella groups on campus: all-male groups Exit 245 and The Madison Project; all-female groups the BluesTones, Note-oriety and Into Hymn; and coed groups Low Key and Overtones. Students could audition for as many groups as they were eligible for.

The auditions were open to any student on campus. Aspiring singers arrived and signed up for the groups they wanted to try out for. As they auditioned, students got a feel for which group fit them best.

Through the first three days of auditions, the hopefuls were evaluated on several musical components including sight singing and rhythm reading, tonal memory and pitch matching, range testing, and song preparation.

For song preparation, those trying out were required to sing the verse and chorus of a pop song, to last 30 seconds to a minute in length. Students were able to chose a song that showcased his or her voice best. The BluesTones and Exit 245 recommended a Top 40, rock, pop, hip-hop or country song so that the material was familiar to all involved and fit with the group's repertoire.

Callbacks, announced after the end of initial auditions, were held on Sept. 10. After callbacks, students were notified whether or not they made the group. Regardless of the final outcome, students learned to conquer intimidation and expand their horizons. //

stormburks // auditioner

As freshman Storm Burks paced outside the audition room in the music building, he hummed a simple tune to himself. It was the song he planned to sing to audition for the all-male a cappella group, Exit 245.

"I was pretty nervous, I'm not going to lie," said Burks. "I had to be confident, and I knew I had to believe in myself." After he finished his initial audition, Burks waited to see if he had made the callback list.

"I thought I had a good shot, I thought I sung really well, but I wasn't the one who made the decision," said Burks. But Burks impressed members of Exit 245. Out of more than 200 students that auditioned, Burks was one of 15 who were called back for a second audition.

Unfortunately, he did not make the final cut of five.

lowkey //

Weeks of strenuous work played out in three nights. Senior PJ Ohgren and other members of the coed a cappella group Low Key spent weeks advertising their upcoming auditions. They hung fliers throughout campus and spread the word to music majors, along with anyone else who could sing. After they had promoted their auditions for weeks, they sat in the music building from 3 p.m. until midnight for three nights and listened as more than 120 students auditioned for the group.

"We attract all different types of students," said Ohgren. "All of our members are involved in something else. If not, it's kind of odd." Low Key's members ranged from Orientation Peer Advisors to First year Orientation Guides to Student Ambassadors. "We are always looking to broaden our group," said Ohgren. "We are the youngest a cappella group, so I feel we can grow the most." //



sarahyi // auditioner

Freshman Sarah Yi stood in front of the members of Low Key, laughing. Red-faced, Yi paced in front of the room.

"It was an awful way to start my audition," said Yi, who doubted that she would be called back. But after 120 students had auditioned, Yi was one of 30 to receive callbacks.

"I initially did not choose Low Key, but during the audition process, I felt somewhat awkward in the room with the other groups that I auditioned with," said Yi. "When I was in the Low Key audition room, I felt very comfortable and welcomed by the audition staff. They were all understanding of my nervousness, and worked with me." From the 30 that were called back, Yi was one of the five that were selected to become members. "I had a feeling that I wasn't going to be chosen," said Yi. "But to my surprise, I got a call at 5:30 a.m. saying 'Congratulations!'" //

bluestones //

Lady Gaga's hit song "Just Dance" could be heard from the choir room in the music building. The only unusual thing? There was no stereo. The ladies of the a cappella group BluesTones harmonized the popular tune before beginning callbacks.

"BluesTones is one of the more different a cappella groups that JMU offers," said BluesTones president, senior Holli Matze. "Some people say we have attitude."

This "attitude" drove more than 200 girls to audition for the all-female group.

"Out of about 200 girls, 15 were called back, and five actually became members, or 'NewsTones' as we like to call them," said Matze.

Prior to auditions, Matze and fellow group members spent weeks preparing. They created posters and campaigned via word of mouth. Matze also had to set up the audition times of every girl who tried out.

"Every moment of free time I had went towards auditions," said Matze. "But it was worth it."

somerbrillhart // auditioner

As 200 girls went in and out of the BluesTones auditions in the music hall, few made big impressions. Freshman Somer Brillhart strove to be the exception.

"I felt all right about it because the girls did a really good job of making you feel comfortable and calm your nerves, by just being really chill," said Brillhart. "But I was still pretty jittery, especially when I saw how many people I was up against."

Brillhart happened to make an impression on the panel of present members of BluesTones and was called back for a second audition.

"It's hard to think that you can beat out that many people for a spot in the group," said Brillhart. From more than 200 girls who auditioned, Brillhart was one of five who were selected to be in the group.

"They told us at 5 a.m. and I texted my mom right away," said Brillhart. "Poor lady. But she was really stoked for me. It felt awesome to have been chosen out of so many. I'm truly blessed, and it gives me more confidence in my abilities as a singer that I could make it into a group with such talented people." //

Performing in front of members of the BluesTones, sophomore **Kelly Hodgkins** hopes to nail the audition. Potential members were required to sing a verse and a chorus of a pop song, but were encouraged to avoid Broadway or classical music. photo//nataliewall



Demonstrating the range of her voice, freshman **Becca Molnar** auditions for the Overtones while junior **David Little** accompanies her on the piano. The Overtones, one of two coed groups on campus, planned to release their sixth album in the spring of 2010. photo//nataliewall

# the new FLU

A PANDEMIC CAUSED  
THE UNIVERSITY TO  
IMPLEMENT  
PRECAUTIONARY  
MEASURES

stephsynoracki // writer

**S**ince the first case of the swine flu appeared in Mexico City in late April, the H1N1 virus received a sensational amount of media attention, as individuals feared the worst. Nightly news reports and newspapers informed the nation about the newest outbreaks and what safety precautions individuals should take. As students arrived at college campuses for the start of fall semester, universities around the country made swine flu prevention a topic of concern.

According to the Virginia Department of Health (VDH), the first swine flu cases in Virginia were confirmed on April 30. Two individuals, one male and one female, had both recently traveled to Mexico. Their cases were mild and did not require hospitalization.

It was not easy to confirm whether the swine flu hit the university's campus due to the fact that the state, under the direction of the Centers for Disease Control and Prevention (CDC), stopped testing for the specific swine flu strain.

Dr. Stephen Rodgers, medical director of the University Health Center (UHC), stated that students on campus did have influenza-like illness (ILI), and health centers across the state were given guidelines for ILI to diagnose patients based on certain clinical symptoms.

Symptoms of the swine flu were identified as runny nose, nasal congestion, a sore throat, fatigue, headaches, coughing and fever, according to information posted on UHC's Web site. The swine flu, whose symptoms lasted for about a week in most cases, was spread in the same manner as the seasonal flu.

College students fell into one of the risk groups identified by the CDC: children and adolescents age 6 months to 24 years.

Dining Services took many proactive steps in creating a safer and healthier environment for students. Hand sanitizer dispensers were installed in all dining facilities and employees were encouraged to practice thorough hand washing, which was a reinforced memo at all meetings held before each meal period. Attempting



With cases of the swine flu on the rise, the use of hand sanitizer increased. Classrooms often had antibacterial wipes available for desks and computers, and dispensers of hand sanitizer were installed in dining facilities.

photo // nataliewall





to keep any student with flu-like symptoms away from others, Dining Services provided an option that allowed a roommate or friend to request a to-go meal for any student with a meal plan.

In addition to the seasonal flu vaccine offered to students, faculty and staff in October, the university also offered the H1N1 vaccine free to the public. But some students and faculty expressed concern as to whether the H1N1 vaccine was safe.

“The vaccine is produced and tested just as the annual vaccine for seasonal flu, so it should be equally safe,” said Dr. Rodgers. “We will follow recommendations from the CDC and VDH for who is a candidate.”

Senior Theresa Wakenight recalls a professor discussing the swine flu during the first week of class.

“She told us the more people who get vaccinated, the better everyone will be because those who received the vaccination will protect those who did not get vaccinated.”

Wakenight did not plan on receiving the swine flu vaccine because she knew her roommates intended on getting vaccinated. Even though the vaccine was available at no cost to the public and individuals were assured that prevention was key, many students did not plan to receive the vaccination.

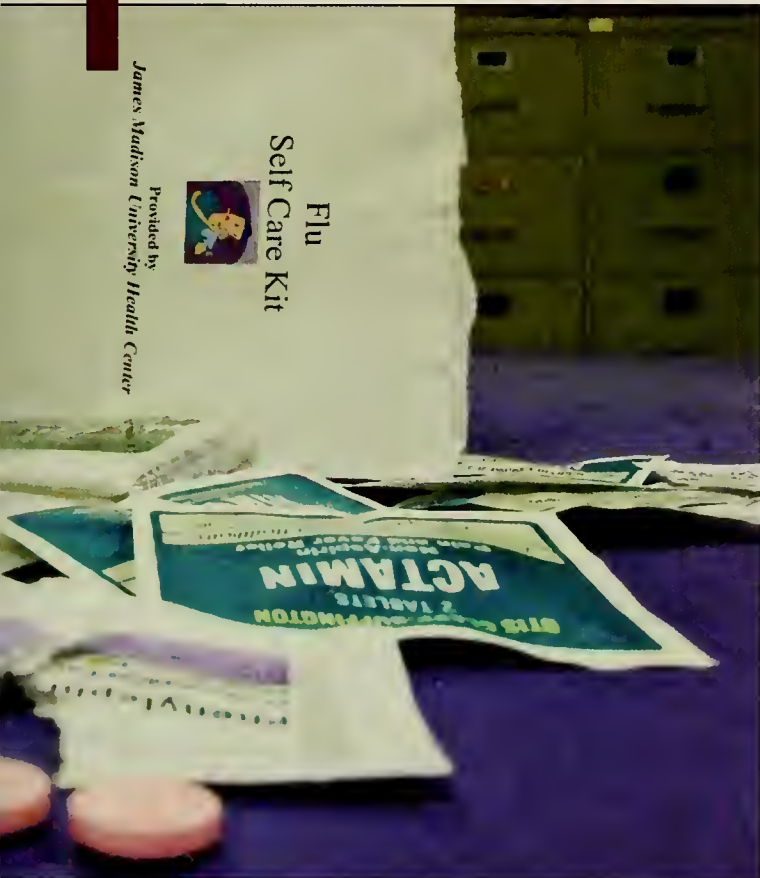
Most of the students who were not concerned about the possible epidemic felt that way because they did not know anyone who had the virus, rarely contracted the flu, or were not convinced the swine flu was a serious threat.

Sophomore Stefan Jobe believed that the swine flu was a concern when the outbreak first occurred, but as October rolled around, Jobe believed the virus was dying out. His older brother was infected with the virus and recovered without complications. Jobe based his decision to receive the vaccine on evidence of the effects of the vaccination and whether it would actually give an individual immunity to the virus.

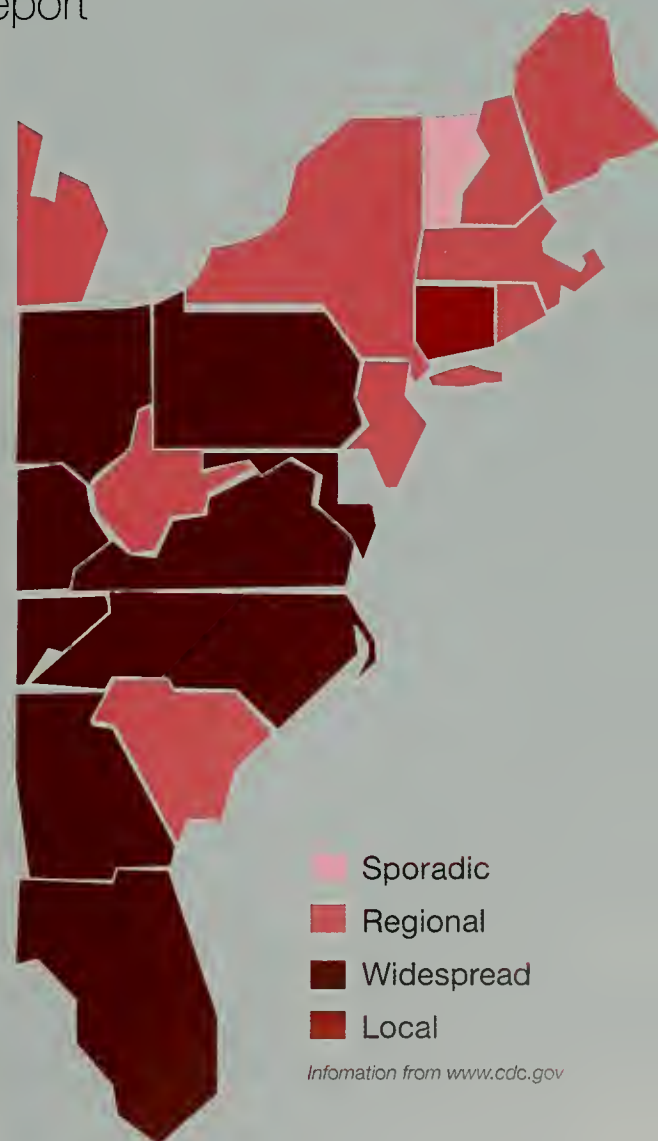
Senior Lauren Walker had definite plans to receive the vaccination. She believed it would be unwise to not take the university up on a precautionary offer. Tiffany Burbic, also a senior, felt swine flu was a concern and planned to be in line once the swine flu vaccination became available.

“My mom is in the nursing field and she strongly encouraged me to get the vaccination as soon as it was available,” said Burbic. “I want to be on the safe side and know that I took that extra step to protect myself from the possible swine flu epidemic.” //

Paper bags filled with medication, disposable thermometers, tissues, hand sanitizer and facemasks were given to students with symptoms of the swine flu. Each dorm on campus was given a handful of these bags to distribute to residents as necessary.  
photo // nataliewall



## geographic spread influenza surveillance report



Information from [www.cdc.gov](http://www.cdc.gov)



## JIMMY CARTER MESSENGER OF PEACE

### FORMER PRESIDENT RECEIVED MAHATMA GANDHI GLOBAL NONVIOLENCE AWARD

karylwilliams // writer

The Convocation Center was at full capacity with on-lookers eagerly awaiting the arrival of former president, Jimmy Carter and former first lady, Rosalynn Carter. On Sept. 21, the 28th annual International Day of Peace, these two high-profile individuals received the Mahatma Gandhi Global Nonviolence Award.

The award was given every two years to “individuals with global recognition who believe humans everywhere are to be peacemakers, support nonviolence, love their enemies, seek justice, share their possessions with those in need, and express and demonstrate these beliefs in their words, life and actions,” according to the Mahatma Gandhi Center for Global Nonviolence.

“With everything they have seen and done all over the world, to be honored with such a prestigious award at my alma mater in little Harrisonburg, Va., is pretty awesome,” said Michael Earman, ’76 graduate and lifetime resident of Rockingham County.

The ceremony processional commenced with a song performed by the Shenandoah Valley Children’s Choir as the Carters walked down the center aisle onto the illuminated stage.

First to take the podium was the university’s president, Linwood H. Rose. He noted the

university’s mission to create “educated and enlightened” citizens and how the Carters should serve as model citizens to the students through all their peacemaking efforts.

Favorite hymns of Mahatma Gandhi rang throughout the Convocation Center as the Carters, the Indian and Syrian ambassadors to the U.S., and Secretary of the Commonwealth, Katherine Hanley, lit the ceremonial lamp.

The Carters were first awarded with honorary doctorate degrees from the university, the 31st and 32nd doctorate awarded in the history of the university.

Sushil Mittal, director of the university’s Gandhi Center, touched on the Carters’ history with Habitat for Humanity as well as the start of their Atlanta-based nonprofit organization, the Carter Center.

“It’s dedicated to raising peace, fighting disease and building hope,” said Mittal.

Adorned with shawls and certificates, Jimmy put his arm around Rosalynn as Hanley read them their honorary resolutions and presented them with the golden Gandhi statue.

Jimmy Carter’s speech, titled “The Path to Peace in the Middle East,” started with his accomplishments as the 39th president of the United States, including the Camp David nego-

tiations between Israel and Egypt.

Since leaving the White House, he had traveled extensively throughout the Middle East, seizing every opportunity to “encourage peaceful relations between Israel and its Arab neighbors.” The current situation between these two nations was still in turmoil.

“Almost every small commercial establishment has been wiped out, with 50,000 homes destroyed or severely damaged by Israeli attacks in January,” said Jimmy.

For the future, Jimmy emphasized that Israel would never find peace until it was willing to withdraw its troops from its neighbors’ land and permit the Palestinians to exercise basic human and political rights. He ended his speech on an optimistic note, however, closing his speech by saying, “We can have peace in the Holy land.”

“Qualities that every citizen should have are persistence, hope and, after tonight, energy,” said Rose. “All of us can take a lesson from that.”

Shenandoah Valley Children’s Choir closed the night by leading the audience in a “Happy Birthday” chorus; Jimmy turned 85 years old on Oct. 1.

“I was impressed,” said Earman. “Even at the age he is, he still looks and sounds strong and vibrant.” //



Former President **Jimmy Carter** gives his lecture to a sold-out crowd in the Convocation Center. His speech, “The Path to Peace in the Middle East,” focused on the steps necessary to improve distressed countries.  
photo//nataliewall





**Fran Strohm**, mother of university Board of Visitors rector Meredith Gunther, watches as the Carters receive the Mahatma Gandhi Global Nonviolence Award. Carter assumed the presidency in 1977, the same year the university formally shifted its focus to becoming a leading, globally inclusive and interdisciplinary university. photo//nataliewall

Former President **Jimmy Carter** and first lady **Rosalynn Carter** share a moment at the end of the ceremony. Their visit served both as a learning opportunity for students and faculty as well as means of inspiration for the community. photo//nataliewall



"SO MANY STUDENTS CAME OUT TO SEE THE CEREMONY, IT TRULY IS SOMETHING WHEN SOMEONE, FROM YOUR PARENTS' GENERATION IS ABLE TO DRAW THAT MANY INTERESTED PEOPLE" - TRUMAN HOWWITZ, FRESHMAN

# funny people

"PARKS & REC."  
ACTOR DELIVERED  
LAUGHS



Making use of physical humor, Aziz Ansari brings laughter to Memorial Hall. A former member of Upright Citizens Brigade, Aziz is one of many famous alumni including Amy Poehler, Horatio Sanz and Jenny Slatz.

photo//nataliewall

racheldozier // writer

**N**estled between International Week and Spaghettifest on *The Breeze's* "What's Hot" and "What's Not" meter laid comedian Aziz Ansari. The actor had performed in such films as "Funny People" and "I Love You Man," and starred on the NBC show "Parks and Recreation" with actress Amy Poehler. Friday, Sept. 25, Ansari headlined in Memorial Hall to a packed audience.

But Ansari wasn't the only performer that night. Comedian Dan Levy, who had performed his stand-up on "Comedy Central Presents," opened the show with his crude brand of humor. Levy started off his set talking about typical aspects of college, such as fire-obsessed RAs, trashy Halloween costumes and the pain of long-distance relationships.

Though he began lightly, Levy did not stick to a college-friendly script. His jokes soon turned to the Web site YouPorn, the pornographic alternative to YouTube, where he graphically described "gang bangs" and masturbation.

Sophomore Drew Midgette, director of special events for the University Program Board (UPB), said that UPB couldn't always make the "tasteful" decisions.

"It's hard for me personally because I'm a pretty conservative person," said Midgette. "I have to put personal manners aside sometimes. Our goal is to appeal to the student body and sometimes that means crude humor."

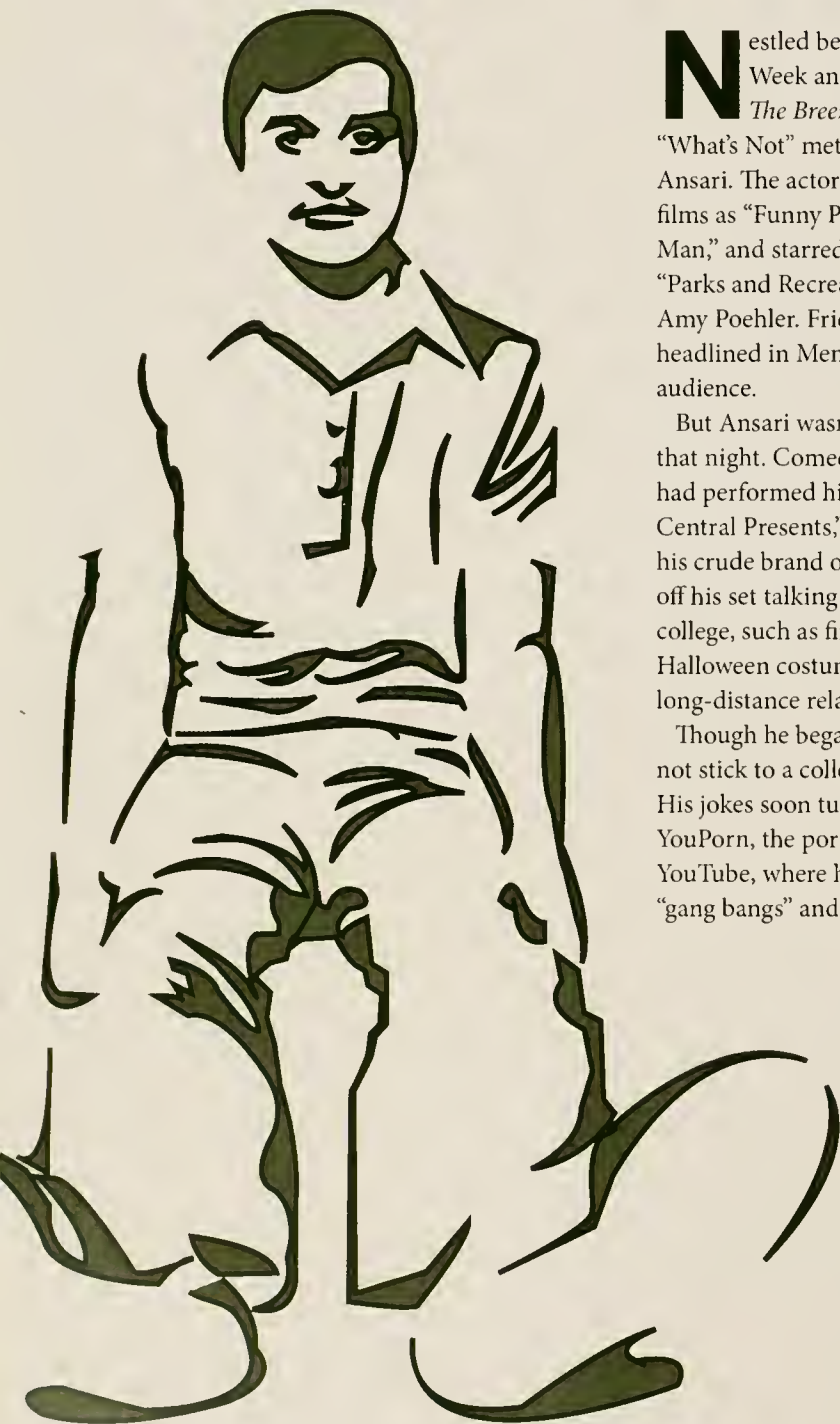
Midgette thought that Ansari had a more refined sense of humor than Levy. But despite fewer crass one-liners than Levy, his humor transferred to the tear-streaked faces of student audience members.

Ansari began his set by holding up a copy of *The Breeze* and discussing his concern at being rated beneath Spaghettifest on the "Breeze-O-Meter." Despite initial dismay, he was able to use humor to eventually come to terms with the choice.

"Well, I guess I'm technically cooler in temperature than spaghetti, so I can understand how this decision was made," said Ansari.

As the jokes progressed, Ansari slipped between his experiences with fame and his life as an Indian male in his 20s. Discussions such as misleading thread counts and body image issues made Ansari easily relatable to his audience. Ansari also told anecdotes about his chubby cousin Harris, a cinnamon bun-loving pre-teen on an AP history class MySpace group.

Including jokes about his star status, Ansari told a story about being invited to Kanye West's house in Los Angeles.







**Dan Levy** performs for enthusiastic audience members at Memorial Hall. Born in 1981, Levy began his stand-up career while maintaining his full-time status as a student at Emerson College in Boston. photo//nataliewall

Ansari mentioned countless times how out of place he felt at West's house, watching him bop his head to his own "fresh beats" and "look in the telescope to see the girl with the big titties."

At the end of the night, Ansari gave the audience a special treat. He pulled out his infamous character personality Randy (officially spelled with 8 As) to do a few impressions for a cheering crowd. Ending on a high note, Ansari brought the audience to their feet.

UPB was pleased with the event's success. "Our job is to make the college experience better," said Midgette. "We have to please the students, and I think we did that tonight."//

Searching for some laughs, **Aziz Ansari** comments about his status on *The Breeze's* "Breeze-O-Meter." Ansari also provided the special treat of his "Randy" character from the movie *Funny People*, a rare appearance on his college tour. photo//nataliewall



## RESUMÉ

### "PARKS AND RECREATION"

Ansari played Tom Haverford, an employee with the Parks and Recreation department in Pawnee, Ind., who cheerfully exploited his government position for personal gain on NBC's "mockumentary-style" sitcom.

### FUNNY PEOPLE

In this star-studded movie, whose cast included Adam Sandler and Seth Rogen, Ansari played a fellow stand-up comedian in the club where Rogen's character, Ira, performed. His stand-up persona, RAAAAAAAAANDY, relied on raucous, raunchy jokes.

### "RENO 911!"

Ansari moonlighted as an insurance agent for one episode of Comedy Central's popular spoof of a Reno, Nev., police squad.

### I LOVE YOU, MAN

In his role as fencing student Eugene in "I Love You, Man," Ansari's character was just one of Paul Rudd's many failed attempts to find male friends.

### OBSERVE AND REPORT

Alongside Seth Rogen once again, Ansari played a lotion salesman and flasher suspect named Saddam in this mall-cop comedy.

### "SCRUBS"

Ansari landed a gig playing "Scrubs" intern Ed, where he lasted four episodes before being fired by Dr. Cox (John C. McGinley).

### "HUMAN GIANT"

Ansari partnered with Paul Scheer and Rob Huebel to create a sketch comedy show on MTV. As alumni of the Upright Citizens Brigade and VH1's Best Week Ever, the three comedians blended their unique humor in a series of video shorts each episode.

# celebrating commUNITY

BRAVING THE RAIN, H'BURG  
PROMOTED DIVERSITY

colleencallery // writer

**H**uddled under umbrellas and slick raincoats, a small crowd formed to watch the rhythmic stomping, twirling, and singing from Aztec dancers splashing in puddles on the slippery grass.

Despite the unrelenting rain, Harrisonburg's International Festival pressed forward with their 12th annual celebration in Hillandale Park on Sept. 26. The Tiet Papalotzin Aztec Dancers were just one of the many groups that participated in the free event dedicated to acknowledging and celebrating the diversity in the area.

"It is a fun way to raise awareness of different cultures in Harrisonburg and Rockingham County," said co-chair Tina Owens, who had helped coordinate the festival for the past six years.

Across the lawn from the dancers under a tent dripping with rainwater, a young girl found the right color of paint to squeeze onto a felt square.

"Are you done with the one for your mom?" asked Molly Fisher, a junior art education major and volunteer at the art tent. The finished piece, which read, "I Love You Mom," took its place at the end of a clothesline filled with other cloth pictures depicting peace, family and unity.

"This is my first year, so I didn't really know what to expect," said Fisher. "[The art tent] is definitely a kid-favorite. In school, art is more controlled and this environment allows them to have fun. They can make jewelry or paint on the [commUNITY] mural, and no one tells them what to paint."

Recruited through the National Art Education Association on campus, Fisher and senior Nicole Pattullo helped oversee art projects that expressed unity between all residents within the community: a main theme of the event.

Tents littered each side of the paved

walkway through the park, each offering something unique. Guests could buy sweaters, toys and socks made from locally raised Alpaca fur. Booths served traditional foods ranging from Central and South America to East Asia. The main stage showcased dancing, singing and music from various cultures.

The festival attracted between 2,000 and 3,000 guests. Although it was only half the turnout coordinators had seen in previous years, Owens felt it was a testament to the local support willing to come out on a rainy day. According to Owens, the public school system hosted nearly 30 different languages, indicative of the diversity in the area.

"[One] may not necessarily see or know it's in this area," said Owens. "It's incredible to see people in their native dress, speaking their native language."

The amount of community outreach and involvement also suggested diversity was an issue many people cared about.

The Chinese Student Association (CSA), unable to perform because of the rain, felt that participating in such events helped reach their mission of promoting diversity on and off campus.

Junior Michael Wu, president of the CSA, explained that one of its biggest goals as an organization was to emphasize the aspect of community across ethnicities in a welcoming environment to promote education.

"We learn more about each other, we have fun, and most importantly we develop better traits in ourselves," said Wu. "I want to see diversity as a tradition at JMU."

Overall, Owens felt the event was a success.

"We are not a classroom," said Owens. "But it's hard to show up and not learn something about another culture or our own community." //



Bassist **David Berzonsky** of the musical group, Lua, from Charlottesville, Va., performs on the main stage. Inspired by a blend of North American, Latin American and African influences, Lua's music focused on transforming the world.  
photo//tiffanybrown



Sophomore **Courtney Schwalbe** helps a child make a Cinco de Mayo Sunshine Mask. Many students from other local universities, including Eastern Mennonite University and Bridgewater College, also volunteered at the International Festival.  
photo//tiffanybrown



# Q&A



Seniors **LaTrice Ellerbe** and **Sean Youngberg** demonstrate how to make **Zambian peanut butter** using just peanuts. Peanut butter typically also included vegetable oil, and sometimes molasses or sugar to add flavor.  
photo//tiffanybrown



**dianenobime** // junior

**major:** accounting & finance

**country of origin:**

Benin, a French-speaking country in West Africa

**came to the university:** January 2006

**why did you come to the U.S. for college?**

"My major deals with business every day. English is known as an international language and also the business language. There is no way I could learn and speak fluently without being in the environment that will help me."

**how has coming here impacted you?**

"I am learning to live and work in a different environment that will definitely give me an advantage over other people. I am taking away a lot, and as I always say, I am lucky and blessed to have this opportunity. Many people want it!"

**do you have any advice for other international students?**

"Beginnings are always difficult in a new environment, but it gets better every month. And I try to tell myself, I am growing up a second time because it's a new environment."

**benrego** // junior

**major:** international affairs

**country of origin:** Bermuda

**came to the university:** August 2008

**why did you come to the U.S. for college?**

"In Bermuda the education level is very poor. It is such a small, isolated island with only one college and not many options to study. The United States simply opens my eyes up to the bigger world, and the dedication of the teachers to the students' learning is far superior."

**how has the adjustment been, if any?**

"When I first came abroad to study I was very young, only 18. I was extremely homesick and almost in shock to be around people that were close to a polar opposite from the locals back home on the island. Being away for quite some time now, there was really no adjustment coming to JMU, other than meeting new people, which I love to do."

**what is it like being an international student?**

"Probably the best. It never hurts being someone who stands out from the others, especially when people think I have an accent. Overall though, it has taught me to appreciate and be proud of where I am from and be very thankful that I have the opportunity to travel far away just to study."





Spaghettifest attendees endured the rain to listen to the various bands that performed. Tickets cost \$40 presale or \$50 at the gate, and gave access to the campgrounds and three days of music.

photo//alexledford

Rocking out, music industry professor **Joe Taylor** performs on the keyboard with his rock band, Undercover. Formed in the early 1980s, Undercover had recorded eight studio albums and two live albums.

photo//alexledford



## MICKEY GLAGO

University alumnus Mikael Glago surrounded himself with music: he instructed Concert Production and Promotion (MUI 422) three days a week, taught 40 guitar and mandolin lessons every week, and performed in a funk band called Midnight Spaghetti and the Chocolate G-Strings every Friday and Saturday. Together, the band toured as far north as Canada and as far south as Costa Rica. Glago also owned his own business, Midnight Spaghetti Productions, which put on the annual music festival Spaghettifest. He also had a five-year-old who he spent at least half his time with.

It was a tight schedule for Glago.

"Sometimes I roll into my class from a gig in a suit and tie," said Glago.

Preparation for Glago's music career started at 13, when he lived in Mexico City and learned to play the guitar. When he was 14, he began working at the Patriot Center in Fairfax, Va., where he discovered that putting on music shows was his dream. In high school, he worked at a driving school in northern Virginia, where he was quickly promoted to manager. Glago learned the ins and outs of running a business, which later proved valuable.

In his senior year at the university, Glago changed his major from music performance to music industry.

"I came to a realization that I really wanted to be involved with concerts and putting on large shows," said Glago.

For his internship and senior thesis, he put on music events. His first was held at P.C. Dukes, where he performed with his funk band, Midnight Spaghetti and the Chocolate G-Strings.

"We weren't that good, but there was something really special that the people liked about the band, and we knew we were on to something," said Glago.

After the event, he began calling his business Midnight Spaghetti Productions and hired himself as an intern. He put on a music festival for his band—Spaghettifest—for the first time in 2003 at Natural Chimney's Regional Park in Mount Solon, Va.

Glago bankrolled Spaghettifest himself and did everything from booking bands to building the

stage, donating all profits to charity. He also studied the sound engineering at Spaghettifest for his practicum.

What began as one student's internship became a tradition. It started small, with 400 people at the first event, and grew to an expected 1,000 attendees this year.

In 2005, Glago became a music professor at the university. His class, Concert Production and Promotion, involved learning all the skills it took to put on a concert. He instructed his students to go out and put their skills to the test.

"Instead of saying you took a class, say you formed a business," said Glago.

allieconroy // writer



# cloudy with a CHANCE <sup>to</sup> with meatballs

## MUDDY CONDITIONS DIDN'T DAMPEN SPAGHETTIFEST

alexledford // writer

As you drove in on the narrow, crooked roads of Mount Solon, Va., towards the entrance, the sign read, "Natural Chimneys Welcomes You." The atmosphere at Spaghettifest, the Shenandoah Valley's homegrown music festival, was exactly that: welcoming.

The three-day festival opened its doors Sept. 25-27 and attracted more than 1,000 guests. The weekend centered around live music from more than 40 bands on three stages, but a lot of the action took place in the woods surrounding the stages, where cars, tents and grills had taken over. Harrisonburg residents and university students all crowded together within the boundaries of Natural Chimneys Regional Park.

"Spaghettifest is a lot smaller than other music festivals, so you have a lot more of a close-knit feel," said senior Anne Dreyfuss. "It's a kind of impromptu community where we all share everything."

It wasn't uncommon to see festival-goers sharing food, clothes, tents and other essentials. Most people watched the performers from under makeshift shelters with tarp ceilings, or huddled under umbrellas as it rained throughout the day on Saturday.

Senior Matt Powers was especially grateful for the what's-mine-is-yours attitude during the weekend, particularly when it came to shelter.

"It's been tough," he said. "Our tent leaked really badly and our sleeping bags got soaked." Powers called the University Recreation Center (UREC) to see if they had a dry tent or a sleeping bag, but they were all checked out for the weekend.

"It was cool though, the people camping next to us let us sit with them and they cooked us food and everything," he said.

The sharing continued late into the night on Saturday, when one band provided spaghetti for the whole crowd. The funk band Midnight Spaghetti and the Chocolate G-Strings—whose founding member, Mikael Glago, started the festival in 2003—served spaghetti to their fans while they played.

But it wasn't just about the spaghetti, according to Dreyfus. The fans poured in for the impressive lineup of bands from a variety of genres and for the fun, neighborly atmosphere.

"Why not go see all your friends' bands and have fun and all camp together," said junior Matt Clem, a first-time Spaghettifester. "That's the coolest thing about it. Everyone

knows everyone."

It was junior Patrick Fitzgerald's first time at the festival too. But he wasn't just attending; he was playing in the festival. Fitzgerald and three of his friends started their band, Pelicanesis, during the summer and played at Spaghettifest for the first time this year. The band was proud of the size of their crowd on Saturday, despite the rain.

"I think everybody is just really enthusiastic about the whole thing," said Fitzgerald. "I came expecting rain, but the thing with Spaghettifest is: it always rains."

"It's just a hot wet globe of psychedelic; of old people and hippies and dogs," said senior Josh Ariel, another member of Pelicanesis. "It was wet, but it was perfect," he said.

Another first-time Spaghettifest performer, Joe Taylor, of Undercover, was happy with the turnout at the festival too.

"It's professionally done. It's growing strong."

But Taylor landed in Harrisonburg for a different gig: he's a professor at the university.

Taylor took a job as a music industry professor in 2007, more than 20 years after his Los Angeles-based Christian rock band, Undercover, made their first album. His purpose had changed since then, using his experience in the music industry to teach aspiring musicians. But he wasn't afraid to get on stage and show his students how it was done.

"I'm confident that we can get up on stage and do it," said Taylor. "The kids seem to respond well to it. It's fun for me and hopefully it's fun for them." He expected his students would come in on Monday and comment on the performance. "If they want an 'A,'" joked Taylor, "they'll tell me it was awesome." //



Getting into the music, the guitarist for Future jams on the electric guitar. This punk/hip-hop band provided a break from the mostly indie rock genres at the festival, where more than 40 bands performed in three days.  
photo by alexledford

# HIDDEN GEM

RENOVATED BUILDING BRINGS ARTS TO DOWNTOWN

sarahlockwood // writer

A ticket to Court Square Theatre (CST) became a passport—a passport to a time when girls were “dolls,” and boys who wanted kisses wanted “cash” on the “kisser.” If he had “it,” then he was the “cat’s meow” and he’d probably know where the best “juice joint” was. A passport to CST provided a 1920s flashback; the building was designed with an art deco style reflecting the roaring twenties, which renting companies and audiences appreciated.

It took just one stroll through Court Square and into The Marketplace, a building with high ceilings and marbled floors—past a restaurant called Cally’s and an old-fashioned shoeshine station—to get to the maroon-trimmed CST doors. Tickets could be purchased at the cast-iron barred box office station framed in dark wood and gold plating.

“I really liked the ticket booth with the cute little gate,” said freshman Alanna John. “The whole building had a 1900s feel with the old-fashioned shoeshining and all. But not so much old-fashioned, more in a cool, retro way.”

Originally the service department for Rockingham Motor Company, the theatre was established 12 years ago.

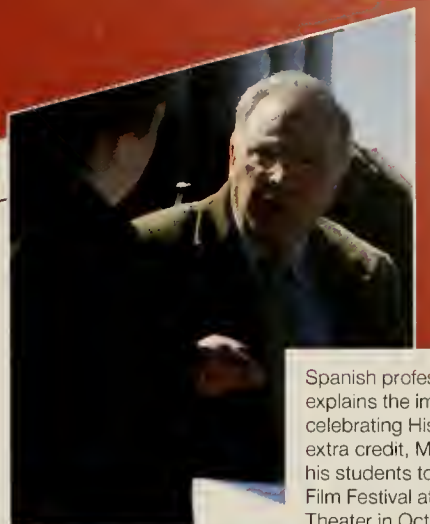
“In ’98 the Harrisonburg Redevelopment & Housing Authority (HRHA) took over the space and gutted it,” said CST manager, Noah Jones. The theatre was rebuilt as part of a downtown Harrisonburg revitalization effort, and in 2000, the HRHA contracted the nonprofit organization Arts Council of the Valley, which became the theatre’s umbrella organization.

The theatre drew crowds throughout the year with its intimate setting and architectural beauty. With 250 seats, “the house is large enough for a decent showing,” said Jones. “It’s also a rarity for small concert venues because it has raked seating,” allowing everyone to view the performance. Other small venues simply sported floor-level tickets, which blocked audience view.



Illuminated with lights, the Court Square Theater lobby houses the concessions. The option was available to rent the theater for children’s parties, popcorn included. photo: nate wall





Spanish professor **Hugo Moreira** explains the importance of celebrating Hispanic heritage. As extra credit, Moreira encouraged his students to attend the Latino Film Festival at Court Square Theater in October.  
photo // nataliewall

Greeting guests, theatre employee **Maria Avila** takes tickets for the Latino Film Festival. Freshman **Sara Anderson** attended Friday evening for extra credit in her Spanish class with Professor John Tkac.  
photo // nataliewall



In addition to unique décor and design, entertainment breathed energy into the building. “[The theatre’s] purpose now is to provide film, live concerts, theatre and dance,” said Jones. The theatre was a roadhouse theatre, meaning it could be rented by small groups for parties and conferences or booked by touring productions.

“One of the considerations is to establish a resident company which would produce work for and in the Court Square Theatre,” said Jones. However, this would not negate the theatre’s status as a roadhouse. In fact, the theatre would continue “to bring in theatrical tours and other styles of performances from the area and beyond,” explained Jones.

Events of many styles scattered the theatre’s schedule, including the American Shakespeare Center in September, Latino Film Festival in October, and Blue Grass Thursdays on a monthly basis.

Spanish professor Hugo Moreira offered extra credit to students who attended an evening of the Latino Film Festival.

“I see a number of plus signs,” said Moreira. “Students see the culture of people from a different country, and some plots involve Latin American customs. Hopefully, students will also learn to appreciate what they have after seeing how little others may have in comparison.”

Unfortunately, the theatre did not see as many students as it would have liked.

“CST is a cultural center within walking distance to JMU,” pointed out Jones. He expressed gratitude towards the university community affairs manager, Rachel Walters, for being “extremely generous in disseminating information about events which have JMU connections.”

John planned to keep her eye out for interesting events on the theatre schedule. “It has a nice location in the middle of downtown and there are other things to do in the building. You can make an evening out of it, going to Cally’s before,” suggested John.

With its intimate atmosphere and variety of performances and events, CST was the place to be, or as some might have said, “the cat’s meow.” //

## downtown *revitalization*

The Harrisonburg Downtown Renaissance (HDR) began in 2002 to support downtown revitalization, but like Court Square Theatre, many renovation projects had already begun.

“In terms of revitalization, there were several efforts before Harrisonburg Downtown Renaissance was formed,” said HDR’s executive director, Eddie Bumbaugh. Two different types of these efforts existed: volunteer-based organizations working in partnership with the city and initiatives taken by the HRHA.

“HRHA worked closely with the city in the ‘90s to help with economic and downtown revitalization,” said Michael Wong, the executive director of HRHA.

Valley Mall, built in 1978, encouraged many department stores to move out of their downtown buildings. HRHA began identifying these abandoned structures, renovating the buildings in 1998 and naming it “The Marketplace.”

In 2000, demolition of the old JC Penney’s building made way for the construction of a new judicial complex including a courthouse, jail and sheriff’s department. Another downtown project called “The

Metro” involved the conversion of an old clothing factory into apartments and commercial spaces.

Bumbaugh believed the variety of projects “indicated an interest—of the public and the city—in downtown revitalization.” Early projects made clear that large general community service organizations could not bring the overall change the community wanted.

“What really inspired the downtown renaissance was an article in the local newspaper written by the editor at the time saying that downtown Harrisonburg should be closed to a pedestrian mall,” said Wong.

This caused a group of people to begin discussing the pros and cons of closing Main Street to traffic. Although they deserted this idea, the community realized that they had another common goal: revitalizing the city.

Like the community, Bumbaugh described himself as extremely passionate about the downtown revitalization.

“It connects with my values as far as hoping to create a place where the whole community can come together.”



# NO VACANCY

## OFF-CAMPUS APARTMENT COMPLEX STRUGGLED TO FIND RESIDENTS

stephsynoracki // writer

**F**rustrated with their living experience at Ashby Crossing, located off Port Republic Road, many students made the decision to relocate when their leases expired. Ashby was not at full capacity at the beginning of the fall semester, a result of students' poor experiences and the rising popularity of newer student living complexes.

"As soon as my roommates and I decided we didn't want to live in [Ashby] anymore, we told [management] that we didn't wish to renew our lease," said senior Nick Discolo. "It might be a coincidence, but as soon as that happened, we started getting mysterious fines."

Discolo and his roommates lived in Ashby for two years before moving to Squire Hill for their senior year. He had chosen Ashby originally because it was in the center of everything on the weekends and rent was relatively cheap.

Senior Amber Richards lived in Ashby her junior

year but decided a second year there was not an option. Ashby attempted to convince Richards and her roommates to renew their leases, but lower rent was never offered.

"I think that the new complexes have had an effect on Ashby's decline in rentals," said Richards. "But I also think people are willing to pay a little bit more [in] rent to get a better experience and to have a better sense that you're getting your money's worth."

Richards chose to live in Sunchase her senior year, saying she had a much better experience there and she felt safer than she had at Ashby.

Senior Jordan Snead decided to stay in Ashby for his final year. He waited too long to find another apartment and Ashby was the only place left that allowed him to keep his dog. Ashby dropped the fee for having a pet because the student interest in renting through Ashby had declined. Although he never had any serious problems with management,

The afternoon sun shines through a breezeway in Ashby Crossing. "They bill us an arm and a leg," said senior Kerry Shannon. "Ashby really can't expect people to want to stay here."

photo//nataliewall





appliances in and around the apartment continuously broke and maintenance did a poor job at fixing them, according to Snead. He also found the lack of overnight visitor parking to be frustrating.

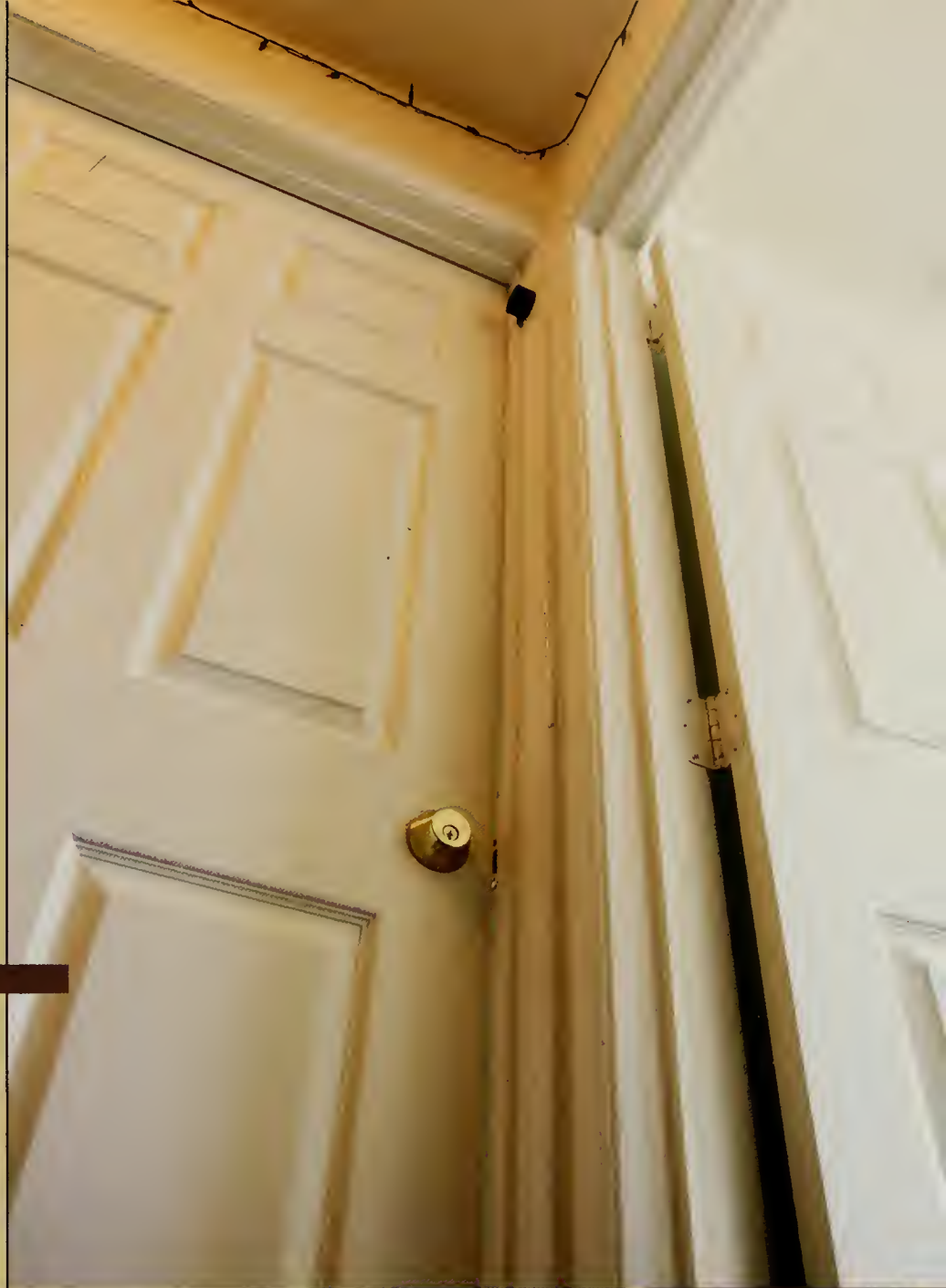
"It used to be fun living here, but now with almost nobody living here, it's really boring," said Snead.

Ashby offered students a new opportunity called "flex-leasing" starting for the fall 2009 semester. Depending on their individual needs, leasers could choose between a 12-month, 10-month or 5-month lease. If students chose the 12-month lease, they were given one month free. If students chose the 10-month or 5-month lease, they were guaranteed savings up to \$440 or \$1,690, respectively.

Throughout the year, Ashby placed ads in *The Breeze* and hosted themed events to attract students and increase their rental population. "Freshman Freakout" was one event where guests enjoyed festive food, giveaways and incentives and had the opportunity to participate in a costume contest.

Ashby's property manager declined to comment on the number of occupied or unoccupied apartments or on the complex's new marketing strategies, and despite Ashby's efforts, students continued to have a negative feeling about the apartment complex.

"I think it is going to take a lot of time and effort to change the reputation that Ashby has around the JMU campus," said Richards. //



Empty rooms are often locked with a deadbolt so residents can't have guests stay in the unoccupied rooms. Bedrooms were leased individually, so Ashby management restricted access to unoccupied bedrooms.  
photo//nataliewall

Empty spaces in the Ashby Crossing parking lot highlight the number of unoccupied apartments. The new apartment complex 865 East opened across Port Republic Road in the fall, competing with Ashby for residents who were looking for an apartment in a central location.  
photo//nataliewall



# MORE THAN JUST A COSTUME

## A BEHIND-THE-SCENES LOOK AT DUKE DOG

caitlincrumpton // writer

**H**e was at every game, revving up the crowd and getting fans involved in the excitement and spirit of the crowd.

But students would never know who exactly the individuals were behind the Duke Dog costume. According to one student who donned the Duke Dog suit, it was part of the mystery.

“Since you were a kid you didn’t want to know the person behind the mask was actually a person,” he said.

The university’s policy was to not release the names of students who dressed up as Duke Dog, but more than one student held the title—three to four a year to be exact, and the individuals rotated each game.

The secrecy, however, didn’t detract from the commitment that came with acting as the mascot. Aside from home games, Duke Dog participated in tailgating activities when the Duke Club was involved and attended all away games. Duke Dog was also involved in the community, representing the “face” for the Dukes and the university.

Wearing the actual Duke Dog costume had requirements prior to putting it on, while the individual was in costume and after the event. Before stepping into the attire, the student completed a physical through the Sports Medicine Department and was checked by the Sports Medicine doctor. The student was also required to

shower and be fully hydrated before the event.

Once in costume, the student was required to have an escort within 100 feet for the entire game. Duke Dog was not allowed to talk to anyone besides the escort or the cheerleading coaches, but it didn’t stop him from taking plenty of pictures with students, alumni, families and Harrisonburg residents.

The maximum time limit the person was allowed to be in the costume without taking a break was one hour, and two 15-minute breaks per hour were required in extreme weather conditions. Finally, the individual was to prohibit anyone from violating him or pulling off the costume.

After the game, Duke Dog—officially considered a student-athlete—placed the costume in its proper carrying cases and returned it to Godwin Hall, where it was stored between events. The individual rehydrated himself and removed the liquid packs from the cooling vest if needed. If the person was injured during the game, he/she sought medical attention at the Athletic Training room.

One student who was selected to be the mascot received his position after being approached by a Duke Dog representative. Requirements to become a Duke Dog included showing interest, trying on the costume and being able to move freely, and most importantly, the ability to pump up the crowd.

“They saw the way I was acting in the stands and approached me to be the Duke Dog,” said Duke Dog.

The position was unpaid, but the students seemed not to mind. Instead, their position was self-gratifying—it was all about interaction with the crowd and showing loyal support for the Dukes.

“I wanted to get the fans involved in the game,” said Duke Dog. “It’s fun being there, it’s exciting to me.”

The sport that Duke Dog enjoyed the most was basketball because the temperature was controlled.

“You know what it is going to be like every game,” he said, unlike football where the season began in the heat of September and ended just before Thanksgiving.

Aside from hyping up the crowd at games, being the mascot had its perks. Duke Dog received apparel, access to the Athletic Performance Center, early registration for classes, two complimentary tickets to home football and basketball games, and participation in the Varsity Athletic Awards Ceremonies.

Attending a collegiate level game was one thing, but being on the sidelines and involved with the enthusiasm of the game while having only a few select people know who was behind the mask was a benefit only Duke Dog had. //

## THE GOLDEN TICKET

It was game day and the air was crisp—the hot dogs sizzled on the grill, the players warmed up and a sea of purple and gold surrounded Bridgeforth Stadium. The only problem was actually getting into the game.

Many students experienced this frustration at the first home game of the season against Virginia Military Institute, when the student section filled well before everyone was admitted.

“This is the same number of students as we have always allowed into games,” said Mike Carpenter, director of ticket operations. “There are 4,500 seats allotted to students plus an additional 800 seats for the JMU band, color guard and Dukettes.”

Carpenter went on to explain that the reason for the increased student interest in home games was due to “additional students on campus” along with “the growing popularity of JMU football.”

In response to this issue, students were required to pick up tickets in advance for the last two home games, which was not an

option at the start of the season. This allowed for less anxiety and disappointment because students were guaranteed to get in if they picked up their tickets prior to the game. But students expressed frustration when tickets sold out quickly and early morning classes prevented some people from being able to pick up their tickets first thing Monday morning.

The building of the new stadium, to be completed by the fall of 2011, would also provide a solution to the overcrowding at games. Athletic Director Jeffrey Bourne explained that the capacity of the new stadium would be 25,800 seats, which was 10,000 more than the previous stadium.

With a new stadium on the way that would offer club seating and allow ticket operations to be available as an online option, students were assured a more enjoyable experience when attending home games. //



The Duke Dog mascot is the brainchild of Ray Sonner, former vice president for advancement. Sonner also started the tradition of having a real English Bulldog in attendance at many campus events.  
photo //lesliehaase



Running down Duke Drive, Duke Dog entertains fans during the Homecoming Parade. Duke Dog attended more than 100 events a year, including at least two weddings.  
photo //carolineblanzaco



Duke Dog poses for a picture during a basketball game. Duke Dog appeared in his first home game of the men's basketball season on Nov. 28, 1982, against Virginia Military Institute.  
photo //lizzycannon



# ALTERNATIVE ROCK BAND THIRD EYE BLIND PROMOTED ITS NEW ALBUM

rebeccaschneider // writer

**W**hen the University Program Board (UPB) announced the performers for the spring convocation concert, some students expressed disappointment that the alternative rock band, Third Eye Blind (3EB), would not make a stop at the university in April.

After appearing on the spring UPB survey, 3EB was a hot topic among students. Sophomore Amanda Gilligan said the spring concert was great, but she believed that a band such as 3EB would have reached a larger portion of the student body.

"3EB is one of those bands that everyone knows," said Gilligan. "You can't help but like at least one of their songs."

On UPB's fall survey, 3EB ranked No.1. In response to students' requests, UPB began putting forth its best effort to bring the band to the Convocation Center. Planning for the fall concert began in August, and tickets went on sale Sept. 17 at 8 a.m. Some students chose to camp out overnight to secure their spots first in line.

Gilligan arrived at the box office at 10 p.m. the night before, and set up her stuff outside. "It was rainy and horrible, and they let us into Grafton-Stovall Theatre to sleep around 2 a.m.," said Gilligan.

UPB also advertised an extra incentive for die-hard fans such as Gilligan: Get in line early to buy tickets for a chance to win "meet and greets" with 3EB for you and a friend.

"Right before 8 o'clock we all went outside and they gave out meet and greet passes to the first two girls in line, and then they counted back 10 people and it was me!" said Gilligan, who had to correctly answer a 3EB trivia question to receive the passes.

General admission tickets sold out within an hour, priced at \$31 each. Reserved seating was \$26, and general public and day-of-show tickets were \$36.

Some students such as senior Victoria Tuturice thought the tickets were a bit overpriced. "3EB is a really good band, but they've been around for a while so you think they would be cheaper," said Tuturice.

Junior Zachary Hamby, vice president of marketing and communication with UPB, explained the higher prices by noting that flat fees for artist performances were increasing.

"To be able to bring the caliber of artists such as 3EB, we put on the biggest concert expense-wise," said Hamby. "UPB's budget is dependent on revenue, so we have to make money on our concerts to be able to program all the other shows and events."

A total of 3,017 tickets were sold, making the concert one of UPB's biggest successes in terms of ticket sales and student excitement, according to Hamby.

Forty-five minutes prior to showtime on Thursday, Oct. 8, only 150 tickets remained unsold. When doors opened, the floor filled up quickly, and at 8 p.m., the opening band, Blueskyreality, began to play.

Five males in skinny jeans took the stage, sounding like a combination of Jason Mraz, Maroon 5 and O.A.R. They played songs such as "Heavy Heart" and "Giving You Up," getting the crowd excited for 3EB.

After six songs and a long set change, almost every seat in the Convo was occupied.

The lights dimmed and the audience stood up, forming a wave motion. An instrumental intro began and a female dancer illuminated in glow sticks appeared above the drum set in the background.

The stage became cloudy from the billowing smoke machines, and the faint outline of four men emerged. The crowd cheered and the musical breakdown continued as 3EB

Third Eye Blind's lead guitarist Tony Fredianelli still rocks out at age 40. His musical influences included his father, Jimi Hendrix, Jimmy Page and Elvis Costello.  
photo://nataliewall

THE STARS ALIGN



transitioned into "Losing a Whole Year." Barefooted, lead vocalist Stephan Jenkins played the tambourine and belted out the opening lines. The crowd echoed back.

The band played a series of old favorites intermingled with new songs from their most recent album, "Ursa Major." To represent the album, the stage production was an all-black partial dome shape, mimicking a planetarium. Stars appeared and raced along the "sky" as the band played.

Strobe lights flickered on and off, and reversed to illuminate the packed audience. 3EB classics such as "Jumper" and "Never Let You Go" had crowd members playing electric guitar, dancing with friends, and taking videos with their cell phones.

By 11:30 p.m., the show was winding down. After an acoustic set with "Believe" and "How's It Gonna Be," 3EB ended the performance with "God of Wine."

"The show was amazing!" said Gilligan. "The guys were phenomenal. They did such a good job mixing new songs in with the old ones that the crowd was never dead. The guys may be old, but they really killed it!"



Third Eye Blind front man **Stephan Jenkins** charms the crowd. Along with singing, Jenkins broke into Hollywood by acting in the films "Huck Star" and "Art of Revenge." photo//nataliewall



The night's opening act, Blueskyrally, consists of five members: **Zak Stucchi**, 20 (lead vocals); **Nick Fronti**, 21 (guitar); **John Chung**, 21 (drums); **Philip Bloom**, 19 (bass); and **Jake Koops**, 13 (guitar). The band created a pre-recorded personal message for its fans at 813-745-9000. photo//nataliewall

Although the band left the stage and attendees filtered out slowly, the night was not over for some. For Gilligan, the best was yet to come.

"I got all of their autographs and got pictures with each, and I told each of them something I liked about the show," said Gilligan. "They were really into the feedback and it was just really chill and fun."

When asked about the experience, Gilligan said meeting 3EB was an once-in-a-lifetime event.

"I was freaking out, actually!" she said. "Like, I've been listening to these guys for years, I know all their songs by heart, and then I get to watch them perform and meet them backstage? It was awesome." //

## Q&A

bradhargreaves // drummer

### how long has 3eb been together?

"We started in the San Francisco Bay Area in 1995."

### how do you feel about your new album? who had the most creative input?

"Ursa Major has been a long journey but we really found ourselves again in the process and are quite gratified with it debuting No. 1. Stephan [Jenkins, vocals/guitar] is the [major] writer and producer."

### did any members of 3EB go to college?

"Stephan and I both went to UC Berkeley. The funny thing is I am not even sure I know how to spell Berkeley."

### have you done many college shows?

"We play college shows constantly. In fact, they are often the skeleton around which we book our tours. I think college students appreciate what [Stephan Jenkins] is saying lyrically."

### what is the one thing a fan has said that has resonated most with you?

"We had a contest on 3eb.com where we asked fans what Third Eye Blind means to them. Reading the responses was quite powerful. The music has seen people through some of the darkest hours of their lives as well as some of their happiest memories. It was very gratifying to hear how the music has been the soundtrack to so many peoples lives."

### any words of advice for aspiring musicians?

"I always say make sure you really love music and have to play it if you want to make a career of it. It is incredibly hard to achieve success but the passion is what will get you through."



# UNIVERSAL MAGIC

PERFORMER  
PROVIDED UNIQUE  
ENTERTAINMENT  
DURING FAMILY  
WEEKEND



mandysmoot // writer

Sometimes, seeing was believing.

Peter Boie, the self-proclaimed “Magician for Non-Believers,” performed an array of magic tricks for a full house in Taylor Down Under (TDU) during the university’s Family Weekend. By the end of the show, doubters were few and far between.

An audience of nearly 250 students and family members found seats wherever they could, from the tables to couches and even some on the floor.

“We were a little surprised at the amount of people because we knew there were other events occurring at the same time, and we weren’t sure how many parents would take time to see a magician,” said junior Patrick Crosson, the director of spirit and traditions for University Program Board (UPB), who sponsored the event.

After Boie’s silent opening act, he introduced himself to the crowd and performed the first trick he was taught—the hollow egg.

“It is a matter of pretend,” said Boie, who pushed a scarf into a plastic egg. To the audience’s surprise he erased the hole and broke the egg in a glass—yolk and all.

“I’m watching my cholesterol,” said Boie, as the astonished crowd burst into laughter.

Throughout the show, Boie incorporated various props, including cards, chalkboards, ropes, newspapers, handcuffs, toilet paper and even a straitjacket. Some acts combined comedy with magic. At one point, Boie incorporated a silly rhyming poem into one of his acts.



Another act Boie performed involved what he called “spirit communication.” He randomly selected two members from the audience, a male and a female, to join him on stage. Each student sat in a chair and held a chalkboard. The female closed her eyes, while Boie touched her friend, freshman Kevin Gallagher, on his nose. To everyone’s surprise, the female thought she felt herself being touched on her nose. Then, when one chalkboard was revealed, it magically spelled out the words, “I’m here Kevin.”

Freshman Danielle Bohy, who attended the show with her parents, enjoyed the chalkboard trick the most.

Balancing an egg between his fingers, **Peter Boie** wows the audience with another creative trick. Boie had practiced magic since he was 11 years old, when he stumbled across a book about magic in his local library.

photo//sarahwink



# Q&A

peterboie // magician

## how did you get started?

"At age 11, when I was going through awkward adolescence, I came across a magic book at the library."

## when did you reach the professional level?

"I performed my first professional show when I was 15 years old. I loved it. I saw magic as a way to get paid to do something that is both extremely fun and fulfilling."

## in your opinion, is magic trickier these days?

"People are becoming smarter and hipper. However, people are not cynical. Every audience is different, but most people have a positive attitude because they want to enjoy magic. The style I incorporate in my show is even for cynics. I go by the saying: 'Cynics don't like magic, but they really enjoy the show.'"

## do you have any comedic character traits?

"I was a really shy kid, but toward the end of high school I came out of my shell. I was always able to make my family and friends laugh. I love to laugh. It comes out naturally when I perform, so I go with it."



**below:**  
Locked in a straitjacket, Peter Boie enjoys the audience's shock and awe as he works to escape. Boie won first place at Columbus Magi-Fest and was a finalist in the Society of American Magician's national stage contest.  
photo//sarahwink

**left:**  
Using everyday objects during his performance, Peter Boie captivates his audience. Boie had performed magic for celebrities such as Neil Young, the New England Patriots cheerleaders and Troy Brown.  
photo//sarahwink



"It was really cool," she said. "My least favorite part though was the rope trick, because I've seen it from my dad a million times."

In the "rope trick," Boie took a long piece of rope and cut it into individual pieces. Suddenly, the rope was whole again. He also called a member of the audience up on stage to try blowing knots off the rope that were not actually attached to begin with.

Junior Laurielle Olejniczak watched closely, hoping to discover some of Boie's secret techniques, such as clues about how he cut the rope and magically put it back together.

"He covered up his illusions really well," said Olejniczak.

Boie ended his performance with a straitjacket escape. After Boie thanked his compassionate audience, Crosson started some rhythmic, upbeat music as Boie hobbled across the TDU stage, rolled around on the floor, and finally unfastened the straitjacket piece by piece—and then confetti fluttered through the air.

UPB members were so pleased with the turnout of the event, they hoped to have Boie return for Family Weekend the following year.

"It has a cross-generational appeal," said Boie, after his performance. "Magic is universal, and everyone can enjoy it." //

# IT'S ALL RELATIVE



Enjoying the games, students and their families partake in the Godwin Field Festival. The festival had booths with university apparel for sale, airbrush face painting and music.  
photo // carolineblanzaco

karylwilliams // writer

**footballgame** // Despite the threat of rain, families kicked off game day on Oct. 10 by setting up their tailgates around 8 a.m. The weather predicted rain on and off for the tailgating hours, so many tailgaters were equipped with tents in addition to the elaborate display of refreshments.

Families substituted breakfast foods like fruit, yogurt, and egg and sausage casseroles in place of traditional burgers and hot dogs. Instead of beer, mimosas became the beverages of choice for many tailgaters of legal drinking age.

The sun peaked through the clouds right before the start of the game, and though the air was still chilly, the students and their families packed into Bridgeforth Stadium. The game against the University of Richmond was sold out.

The Dukes came close to a victory with less than a minute left in the game, when redshirt freshman, quarterback Justin Thorpe, fumbled the ball yards from the end zone. The Richmond Spiders won 21-17.

"The game was a little disappointing," said Mary Egger, mother of freshman Zach Hopf.

"They had them and let them go," said her husband. "We think it was a coaching error."

Though the highlight of Family Weekend for many was the game, tailgating with their kids and friends took first priority for others.

"The kids have been here for eight years and I have yet to see a game," said Vicky Kelly, mother of senior Shea Kelly. "I need to get to one soon, I want to see the band." //

**improvcomedians** // The stage was set with two stools and two microphones, as Colin Mochrie and Brad Sherwood began their show. Family Weekend brought the improvisational comedy of ABC's "Whose Line Is It Anyway?" to a sold out show at Wilson Hall on Oct. 9.

"You may be wondering what we're doing this evening," said Sherwood. "Colin and I don't even know."

Every game relied on audience participation. The first was Moving Bodies, where Sherwood picked two audience members to control Mochrie's and Sherwood's bodies during the scene.

Sherwood called on Melissa and Jay Margolis, parents of freshman Rayna Margolis, sitting in the first row.

"I said as soon as we sat down, 'We're in a bad spot,'" said Melissa. "Because on the show, they always chose people in the front."

Melissa hesitated to go up on stage, forcing Mochrie to leave the stage and pull her out of her seat while her daughter coaxed her into it.

Sherwood then turned to the audience. "Give me a country in Europe," he asked.

"Paris!" shouted someone.

As Sherwood repeated "Paris?" the auditorium erupted with laughter.

"I didn't know they were making that into a country," said Mochrie.

They took other suggestions on what the topic of conversation would be in the scene, which ended up being two characters who made cheese.

"The hardest part was figuring out how to make them move on a moped," said Jay.

"I got frustrated because he [Sherwood] was so much taller than me," said Melissa. "A lot of the time he didn't move when I tapped him, to make the scene funnier."

Mochrie and Sherwood performed five games for the audience, noting the games changed every show to keep the comedians on their toes. The duo had enough games to have two completely different sets, but they had been doing Moving Bodies, Sound Effects, and a newer game called Question and Answer in most of their shows because these games required participation from the audience throughout the entire game.

"I have lots of favorites, but in Sound Effects you never know what the audience is going to come up with for sounds," said Sherwood. "So it's one of the times when the audience makes us laugh."

According to Mochrie, the hardest thing about improv was "going out on stage with nothing planned, because it's human nature to be prepared." Mochrie and Sherwood played cards before the shows to jumpstart their ability to think quickly.

They both agreed that the easiest thing was not having to learn lines or practice.

"Improv is a mind game, crossword puzzle, and riddle all at once," said Sherwood.

Sherwood and Mochrie worked to ensure they never did the same performance twice, challenging themselves to avoid repeats and





Improv comedians **Brad Sherwood** and **Colin Mochrie** do their best to make the crowd laugh. Both were regular comedians on the hit ABC show "Whose Line Is It Anyway?"  
photo // kimlofgren

mandysmoot // writer

godwinfieldfestival // Students and their families enjoyed music, food and sales without letting the chilly morning interrupt their pre-football game fun. Despite the dreary, rainy weather, the Godwin Field Festival on Saturday, Oct. 10 was a popular activity during Family Weekend.

Traditional purple and gold beads, pom-poms and face painting were offered for all to enjoy. University apparel, jewelry, hats and glassware were also sold under the enormous white tent that housed the event.

Lovely Designs, a business run by alumni Debbie Peterson and Clo Rodeffer, featured the artists' creativity and talent by selling scrapbooks and hand-painted glassware. Peterson's daughter, Samantha Rodeffer, was a sophomore at the university and took credit for bringing Peterson and Rodeffer back to the university.

"We love JMU," said Peterson. "We even wear purple to work on Fridays."

Aside from commercial vendors, student groups also participated in the tent sale. University newspaper, *The Breeze*, promoted its special family edition, while its marketing and circulation coordinator, senior Lindsey Monroe, advertised for the "Darts and Pats" section of *The Breeze*.

Students and their families showed their Madison spirit and had the opportunity to take a little bit of the university home with them. //

continuously asking the audience for absurd suggestions they'd never had. According to Sherwood, if you were doing improv correctly, there was always an "instant panic."

Frequently the pair got flak from people thinking they planned what they were going to say before they hit the stage.

"A lot of people can't believe it truly is all made up on the spot," said Sherwood. "When people say it's so good it couldn't be made up but at the same time are calling us liars, it's an insult and a compliment all at once."

In the final game, assistants placed 99 live mousetraps on the stage as Mochrie and Sherwood removed their socks and shoes and placed blindfolds over their eyes. While acting out a scene involving mowing the lawn in the character of Opera singers, the pair tiptoed between the mousetrap landmines. The traps were snapping left and right and eventually Mochrie removed his blindfold so he could throw the traps directly at Sherwood.

The audience was impressed with their quick wit and comedic appeal throughout the show as they brought up jokes from earlier games and wrapped it all up in the ending song to the music of "I Did It My Way," by Frank Sinatra.

Michelle Walker, mother of freshman Melissa Walker, thought it was better than the television show.

"It shows their intelligence behind the comedy," said Michelle. "To think, I used to get mad at Melissa for watching the show in middle school." //



In preparation for their performance during Family Weekend, the School of Music ensembles arrange themselves on stage. Tickets to the event, held in the Convocation Center, cost \$11.  
photo//kimlofgren

"WE LOVE JMU. WE EVEN WEAR PURPLE TO WORK ON FRIDAYS" - DEBBIE PETERSON, PARENT



# Dukes Supporting Dukes

## FINANCIAL HARDSHIP PUT SOME STUDENTS' EDUCATIONS AT RISK

allisonlagonigro // writer

As families continued to endure financial hardships due to the economic crisis that began in the fall of 2008, tuition money became scarce and many students found it difficult to pay for college. In the past year, appeals for financial aid had increased 26 percent, but the university had already awarded all available grant and scholarship money. With the average student's financial need at \$6,353, students dealing with economic difficulties were at risk of being forced to leave the university.

Madison for Keeps, an emergency fundraising program designed to assist students in paying for their education, began in the fall of 2009. The Office of Financial Aid determined which students were at greatest risk, and provided each of these students with some amount of aid for the current academic year. All of the money that was donated through Madison for Keeps went directly to these students.

"We wanted to raise enough of an emergency fund pool to provide a 'bridge' that would allow students to stay through the full year, while they, their families, and their longer term financial aid package can make adjustments," said Dr. Joanne Carr, senior vice president of the university. "Basically, we don't want students to give up hope of remaining at JMU."

Fundraising began in mid-September with Madison Connection, an organization that solicited donations from more than 85,000 households per year. Madison Connection generally handled donations made to the school by calling homes and sending mailings and emails to alumni, parents and friends of the university.

By mid-October, Madison for Keeps had raised significant funds for the project with help from many offices and organizations university-wide.

"It's a product of so many people coming together to do this for those students in need," said PJ Kania, coordinator for Madison Connection.

As recognition and interest in the fundraising project grew, two groups made large donations. On Saturday, Oct. 17, as a part of Homecoming Weekend, the Alumni Board donated \$25,000 to the project, setting the total amount of money raised for the project at more than \$100,000.

"The Board felt they needed to get involved by giving a significant

gift and a commitment from individual board members to make their own gifts, hopefully inspiring other alumni to get involved," said Ashley Privott, director of Alumni Relations.

Three days later, the class of 1999 also made a donation to Madison for Keeps. The donation came from the net proceeds from a class social at Ham's, an event that was part of their 10-year reunion. The event was not intended as a fundraiser, but \$171 was left over at the end of the night, and the money was donated to Madison for Keeps.

The program's immediate success was the result of hard work and many generous donations. As of Nov. 13, Madison for Keeps had received 1,881 donations and had raised \$185,134. Twenty-eight students had been awarded aid and would be able to continue in the spring semester. The program's deadline was Dec. 31, at which point Madison for Keeps hoped to have raised enough money to help each student at risk for dropping out.

"We have alumni who support a variety of programs on campus," said Sheila Williams Smith, director of Annual Giving. "We hope that they will continue to support these areas and make a Madison for Keeps gift." //



On the lawn near Warren Hall, signs advertise for the Madison for Keeps fundraising effort. Alumni and donors participated in the initiative during the fall semester to help Dukes otherwise unable to continue at the university. photo//shainaallen



# by the numbers

Working to persuade donors to support Dukes, freshman **Kelly Kolonay** makes phone calls for Madison Connection. A group of about 35 student employees helped contact potential donors. photo//shainaallen



**\$60**  
covered Internet connection fees for an on-campus resident

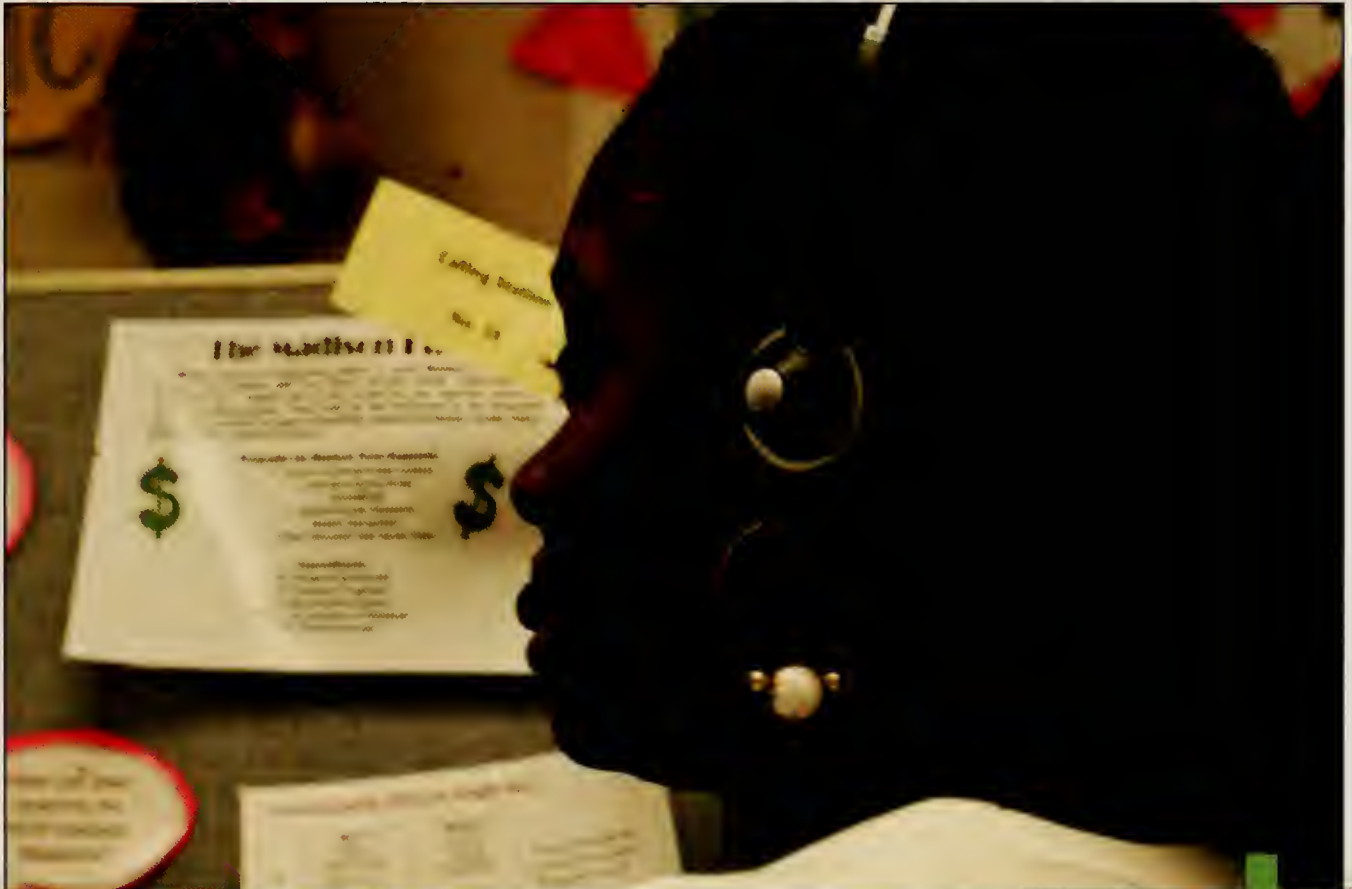
**\$1,750** provided a student with two full meals per day in the dining halls

**\$3,600** covered full tuition and fees for a student for the spring semester

**\$500** enabled a student to buy textbooks

**\$1,950** allowed a student to remain in his/her dorm room

**\$9,650** supplemented a student's total cost of attendance for the spring semester



Answering calls from donors, junior **Brittany Webb** helps raise money for the emergency student aid initiative. Twenty-eight students out of more than 200 applicants had received aid as of Nov. 13, 2009.

photo//shainaallen

# Trials and Tribulations of Transportation

## TRAFFIC, PARKING AND BUS SCHEDULES STRESSED OUT STUDENTS

mandysmoot // writer

Time and money seemed to be the main influence in students' transportation decisions. Some students felt that driving their cars was more convenient, while others argued that the Harrisonburg Department of Transportation (HDPT) buses saved fuel, reduced traffic and decreased the demand for parking.

"There aren't enough spots around the big academic buildings for the number of students attending classes," said sophomore Juli Mathews.

Even though many students drove to campus daily, students like Mathews felt that parking at the university was just one giant hassle.

Mathews drove her car to campus most of the time during fall semester, but eventually decided to walk more often since she only lived a half-mile from the campus.

"I don't think [the university] should keep building all these lavish buildings without considering where people are going to park," said Mathews. "People are parking over in the Wal-Mart shopping center and walking over to ISAT classes every day, and that is ridiculous if you have paid [\$192] for a parking pass."

While many students fought the frustration of trying to find a parking spot on a day-to-day basis, other students opted to ride the HDPT buses to class.

"Sometimes the bus is inconvenient, but nothing compares to the inconvenience of looking and stalking for a parking spot," said junior Kayla McKechnie.

McKechnie rode the bus to campus every day from her Copper Beach apartment. It saved her time and worked best with her schedule.

Sophomore Chelsea Krueger found that saving \$200 by

not purchasing a parking pass was an awesome benefit of riding the bus to campus. "I ride the bus every day, and I've never been late to class when I take the appropriate bus," said Krueger.

photo // tiffanybrown



With few spots left for students and faculty in the Warsaw parking deck, drivers are often forced to find somewhere else to park. The parking deck and its spot counter were recent additions to the university, an attempt to avert drivers from crawling through all five levels only to find no open parking spaces.

Other students found themselves irritated with the bus schedule, which was often not on time.

"Sometimes it can be a pain because you have to worry about what time the bus comes and sometimes you have to wait for it," said senior Jenn Krueger.

Junior Amanda Cramer, like other annoyed students, chose to drive campus. Students disliked waiting for the bus if their class ended early, or risked missing the bus if their class ran late.

Students also had commitments other than classes, including jobs, errands, meetings and volunteering. Some students expressed frustrations because they wasted time waiting for the bus to get them back to their apartment just to get their car.

"It is more convenient to be able to leave campus whenever I want," said Cramer. "Even though it is frustrating to find parking some days, I always manage to find a spot."

Cramer felt that parking passes should have been distributed the same way students registered for classes.

"I think to alleviate some of the stress, Parking Services should only allow a certain number of students parking passes on a first come, first serve basis," said Cramer.

But senior Pamela Talman felt that the real solution was making better use of the buses. "People who insist on driving to campus probably haven't given the buses a chance," said Talman. //





## convo express

Starting Monday, Oct. 5, the university implemented a new bus service—the Convo Express. Students had the opportunity to catch the Convo bus every 10 minutes between 7:40 a.m. and 7 p.m., Monday through Friday, and could board/exit at any stop. Students parked at the Convo F Lot, located by the softball field. From there, the students took the Convo Express bus to other parts of campus, including the bookstore, Festival, ISAT and the Quad.

According to the university transportation demand management coordinator, Lee Eshelman, the Convo Express gave students the opportunity to avoid the frustration of searching for a parking space. However, valid commuter or resident permits were still required to park at the Convo F Lot.

“The difference was that students were assured that they had a place to park,” said Eshelman.

Students appreciated being able to get to class on time without leaving forty minutes early, walking long distances or hunting down a parking spot.

“I got to wait in my car and listen to music while I was waiting for [the bus],” said sophomore Juli Mathews. “The Convo Bus definitely saved the hassle of having to search down a spot.” //



Stalking other cars for a parking spot, students often find the lack of parking on campus frustrating. After a month-long initiative by the Student Government Association, parking services turned the C-17 lot next to the arboretum, previously for commuters only, into R5, where students with a valid resident or commuter permit could park.

photo//tiffanybrown

Finding a ticket on the windshield of a car was something many students were familiar with. Drivers would often park in restricted lots after not being able to find a parking spot in an appropriate lot.

photo//tiffanybrown





# bargain books

## LOCAL BOOK FAIR CONTINUED A FAMILY TRADITION

stephsynoracki // writer

**T**housands of books lined the shelves, arranged into a complicated maze that spanned two floors. Grandparents, families and students made their way down the rows of books, picking up novels and placing them in their baskets before proceeding to the next genre.

The Green Valley Book Fair, a family-owned business established in 1971, had become a much-anticipated event in the Shenandoah Valley. Just a 10-minute drive from the university, the Book Fair occupied more than 25,000 square feet.

Rather than being open to the public year-round, there were six “book fairs” a year, which each ran for a two-week span. Visitors could find more than 500,000 new books on almost every subject, often 60 to 90 percent off retail prices.

Senior Jake Ewers visited the book fair with his roommate and found the atmosphere soothing and friendly. He was in the market for computer science books and was not sure if there would be a huge selection. Book fair workers helped him find exactly what he was looking for, and he was surprised by the number of books on the subject.

“I definitely recommend [students] go there at least once and check it out,” said Ewers.

Co-manager Michael Evans’ parents started the Green Valley Book Fair in 1971. He remembered helping his parents throughout high school and college, before taking over and co-managing the book fair with his sister. He was in charge of day-to-day operations, as well as the advertising and marketing.

Evans started a direct-mail campaign to create awareness of the book fair in addition to an e-mail campaign, which was expected to reach more than

12,000 individuals. TV advertisements were broadcasted locally, as well across Virginia in cities like Charlottesville, Lynchburg and Winchester. The book fair’s Web site attracted an average of 10,000 visitors per month.

The Green Valley Book Fair had been lucky with its cashier staff, many of whom had been a part of the book fair for more than 10 years. Kathy Starick, who worked in the University Business Office, had been a book fair employee for 20 years. “[The Evans] are just great people to work for,” said Starick.

With a friendly environment, customers could always find an array of books to satisfy their interests at the Green Valley Book Fair. Whether young or old, readers never tired of a good book. //

A simple sign welcomes visitors to the book fair. The Green Valley Book Fair was held in the rural town of Mount Crawford, just two miles from I-81.  
photo//emilylaw







Visitors come from as far as Indiana and New York to attend the Green Valley Book Fair. A map on the wall allowed book fair visitors to mark their hometowns by inserting a pushpin.

photo//emilylaw

Flipping through a novel, sophomore **Lauren Scofield** considers making a purchase. The Green Valley Book Fair provided a selection of books in 60 different categories, including children's books, cookbooks, general fiction and audio books.

photo//emilylaw

## calendar

### **2009 Schedule:**

March 14 – March 29

May 9 – May 25

June 27 – July 12

Aug. 22 – Sept. 7

Oct. 10 – Oct. 25

Nov. 27 – Dec. 13

### **2010 Schedule:**

March 13 – March 28

May 15 – May 31

July 3 – July 18

Aug. 21 – Sept. 6

Oct. 9 – Oct. 24

Nov. 26 – Dec. 12



# UNDER the BIG TOP

## NEW EVENTS SPRUCED UP HOMECOMING 2K9

britnigeer // writer

**commonsday** // Homecoming Week gave way for Commons Day on Wednesday, Oct. 14. Although events scheduled for the Commons moved inside due to inclement weather, activities still took place outside on the Festival lawn, where clubs and organizations volunteered to help with food, games and free prizes.

Food included funnel cakes, sno cones and cotton candy. Corn hole, a popular favorite, was set up for those wanting to improve their aim. Other activities included airbrush tattoos, juggling lessons and music.

"My favorite part of Commons Day was the free JMU Homecoming gear," said sophomore Katie Sepanski.

From "Under the Big Top" prizes to free carnival food and games, Commons Day proved to be yet another success. As time wined down to the big game, the student body enjoyed the events around campus leading to the match up against the Villanova University Wildcats. //

**madisoncafé** // Refreshments, prizes and free entertainment—what more could students have asked for? Madison Café provided all of this and more the Thursday evening of Homecoming Week. Performers included guitarists, singers, up-and-coming artists from 80 One Records and dramatic poetry readers.

"For tonight's performance I played mostly sing-a-longs to get the crowd involved and have more fun," said sophomore Andrew Rohlk, who taught himself guitar at age 13 and starting performing when he was 15. "My favorite part about performing is seeing people have a good time."

Along with student performances, Duke Dog also made an appearance of his own, dancing around the crowd and catching all the photo opportunities. With free snacks, and free "Under the Big Top" prizes, Madison Café proved to be a fun event for all.

Tubas held high, the Marching Royal Dukes prepare to take the field for the pre-game show. Although the majority of the student section was empty by the end of the game, the Marching Royal Dukes continued to play for dedicated fans.  
photo: carolineblanzaco

Acting as ringleader, junior **Evan Balaber** introduces the acts who performed at Sunset in Godwin. This annual event included the distribution of popular "Purple Out" T-shirts.  
photo: amygwaltney





homecoming parade // Marching through campus, participants in the annual Homecoming parade created an electric mood and a definite sight to see. With 13 organizations and residence halls participating, the parade route forced parts of Carrier and Bluestone Drive to be closed.

President Linwood H. Rose, finalists in the Mr. and Ms. Madison competition, the Marching Royal Dukes, Dukettes, football players, Rockingham Glitterettes and Duke Dog also participated in the parade.

Float prizes were awarded to the most spirited float, the best

composition or production, and the overall winner. Delta Gamma took home the most spirited award, while Student Ambassadors won for composition and overall. The winners were added to the Homecoming Parade plaque located in the Clubhouse in Taylor Hall.

"Our Student Ambassadors float was designed to be a circus," said sophomore Drew Savage. "We made a big top out of curtains and a ring of fire from a hula hoop. We also made a bearded lady, a lion tamer and a wild cat. It only took us about five days to put it all together."

The parade set the spirited tone for the Homecoming game. //



A member of ROTC salutes the American flag as the Marching Royal Dukes play the "Star Spangled Banner." Members of ROTC worked during the football games, checking tickets and marking hands of those who had entered the student section.  
photo//lesliehaase





*sunsetingodwin* // Sunset on the Quad experienced setbacks due to the rain that persisted throughout Homecoming Week. Setting the inclement weather plan into motion, the decision was made to adapt Sunset on the Quad into Sunset in Godwin.

“Even though the rain call kept us from being on the Quad, the event was still really fun,” said sophomore Dani Dutta. “All the performances were great and I love being able to sing along with some of the a cappella groups.”

Dance clubs and a cappella groups kept the Homecoming mood upbeat with their performances. Mosaic Dance Team included a dance routine with children from the Harrisonburg community, while Exit 245 sang a mash-up of three hit songs. A group of men from Student Ambassadors performed their popular a cappella act as the Exit 247 B Flat Project.

While Sunset in Godwin did not provide an actual sunset, the performances throughout the evening kept the audience entertained. //





tailgating competition // University alumni, faculty, staff and parents participated in the fourth annual tailgating competition before Saturday's game. Each tailgate site had one entry and was assigned a judging time. The judging criteria consisted of creativity, amount of purple and gold, participants' spirit, incorporation of the "Under the Big Top" theme and overall school spirit.

The judges picked first, second and third-place winners in both the spirit competition and the entrée competition. First-place winners received a banner and a \$50 gift card to the bookstore. Three tailgates also received honorable recognition from the judges.

Alumni participants ranged from class of 1977 all the way to class of 2009, adding to the Duke pride prevalent throughout Homecoming Week. //



Redshirt sophomore tailback **Scott Noble** attempts to take the football down the field as a University of Villanova Wildcat tries to stop him. The Dukes lost to Villanova, 27-0, in its first shutout defeat at home in 19 years.  
photo//lesliehaase

top left: Standing on the sidelines, the line judge waits for the Villanova University center to spike the ball. Two turnovers by freshman **Justin Thorpe** resulted in two Villanova scores.  
photo//lesliehaase



The Mozaic Dance Club breaks it down at Sunset in Godwin. Mozaic members held a dance workshop for children and offered them a chance to showcase what they'd learned before the dance club's performance.  
photo//amywaltney

# fall foliage

With each new season throughout the year came a new look around campus. Homecoming Week in October coincided with lower temperatures, and the Facilities Management Department responded by sprucing up the beds around campus with cold-weather plants. Pansies replaced the annual flowers such as impatiens and geraniums, incorporating purple and gold into the campus' landscaping.

Along with the replacement of new flowers and plants, the Facilities Management Department turned and added new mulch to help the new plants flourish. According to John Ventura, assistant director of landscaping operations, the department also converted to more sustainable beds for the plant varieties and converted beds to provide for longer lasting plants, allowing for fewer change outs and less watering.

The Facilities Management Department consisted of two teams of 25 employees. The horticulture team took care of the flowers, bushes, mulch and greenery throughout campus, while the other team cared for the turf and athletic fields.

The mixture of new plants, fresh mulch, and the changing colors of leaves and plants provided for a calming and beautiful sight to see. With the perfect timing of Homecoming Week and the changing of seasons, the landscaping team created a fall atmosphere throughout campus for all to enjoy. //

# STEP UP

## ANNUAL PERFORMANCE SHOWCASED MULTICULTURAL TALENT



With synchronized motions, members of Alpha Phi Alpha receive approval from the audience and win first place among fraternities. The group took six weeks to develop the winning script and step routine, with senior Dominique Scott named "stepmaster" as the mastermind behind much of the routine.  
photo // katielyvers

caitlincrumpton // writer

Performers' hands and feet formed the rhythm, their bodies flowing in precise movements with gestures that presented an attitude of determination and an undeniable swagger of confidence that could only be described as stepping.

The Center for Multicultural Student Services (CMSS) joined with the Intercultural Greek Council the evening of Oct. 16 to put on the annual Homecoming Step Show for students and alumni. The step show represented the multicultural fraternities and sororities on campus.

Eight chapters performed, giving the audience a taste of each fraternity and sorority's history, while providing a night's worth of entertainment.

Each organization incorporated a theme into its performance, which involved props and costumes. Delta Sigma Theta Sorority, Inc., won the show by basing its theme off the concept of McDonalds and performing as "McDelta" toy action figures.

"When coming up with themes, you always have to think of what is going to entertain the audience and how to best portray your message in the little time you have," said senior Jerrica Browder, president of the Deltas.

Judges crowned Alpha Phi Alpha Fraternity, Inc., the winning fraternity, awarding the Alphas and the Deltas each a cash prize of \$1,000.

"Our fraternity will use the money to fund Chapter Programming, which includes community service projects, book scholarships and other miscellaneous costs," said senior Brandon Brown, president of the Alphas.

The judges were selected based on the opinions of the chapter members, including members of Fraternity and Sorority Life,

Multicultural Recruitment, the Office for Equal Opportunity, and Career and Academic Planning.

Judges used specific criteria in their decisions, including how the groups entered and exited the stage, the creativity of group members' wardrobes, crowd participation and overall performance. Mike Andrews, a '98 alumnus who also earned his master's at the university in 2000, hosted the show.

Preparation for the step show took extensive time and commitment. Most of the organizations began practicing over the summer and continued to practice daily until the show.

CMSS was responsible for finding a DJ and an emcee, selling tickets two to three weeks prior to the show, and promoting the event, according to Trey Lewis, associate director of CMSS.

The step show gave the organizations an opportunity to showcase their talent, as well as a way to represent their chapters in a positive light. It allowed for each fraternity and sorority to demonstrate the positive qualities their members brought to campus and the surrounding community.

"We are a community service-based organization whose motto is sisterhood, scholarship, and service," said Browder. "We want the community to know that service comes first, then entertainment and fun."

The Homecoming Step Show was more than just an enjoyable cultural experience; it was a way for these chapters to educate the community about the diversity and creativity of each organization.



## CENTER FOR MULTICULTURAL STUDENT SERVICES

As the student body grew, so did the presence of a wider range of ethnicities and cultures, creating the need for the Center of Multicultural Student Services (CMSS).

The office was originally referred to as the Office of Minority Student Affairs, changing its name to CMSS in 1993. But CMSS' mission had been consistent throughout the years.

"We work to heighten diversity awareness on campus while educating constituents," said Trey Lewis, associate director of CMSS. "We have large scale programming such as the Martin Luther King Celebration, the Homecoming Step Show [and] a Native American Program, in addition to a Student Leadership Component, which oversees 28 different student organizations."

Two primary programs consisted of Experiential Learning Trips, which gave students an opportunity to travel to different destinations and interact with different cultures, and a Multicultural Attaché Program, where CMSS students were placed within resident halls to discuss diversity with first-year students. The conversations with first-years allowed the residents to gain insight into other ethnicities and talk about issues that they would not normally find themselves discussing.

CMSS also partnered with the Office of Admissions to host programs such as Take a Look Day and Prospective Students Weekend, in an effort to attract a more diverse pool of applicants to the university.



Wearing patriotic gear, members of Zeta Phi Beta finish their performance by raising the sorority's symbol. The women took second place to Delta Sigma Theta.  
photo // katielyvers



Performing in military attire, members from Alpha Kappa Alpha (AKA) perform at the step show. Aside from this event, AKA was involved in Adopt-A-Highway, AKA Coat Day, AKAdemic Study Hall and the annual Mr. and Mrs. Enchantment Pageant.  
photo // katielyvers

# IF YOU BUILD IT THEY WILL COME

NEW SPORTS  
COMPLEX OFFERED  
PLAYERS SPECIAL  
AMENITIES

amandacaskey // writer

**“Play ball!”**  
The baseball and softball teams got a fresh start in a new, state-of-the-art

complex at Memorial Hall. The new stadium was called one of the best facilities in the Colonial Athletics Association (CAA), according to David Biancamano, director of athletics development.

Both fields were lighted and had separate press boxes designed to be technologically up-to-date for broadcast and Internet interviews. Inside Memorial Hall, facilities included new locker rooms with wooden lockers, coaches’ offices, a lounge area for meetings or studying, two tunnel hitting cages, a sports medicine area, and a cardio training and weight room.

These new amenities were meant to help athletes with their busy schedules by providing them with the necessary training and equipment in one place.

“For our programs here, and when you compare it to the CAA, you talk about having one of the best facilities in terms of the playing surfaces and then one of the best areas where teams can work out, they can study, they can meet and they can prepare for games,” said Biancamano, who added that the need for lighting was one of the major reasons for the new complex.

According to Deputy Athletics Director Geoff Polglase, the lighting feature would allow for the scheduling of

night games, which he believed would increase home game attendance and decrease the number of classes missed by athletes.

“We have certainly known for a number of years that we wanted to address a number of our facilities on campus and that we wanted to improve our facilities for baseball and softball,” said Polglase. “In both cases, where the facilities are located and the fact that they have lights automatically increases the opportunity for us to really promote the games and attendance.”

Both of the old stadiums’ proximity to the highway prevented them from being lit.

The Athletics Department and the university developed separate master plans for changes and construction to occur on campus. According to Polglase, plans for a new baseball and softball complex just fell into place.

Construction began in November 2008 and was expected to be completed in December 2009 so the teams could start practicing in the new facility before their seasons started.

The university purchased Harrisonburg High School and the surrounding 27-acre property in 2006, which included athletic fields and Veterans Memorial Stadium.

The baseball facility, still known as Veterans Memorial Stadium, was built on the site of the old stadium, which had been constructed in 1948. A new monument marking the entrance of the complex honored fallen heroes who had served in the military.

According to Win Hunt, director of Facilities Planning and Construction, the total facility cost was approximately \$8.6 million and was funded from the university’s auxiliary funds. Despite the high costs of construction, the economic recession and subsequent budget cuts had no effect on the building process of the complex.

“The time frame and schedule we [were] on [were] the ones initially established,” said Polglase, which meant everything was in place for the baseball and softball teams to begin their season with a bang in their new complex. //

A 7-foot tall war memorial stands at the entrance of Memorial Stadium, featuring emblems representing the five branches of the armed services on one side and names of fallen soldiers on the reverse. On Veterans Day, the community dedicated the stadium and honored veterans in a ceremony at the new complex.  
photo | brittanyjones







Memorial Hall is the new home to the university's baseball and softball teams as well as the Harrisonburg Turks. The stadium replaced the 1970s-style fields that were located near I-81.

photo//brittanyjones



The new complex seated 1,200 spectators for baseball and 500 for softball. Construction began in November of 2008 and lasted about a year.

photo//brittanyjones

## by the numbers

**355**

days construction was expected to last

**\$ 8,600,000**  
total facility cost

**\$200,000**

cost of naming privileges for baseball locker room

**59**

NUMBER OF YEARS THE ORIGINAL STADIUM WAS IN USE

**3**

number of teams that would use the complex

**500**

# of chairbacks

(1,700 total seats in the stadium)

colleencallery // writer

# BATTLE *of the* BANDS

LOCAL ARTISTS  
AND MUSICAL  
GROUPS  
COMPETED FOR  
RECOGNITION

**A**s the first band warmed up, toes were already tapping. Decorative vinyl records dangled from the ceiling just above students' heads as they trickled into Taylor Down Under (TDU) for the second annual Rumble Down Under show. In a battle-of-the-bands style concert, nine acts competed for the title of "Rumble Master" and the opportunity to headline their own show put on by 80 One Records, a component of the University Program Board (UPB).

Rumble Down Under was the start of a new direction for 80 One Records. Last fall the show went by the name "Record Deal Rumble" and acted as a competition for student bands or artists to compete for a record deal with 80 One Records, the university's former student-run record label, through a series of elimination rounds.

"The event was originally intended to create a fun program for students to attend and make the decision for who 80 One should sign to the label more interactive," said junior Jenn Steinhardt, director of 80 One Records.

In an effort to meet UPB's mission of providing events that benefited students, 80 One Records shifted from signing and recording artists to providing more shows and music events on campus throughout the year.

"Since 80 One Records will no longer sign artists and record, we thought it was only fair to rework our annual event," said Steinhardt.

Rumble Down Under engaged students at the show by encouraging them to vote for their favorite performance by placing a ballot in one of nine boxes as the show went on. Many came with the intention of supporting a friend, but others enjoyed hearing new music and discovering new talent. The atmosphere was relaxed and friendly as friends mingled, grabbed a bite of free food and enjoyed the live music. UPB's graduate assistant, Lindsey Mitchell, counted more than 160 attendees at the beginning of the show, estimating many more as the night went on.

"There is a good flow," said sophomore Emily Grochowski, who also worked for UPB. "People filter through as different bands play. [The bands]



Lights in the Fog brightens the audience with a song. The band had performed in venues around Harrisonburg, including the Artful Dodger. photo//kmltofren



are really diverse. It's a great mix."

Each artist brought a different energy to the stage that reverberated through the audience. The first band, Lights in the Fog, was reminiscent of upbeat Incubus-like guitar and reggae-inspired hooks with a soulful female vocal twist. Other students played quirky acoustic songs about boat shoes and hand sanitizer that got the crowd laughing, while mellow blues songs brought a calmer atmosphere in between other pop-and rock-inspired bands.

"I thought TDU was more for poetry jams," said junior Evan Clinthorne. "It's nice to know there's real stuff here too." While TDU's typical events attracted a number of students, Rumble Down Under was able to offer a source of free entertainment to another dimension of the student body.

In addition to audience votes, four formal

judges made the decision, including two music industry professors, Joe Taylor and Mickey Glago; UPB's coordinator, Carrie Martin; and the director of 80 One Records, Steinhardt. While the judges used a checklist of criteria for each performance, Steinhardt explained the job was more difficult than just adding up scores.

"There is a balance between raw talent and stage presence," said Steinhardt. "You have to take into account the whole performance, from audience connection to the cohesion within the band."

Ultimately, Stay At Home Greg was crowned the winner, earning the prestigious title of "Rumble Master" and its own show sponsored by UPB on Nov. 6.

"We didn't expect to win," said sophomore Robb Safko, leader singer of Stay At Home Greg. "So it exceeded our expectations and felt great for all of us." //

Acoustic soloist freshman **James Orrigo** does his best to win over the audience. His music was similar to singer-songwriter Jason Mraz. photo//kimlofgren



Overjoyed, Stay at Home Greg accepts the winning prize of Rumble Down Under. The group formed during the members' freshman year at the university. photo//kimlofgren



# Q&A

robbsafko // sophomore  
vocals&guitar // stayathomegreg

## how did you guys get started?

"Paul and I met at the first open mic night during freshman orientation. We both performed separately and were impressed with one another. Then I found Stew [Sheerwood] on bass living in the same dorm early [freshman] year. [We] had a different lead guitar player named Wes Tilghman and while recording the EP [Playing for Fireflies], Wes dropped out of JMU and [Michael] Jeffers filled the void perfectly."

## how would you describe your sound?

"Fast-paced acoustic rock with strong and passionate vocals and modern guitar lead parts."

## what if you could only use three words?

"Groovy, funky, fresh."

## what distinguishes your band from other local bands?

"We like to have fun with our stuff and not get caught up in the whole scene or try and take ourselves so seriously."

## what is your favorite song to play?

"'Half Afloat,' a song soon to be recorded on our next CD, because it is fast and during the bridge me and drummer [Jones] get to yell 'WOOOO!'"

## was this your first big show?

"This was one of the biggest shows we have played thus far at JMU. It was a whole lot of fun playing for an audience of 100 people cheering and smiling at you."

## how did it feel to win rumble down under?

"It was an amazing feeling. Everyone in the band has participated in other battle of the bands in prior bands and this was the first one any of us had won."

# LEADING *the* WAY

## TOUR GUIDES MADE FIRST IMPRESSIONS ON PROSPECTIVE STUDENTS

maryclairejones // writer

“J! M! U! Duuuuukes!” was heard throughout campus. If a student saw an arm-waving, purple polo-wearing student being tailed by a group of wide-eyed high schoolers, it was a safe bet they would soon hear the infamous cheer.

Students who wore the purple polo knew they had earned the honor. Aside from rigorous training (see sidebar), new Student Ambassadors (SAs) were given a 38-page tour manual containing all the information they needed to know.

Tours began in either Sonner Hall or Festival, and hit campus hot spots like Huffman Hall, Taylor Down Under, the Warren Post Office, the Quad, and at least one academic building.

Major talking points for tour guides included resident life, on-campus activities, academics, campus food and campus safety. The anxiety of speaking in front of a crowd and having to memorize so much material may have seemed like a lot to handle, but SAs loved their jobs.

“I like talking about JMU, and I want to make other people love it as much as I do,” said junior Kristin Alexander. “It’s not a paid position—you definitely do it for the love of the school.”

Senior Allie Weissberg, president of SA, agreed. “I think it’s really cool that we get to be one of the first impressions a prospective student has on the university,” she said.

Depending on the tour, those first impressions were often quite remarkable.

“I was giving a tour one day that was pretty standard until we reached the Quad,” said junior Stevanna Hochenberger. “Five mimes were standing in front of Wilson doing some

street performing for people passing by. As I walked closer with my tour, these kids started to act out what I was saying. They acted out the tunnels, the kissing rock and more as I told my group all about the Quad. They definitely gave my tour a JMU experience that they will never forget.”

Junior Katie Gordon also had her fair share of unusual tour experiences. During a segment near Carrier Library, Gordon realized someone had dumped a bottle of dish soap into the new fountain outside Burruss Hall.

“Bubbles were flying everywhere and there were actually students in the fountain playing in the bubbles like it was a bath or something,”

said Gordon. “One of the little kids from my group actually asked his mom if he could join them.”

On a more personal level, many SAs relished the opportunity to talk to prospective students and get to know them better. SAs stressed continuing communication with students in their tour groups.

“When we walk past the post office, I always point out my mailbox and say that if anyone sends me a letter, I’ll write them back,” said Alexander, who ended up getting a tangible thank-you for her hard work.

“At the end of one tour, a grandma was talking to me, and asked for my address,” said

Alexander. “I gave it to her, [and] three days later, a huge batch of cookies showed up in my mailbox with a note attached saying how much she enjoyed the tour.”



Dressed in purple and yellow, junior **Katie Baker** introduces a group of prospective students to Newman Lake. Several information sessions and student-led tours were offered each month to provide high school students with an opportunity to explore the university’s campus.  
photo//sarahwink



# applying to be an *ambassador*

Tour guide sophomore **Drew Savage** shows his group the sundial, as sophomore **Megan Crawford** looks on. The sundial was donated by the secret society, IN8, and was a popular sight on campus tours.  
photo//sarahwink



Standing in front of Wilson Hall, sophomores **Drew Savage** and **Megan Crawford** inform their group about the academic buildings and residence halls located on the Quad. During October, an open house was offered for each college, so that the prospective students could learn about the academics in the major they hoped to pursue.  
photo//sarahwink

Students knew it was not the average application process when the president of Student Ambassadors (SA) said some of her favorite applications were three-dimensional. The application for SAs was known around campus to be very competitive.

"We're not looking for one set type of person," said senior Allie Weissberg, president of SA. "Every person that applies brings something new, different and unique to the table. We want real people that love JMU."

The semester-long process started out with a rigorous application, complete with short answers, fill in the blanks, essays and a personal statement. The personal statement held a great amount of pressure, because it provided the applicants with a chance to make an impression.

"My favorite one was when someone made the soundtrack to their life and wrote an explanation for how each song made up who they are," said Weissberg.

The next stage was a group interview, and then finally an individual interview. Applicants were notified in the spring whether they were accepted, but just like everything else in SA, not in the traditional way. Applicants were surprised in the middle of the night with a sign of acceptance on their apartment or dorm room door.

"I was a freshman when I applied, so I didn't completely know what Ambassadors was about," said sophomore Claire Austin. "But because of the extensive application process, I knew that the fact I got in meant that my college experience was about to get a whole lot better."

This difficult application process was part of what gave the organization its prestige, but it didn't compare to the rigorous new-member period that awaited them. The tour guide's training process included information sessions to learn what to say; a comprehension tour, which walked them through possible tour routes; and shadowing two tours run by current SAs. However, the major focus of the first eight weeks of the spring semester was about getting them acclimated to the organization.

"I realized how much more Ambassadors do than just give tours," said Austin. "It's what we're most known for, but we do a lot more than that." //

lisamees // writer





# PARANORMAL ACTIVITY

## GHOST HUNTERS SEARCHED CAMPUS FOR HIDDEN SPIRITS

chloemulliner // writer

**H**uddled around their ghost hunting tools, nearly 100 students followed ghost hunter Thomas Durant through campus. They trekked from the Festival Ballroom down to the Wilson Bell Tower with the hopes of picking up paranormal activity.

“What we are looking for is any atmospheric phenomena, luminous anomalies, [or] unexplainable audio and experiences,” said Durant, prior to the ghost hunt.

The students were separated into groups and given a device to detect paranormal activity.

“He had a whole bunch of equipment like magnetometers and thermometers,” said junior Kelley Curry.

Other devices used were electromagnetic signals and voice recorders. Those who used recorders asked questions to possible ghosts and allowed 15 to 30 seconds for a response, as advised by Durant.

After the ghost hunt, the groups gathered back at Festival Ballroom to check the results. Only one group had signs of paranormal activity that they had picked up on a tape recorder.

“The students said ‘Thanks for your time’ and there was a deep breath that sounded just like the ones on the videos we heard during the presentation,” said sophomore Natalie Hamlin, who listened to the recording.

None of the group members claimed hearing the breath at the time of its occurrence—only after they played the tape did they hear the breathing noise. It was a situation that happened all the time in the field, according to Durant.

Prior to the ghost hunt, Durant gave a presentation titled “Investigation: America & Para-101 Introduction.” As the TV editor and field producer of SyFy’s “Ghost Hunters,” Durant had ample experience with the supernatural. He explained how his childhood experience growing up in a haunted house led him to his interest in paranormal activity and the official title of “Paranormal Investigator.”

“This becomes the field that finds you,” said Durant, joking about his experiences during his investigations, which involved feeling and hearing paranormal presences.

Durant began by labeling the many different definitions of ghosts.

“I think they are energy that is manifested into what we think resembles a person,” said Durant. Other definitions included “the soul of a dead person,”



Using a camera to try to capture paranormal activity on film, ghost hunter **Thomas Durant** interacts with students. Durant had a metaphysical and spiritual background, but used strict

“residual electromagnetic energy,” and “the soul of a passed sentient being.”

Once he had discussed all the background elements of ghosts and investigations, such as rules and equipment, Durant revealed the evidence he had gathered in his work since 2001. He showed several pictures of shadowy figures captured in haunted areas and played electronic voice phenomena (EVP) that were captured on audio recordings.

Durant presented information and evidence on five famous hauntings in which he had the opportunity to investigate, which included the Queen Mary, Alcatraz Prison, Stanley Hotel, Waverly Hills Sanatorium and the Linda Vista Hospital.

Durant played audio clips from the Queen Mary, a luxury liner during the 1930s that later served as transport vessel for prisoners of war during World War II. Accordingly to legend, a young girl named Jackie died in the pool room and her ghost still haunts the area.

One paranormal investigator recorded a 15-minute conversation with Jackie in the pool room as she responded, “You’re not my uncle!” Twenty years later, paranormal investigators recorded another conversation with a young girl in the same location. Police audio analysts studied the two separate recordings and matched the two voices as the same person, a phenomenon that



Durant referred to as the “Holy Grail” of the paranormal world.

Durant’s presentation left students with differing opinions on paranormal activity. Some became more skeptical, while others’ beliefs were confirmed.

“I am a skeptic about the paranormal, but I do find it fascinating to watch and hear things about the paranormal,” said freshman Christina Gallegos. “I love a good scare!”

“The fact that he brought a lot of evidence to the table—he seemed like a guy that takes his job seriously,” said freshman Nathan Sleighter. “I don’t think he’d bring anything fake.”

“The presentation confirmed my belief in ghosts,” said junior

Alexis Wu. “It was more informative than scary.”

Durant described the crowd as one of the best audiences he’d ever had. He showed interest in returning again the next year and advised students on how to begin a ghost hunting club on campus.

Thirty people stayed after the presentation to sign up for more information from Durant on ways to start a ghost hunting committee. Even students like Wu and Gallegos, who didn’t sign up, expressed interest in the idea.

Gallegos said, “It would be a phenomenal experience to have JMU form a ghost hunting group so its own students can investigate ghosts.” //



Hunting for paranormal activity around campus, students walk through the Quad with ghost hunting equipment in tow. Devices commonly used for ghost hunting include thermometers, digital rovers, electromagnetic fluctuation (EMF) detectors and infrared thermal scanners. photo//sarahwink



Sophomore **Cory Valentine** uses a magnetometer to measure the strength and direction of the magnetic field. It was believed magnetic fields grew stronger and fluctuated when ghosts were present. photo//sarahwink



# angel of music

SINGERS HAD THE OPPORTUNITY  
TO ENHANCE THEIR SKILLS

Award-winning singer and actor, **Franc D'Ambrosio** performs one of his Broadway hits for an audience at Wilson Hall. D'Ambrosio was working on a new show called "I'll Be Seeing You," a Bronx boy's musical perspective on World War II. photo//katielyvers

juliacramer // writer

On Friday, Oct. 30, a phantom visited the university. Franc D'Ambrosio, who earned the title of the "World's Longest Running Phantom," had performed the musical more than 3,000 times. For a packed Wilson Hall, he sang a melody of "Phantom of the Opera" songs and a "Broadway" selection, which included classics like "Les Misérables" as well as music from his role in the "Godfather III."

D'Ambrosio had been touring the nation for two years and the university's American Choral Directors Association (ACDC) had the opportunity to bring him to campus for students and the community.

D'Ambrosio was able to help 10 singers from the area during a master class he held the night before. Students auditioned by sending in a CD with two contrasting styles of music. One had to be from "Phantom," but the other could be anything the singer wanted. In the end, D'Ambrosio accepted all 10 of the vocal performers who applied.

Freshman Mattia D'Affuso, a vocal performance major, was one of the few who took the opportunity. While D'Ambrosio only worked with each performer individually for 20 minutes, D'Affuso was still impressed.

"I got so much from him in such short time," he said. During the class, D'Ambrosio also "really emphasized acting the song and thinking of speaking the word while singing instead of just singing."

D'Affuso was able to use what he learned the night of the performance when he sang with Brianna Galligan, 19, from Shenandoah

Conservatory, was given the opportunity to sing the final number of the night, "All I Ask of You." Before he introduced D'Affuso, D'Ambrosio described the students from the master class as "some of the nicest, polite and talented people [he had] met in a very long time."

ACDC students who volunteered as ushers were as excited to see D'Affuso perform as they were to see D'Ambrosio.

"Mattia is a vocal performance major, and he also has a supporting role in the opera, "Carmen," and he is only a freshman," said sophomore Ryan Olson.

After the show, D'Affuso was all smiles as he gushed about the performance.

"It was great, everything went great!" D'Affuso said. "Franc is really personable, really nice and great to work with."

Senior Briana Calhoun, a vocal music education major, was excited to hear music from the "Phantom of the Opera" sung live.

"I'm really excited to see [D'Ambrosio] cause I'm a singer," said Calhoun. "I've seen the movie and I'm very familiar with the story. I like all the music from the show."

D'Ambrosio's musical selections were intermixed with his own anecdotes about his experiences on Broadway and his very Italian family. He described growing up in the Bronx in an Italian bakery, which he joked made him and his family the best smelling family on the block.





Morgan McDowell takes advice from Franc D'Ambrosio during the master class held for the competition applicants. D'Ambrosio had been nominated for a National Theatre Award.  
photo//katielyvers



Gazing into each other's eyes, Grayson Owen and Brianna Galligan perform the roles of Christine and Raoul. Galligan was one of two vocal students selected to sing with D'Ambrosio and received season tickets to the JMU Encore Series, which D'Ambrosio's show was a part of.  
photo//katielyvers

D'Ambrosio also mentioned that his musical experiences began when he snuck into the Penn Hotel ballroom to practice on the baby grand piano. He would also slyly listen to Broadway rehearsals by telling the theatre doormen that his father was a substitute light technician.

Getting a part in "Phantom of the Opera" was unexpected for D'Ambrosio. He was auditioning for the musical "Miss Saigon" when producers told him that he was auditioning for the wrong show, suggesting instead a new musical coming over from London. Although D'Ambrosio was underprepared for the audition—he wrote lyrics on his arms so he wouldn't forget them—he got the role and spent six years on Broadway playing the Phantom of the Opera.

The audience had a real Halloween treat as they listened to D'Ambrosio's Broadway melodies and the tales of his time spent as the Phantom.

# Q&A

**nattiad'affuso** // freshman

## when and how did you start singing?

"I started singing as a little kid because I would always hear my little brother sing and I wanted to be able to sing too. I did not get serious about singing until my sophomore year in high school."

## what made you want to audition?

"I wasn't originally going to send in my application and CD because it was the beginning of the school year and I had so many other new things to think about as a freshman. But then I decided that I should try and not waste the opportunity. Once I found out that I was getting a master class with him I was so ecstatic. He's an amazing performer."

## how much did you rehearse before the performance? were you nervous?

"I did not know the lyrics well at the master class, nor had I taken the time to really work on the song because I did not expect to get it at all. But after I found out I had to perform it at the concert I ran home to practice nonstop. I was definitely nervous throughout the whole thing but then I just got on stage and was able to feed off of Brianna [Galligan] and put on a good performance."

## what was the best part of the experience?

"The best part of the whole experience was developing a friendship with Franc as we worked together. By the end of the night he was cracking jokes and laughing with me and Brianna, which was just great because it made me feel really comfortable."



# RUNNING *for a* REASON

5K RUNS  
RAISED MONEY  
FOR VARIOUS  
CHARITIES

jenniferbeers // writer

**W**hether training for a triathlon or looking for a fun form of exercise, 5K runs on campus provided something for everyone. They were used as fundraisers for projects or philanthropies, including the Alternative Break Program (ABP) and Habitat for Humanity.

ABP's second annual 5K run, held on Sept. 19, started at the Festival Lawn with 249 participants. Some people trained for the event, but others opted to walk the 3.1 miles. A few runners were members of the Triathlon Club and received community service points and funds from University Recreation Center (UREC) in return for participating in the student group's fundraiser.

"The turnout was a tremendous success, thanks to a lot of hard work with publicity," said senior Danielle Longchamps, ABP's 5K coordinator. "We targeted community members as well as students in our publicity initiatives."

All of the profits from the run went to offset the costs of future ABP flying trips, which ranged from volunteering at an orphanage in Honduras to clearing trails in northern California.

The day started around 5 a.m. with volunteers picking up Mr. J's bagel donations for breakfast, making sure Aramark

breakfast donations were set up, setting up signs and posters to direct participants to the registration tables, and setting up the raffle table. These volunteers included ABP executive board members, local high school students, several Circle K members and volunteers who received credit for their classes.

Prizes for the top place runners included \$25 gift certificates to the bookstore, Touch of Earth and Franklin's Café.

"A lot of work went in to obtaining over \$500 worth of prizes for top runners, raffle prizes, and food donations that I obtained from local businesses," said Longchamps. "It is a part of my personal philosophy that local businesses should give back to the community and donate to charitable causes, especially something like the ABP which helps students not only serve communities but develop their own commitment to community service and becoming active citizens."

Habitat for Humanity held its 5K run on Saturday, Oct. 24, with a total of 20 participants. The proceeds benefited the nonprofit organization, which was devoted to getting rid of poverty locally and worldwide. The race started and ended in front of Festival.

"We decided to do a 5K last year when cleaning out our closet," said senior Amanda Wilkins, vice president for Habitat



Contestants in the Homecoming 5K race toward the finish line. Participants paid \$15 on the day of the race or \$12 if they pre-registered, which included a free T-shirt for the first 75 participants who signed up.  
photo//amygwaltney



for Humanity. "We found a whole box of shirts that said annual 5K Homerun. So we ran with the idea and started planning at the end of last year."

Putting their plan into motion, they asked Habitat for Humanity members to assist in putting the 5K together.

"We had to get a committee together to direct people the day off, we had to make arrows and signs, and we had to get sponsors [for] T-shirts," said senior Torie Eberle, president for the university's Habitat for Humanity chapter.

Proceeds from the 5K totaled \$300, which Eberle considered a success. But she also acknowledged there were some obstacles, especially "getting people interested in running." Eberle attributed the low number of participants to the high number of 5Ks held in October.

But whether the crowd of runners was large or small, 5Ks offered students a quick workout for a great cause. //

Determined, runners pass UREC as they follow the course of the Homecoming 5K. This was the 14th year the 5K was held.  
photo//amygwaltney

Warming up their muscles, senior **Mary Monk** and junior **Kristen Lenihan** stretch before the beginning of the race. A 5K held on Halloween encouraged participants to dress up.  
photo//heidicampbell





# BETTERING SOCIETY

## MEMBERS OF THE UNIVERSITY COMMUNITY WERE AWARDED FOR MAKING A DIFFERENCE

allieconroy // writer

Since the birth of the university in 1908, its members strongly demonstrated James Madison's belief that knowledge was the power that enabled citizens to change the world. The Be the Change Award was launched in March 2006 in recognition of the students, professors, alumni and donors who shifted their knowledge into action for the betterment of society, according to Martha Graham, coordinator of Be the Change. The award was given across the categories of arts & culture, athletics, citizenship, economy, education, energy, global affairs, healthcare and sustainability. //

maryslade // education // 2006

Mary Slade, a professor in the College of Education, was committed to teaching students firsthand about the importance of community outreach and relief. Slade led the university's first relief trip in 2005 to the Gulf Region following the devastation of hurricanes Rita and Katrina, and arranged trips to West Virginia, California and Tennessee to provide relief following other natural disasters.

Slade became involved in a more sustained volunteerism effort in 2008 with the private international humanitarian organization Aid for the World. Slade and her students worked to reverse the low standard of living caused by historic poverty in McDowell County, W.Va., an effort spread over five trips in 2008 and 2009.

"[We] work with the community and individual families to rebuild hope and restore a quality of life that every American is entitled to—clean water, food, work, a safe home, good health and an education," said Slade.

Alumni, family members and high school students joined university students, with 35 to 55 people on each trip. Some volunteers returned two to six times, and others went on to work for the Peace Corps, America Corps and Teach for America. //

joannegabbin // arts&education // 2006

A writer ever since she was a girl, Joanne Gabbin developed her love of poetry in college. Since then, she had written poems and books and produced anthologies that educated her students about African American poetry at the university as well as around the country.

Some of Gabbin's most notable accomplishments were her Furious Flower conferences, held in 1994 and 2004, which celebrated African American poetry from the past 50 years.

Gabbin was the executive director of the Furious Flower Poetry Center at the university, which was established in 2005, as well as a literature professor in the English department. She had been teaching for 40 years—23 at the university. Her role as an activist and teacher of African American poetry and her many literary contributions led to her induction into the Literary Hall of Fame for Writers of African Descent in 2005.

"I have been able to teach students not only about literature, but something about life and how they can be inspired by literature and how they take what they learn in books and inspire others," said Gabbin. //

danieldowney // sustainability // 2007

An alumnus himself, Daniel Downey recognized the great importance of undergraduate research. He sought outside funding in the late 1980s, writing a grant that brought the National Science Foundation's Research Experiences for Undergraduates program to the university. For 20 years, the program had given university and high school students the opportunity to do paid chemistry research during the summers.

Downey, an avid outdoorsman, wanted his students to focus on environmental research with chemistry applications. They had done long-term ecosystem studies, as well as research on environmental pollutants including "liming" of local streams, a process where limestone was introduced at the top of a stream to mitigate the effects of acid rain.

Some of Downey's research with his students had been recognized nationally, and he worked hard each year to ensure that students had these research opportunities.

"I wouldn't do this if it wasn't for the students," said Downey.

Undergraduate research in other math and science departments had also opened up as a result of Downey's efforts, making the university one of the few that enabled many undergraduate students to partake in research. //



Debra Sutton's strong interest in disease prevention led her to organize a summer study abroad program to South Africa, a country with the highest rate of HIV/AIDS than any other place in the world. According to Sutton, 30 percent of students at the University of Western Cape had HIV or AIDS.

Interested in educating students about the problem, Sutton and her students interacted with people living with HIV/AIDS, ranging from babies to young adults. They listened to presentations, went on tours of clinics, hospitals and nurseries, and participated in research related to HIV/AIDS.

Despite the devastation, Sutton's students were able to realize a sense of hope for the disease.

Sutton had also taken students to Greece in 1998 with a health behavior change focus and to Trinidad and Tobago in 2004 and 2005 with a HIV/AIDS focus.

"They learn so much more about their own thoughts, their values and their attitudes," said Sutton.

Many students who went on these trips also volunteered for the Peace Corps and other nongovernment organizations such as 25:40, which helped babies orphaned from the effects of HIV/AIDS. Sutton stressed that her students understand that "everything is connected"—their actions and behavior ultimately had the ability to affect everyone. //

Judith Flohr, a kinesiology professor, teaches her philosophy of self-confidence to a captivated classroom. "If you have confidence in your physical self," explained Flohr, "then that confidence will make an impact on your self esteem and all other aspects of your being, including your emotional health and cognitive ability."

photo//brittanyjones



judithflohr // athletics // 2006

Kinesiology professor Judith Flohr built on the legacy of two former faculty members, Lee Morrison and Patricia Bruce, with her development of The Morrison-Bruce Center for the Promotion of Physical Activity for Girls and Women (MBC). The center's first event occurred in 2004, but was not officially named until 2006.

"Both of these women [Morrison and Bruce] devoted their careers to expanding the competitive athletic or physical activity opportunities for women at JMU, in the state, region, nation and the world," said Flohr.

Flohr continued their mission by working to encourage women and girls to engage in physical activity and learn about health issues that affected them. Donors had already given \$325,000 to the Center's endowment, according to William McNulty, the director of development for Science, Technology, Engineering and Mathematics (STEM).

"The programming provided by the MBC has helped hundreds of women and girls enhance their physical well-being, which has enhanced their self confidence," said Flohr. //



Enthusiastic about their collection of more than 600 bras, Professor **Debra Sutton** and her students pose for a picture before distributing the undergarments to women living in rural areas of South Africa, a donation that was a part of "Bras Abroad – Women Supporting Women." The fundamental garment in Western women's wardrobes was a luxury in a country where many struggled with poverty.

photo//courtesy of debrasutton

# SECRET *of the* SUNDIAL

SECRET SOCIETY IN8  
MYSTIFIED STUDENTS

Candles and letters sit on the steps of Wilson Hall to honor those recognized by IN8 during the fall semester. It was unknown as to who left the letters, part of the society's secret. photo//alexledford

alexledford // writer

**L**urking in shadows, meeting in secret, walking through tunnels below campus and spying on people are all activities you might not expect from a group of elite, involved students and faculty. But that was the picture painted by rumors and whispers about the university's secret society, IN8. The truth behind the rumors was that you'd never find IN8 drawing attention to itself at all—members made it a point to keep their identities secret.

"It could be anybody," said senior Eric Fries. "There's no way to know who's in it."

The members were so secretive that many students had never even heard of the organization, let alone knew who the members were.

"IN8? What does that mean?" said junior Zach Pritchett.

"If it's something on campus, I have no idea what it is," said freshman Courtney Wardwell.

"Can I phone a friend?" said freshman Casey Crone. "If I had to guess, I would think it had to do with sustainability."

Knowledge of the secret society was hard to come by, but anyone who had taken a tour of campus had

heard the guide explain that IN8 donated the sundial on the Quad. Beyond that, its accomplishments generally went unnoticed. But maybe that was the way the members wanted it.

"I heard that they don't want anyone to know who they are or what they do because they want the focus to be on the JMU community, not them," said senior Tyler Conta.

The focus was on Conta when he was recognized by IN8 during the fall semester. He and seven others received letters of congratulations and thanks from the secret society. The eight letters were also displayed on the Wilson Hall steps, each accompanied by a candle.

Conta woke up that morning and the letter was sitting at the bottom of his stairs.

"I thought that IN8 had somehow gotten into my house," said Conta. "I was a little freaked out."

But Conta found out later that his roommate had moved the letter inside.

"[The] first thing I thought was, 'Why did I get recognized?'" said Conta. "I was wondering if there were other people who should have gotten it."



Throughout the day, Conta received congratulations from his friends.

"It was a big pat on the back for a lot of things that I never got a pat on the back for," said Conta. "It was nice to not only get the letter but to also have people tell me that I deserved it."

The letters also sparked curiosity about IN8 and its goals. Some students wondered what else IN8 did. However, senior Andrae Hash thought that recognition was enough.

"That simple act of recognition and gratitude will perpetuate more of that kind of behavior," said Hash. As far as the secrecy of the group, Hash said outside of an oath or a vow he had no clue how they were able to be so secretive. But he didn't think that got in the way of the group accomplishing its goals.

"You don't have to be the face of JMU to be an agent of change," said Hash.

Although the members of the secret society typically kept quiet, IN8 made sure that the efforts of the university's students and faculty were recognized and applauded. //



Senior **Tyler Conta** reads the letters that acknowledge the achievements of students, faculty and staff. IN8 delivered letters to the homes of the university members that the secret society chose to recognize.  
photo//alexledford

One of the only indicators of a secret society on campus is the IN8 sundial, situated between Keezell and Burruss Halls. The logo was made by IN8 member Russell Hammond, a 2003 alumnus.  
photo//nataliewall



Senior **Mikey Larrick** interacts with the audience while discussing the "Snuggie," the popular 'blanket with sleeves.' Larrick was a media arts and design major with a concentration in journalism. photo//amygwaltney

# college humor

STANDUP COMEDIAN MIKEY LARRICK PERFORMED FOR A LARGE AUDIENCE



Audience members let out a laugh as they listen to senior Mikey Larrick during his second comedy show at the university. Students were also exposed to Larrick's jokes in his weekly humor column, 'Mike Check,' in the student newspaper, *The Breeze*. photo//amygwaltney

britnigeer// writer

One 40-minute set, Craving Cookies for sale, and one comedian provided a night full of laughter and entertainment during senior Mikey Larrick's comedy show. An aspiring standup comedian and *The Breeze's* humor columnist, Larrick began living out his dream to make people laugh after competing in a standup contest his freshman year. By the end of his sophomore year, Larrick began writing for *The Breeze*, and on Nov. 9, he shared his comedic talent in person in Grafton-Stovall Theatre.

"I have been preparing for this show since the beginning of the school year," said Larrick. "I would write out all my jokes and tell them to my friends for their opinions."

Tickets to Larrick's show cost \$2, and the event attracted around 250 people. Half of the money from the show went to *The Breeze*, while the other half went to Larrick. Alpha Phi sold Craving Cookies for \$1 each, with proceeds going to Alpha Phi's philanthropy, the American Heart Association.

"I went to the show to support my sorority, Alpha Phi, and had a great time," said freshman Morgan Seckinger. "I took a bunch of my friends with me and we loved it. We were cracking up even after leaving the show."

Humor came in all kinds of forms, from Larrick's summer camp jokes to analyzing Lil Wayne's lyrics. He also joked about Lady Gaga, tests, Snuggies, friends





# how he began

Senior Mikey Larrick, the humor columnist for *The Breeze*, began writing for the student newspaper at the end of his sophomore year. Larrick, a native of Alexandria, Va., found it difficult to book performances throughout the D.C. area in high school and over summer breaks.

In college, he pursued the opportunity to showcase his greatest talent, humor. He had his first standup comedy show in Taylor Down Under during his freshman year, but it was a humor column in *The Breeze* that caught his attention. Larrick submitted a piece of his own comedic writing to the Life section editor, and after it was edited by up to five different editors on the staff, Larrick's comedy was first published on Sept. 18, 2008.

Larrick wrote regularly for *The Breeze*, which allowed students to recognize his name and

have someone specific to search for when scanning the paper. Although his columns were sometimes controversial, Larrick brought humor to students through his writings. He performed his first comedy show hosted by *The Breeze* in April 2009, paving the way for his second show in November that filled Grafton-Stovall Theatre to about half-capacity with 250 audience members.

Larrick planned to continue writing his humor column in his final semester, and pursue the possibility of standup comedy shows in other venues.

"I think doing shows is just the coolest thing," said Larrick. "It's my dream." //

Delivering a joke, senior **Mikey Larrick** looks out into the packed crowd in Grafton-Stovall Theatre. The theatre contained seating for 630 people and was used for weekly showings of movies in addition to special events like Larrick's show.  
photo//amygwaltney



and his mom.

"The show was awesome and I was laughing the whole time," said freshman John Bachman. "Larrick is really funny and I would definitely go see him perform again."

Not only did the show prove to be a huge hit among the audience, Larrick recorded his performance for his first CD and had various plans for its future.

"The CD sounds awesome, definitely better than my expectations," said Larrick. "Performing is a weird thing and I tend to think I did worse than I did, but the CD sounds great and put my fears to rest."

Unsure of the next step, he planned to either sell the CD or give it away online within the next year. Larrick and two of his friends had also started a sketch group, where they wrote, videotaped and edited sketches, and uploaded them to YouTube. Depending on the success of the sketches, Larrick planned to possibly put the videos on iTunes too.

Laughter filled the theatre as Larrick kept the jokes flowing, and his entertaining performance left the audience in high spirits. With the success of the show behind him and a promising future ahead, Larrick set out to continue pursuing his dream of becoming a standup comedian. //



# one girl's story

It was an idea that began in a humble place—tell one story and come up with a better ending. TWLOHA started as a story and a T-shirt, all to help one girl overcome addiction and make it through treatment. The first TWLOHA T-shirt appeared at a Switchfoot concert on lead singer John Foreman. After that night, the movement took off. People from the concert went to the MySpace page, sharing their stories and asking for help and direction. The shirts started appearing at more concerts, including Anberlin and Paramore.

"I was starting to see what happens when people are generous with their influence," said founder Jamie Tworkowski.

The movement began to open up a conversation that had been muddled by confusion for years, and TWLOHA started to lift the burden of secrets and shame. Since then, the organization had been standing on its own for two and a half years. The team was made up of 10 staff members, plus several interns who replied to thousands of e-mails and posts every day. So far they had given more than \$8,000 to treatments in the United States, the United Kingdom, Australia and South Africa.

The "love movement" wasn't just the T-shirt, it was the gift of knowledge to an entire generation that showed the problem was not just an American issue, or a white issue, or an emo issue. It was about painting the bigger picture—all of us could relate to pain.

TWLOHA launched a new technology called "IM Alive," the first live, online peer-to-peer suicide prevention service, where anyone could go in a moment of crisis. They also continued to break the silence by establishing 30 college chapters across the country and training a growing street team.

Junior Amy Remmer and freshman Rachel Skolnick, both members of University Program Board, display To Write Love On Her Arms (TWLOHA) T-shirts for sale. The TWLOHA T-shirts helped to promote the organization through word of mouth. photo//kimlofgren



Jamie Tworkowski shares a quote from a friend with the audience. To Write Love On Her Arms had helped more than 20,000 people cope with depression in 40 different countries since it began in 2006. photo//kimlofgren

Speaking to students in the Festival Ballroom, Jamie Tworkowski discusses the dangers of depression, self-harm, self-injury and suicide. Tworkowski quit his job at clothing company Hurley International and started To Write Love On Her Arms, based out of Cocoa, Fla. photo//kimlofgren



When Jamie Tworkowski first wrote the title, he thought it sounded like a Fall Out Boy song. But it became the title to something much bigger—a nonprofit organization, To Write Love On Her Arms (TWLOHA). As part of the organization's efforts to raise awareness about addiction, depression and self-injury, Tworkowski traveled across the country to tell the story that TWLOHA grew from—the story of 19-year-old Renee.

When Tworkowski first met Renee, she had cocaine fresh in her system and hadn't slept for 36 hours. A mutual friend had asked Tworkowski to come with him that night to try to help her, because although she had tried to get clean before and had been unsuccessful, she was considering trying again. When Tworkowski and his friends finally succeeded in getting her to a detox center, they found the center could not take her because of the fresh cuts on her arms—she was too much of a risk to take in. She would need to come back in five days. So for those five days, Tworkowski and his friends made their own detox center for her—giving her a place to live, taking her to concerts and finding any way to keep her safe until she could get professional help.

"I remember coming back from work and seeing her asleep on the couch and just being thankful that she was safe," recalled Tworkowski.

As of the TWLOHA event in Festival on Nov. 16, Renee had been sober for three years.

Renee agreed to allow Tworkowski to share this story, in hopes that her pain would have a purpose. Looking around the room, it was clear her story had touched the audience. Before closing the event, Tworkowski asked for those who had been affected in some way by addiction, depression or self-injury to raise their hands—it was half of the room.

In fact, according to TWLOHA's statistics, depression alone was so widespread that it was the third leading cause of death among teenagers. It was also estimated that while there were 18,000 people in the United States suffering from depression, two out of three people didn't get help, leading many to believe that the problem was even larger.

"It's OK, even essential that we talk about this," said Tworkowski. "What I want you to know is those hands don't have to be secrets."

More than 30 minutes after the event, people were still lining up for pictures and autographs, to say thank you for coming, or to share a little bit of their own stories. To make sure the conversation didn't end with that night, sophomore Olivia Light announced a TWLOHA chapter would begin at the university in the spring semester.

"There are a lot of 'hospitals' for students suffering with these problems, like R.E.A.C.H. [Reality Educators Advocating Campus Health], C.A.R.E. [Campus Assault ResponsE] and Varner [House]," said Light. "We want to be the 'ambulances,' making students aware and giving them someone to call when they don't know where to go."

It may have started as another wellness passport for students, but it also began the "love movement" on campus, inviting students to hope and help.

"I believe that as people, we weren't meant to live life alone," said Tworkowski. "We need each other." //



she will  
be loved

JAMIE TWORKOWSKI SHARED HIS STORY WITH THE UNIVERSITY



# tunnel VISION

## AN INSIDE LOOK BEHIND THE CLOSING OF THE TUNNELS



Pipes, dirt and trash cover the floors of the tunnels. Parts of the tunnels led to dead ends and crawl spaces, but wider sections had been used as passageways between buildings in inclement weather before they closed to students in the 1960s. Photo // courtesy of [muphotoservices](#)

matthewjohnson // writer

**S**he slowly stepped into the tunnel as her perfume attached to the air. A lone light bulb shone from the ceiling, the next one several feet away. Calling for her boyfriend, she carefully went deeper into the tunnel. A noise from behind startled her. She looked back but saw nothing.

"Hello!" she yelled. Again she moved forward toward the heart of the tunnel. She felt a pull on her arm and turned toward her attacker, screaming. She hadn't found her boyfriend.

The following morning she was found dead in the tunnels. The university deemed the tunnels under the Quad unsafe and shut them down, never to be used again.

Similar myths had spread among students since the tunnels under the Quad closed around the 1960s. Even forty years later, students were still guessing the reasons behind the closing of the tunnels.

"They're dangerous," said junior Molly Hawkins.

"Low security," said junior Emily Samulski. "Homeless people would go into the tunnels at night because they were heated."

"The tunnels were closed because it became a safety and security issue," said senior Sondra Vitaliz. "Also, they were haunted."

While some students guessed as to why access to the tunnels was cut off, others took matters into their own hands.

Senior Rachel Luginbuhl managed to break into the tunnels her freshman year.

"There was four of us who broke in, two of which were in a band fraternity," said Luginbuhl. "Somebody from that fraternity had destroyed this door [that was an entrance to the tunnels.] It's inbetween Ashby Hall and Harrison Hall."

Once inside, Luginbuhl understood why people viewed the tunnels as haunted.

"It's really creepy," said Luginbuhl. "It was like 'Saw.' There's like one light bulb and there's a lot of these exits to different places, but you can't see through them. So we were flashing our lights, taking pictures [with our cameras] just so we could see what was down those hallways."

Luginbuhl said the floor was covered in boxes, wood, papers and old desks. Along the walls were white pipes that traveled through the tunnels. She described the tunnels as being "very hot" with "graffiti everywhere."

"Every fraternity [had names on the walls]," said Luginbuhl. "There's names everywhere. There's 'I love this person.' We just wrote our initials. We were freshmen, so we thought [the administration] would see our names and find us."

Luginbuhl and her cohorts were caught anyway. The wrong person saw a Facebook note about their adventure into the tunnels, resulting in a trip to Judicial Affairs. Still, Luginbuhl said she'd never regret it.

According to Judicial Affairs official Tammy Knott,







# BREAKING ↑ → ↓ STEREOTYPES

Pointing up at the screen, speaker **Shane Windmeyer** discusses sensitivity issues surrounding the LGBT community. Windmeyer was the editor of a new book, *Brotherhood: Gay Life in College Fraternities*, a series of first-person accounts from male students about the situations they encountered when coming out to their fraternities. photo//sarahwink

## CAMPUS SPEAKER BROUGHT AWARENESS TO LGBT ISSUES

allieconroy // writer

**S**hane Windmeyer kept more than 100 audience members laughing throughout his presentation, but his message was serious—students had to stand up as allies for their lesbian, gay, bisexual and transgender (LGBT) friends and family members.

Speaking about the importance of respecting and embracing diversity during “What’s Your Gay Point Average” on Nov. 17, Windmeyer urged the crowd to help break the cycle of silence that many LGBT people confined themselves to.

“It doesn’t make you gay to talk about stuff that is gay,” said Windmeyer. “It enlightens you.”

The LGBT & Ally Educational Program and Madison Equality organized the event, held in the Festival Ballroom. Windmeyer had already given the presentation to more than 100 colleges as a part of Campus Speak, an agency that represented campus speakers.

Windmeyer kicked off the presentation by asking the audience to keep two questions in mind—what would you do if you had a best friend who came out as gay, and what would you do to come out as an ally.

Windmeyer “came out” to his fraternity at Emporia State University in Kansas and received the support of his brothers. He paved the way for other brothers in the fraternity to feel comfortable “coming out” shortly after. Since his graduation, Windmeyer had written four books and had also become an avid leader of LGBT civil rights. He served as the coordinator of the national organization Stop The Hate, which combated bias, and as the founder and executive director of Campus Pride, which helped student leaders to achieve friendly campus environments for LGBT students across the nation. His work gained national attention from MSNBC, *Rolling Stone*, *Time* magazine, the *New York Times*, *OUT* magazine and several other publications.

“What’s Your Gay Point Average” illustrated Windmeyer’s goal for students to recognize their own levels of LGBT consciousness. Shortly into the program, six straight students were called to the stage—where they wore





colorful, glittery boas—to answer a round of four questions to determine their “gay point average” (GPA). The questions involved the colors of the gay flag, the symbol for the gay community, the scale that ranks sexuality from one to six, and gay pop culture—there were a few 4.0s and a lot of GPAs between 2.5 and 3.0.

The contestants earned extra credit if they could perform the “z-snap” really “gay”—the audience roared with laughter, but the underlying message concerned stereotyping LGBT people as flamboyant.

Windmeyer addressed widely asked questions throughout the program, including the number of gay men and women worldwide. He estimated 10 percent of the population, but said that the

number of people who knew someone who was LGBT was tremendously larger—and that was more important.

Overall, he encouraged the audience to realize that diversity was everywhere because we were all different.

“All of us are queer,” said Windmeyer.

Windmeyer wrapped the presentation by urging those in the audience to be allies to the LGBT community.

Sophomore Richard Buffington, vice president of Madison Equality, knew that Windmeyer wasn’t asking the audience for much.

“You don’t have to do a lot,” said Buffington. “You don’t have to run down the street with a rainbow flag on. Just be there for somebody.” //

With concentration, “What’s Your Gay Point Average” participants answer questions about gay popular culture and other trivia. Speaker Shane Windmeyer was considered a national leader in the fight for LGBT civil rights. photo//sarahwink

Taking turns with the microphone, students answer questions to find out their “Gay Point Average.” To acknowledge and challenge gay stereotypes, all contestants on stage wore colorful boas. photo//sarahwink



The Lesbian, Gay, Bisexual Transgender (LGBT) & Ally Education Program originated in 2003 as a part of the university’s “commitment to diversity through education, support, advocacy and the fostering of equality for all students, regardless of sexual orientation or gender identity,” according to the program’s Web site.

The program demonstrated support for LGBT students through events such as the Lavender Graduation that was held at the end of every school year, which “affirms the personhood of LGBT students by celebrating their academic successes as well as honoring their personal journey and growth,” according to the Web site.

The program also held semi-formals to raise money, brought guest speakers to the university and presented awards for outstanding contributions to the program and the LGBT community, such as the Christopher L. Gatesman Service Award.

One leader was a former university student, Courtney Boyd, who became the graduate assistant in 2009 and aided in raising awareness, programming events and maintaining the Student Wellness and Outreach resource library in Warren Hall.

Boyd had personal reasons for becoming a part of the program.

“Having gay family members, I’ve always had a passion for LGBT issues,” said Boyd. “I wanted to make a difference in my time at JMU and I thought this program was a good way to start.”

Another leader since 2006 was Kristin Gardner, the associate director of Student Wellness and Outreach, which LGBT & Ally partnered with. She supervised Boyd, oversaw the budget and assisted in its development. Senior Jasmine Fo also volunteered with the program throughout her college career.

Housed in Warren 403 with Student Wellness and Outreach, the staff worked hard to provide a “safe space” for LGBT students, as well as resources for their personal and academic success, including academic planning and even healthcare tips. The program held monthly open houses in the resource library that were open to everyone.

Gardner was proud of the program’s success so far, but knew that there was much to be done.

“Increasing awareness and educating the campus on LGBT issues is a marathon, not a sprint,” said Gardner. “We are committed to our mission.”





STUDENTS LEARNED  
TO RESPECT THEIR  
SURROUNDINGS DURING  
THANKSGIVING BREAK

sarahlockwood// writer



Volunteers take time out of their schedules to visit the Camp Still Meadows tree house. Camp Still Meadows was a nonprofit organization that had served special needs children and adults through therapeutic activities since 1997. photo: courtesy of hui acambriani

Instead of a typical, turkey-filled Thanksgiving break, graduate student Rachel Finley looked forward to leading 12 students on a Alternative Thanksgiving Break backpacking trip through the southern rim of the Grand Canyon.

After enjoying Alternative Break Program (ABP) trips at Central Michigan University as an undergraduate student and leading two trips as a graduate student, Finley prepared for one last trip before graduation.

With the focus on environmental stewardship, participants took in views of spectacular landscapes, faced brutal temperatures, camped, cooked, backpacked and learned about the Earth during two nights and three days in Arizona.

It was the first time 11 of the 13 group members saw the Grand Canyon.

“There are no words to describe how beautiful and captivating seeing it for the first time was,” said senior Christine Brus. “The colors are so much different from back East. I could look at it all day.”

In the wild, the group met many obstacles, including temperatures in the teens. Backpacking also proved to be a challenge for the participants.

“We tried to backpack into the Canyon on one of the steepest trails and I ended up tripping and falling,” said senior Lindsey Monroe. “I never thought that carrying 40 to 50 pounds on my back downhill would be that tough.”

The group also ate meals and slept in the wilderness. Monroe, who could only remember grocery shopping once during the fall semester, began the trip as a cooking novice, especially in the outdoors.

“The first night was just a shock,” said Monroe. “We fried up stuff in a frying pan over this little teeny tiny stove that was about three inches by three inches.”

Unlike typical ABP trips that provided direct service for a



# helping at home

While some Alternative Break Program (ABP) trips included travel around the globe, the Harrisonburg Alternative Thanksgiving Break trip focused on issues in the local community.

"We tend to go really far outside [our community] to do service, but there's so much need right here within our own community," said senior Kristi Van Sickle, a trip leader. She hoped that doing a trip in the local community would enable trip participants to make strong connections with the agencies and continue their service beyond the trip.

Another aspect of this ABP trip that made it unlike most others was that it served multiple agencies.

"We're getting a touch of all different issues," said senior Danielle Longchamps, also a trip leader.

This variety was one reason that junior Cody Clifton chose this trip for his first ABP trip.

"I figured this was a good way, especially since our trip focused on pretty much every area, [for me to] know what I was really passionate about and what I'd want to continue service in," said Clifton.

The agencies that the group served over the three-day period included Our Community Place, Meals on Wheels and Camp Still Meadows. In addition, they had an environmental issue day at the Grand Caverns, where they did trail maintenance and mentored five high school students from Students Serving the 'Burg.

The group also worked with Reading Road Show, also known as The Gus Bus.

"You go into neighborhoods of lower economic status and [The Gus Bus] is basically like a mobile library," said Van Sickle.

This experience working with children inspired Clifton to volunteer outside of ABP.

"I'm definitely trying to get an actual position with Gus Bus for the spring where I can do a day every week," said Clifton. He also signed up for Big Brothers Big Sisters in the spring.

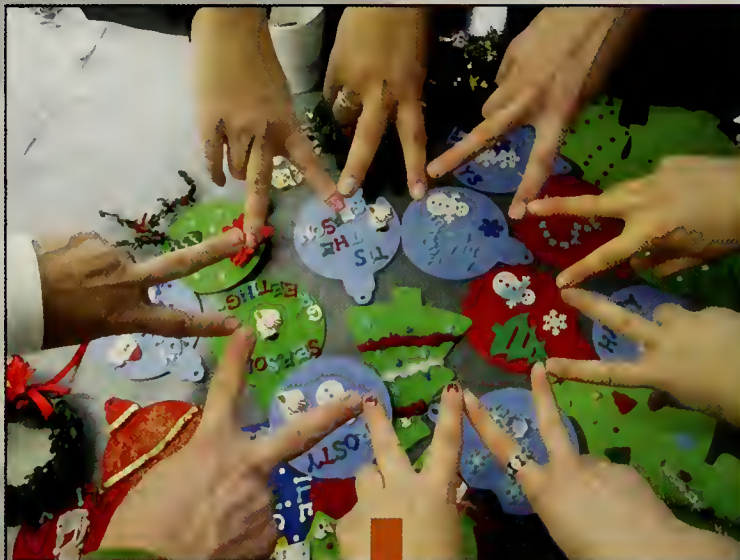
The seven participants, faculty learning partner Laura Cambriani, and the two trip leaders also built strong relationships working side by side.

"You really go on the trip not knowing anyone because it's a lottery system," said Longchamps. "And that means you're meeting people outside your social circle."

Clifton was a little nervous about being the only guy on the trip, but that quickly changed. "Now," said Clifton, "we kinda joke around that I have six sisters."



Members became very close with one another over the local weeklong trip. In addition to volunteering with other local organizations, participants worked with Meals on Wheels, which delivered meals to families within the community. photo/courtesy of lauracambriani



Getting a chance to show off their creativity, Alternative Thanksgiving Break participants make Christmas tree decorations at Elkton Area United Services. First-time learning partner, Laura Cambriani, said the activity was relaxing. photo/courtesy of lauracambriani

community, this trip's service aspect was long term.

"The majority of our service will be through the education students gain through their experience," said Finley. "Their service will go far beyond this one week we spend together in the Grand Canyon."

Finley, a certified Leave No Trace Behind trainer, taught the participants to give back to the environment through the program's seven principles.

"These principles are guidelines on how to act and behave when in nature so that it will be preserved for future generations," said Brus.

"[If] you drop some food on the ground and just leave it, some squirrel might come and pick it up, and it could be really really harmful to them," said Monroe.

The participants practiced these principles on the trip by cleaning up around their campsites.



“Every time [you] dropped M&Ms, or nuts or even a spoonful of peanut butter on the ground, it would be covered in dirt, but you just pick it up and eat it,” said Monroe.

A wealth of relationships and memories accompanied this knowledge.

“One of the best things about the trip is how quickly complete strangers can bond over such an amazing experience and build lifelong friendships,” said Brus, who began the trip not knowing anyone very well.

Monroe’s best memories from the trip revolved around strengthening these relationships, especially through time spent huddled around the campfire at night.

“The thing that kept you the most warm was joking around and laughing,” she said. The last night was a favorite in her mind, when group

members laid out their sleeping bags under the stars, falling asleep to the sunset and waking up to see the sunrise.

The travelers learned life lessons as well.

“The most valuable thing I got out of the trip was learning to put my trust in others,” said Brus. “When you are doing things for the first time and stepping out of your comfort zone, you have to trust that other people will have your back.”

Joking and laughing taught Monroe that “you really can’t survive certain situations without the right people.”

The goal was for the trip participants “to learn more about themselves, what’s important to them, and how amazing life can be while outside,” said Finley, lessons she felt the participants would carry with them even after the trip. //

Spending the entire day at Grand Caverns, Alternative Thanksgiving Break volunteers help maintain trails by raking leaves and trimming nearby plants. The country setting provided a safe, creative environment for children and adults with intellectual or physical disabilities.

photo: jurlis / huracambriani



At the end of the each day, volunteers took time to reflect on the positive and negative events of the day. “Daily reflections really supported all of us in better understanding each step we were taking into the activities,” said first-time learning partner Laura Cambriani. photo: courtesy of / huracambriani





"ONE OF THE BEST THINGS ABOUT THE TRIP IS HOW QUICKLY COMPLETE STRANGERS CAN BOND OVER SUCH AN AMAZING EXPERIENCE AND BUILD LIFELONG FRIENDSHIPS" - CHRISTINE BRUS, SENIOR



# W ONE BEAT AT A TIME

## MUSIC INDUSTRY CLASS STARTED ITS OWN CONCERT PROMOTION COMPANY

karlynwilliams // writer

**S**tart your own company, put on two small-scale shows and one large-scale show with a national act: this was the mission given to the 25 students registered in MUI 422: Concert Production and Promotion. The students started PulseFX Productions as a team in the fall semester. For their large show, they booked the alternative metal band, Future Leaders of the World (FLOW), to play at The Pub on Dec. 2.

Professor Mickey Glago was a concert promoter in the area and had contacts to help the students reach out to artists and venues. He also provided the do's and don'ts when writing e-mails to artists for the

students' initial contacts.

"The company is completely, 100 percent all student-run," said senior Courtney DeCroes. "We do have Mickey to turn to for guidance, but we have done all the work involved. He just guides us."

The larger company was split into five groups, and each group had to put on two small scale shows. Running a company in a fast-paced industry was a giant matching game because students had to coordinate the available artists with the available venues all while planning and promoting the event to get people to come out. When one of those elements was dropped from the equation, it spelled disaster.

Junior Chris Palmer was the point of contact for his group, which put him in charge of contacting artists or their agents and booking them for gigs. The job was frustrating when it came to the availability of the artists and the venues in Harrisonburg, according to Palmer.

"The worst thing was how difficult it was to work with a lot of the people in the industry," said Palmer. "In multiple instances you would talk to a booking agent of a larger band, saying 'Yeah, we're available for that date' and a couple of weeks later they say 'No, we're not available for that date, we're not going to do it.'"

On a smaller scale, booking events in Harrisonburg was often tough because of failed communication from the venues.

"I had a gig booked at a venue downtown, and they gave me a go-ahead," said Palmer. "After leaving multiple messages, they finally got back to me the day before the show and said we couldn't have a

The lead guitarist from the headlining band, Future Leaders of World (FLOW), gets in tune with the crowd. This end-of-year show allowed the students to demonstrate what they had learned all semester in MUI 422. photo//tiffanybrown





show [the following] night.”

After weeks of working on the event's promotion, Palmer had to notify the artist that the show was canceled. Palmer was also frustrated because he had expected an audience of more than 100.

Students learned quickly that PulseFX was not just a class exercise; it was the real deal, with a contract for artists as well as a business license. To get the company up and running, students sold and promoted Spaghettifest tickets; held yard sales, bake sales and fundraising nights at local restaurants; and sent out sponsorship letters to area businesses. The small shows also raised money.

All of these efforts went into the large-scale show. After paying the band and the venues for security and sound system, the proceeds from the larger show went to PulseFX's chosen charity, The Reading Road Show, often known as The Gus Bus.

Finding bands to perform was a multi-step process. The first step was to figure out if the act was in the company's price range.

“We have a whole equation on how we would calculate what price range the artist is in and if we can afford them,” said senior Jackie Dolan. “Then after that, it is all about availability.”

According to DeCroes, local bands were always a plus because they were easy to contact and had a local fan base that was sure to attend events. Word of mouth was also a great help. Aside from bands, the company also tried to promote events for comedians and solo acts.

After the semester was over, DeCroes and Dolan planned on remaining active within the company.

“I have learned that a lot more goes into it than I originally thought,” said DeCroes. “There are so many small things involved that I had no clue of, but I am very grateful and happy that I am a part of it—it is such a great learning experience. I want to continue this company and take it over with whichever partners are also interested.” //

Students discuss last-minute details the day of the large-scale concert. The class was divided into groups, each in charge of different aspects of the concert productions that PulseFX promoted.  
photo//tiffanybrown



## THE GUS BUS

PulseFX Productions brainstormed several charities that it wanted to donate concert proceeds to before deciding on the local charity, The Reading Road Show, also known as The Gus Bus.

“We picked the Gus Bus because we all think it's an awesome organization,” said senior Courtney DeCroes. “It gives children the chance to learn and encourages them to read, which is very important.”

The Reading Road Show planned to use the majority of the donations from PulseFX to offset fuel costs for the two Gus Buses. One bus in Page County traveled to several neighborhoods, three days a week. The Harrisonburg bus traveled to more than 20 different neighborhoods a day.

According to The Reading Road Show's Web site, The Gus Bus had four main goals: to provide a free book bag exchange program containing high quality, culturally diverse children's literature; to increase the amount of time families spent reading together; to educate parents on the importance of reading to their preschool children; and to teach parents and daycare providers appropriate reading techniques through activities on The Gus Bus.

“Getting an organization from JMU involved bridges the gap from the community to the students,” said Leah Rossenwasser, coordinator of The Reading Road Show. “I like that they are putting on social events for the student community while at the same time supporting a good cause.” //

Alternative metal band Allyria opens a PulseFX-promoted show at The Pub. The band began in Mississippi and had toured with Three Days Grace and Breaking Benjamin.  
photo//tiffanybrown



Though their shifts were typically short, long lines keep cashiers busy.

The bookstore hired temporary workers at the beginning and end of each semester to help with the swarms of students buying and selling books.

photo//hannahpace



# BUYBACK BLUES

## FRUSTRATIONS RAN HIGH AS STUDENTS SOLD BACK TEXTBOOKS

sarahlockwood// writer

The words “Cash for Books” could be seen on buses, table tents and flyers. As fall semester wound down, advertising for the university bookstore’s buyback program appeared across campus.

Although the bookstore advertised up to 50 percent money back, many factors affected the return on a particular textbook.

“The main thing you’re supposed to remember is would you buy this book if it was on the shelf?” said senior Ashley Pond, who had worked for the bookstore during buyback for seven semesters. “You’re really looking for water damage and any pages that are torn out.”

Senior Donna Jones, who had worked for the bookstore during buyback for two years, described her experiences with disgruntled customers.

“I just feel bad when people pay like \$100 for a book and then they get like \$40 back,” said Jones. “Some people are like ‘It’s not your fault,’ which, you know, it really isn’t.”

There were other options for selling back books other than the campus bookstore, but neither Pond nor Jones had tried them, citing convenience as the main factor that had kept them from looking into alternative methods.

Senior Diana Mason, however, did look beyond the campus boundaries. Instead of selling her books through a bookstore, she opted to sell to individuals through Half.com, an eBay company. Mason found that her books sold quicker at the end or beginning of the semester.

“There’s been a few that I haven’t been able to sell at all, but usually if you lower the price enough, you can sell anything,” she said. Mason did have some success selling back through the on-campus bookstore during her freshman and sophomore years, but switched to Half.com in her junior year.

“I’ve just found that you can sell a lot more books online, and usually I think I make more money online,” said Mason.

Mason agreed that if the bookstore bought all of her books she might have continued using the program for its convenience.

“With the online [method], you have to ship each individual book,” said Mason. “That’s what’s kind of a pain.”

Another option was the University Outpost, which extended its hours and pitched a tent outside in its parking lot for selling back books. Senior Brittany Foley usually sold her books back through the Outpost and felt like she got good deals.

“I had a pretty big total today,” said Foley, who compared the money she received with a friend who had the same books and had returned them elsewhere.

Senior RJ Ohgren said the lottery ticket that the Outpost gave away was a big motivating factor. This promotion, aimed at bringing costumers into the store, gave each student who sold back books a scratch-off lottery ticket.

But some students tried to avoid the bookstores and online companies all together. Freshman Kelsey Fisher traded her health book for her roommate’s statistics book and believed she got a better deal than she would have if she had sold the book back through the bookstore. Although she planned to look for people to trade with in the future, she didn’t plan on looking online for traders.

“I would probably just look for people to trade with, or sell and buy from the bookstore,” said Fisher.

Freshman Terence Edelman, who paid for all his own books, used Craigslist to sell his books. Another fiscally conscientious student, junior Greg McCarley, sent out an e-mail to fellow students with a list of books he was looking to sell and buy.

“I have tried this in the past with amazing results,” said McCarley. “It may have taken a little longer and a little more work on my part, but the money I gained and saved was well worth it.”

In the end, students chose many different methods of selling back their textbooks, often having to choose between convenience and value.



## taking a break

On Saturday, Dec. 5, a white blanket of snow fell over campus, adding to the abundance of “mental break” activities available during the first day of finals. That day, registered students received a blast text announcing that exams after 12:30 p.m. would be postponed until Sunday. While the extra study time delighted some students, the change of plans frustrated others.

Sophomore Zeke Lukow was “beyond pissed” when he woke up and found out his Saturday exam was canceled.

“I stayed up till four in the morning studying for it,” said Lukow. “I was kinda burnt out on studying by Saturday night, so I’m sure I forgot a lot.”

Others used the wintery mix as a break from studying.

“I built a snowman, went sledding, jumped around the snow and a made a fool of myself,” said freshman Julia Nashwinter, who felt like she should have been studying but didn’t regret her fun in the snow.

Another way to take a break from studying took place at the East Campus Library with the school’s first library rave. Organized through Facebook, hundreds of students filled the library on Sunday evening. Students sang the fight song and pumped their fists to music brought in by a DJ. Some students even leapt from the second floor balcony and crowd surfed.

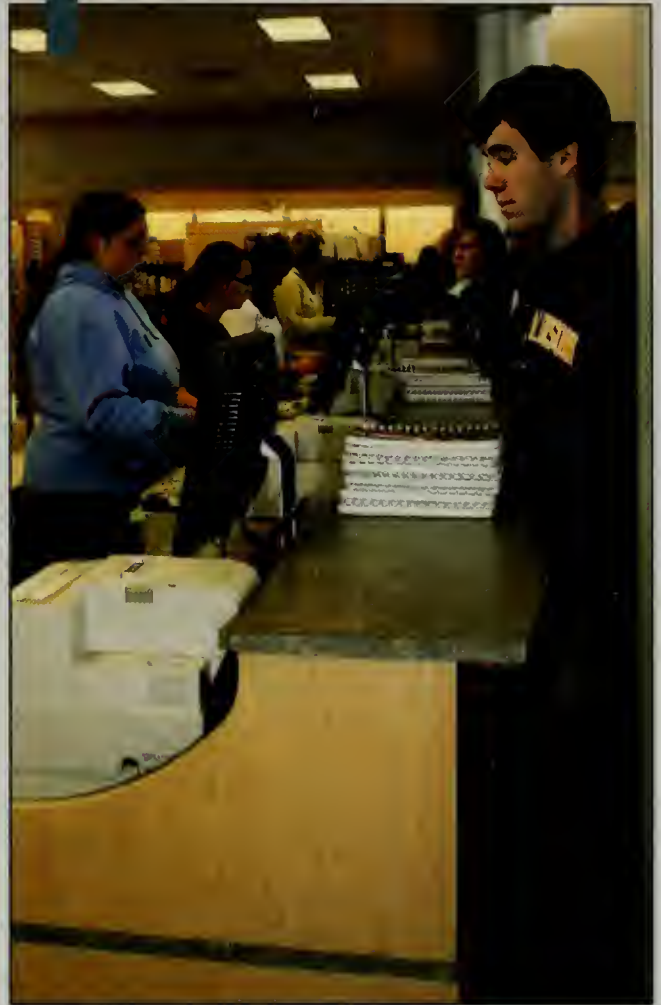
“It was a much needed break,” said freshman Logan Meyer, who had been studying for her chemistry exam and decided to join when a group of people from her hall asked her to go.

For sophomore Jeffy Turner, the rave was more of a distraction from studying, but he didn’t seem to mind.

“When ‘Sandstorm’ came on, people started freaking out,” said Turner, who had two finals the next morning that he thought he still did well on.

Despite these study reprieves, the libraries and facilities throughout campus remained full of students rereading chapters, flipping through flashcards and organizing study groups, all in the name of cramming for final exams. //

Students wait in long lines to sell their books back at the on-campus bookstore. Textbook buyback began the Wednesday before exams and lasted through the Friday of finals week.  
photo//hannahpace



Students have the option to sell their books off campus at the University Outpost. Some students felt they got better deals online or trading books with friends.  
photo//hannahpace





A graduate watches the ceremony's conclusion after turning her tassel to the right. Although Winter Commencement was smaller than the spring ceremony, graduates were still organized by their colleges. photo//nataliewall

# winterwalk

AS SENIORS WALKED ACROSS THE STAGE, THEY SAID THEIR FINAL GOODBYES TO THE UNIVERSITY

sarahchain // writer

As December graduates looked toward their futures, the commencement's keynote speaker reminded them to learn from the mistakes of their parents' generation. A '79 alumnus, Craig Williams encouraged the class of 2009 to recognize the potential they had to address the world's issues at hand—wars in Afghanistan and Iraq, the economic recession and caring for the environment, among others.

He also offered advice to graduates about how to excel in the difficult job market and economic environment.

"Everyone can accomplish anything if they simply try," said Williams.

Williams encouraged the graduates to find a balance in their lives and strive to maintain it, all while working to make a difference in their communities.

Near the end of his speech, Williams stepped off the stage and walked into the graduates' seating section, asking them to seriously consider what they'd like to accomplish. He then instructed the graduates to turn to their neighbors and share their goals with one another. In 30 years, Williams predicted, they could hold one another accountable as to whether they had accomplished their goals.

"It was nice that he got up into the group of us," said graduate Bethany Mix. "He had some interesting things to say."

Graduate Annie Barnes agreed that Williams gave her something to think about.

"He made it short enough, but long enough to be memorable," said Barnes.

Graduates had mixed feelings about leaving the university where they had spent four or five years. Some expressed excitement about a job offer or a change of pace, while others were more reluctant to leave their friends.

"I'm excited to be doing something else for a while, but I'm not quite ready to bolt," said Mix.

President Linwood H. Rose encouraged the men and women to remember to thank the family members, friends and professors who had supported them and led them to this day of celebration.

"A fulfilled life is all about 'we,' not about 'me,'" said Rose. "Every milestone we attain is rooted in some fashion in the help that others have provided for us."

Rose conferred graduate and undergraduate degrees to nearly 700 graduates. Family and friends showed their enthusiasm through cheers, foghorns and even a cowbell, as graduates donned in purple robes and hats



accepted their diplomas and flipped their tassels.

Families and friends who had packed the Convocation Center stayed around after the ceremony ended to congratulate the graduates and take photos before heading off to lunch reservations or other special plans they had made for the day.

"I'm most nostalgic to leave the people," said Barnes, whose family threw a party for her the night before graduation to celebrate her success.

Barnes, a communication sciences and disorders major, was waiting to hear back from a choral arts internship she had applied for in Washington, D.C.

Rose acknowledged the difficult job market in his opening remarks, but added that time and statistics were on the graduates' side and they shouldn't become discouraged.

Williams noted that success after graduation didn't depend solely on a job.

"No one on their death beds ever said, 'I want to spend more time in the office,'" said Williams. He suggested that graduates should find a place they'd love to live and apply for a job they would enjoy.

"As long as you love what you're doing, you're never gonna 'work' a day in your life." //



Preparing to take the stage, graduate **Alisa Paige Kieffer** is all smiles. Kieffer sang the National Anthem at the beginning of the ceremony and the university's Alma Mater at the closing.  
photo//tiffanybrown



Faculty and staff look on as graduates receive their diplomas. As the students walked across the stage, they shook hands with the dean of their respective colleges and President Linwood H. Rose.

photo//tiffanybrown

## by the numbers

**602**

number of  
undergraduate  
degrees  
conferred

**91** number  
of graduate  
degrees  
conferred

(**10 a.m.** - the  
time graduation  
began)

**\$50**

**1979** - THE YEAR  
KEYNOTE SPEAKER CRAIG  
WILLIAMS GRADUATED  
FROM THE UNIVERSITY



PRICE  
OF A  
CAP &  
GOWN

# NEW YEAR,

## new you

### HEALTH AND ACADEMICS TOPPED STUDENTS' RESOLUTIONS



**Holly Bailey**, coordinator of fitness and nutrition programs for the University Recreation Center (UREC), advises students on how to keep their health-related New Year's resolutions. UREC offered ways to help students maintain their health related goals through educational programs ranging from "Find the Balance: Nutrition and Exercise" to "Eating Healthy On Campus."   
phot. heidicampbell

mandysmoot // writer

**S**enior Nicole Fiorella aimed to start off the new year with less haste on the roadways. She wanted to lessen her road rage and demonstrate more patience when she was driving.

"I plan on keeping [my New Year's resolution] by not being in a rush when I drive, and if I get frustrated, [I'll] just pause and take a deep breath to calm myself down," said Fiorella.

Junior Kayla McKechnie decided to focus her resolution on academics. She wanted to get only As and Bs in the spring semester by doing the readings and staying on top of her homework.

"I've had most of my professors before, so they already know my potential and my goals for the future," said McKechnie. "I'll have more motivation to go in and talk with them and get help that I need."

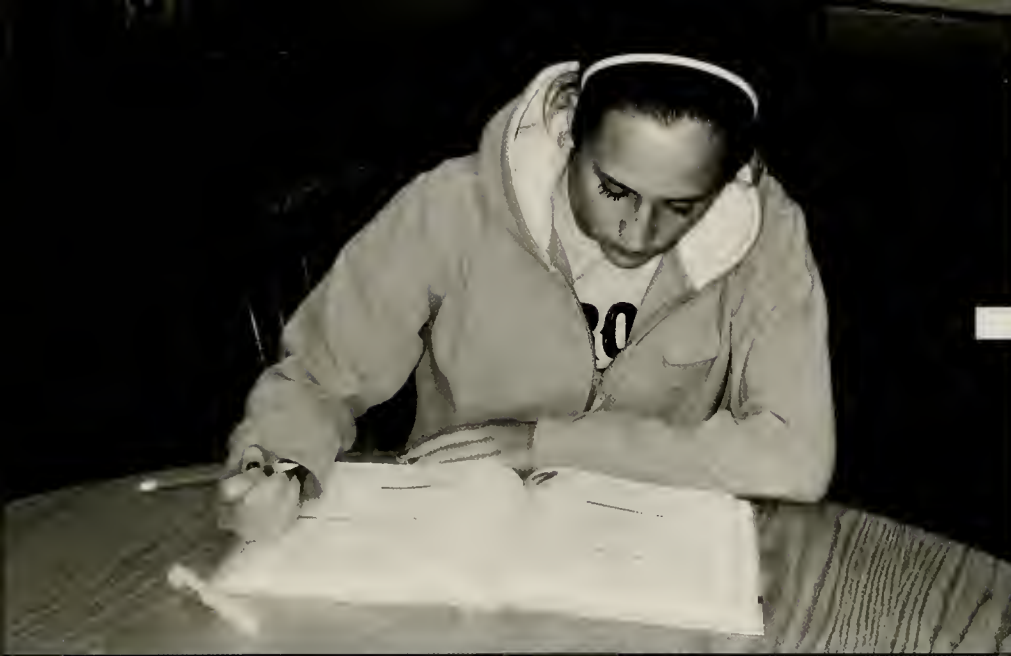
Although this New Year's resolution may have seemed common, McKechnie was taking a different approach this year.

"After changing my major, it's been really great to see how much I'm improving," said McKechnie. "Calling this a 'New Year's resolution' is a fun way of working towards my goal."

In addition to academics, some students wanted to center their resolutions on ways to better their health. Senior Sarah Lokitis hoped to not fall asleep without removing her contacts first.

"I guess it's an unusual resolution, but after scratching my cornea and dealing with that, I'm not so sure it is," said Lokitis, who had focused on her health last year by trying to make more of an effort to go to the gym. "I try not to make resolutions I can't keep. I think the mistake people make with resolutions is that if they break their resolution once, they continue to break it."





Junior Amy Sullivan works on homework in the library, fulfilling her short-term New Year's goal of earning a good grade in her statistics class. Many students set grade-related New Year's resolutions and hoped to earn a higher GPA for the semester. photo//heidicampbell

Senior Anna Grace Abell, junior Amy Remmer and sophomore Andrew Midgette listen to the University Recreation Center's "How to Keep Your New Year's Resolution" presentation. The presentation was created in conjunction with the University Program Board and Student Wellness and Outreach, and included tips on how to stay healthy on campus. photo//heidicampbell

Lokitis felt it was best for people to realize that making occasional mistakes was normal, and they could simply get back on track with their original goals without punishing themselves.

Like Lokitis, senior Lindsey Monroe also made a health resolution this year by attempting to lower her cholesterol. High cholesterol ran in her family, and it was something both her and her dad strove to work on.

"My resolution is very unusual for someone my age," said Monroe. "I hope to keep it, but we'll see what happens later on in the semester."

Other students disregarded New Year's resolutions altogether. Junior Amy Sullivan didn't make a resolution at all this year.

"I didn't, probably because I knew to stay committed would be too hard," said Sullivan, who didn't understand why people had to start new plans and goals on Jan. 1 of every year.

"What a cop-out if it doesn't work. I think New Year's resolutions are unrealistic, short-lived and overrated. The whole mentality is doomed to fail."

Junior Tessa DuBois, who made it her goal to stop biting her nails this year, understood the tendency to make mistakes with a New Year's resolution.

"It failed one week in," said DuBois. "I think you need a lot of self-control and patience for New Year's resolutions."

But DuBois agreed with Lokitis, saying that just because you might break a resolution, doesn't mean you should just give up—just start it the next day.

Regardless of what students decided to do with their New Year's resolutions, junior James Ashworth felt that students should "have fun and live with no regrets."



## how to stay fit in 2010

To ring in the new year, the University Program Board (UPB) and Student Wellness and Outreach (SWO) held an event on how students could keep their New Year's resolution of staying fit in 2010. Tips included how to diet properly, exercise, and eat healthy on campus.

According to junior Stephen Eure, UPB's public relations director, many students made New Year's resolutions to lose weight.

"Unfortunately, many people try to lose weight in unhealthy ways," said Eure. "This program allows students to lose weight in healthy ways by learning how to eat and exercise properly."

Holly Bailey, coordinator of fitness and nutrition programs for the University Recreation Center, recommended that students put activity in their calendars, because people were more likely to exercise when they made it a part of their day. She also suggested that students design their fitness programs based on their individual needs, and advised students to keep their goals specific, measurable, attainable, realistic and time-based.

The turnout of the event was exactly what UPB and SWO expected.

"UPB is happy to bring a variety of programming to JMU," said Eure. "While the larger, more entertaining events might receive more attention, we feel that bringing the more intimate and educational events is vital to enhancing students' overall college experience."



# Honoring a Visionary

SPEAKER ENCOURAGED CHANGE THROUGH NONVIOLENCE

amandacaskey//writer

**“A** Timeless Dream: Enduring Change and Shaping Our Reality,” the theme of the 23rd annual Martin Luther King Jr. Celebration, was communicated through dramatic expression, a candle-lighting ceremony and a speech from the keynote speaker, the Rev. James Lawson. The program was sponsored by the Center for Multicultural Student Services (CMSS) as a part of the university’s annual Martin Luther King Jr. (MLK) Week.

The celebration was held in the Wilson Hall auditorium on Jan. 18. After President Linwood H. Rose welcomed the audience, the MLK Community Service Award was presented along with the winners of the essay and creative writing contests.

Then Lawson took the stage. Once considered by King to be the “leading nonviolence theorist in the world,” Lawson had practiced the principles of nonviolent resistance through his participation in social movements for more than 50 years.

The purpose of Lawson’s speech was to urge people, especially students, to live in a nonviolent manner and as “a majority of one with God, with compassion and truth.”

Lawson spoke of his admiration of James Madison as being “one of the true revolutionary spirits” by establishing a system of self-governance. However, he claimed we were far from the ideal. According to Lawson, the most important goal of government was to serve the people.

“We have not yet achieved levels of self-governance we need,” said Lawson. “We can have a better world.”

By coming together as a group of ordinary people, Lawson believed we could effect change through nonviolence. Lawson, who spent three years in India studying the practices of Mahatma Gandhi, said that in order to gain peace, “you must behave in a peaceful manner,” and if you want truth, “you can’t speak in the language of violence.”

## calendarofevents

### Mon., 1/11 – Fri., 1/15: Commons Days

Several student organizations sponsored booths and events on the Commons, in the spirit of service embodied by Martin Luther King Jr.

### Wed., 1/13: Community Service

Students volunteered at Our Community Place, a community center in Harrisonburg.

### Thurs., 1/14: March and Speak Out

Members of the university community gathered at the James Madison statue in front of Varner House to march through campus. Along the route, participants witnessed several interactive scenes that depicted past and present injustices. During the Speak Out, members of the university community were encouraged to share their reflections on Martin Luther King Jr., his dream and his legacy.

### Fri., 1/15: Community Service

Students volunteered at Loyalty of Harrisonburg, a retirement home and assisted living community.

### Sun., 1/17: University Sunday

A nondenominational worship service sponsored by Alpha Kappa Alpha Sorority Inc., Delta Sigma Theta Sorority Inc. and Zeta Phi Beta Sorority Inc.

### Mon., 1/18: MLK Jr. Formal Program

The Rev. James Lawson, identified by Martin Luther King Jr. as the “leading theorist and strategist of nonviolence in the world,” spoke at a program that honored the life of King through words, drama and music.

### Tues., 1/19: Lecture on Global Nonviolence

The Rev. James Lawson presented “Nonviolent Action for Civil Rights,” an event sponsored by the Center for Multicultural Student Services and Mahatma Gandhi Center for Global Nonviolence.



The Contemporary Gospel Singers perform at the Martin Luther King Jr. Formal Program. MLK Day was signed into law by former president Ronald Reagan in 1983, but the holiday was not first celebrated until 1986.

photo//heidicampbell



Senior **Renee Newsom** takes time to read what students have written on the Martin Luther King Jr. banner. The first time MLK Day was celebrated by all 50 states was in 2000.

photo//tiffanybrown



As junior **Ryan James** shares his thoughts, seniors **Telmyr Lee** and **Renee Newsom** invite students passing through the Commons to answer the question, "How is Martin Luther King Jr.'s dream effecting change in your life and shaping your reality?" Alpha Kappa Alpha Sorority, Inc. was one of the organizations that set up a booth on the Commons during MLK Week.

photo//tiffanybrown

However, Lawson was quick to point out that nonviolence was not passivism. He claimed it took more nerve and courage to be nonviolent in order to "find character and courage in wit and intelligence [and] reject the nonsense of chaos and turmoil."

This chaos and turmoil were defining points of the movement during the 1960s, when occupational, religious and educational environments were segregated. Lawson claimed in his speech that King "is the best symbol of this relentless journey from chaos to community, from injustice to justice."

"That's what MLK Day means," added Lawson.

Lawson praised the university for establishing CMSS and making it an emphasis in students' lives, claiming it was a sign that what could be achieved was beyond our imaginations. Lawson also encouraged students to recognize that they were one of the most privileged groups of people.

"Not only are you privileged, but your most

important work is the gift of your life," said Lawson.

One of Lawson's main points was to emphasize the importance of not only making a difference, but "making our lives" for the benefit of beauty and justice.

The messages in Lawson's speech resonated with students in attendance.

"I thought he made a very good point about how you can't crack one form of injustice without looking at the others," said graduate student Mike Shiridon.

Others applied Lawson's message to their own lives.

"We should just start worrying about ourselves, making changes to ourselves before we start demeaning other people," said freshman Jennifer Sun. "That's basically what I took the most out of it."

In closing, Lawson said that we couldn't honor King without honoring his vision: to dream of a world in which love would bless the Earth. //

# RESEARCH & RESULTS

## HONORS THESES PROVIDED STUDENTS WITH OPPORTUNITIES FOR EXPLORATION

colleencallery // writer

**A**n honors thesis was not just an opportunity to be distinguished at graduation and bolster a graduate school résumé, it also provided students with experience researching and writing, according to Barry Falk, the director of the Honors Program.

An honors thesis could serve as a capstone project to finish an honor student's undergraduate career, or students could apply during their junior year to work on a senior honors thesis. The thesis process generally took three semesters, and the final product was submitted for approval during the student's final semester.

Although they were traditionally a research-based projects, honors theses also included creative projects as well—past students had submitted video documentaries or dance pieces. The intention was to give students a chance to academically explore topics and issues they were passionate about and give them insight into the field they hoped to enter professionally. //

natashanau // As a public policy and administration major, senior Natasha Nau focused on a topic she felt was important in her field: female city managers. Interviewing a number of city managers up and down the Eastern seaboard, Nau analyzed how age, work experience, family situations and gender discrimination had influenced their careers.

"I wanted to write on a topic that would help me later on in my career," said Nau. "So I thought, what better way than to actually talk to a bunch of

people—women specifically, since I am one—to get an idea of what their jobs are like?"

Nau gained interesting insight into handling discrimination in the workplace, found surprising trends among successful female managers, and made professional connections in the process.

But the process was definitely a challenging one. Balancing schoolwork and outside commitments with extra research and writing was intimidating. However, Nau found that the rewards outweighed the demanding schedule. //

Many nights during the school year, senior **Natasha Nau** spent time transcribing interviews for her honors thesis. Nau interviewed 16 female city managers in nine states on the East Coast.  
photo: tiffanybrown





johnherlihy // This was the first semester working on his thesis for junior John Herlihy, a biology major, but he had been researching his topic, the molecular biology of Thale cress plants, with Professor Jonathan Monroe for a year. For Herlihy, the subject matter was compelling enough to overcome struggles in data collection and creatively solve unexpected problems.

“As in all sciences, there are going to be stumbling blocks,” said Herlihy. “It’s not bad, like in a class, when you get unexpected data. It’s more of a learning experience over anything. I’ve probably learned more in this lab than in most bio[logy] classes combined.”

Herlihy worked specifically with the beta-amylase protein in Thale cress plants. Herlihy explained that the Thale cress plant was the standard model for genetic and molecular research because scientists had identified the entire genetic code and were therefore able to manipulate specific parts they wanted to study. The beta-amylase protein broke down the starch produced in a plant during the day in order to feed the plant at night. However, how this protein metabolized the starch still wasn’t completely understood. If and when it was understood, it would have yielded new fields of study for molecular biology.

“There could be a novel metabolic pathway that uses relay signals,” said Herlihy. “It could even open up a new field in retrograde signaling.”

Understanding the Thale cress plant’s processes had implications greater than just the molecular level. Biologists could apply new knowledge about



metabolism to other plants—like food crops—and potentially manipulate them to produce more starch, creating more nutritious and calorie efficient plants.

Herlihy considered the greatest aspects of his project, however, to be the vast resources available to students.

“There are just great research opportunities in the biology department,” Herlihy said.

Many students like Herlihy finished writing their theses with a great experience but also a new mentor and friend in their faculty adviser. //

Junior **John Herlihy** does research for his thesis in a Burruss Hall lab. According to the Honors Program Web site, biology was the most popular major among honors students. photo// sunshim



Senior **Kelly Mayhew** is in the final semester of her honors thesis, hoping that when she’s done, her work will help bridge generational divides in the future. Mayhew researched how older adults benefited from interaction with children by observing intergenerational relationships at the Generations Crossing daycare in Harrisonburg. photo//tiffanybrown

kellymayhew // As a public health education major and gerontology minor, senior Kelly Mayhew especially benefitted from the support of her adviser and thesis committee, which also included two faculty readers.

“The biggest challenge is that I’ve never done a thesis before,” said Mayhew. “So I haven’t always known what to do or how to do it. But with the help of my committee, I’ve come a long way.”

Mayhew focused on intergenerational relationships and programs in her thesis because of her interest in working with older adults and her experience volunteering at the Adult Health and Development Program (AHDP) during her junior year. The AHDP was offered as a class and paired students with elderly adults from the Harrisonburg community for weekly social, physical and health education activities.

Mayhew’s thesis studied how older adults thought they benefited from activities and programs with younger children at the Generations Crossing intergenerational daycare, also located in Harrisonburg.

“I witnessed so many amazing interactions between the adults and children,” said Mayhew. “So I decided to learn more about these beneficial relationships through my thesis.”

Mayhew hoped her work would help with future efforts to establish more intergenerational programs.

“I hope to find a job that allows me to work with older adults in some capacity,” said Mayhew. “I would love working in an intergenerational setting and my thesis has certainly given me a good start.”//

# TROUBLESHOOTING

## COMPUTING ISSUES WERE NO MATCH FOR THE HELPDESK

# Technology

jenniferbeers // writer

**W**ith nearly 18,000 students at the university, there were bound to be technology questions and problems that arose throughout the year. Luckily for students, the HelpDesk offered answers.

Junior Chelsea Bowles took her computer to the HelpDesk after experiencing problems with the computer's operating system.

"I had a great experience with the HelpDesk," said Bowles. "They were easy to approach and their knowledgeable staff walked me through a troubleshoot over the phone. When that didn't work, they happily took my computer in for repair and quickly got it back to me."

The HelpDesk was located in the lower level of the Frye building, next to Greek Row.

Between 30 and 35 students worked at the HelpDesk during the academic year, and four to five students worked there in the summer. The office also hired part-time and full-time professional employees, but the students were scheduled to take phone inquiries and help those who came into the office during walk-in hours.

Patrons of the HelpDesk included faculty, staff, students, affiliates and occasionally parents. In 2009, there were more than 30,000 requests for assistance, with more than 70 percent resolved on the first attempt. Among the many questions that the HelpDesk received, the top inquiries to the HelpDesk were about the new e-mail system, virus removal, software installations, and printer and mobile devices. The HelpDesk also honored Dell and Apple warranties and provided a convenient repair location for students. But the main question staff received was in regards to passwords.

"People have a tendency to let them expire," said Debbie Boyle, manager of the HelpDesk. "[Passwords] are always close to the top, if not the top issue."

There were four different ways to contact the HelpDesk: phone, submitting an online request, e-mail and walk-in. How students contacted the HelpDesk affected the amount of time it took to answer their questions. Employees typically responded to each request within two business days, although it depended on if it was the beginning of the semester, which tended to be the busiest time of the year.

The HelpDesk Web site also allowed for self-help, which was available 24/7. Here, students could quickly locate their problems alphabetically under the browse section and receive instant problem-solving tips. They could get information about frequently asked questions and responses, troubleshooting steps, recent issues, quick links, campus computing services, technology solutions and more.

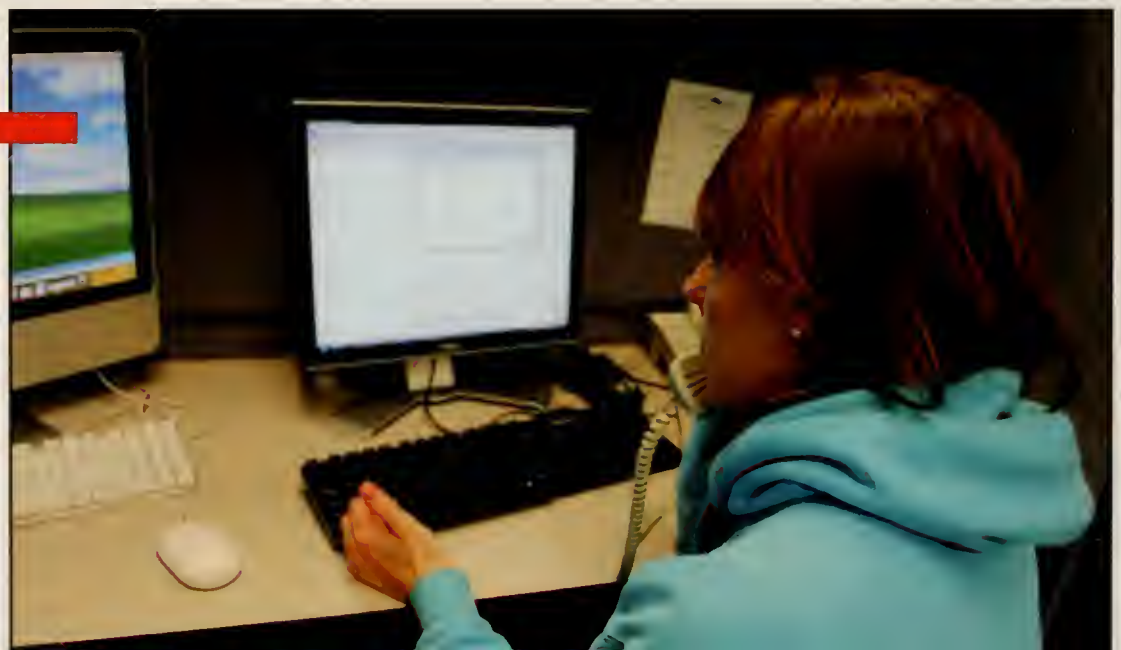
Due to certain laws and regulations, the HelpDesk made sure that students were aware of information security threats and dangers such as viruses, scams and identify theft. The security awareness training was required to be read when faculty, staff or students needed to change their passwords. An understanding of how the security system worked helped to protect the university.

The HelpDesk sent out random customer satisfaction surveys after every fifth contact made, with more than 1,000 surveys returned in 2009. The survey rated a customer's satisfaction with the staff's courtesy, skills, timeliness, resolution, and overall help received from the HelpDesk on a scale of one to five.

The HelpDesk received 4.5 or higher in each category. They also received written comments praising their dedication to helping students and faculty.

"Typically we work as fast as we can," said Boyle. "There is a whole lot to the HelpDesk, a lot more than meets the eye." //

Junior **Ekaterina Ksenjek** listens as a caller explains his computer troubles. The Remedy Action Request System allowed HelpDesk employees to see additional information, such as previous calls a student had made to the HelpDesk.  
photo: tiffanybrown







Senior **Britnie Green** enters the caller's information into the computer. When students called in, HelpDesk employees first asked for certain information, such as the student's e-ID, the brand of computer and its operating system.  
photo//tiffanybrown



Stepping to the other side of the counter, senior **Scott Pruitt** explains to a student why her computer screen is malfunctioning. If the HelpDesk could not resolve a problem, it provided the telephone numbers to computer repair businesses around Harrisonburg.  
photo//tiffanybrown

## YOUR PASSWORD EXPIRES IN...

The HelpDesk required e-ID passwords to be changed every 90 days. Prior to expiration, multiple e-mails were sent to users as a reminder to change their passwords. If an individual failed to change his or her password before it expired, he or she was locked out of e-ID based services such as Webmail, e-campus, J-Ess and Blackboard until the password was reset.

At the Computing Accounts Portal, students, staff, faculty and affiliates could change, activate, reset and access their accounts. A password could be reset online using a secret question set by the user, or in person at the Frye Building with proper photo identification.

With the HelpDesk requiring this password change four times a year, students often found it a hassle to come up with a new password that they needed to memorize. The new password could not be one that had previously been used, and each password needed to include at least one capital letter and at least one number.

"The primary reason behind requiring periodic password

changes is to limit the password's usefulness in the event it is compromised," explained the Computing Web site. "The technology industry's best practices indicate passwords should be changed, at most, every 90 days, preferably more frequently."

By requiring users to change their passwords often, information and computer systems were better protected. The university notified individuals that it would never ask for their personal password, and if one was ever asked to provide it, they should change it immediately. This sort of security awareness was a vital part of the password-changing process, and during a reset, users were required to go through a series of Web pages that explained various risks of using the Internet, including viruses, scams and identity theft.

Since the government mandated the university to maintain a technology security awareness program, linking the security training to the e-ID password change process ensured that all students, faculty and staff participated in Internet safety training on a regular basis. //

Senior **Stephen Gunther**, who wrestled in the 141-pound weight class, flips his challenger over backwards, an unusual move in wrestling. Gunther was the president of the club wrestling team.

gunther.com pace



# guess

alexledford // writer

In the spring of 2007, the varsity wrestling team was poised for a strong season. The wrestlers were conditioned and focused. The team had recently hired a new coach. But suddenly, the team members had their legs swept out from under them when the university cut 10 varsity teams to comply with Title IX.

"They didn't tell us the team was gonna get cut," said senior Nick Broccoli. "Two weeks before our first match, they told us it was our last season."

The team finished out the season, but it was difficult to maintain enthusiasm and drive. At the season's end, some of the team's members transferred to other schools where they could continue to wrestle competitively. The rest of the team was seemingly stuck, with no options other than the university's wrestling club.

"It was that or nothing," said senior Ivan Legares.

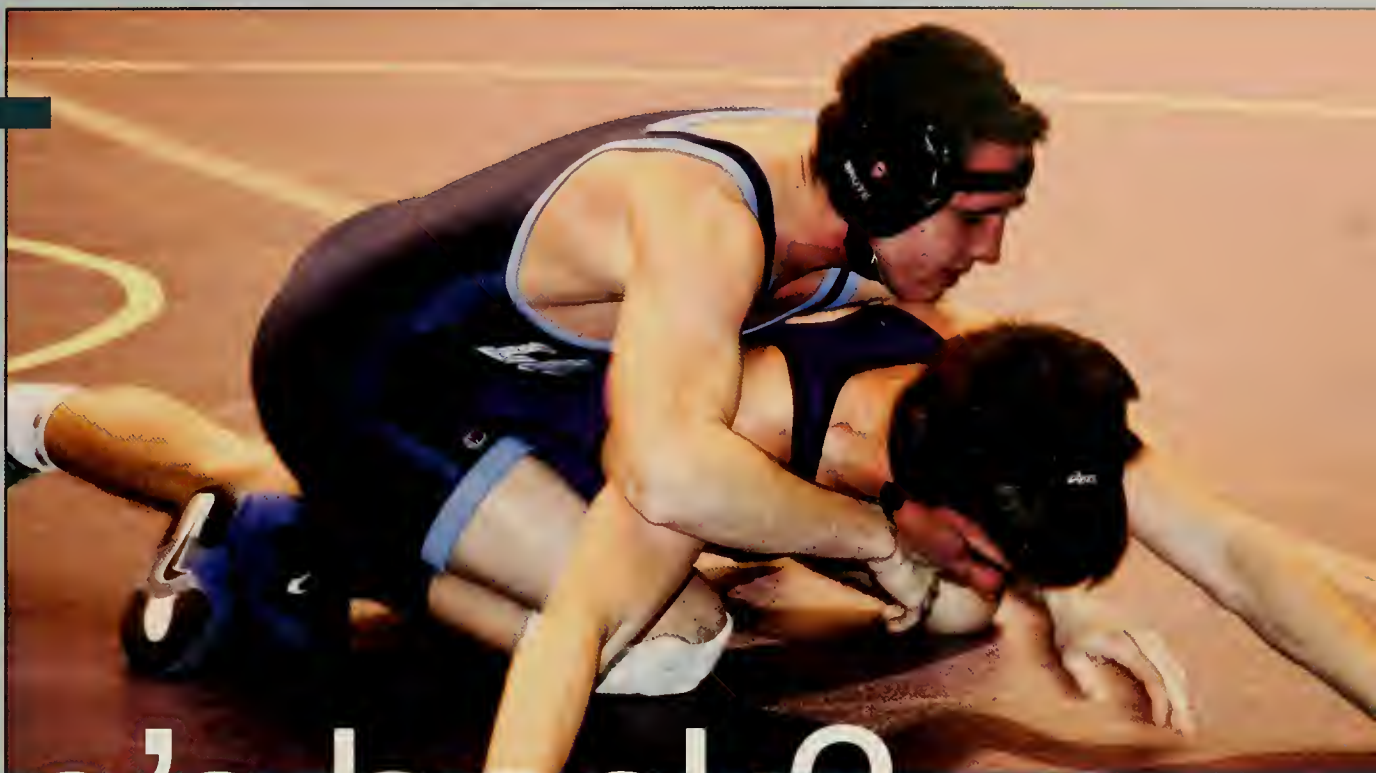
Despite feeling spurned, some of the former varsity wrestlers joined the club team to continue competing.

However, the club team wasn't being run competitively. It wasn't until the following year that the club made strides toward becoming a more serious team by attempting to schedule matches with other schools. But even then, the club had trouble getting organized.

"They ended up canceling all the events that were planned," said senior Steven Gunther. Another year passed without any competitive matches, but during the summer of 2009, Gunther became the club's president, and devoted more effort



Freshman **Charlie Flynn**, who wrestled in the 125-pound weight class, attempts to break his opponent's grip during a wrestling match against Longwood University. The club wrestling team had open practices during the academic year and did not require members to try out.  
photo// hannahpace



# who's back?

## CLUB WRESTLING WAS REORGANIZED AND BACK IN ACTION



Freshman **Charlie Flynn** tries to gain an advantage over a rival wrestler. The club wrestling team's competitive season lasted from November through early March.  
photo// hannahpace

to contacting and scheduling matches with other teams.

"They were reluctant to schedule stuff with us because they felt it would probably fall through again," said Gunther. "It took some convincing on my part."

But this time the team was serious. In January 2010, the club hosted its first home match in Godwin Hall. Fans filled the bleachers to cheer on the wrestlers as they faced Virginia Military Institute (VMI) and Longwood University. It was important to the wrestlers that their friends and families could see them wrestle again.

"A lot of the people who were out there were the same people who were there three years ago," said senior Patrick Finch. "They knew what we've been through and they knew what a big deal the match was."

The team won the match against VMI convincingly, 38-12, but beating VMI wasn't the only valuable success that day. For the first time in three years, the wrestlers were able to compete in their school's colors.

"It meant a lot to us," said Gunther. "When the team got cut, I never thought I'd wrestle another match again."

After breaking the long no-match streak, the team was confident that there would be many more matches to come. The graduating wrestlers had high hopes for the continued success of the team.

"We finally got the ball rolling and we know they can stay competitive," said Finch. "Everyone at the match could see that JMU wrestling is back."//

# Upholding *Justice*

## HONOR COUNCIL MEDIATED VIOLATIONS AND ISSUES

mandysmoot // writer

**“W**e work to promote honor in every aspect of university academics,” said sophomore James Owen, an investigator on the Honor Council.

The university’s Honor Council was student-run, which Owen thought created a good open forum for students to help one another. Whenever a professor reported an Honor Code violation such as cheating, the Honor Council assisted the student and professor through the hearing process.

Owen was only one of the four investigators, each of whom worked on one case at a time and met with the student and professor individually prior to the hearing.

“I mostly guide them through the procedure and clarify any questions they have,” said Owen.

In addition to the four investigators, the Honor Council had a president, vice president and secretary. As the president, senior Kate McFarland led the weekly meetings, discussed cases and presided over every hearing. According to Owen, the council’s members bounced ideas off one another to brainstorm ways to handle each situation.

The council was also composed of about 50 student and 50 faculty representatives, all of whom were required to apply for the position. Although there were no specific requirements to be accepted, the Honor Council selected students and faculty members who it felt were most qualified for the position.

Three students and three faculty representatives were present at each hearing, and if an accused student was found guilty of committing an Honor Code violation, the panel imposed a sanction that the representatives felt was appropriate. These sanctions ranged from a reduced grade on the assignment to expulsion from the university.

Owen felt that one of the council’s biggest challenges was realizing that it was an uncomfortable position for both the student and professor to be in.

“You can feel the tension, and you have to keep that in mind,” said Owen.

As of January, the council had seen 16 cases for the academic year, some of which had run over from the end of the previous spring semester and the summer. These cases ranged anywhere from plagiarism to improper use of devices during exams.

A growing issue in the last couple of years involved the rise of technology, including certain Web sites that offered previous tests from college courses and even specific tests from particular professors. This had brought on a lot of discussion at various Honor Council meetings. To address these issues, all freshmen were required to take an Honor Code test when they started at the university, in order to learn what could be classified as an Honor Code violation.

“Even though we have the Honor Code test, a lot of students don’t understand the extent to which it covers,” said Owen.

But regardless of changing technology, the Honor Council aimed to ensure integrity in the university atmosphere.

“We don’t want to see cases, but when we do, we work diligently to help,” said Owen. “It will be interesting to see how things go in the next 10 years with greater technology.” //

### On My Honor...

Students shall observe complete honesty in all academic matters



Sitting below a reminder of the Honor Code, senior **Kate McFarland** fulfills one of her roles as president by conducting an Honor Council meeting. Beginning in the fall of 2006, all incoming freshmen, transfer students and graduate students were required to take the university’s Honor Code tutorial and test.

photo: tiffany brown





Junior **Erin Price** and sophomore **Matt Wallace** listen as the council plans the schedule of hearings. The president, vice president and all investigators served yearlong terms that began and ended with graduation in May.  
photo//tiffanybrown



**Chris Campbell**, an academic and career adviser in Career and Academic Planning who was also a point of contact for the Honor Code test, confirms the hearings' schedule. Students were required to take the Honor Code test before the end of their first semester at the university in order to avoid an academic hold on their record.  
photo//tiffanybrown

## by the numbers

**50**  
faculty  
members

**40** undergraduate  
student representatives

**10** GRADUATE STUDENT  
REPRESENTATIVES

**(20 DAYS THE HONOR COUNCIL HAD TO  
COMPLETE AN INITIAL INVESTIGATION)**

**1909** the year the university's  
**Honor Council**  
was established

**30-35** QUESTIONS  
ON THE HONOR CODE TEST

# hope for HAITI

COMMUNITY JOINED TOGETHER TO SUPPORT DISASTER RELIEF

karlynwilliams // writer

Senior Jillian Johnston was sitting in class when her anthropology professor, Mieka Polanco, announced the news of the devastating 7.0 magnitude earthquake that struck Haiti on Jan. 12.

"Seeing someone so compassionate and knowing she wanted to help made me want to help," said Johnston. "If I have an interest in helping others and JMU is such a service-oriented community, then I figured other students would want to help as well."

After conversing back and forth through e-mails and after class, Johnston and Polanco began planning a fundraising campaign. On Monday, Feb. 3, they launched "30 for 30: Travay pou Chanjaman"—Haitian Creole for "Work for Change." The campaign's title was inspired by the university's motto, "Be the Change."

30 for 30 developed into a loosely organized collective of students and faculty who shared a concern for Haiti. The goal was to raise \$30,000 in 30 days, and donate the proceeds to help organizations that had a proven track record of ongoing humanitarian work in Haiti.

The organizations chosen were Fonkoze, an alternative bank that aimed to serve the needs of the poor; Partners in Health, a nonprofit organization devoted to healthcare, health education and disease prevention; and Haiti Outreach Foundation, an organization based in Staunton, Va., which provided food, education services and care for those that were sick.

Since 30 for 30 was not a student-run organization, the International Student Association stepped up to sponsor the campaign and hold the funds. Although the winter weather created obstacles in planning and executing the events throughout February,

the group remained optimistic.

The group planned on raising money through six different events, publicized through Facebook and press releases. The campaign kicked off with a "teach in," where geography professor Mary Tacy and other members of the community spoke about their experiences living in Haiti.

Other events around campus included penny wars between organizations on campus and the "Two From You" envelope campaign, where a student could pick up a manila envelope and go around campus asking for donations. An online store through [cafepress.com](http://cafepress.com) provided another fundraising opportunity by selling items that ranged from clocks and mouse pads to T-shirts and mugs. Each item had a Haiti-related image on it, and \$5 from each item sold was donated to the 30 for 30 campaign. The group also planned a benefit concert and banquet dinner.

Other groups around campus joined in to help the cause. "For Love, For Haiti," a semiformal benefit on Feb. 13, originally started as a winter ball planned by Madison For You (Mad 4 U), an office in Student Activities and Involvement. When the Student Government Association (SGA) Community Affair Committee heard about the event, its members approached Mad 4 U and requested they add a charity component to the ball.

"We decided to collaborate, originally hoping to give the funds to a local United Way funded organization," said junior Corinne Kendrick, SGA's junior at-large senator and a co-leader of the event. "The earthquake occurred before we were able to gain contact with the organization, so we decided that we would instead have proceeds go towards Haiti Relief and the '30 for 30' initiative."

SGA and Mad 4 U worked with the University Program Board, Fraternity and Sorority Life, Latin Dance Club and Swing Dance Club to put on the highly anticipated event in the Festival Ballroom on Feb. 13. The evening was full of entertainment, including a silent auction, spinning by DJ Masked Man (sophomore Ty Walker) and showcases from the Latin Dance Club and Swing Dance Club. Tickets were sold for \$3 at the Warren Box Office and \$5 at the door. With about 150 people in attendance, the event raised \$800 for the campaign.

"I think the best part of the night was probably the dancing," said Kendrick. "Everyone seemed to be having a really great time. Other than that, we were just very happy with the turnout and appreciative of all the donations."

Aside from its involvement in For Love, For Haiti, SGA had set up its own donation Web site through Partners in Health. Its original goal was to fundraise \$1,000 by the end of the spring semester. However, SGA members quickly realized that their energy would be better used in consolidating relief efforts between the different organizations on campus.

SGA's goal changed from raising a certain amount of money to helping other groups reach their fundraising goals, according to senior Candace Avalos, SGA student body president.

Avalos took it upon herself to serve as liaison between organizations and the campus community. She set up a blog to share information on the relief efforts going on around campus and to survey organizations about their fundraising.

Through its efforts, SGA aimed to serve as a resource for students who wanted to help the people of Haiti. //



# hitting home

Singing a song, senior **Katherine Lauer** entertains the students and faculty members attending the semiformal ball. The funds raised at the ball, which totaled \$800, were used to help those devastated by the earthquake in Haiti. photo/tiffanybrown



DJ Masked Man, sophomore **Ty Walker**, mixes music for the semiformal ball's attendees. The benefit included musical entertainment and a silent auction, among other performances. photo/tiffanybrown



Seniors **Ryan Doren** and **Michelle Tillery** dance at the semiformal winter ball planned in part by Madison For You. "Mad 4 U," as the organization was abbreviated, "was charged with creating and facilitating programs that enliven our student union spaces and also create community between faculty, staff and students," according to coordinator Shari Scofield. photo/tiffanybrown

After students heard news of the damage caused by the catastrophic earthquake in Haiti, most of them, although concerned, probably didn't have to worry about the well-being of their loved ones. They were still able to complete their assignments, enjoy time with their friends and watch the latest episode of their favorite television shows. But for junior Patrick Eugene, the news of the earthquake shook his entire world.

Eugene was born in a suburb of Haiti's capital, Port-Au Prince, the location of the Jan. 12 earthquake. Although Eugene had come to the United States for college, his family still lived in Pétionville, northeast of Port-Au Prince. Eugene was frozen when he heard the news.

"I dropped everything," said Eugene. "I couldn't think of anything else. The very first thing that came to my mind was my family."

Three days passed before he could reach his family.

"All those three days, I couldn't think about anything but 'Is my family OK?'" said Eugene. When he finally did make contact, he was relieved to hear that they were unharmed.

According to the *New York Times*, it was the worst earthquake in the region in more than 200 years. Although Eugene's family was OK, his people were not.

"Besides my family, I was afraid for my country, the country that I love," said Eugene. "The people are shocked and they don't know what to do. They are hungry, but they can't get food. There is nowhere to get food."

As a member of Cheman Lavi, a nonprofit organization formed to create better lives for Haitians, Eugene received permission from the university to collect donations on the Commons and in the College of Integrated Science and Technology. He helped organize other events in hope of providing as much aid for Haiti as possible.

Eugene was eager to go home to see his family, but he had to wait until May.

"I planned to go for spring break, but the airports are very busy," said Eugene. "It was difficult to get a flight."

In the wake of the tragedy, Eugene still remained hopeful.

"This is a time of rebuilding for my country," said Eugene. "It is a time of hope and we must all work together now more than ever."

alexledford//writer



# SUPER celebrations

STUDENTS BRAVED THE SNOW TO WATCH THE SHOW

britnigeer // writer

**A**ppetizers, friendly rivalries, unique commercials and all-American football came together on Feb. 7 for Super Bowl Sunday. At the 6:25 p.m. kickoff, students gathered together to watch the most anticipated football game of the year, Super Bowl XLIV. Get-togethers among friends and organizations happened across campus, providing opportunities to celebrate—or sulk, depending on who you were rooting for—as the New Orleans Saints took on the Indianapolis Colts.

The Catholic Campus Ministry House held its annual Super Bowl party despite the snowstorm that occurred days before, which dumped 18 inches of snow across Harrisonburg. About 25 people braved the weather to attend, filling the house's "couch room" with cheering football fans. The party started at 6 p.m., with an abundance of common football foods: chips and dip, wings, cheese and crackers, and homemade desserts.

"Despite the snow, we celebrated the Super Bowl," said senior Becky Dial, a student campus minister. "People came and went throughout the night and most of us were pulling for the Saints since most of us that attended are Catholic. Overall, we had a really great night."

The Catholic Campus Ministry House pulled off another successful Super Bowl party and those who attended left satisfied with the Saint's win.

"Since we were in the house of God, I figured I might as well get on His good side and root for the Saints to win," said freshman Zach Martini.

While some students gathered with friends to cheer on their teams,

others decided to go home and watch the game with family.

"I actually went up to Northern Virginia, back home, to get snowed in with my family," said junior Kristen Espinosa. "My family and I went to my aunt's house to watch the Super Bowl and we had a great time."

Because of the snowstorm, many students had trouble driving anywhere to pick up food and snacks for the big game. Those who couldn't make it to parties and events decided to stay in and order delivery.

"I decided to stay at home and watch the game," said sophomore Danielle DiBari. "We called Jimmy John's and they still, surprisingly, had really fast delivery."

Along with the big sporting event came friendly competition about the final outcome of the game. Many friends decided to wager small bets on which team they expected to win the game.

"I was rooting for the Saints and my friend was rooting for the Colts," said sophomore Dan Lobdell. "We decided that whoever's team lost wouldn't be able to text for a week. Thankfully the Saints were able to pull through for the win."

Known for its commercials, the Super Bowl brought a variety of new and heavily debated advertisements. Winner of the 2007 Heisman Trophy and former University of Florida quarterback, Tim Tebow, was the center of a controversy surrounding his commercial on behalf of pro-life group Focus on the Family.

Gathering around the television, football fans huddle under blankets to keep warm while watching the game. Super Bowl parties were prevalent across campus, despite the snowstorm that hit a day prior to the game and prevented many students from driving anywhere. photo//anniekraft







Relaxing at an off-campus apartment, senior **Rikki Wagner** looks on as the Indianapolis Colts celebrate a touchdown. The final score of Super Bowl XLIV was 31-17, with the New Orleans Saints clinching the win over the Colts. photo//anniekraft

"I'm a huge fan of Tim Tebow and was really anticipating his commercial that was supposed to resemble the pro-life standpoint," said freshman Amber Sherman. "When his commercial aired, I wasn't sure what the all the hype was about, as it didn't seem controversial or political to me at all. My favorite commercial, however, would have to be the Doritos one with the little kid talking to his mom's date."

A Snickers advertisement, which showed a cranky Betty White transforming into a young man ready to play football after eating a Snickers bar, topped the *USA Today* Ad Meter.

With commercials of all kinds, friendly competition, and enough chips and salsa to go around, students added to the Super Bowl's 106 million viewers. The game surpassed the 1983 finale of "M\*A\*S\*H" as the most-watched program in TV history.

While Colts fans suffered a loss, Saints die-hards and even bandwagon fans relished in their first Super Bowl title and bragging rights for the next year. //

## by the numbers

**6**-most super bowl titles won by a single team (Pittsburgh Steelers)

**\$55 million** - AMOUNT SPENT ANNUALLY ON FOOD FOR SUPER BOWL PARTIES

**6%** (PERCENT OF AMERICANS) WHO CALLED IN SICK TO WORK THE DAY AFTER THE GAME

**1967** year of the first super bowl

**No. 2** - SUPER BOWL SUNDAY'S RANK IN A LIST OF HOLIDAYS WHERE AMERICANS CONSUMED THE MOST FOOD

# COREY SMITH

## Q&A

coreysmith // musician

### how did you get into playing music?

"I started writing songs when I was right out of high school, but I've only been doing it full time for four years. It's been a very gradual sort of thing. I don't like taking risks, so for me, I never wanted to just throw caution to the wind and give up my day job. I went to school, got an education, figured out a back-up plan to fall back on."

### how would you describe your music?

"I have to start with country, because it's more country than anything. But it's unprocessed country. It's unrefined, really more of a blend of country and rock and blues and folk. I can write one song that sounds very traditional country and I can write another song that sounds rock'n'roll, and I can write a song in the middle that sounds blues."

### what's the idea behind giving your music away for free on your Web site?

"When I write a song, I want to share it with as many people as I can, as quickly as I can, because it's close to how I'm feeling at that time. So giving songs away for free is a way to make sure that as many people can experience the song, [do] experience the song."

### what's your favorite song to perform?

"My favorite songs to perform are the ones that are most recent, because they're closest to me at the time. So I like performing the songs off the new record. '\$8 Bottle of Wine' is a lot of fun. At the same time, it's cool to play 'Twenty-One,' because people sing along and know it and you can feel the energy it creates in the crowd."

### how would you sum up your experience?

"Sometimes I wonder if maybe if I'd have just dove in earlier on, I might have had even more success. Right now, I might be able to go to California and draw a crowd like this. But you know, it's easy to ask a lot of what ifs, and the reality is that I feel pretty good about the choices I made."

sarahchain // writer

## "UNREFINED" COUNTRY ARTIST PLAYS FOR A PACKED WILSON HALL

Donning his ever-present sunglasses, singer-songwriter Corey Smith took the stage in Wilson Hall on Feb. 11. After nearly an hour's worth of songs by the concert's opening act, acoustic artist Bryan Elijah Smith, chants of "Corey Smith!" sounded throughout the auditorium. Audience members rose, clapping in anticipation as Smith walked onto the stage, his guitar slung over his shoulder. Dressed in a plaid shirt with the sleeves rolled to his elbows and a simple pair of jeans, Smith appeared to just be hanging out with 900 of his friends on a Thursday night.

As he alternated between older songs and music from his recently released album, "Keeping Up With The Joneses," Smith revealed the multiple dimensions of his unique style, which he usually declined to define explicitly. Ranging from country to folk to blues to rock, Smith's sound varied throughout his 20-song set.

But students seemed to enjoy his lyrics regardless of the music's style. "Corey's music is an honest depiction of growing up," said senior Alex Jerasa, who believed Smith's performance was a welcome change from the typical programming that the University Program Board (UPB) brought to campus.

UPB's public relations director, junior Stephen Fure agreed that it was nice to be able to present a program for the "country crowd," because it was an important niche on campus that had not been addressed for a couple of years.

Smith's music ranged from "\$8 Bottle of Wine" and "Dirtier By The Year," off his new album, to older favorites, including "F\*\* The Po Po" and "Twenty-One." Because Smith wrote all of his music, most of his songs originated from personal experiences. Before the beginning of each song, Smith paused to share its story with the audience.

"I personally really liked the song 'First Dance,' which was one of the few 'love songs' he played," said senior Maria Davis. "He told us that his friends asked him to sing at their wedding, and that was where the song came from."

Although Davis had not heard much of Smith's music prior to the concert, she was glad that her roommates convinced her to go. She prepared for the evening by visiting Smith's Web site, where fans could download more than 20 of Smith's songs for free.

"Even though I did not know all of his songs, I was still able to really enjoy his music," said Davis. "A lot of his songs are definitely aimed towards a college crowd and I loved watching everyone get really excited about them and sing along."

Audience members clapped along and danced in the aisles to upbeat songs like "Party," and swayed with their sweethearts to slower songs such as "First Dance." About halfway through the evening, Smith's band left the stage while he transitioned to a slower acoustic part of the concert.





Performing a song off his new album "Keeping Up With The Joneses," country singer **Corey Smith** sings to a packed crowd in the Wilson Hall auditorium. Smith, who graduated from the University of Georgia in 2001, began performing at coffee houses, restaurants and local bars during college. photo//nataliewall



As the opening act for Corey Smith, **Bryan Elijah Smith** alternates between singing into the microphone and playing his harmonica. Smith was the winner of the Shenandoah Valley Acoustic Roots Festival and Songwriting Contest in October 2009. photo//nataliewall

To pick up the pace and get the crowd revved up again a few songs later, Smith took a breather while the band played instrumental versions of songs including "Don't Stop Believing" and "Living On A Prayer." Almost instantly, the crowd began to sing along.

"The energy in the crowd was incredible and made for a great overall concert experience," said Eure.

After the concert ended around 11 p.m., several lucky students were led backstage for a meet and greet with Smith, where they took photos and asked for autographs. Students had entered for a chance to be included in the meet and greet through attending certain UPB events, arriving early before the show, or commenting with their favorite song on a UPB blog post.

"Corey was very nice during the meet and greet," said Jerasa, whose friend had actually won the meet and greet pass but was unable to go. "He took time to meet everyone and talk with anyone who wanted to. He was very laid back, so that was awesome to see."

Overall, Eure seemed pleased with the concert's turnout.

"We thought that the concert went fantastic," he said. "This was an amazing show."

# body & benders



GOLDEN DRAGON  
ACROBATS PERFORMED  
TRADITIONAL ART FORM



A Golden Dragon Acrobat jumps through a hoop on stage in the Wilson Hall auditorium. The company had traveled to all 50 states and internationally to more than 65 countries on five continents.



# masterpiece season

jenbeers // writer

**A**udience members filled Wilson Hall quickly the night of Feb. 18, to watch the Golden Dragon Acrobats perform. Children anxiously dragged their parents down the aisles in a race to find their seats. Students, grandparents, parents and children waited in excitement for Cirque D'Or to begin.

As the lights dimmed and the audience got quiet, the pounding of a drum echoed and the curtains slowly opened. Women in elaborate pink and blue costumes with gold headpieces stood on stage, lined up behind one another to put on the "Thousand Hand Dance," which gave the illusion of many hands coming out of a single body.

"It was amazing to see some of the things the performers could do," said junior Sam Dettmer. "It was nice to take a break from studying for one night and to experience something so authentic and entertaining right in Wilson."

The Golden Dragon Acrobats began in 1967, and had toured North America since 1985, performing more than 200 times a year. The group was made up of 20 to 22 performers, all from the People's Republic of China.

Following the "Thousand Hand Dance" was a contortion solo performed by female acrobats. The audience watched as the woman twisted her body into different positions, and gasped in disbelief that a person could distort her body with such ease.

The performers' stunts eliminated the need for stage props, since the audience was enthralled simply watching the performers' movements. Act III, where performers juggled balls, umbrellas, hats and jars, was one of the only times where props were used. The performers laid their backs on chairs as they lifted their feet in the air and balanced the prop on their feet, both twirling the prop

and juggling it with their hands and feet.

A big reaction from the audience came from another balancing act, which included three performers standing on one another's shoulders. They stood in the air for a few seconds before giving the illusion that they were falling straight down to the ground. The audience let out a collective gasp, but at the last second the acrobats all tumbled in synchronized summersaults.

Another prop that the audience seemed to enjoy was a spinning wheel that the performers twirled around in. The spinning wheel resembled a giant hamster wheel that the acrobats would stand in and do different stunts, like starting on the ground and twirling their way up as they glided along across the stage. Dressed in neon-colored, tightly fitted body suits, they performed this stunt to techno music.

Out of 11 acts, the highlight of the performance seemed to be Act IV, the Tower of Chairs. During this act, one of the male acrobats started off doing a headstand on one chair, and then added more chairs until he had a total of six chairs balanced on top of one another. With the addition of each chair, he would climb up and do a headstand on the tallest one, at one point appearing to touch the ceiling. The audience had the strongest reaction to this stunt as they cheered and whistled at the addition of more chairs being piled up. During this act, the music stopped, and for the first time in the show a performer spoke. Kidding around with the audience, he asked "One more?" Some audience members hid their faces in fear that he would fall.

The Golden Dragon Acrobats received a standing ovation at the end of their performance.

"The show was incredible," says junior James D'Acinti. "There was not a boring moment, I was entertained the whole time." //

From the first performance to the last, the university's Masterpiece Season had the audience standing in the aisles and cheering for more. In each show, audience members explored different themes and cultural legacies from around the world, from Chinese acrobatics to an Irish-American Celtic musical group. Shows were either part of the Encore Series, which included prominent national and international professional touring companies and individuals; or the Dance, Music and Theatre Series, whose performances included students, faculty and guests.

The history of the Masterpiece Season had "mutated over the years," according to Jerry Weaver, executive assistant to the dean of the College of Visual and Performing Arts.

"Over the years, we have expanded our budget," said Weaver, who added that in the past, there had been a limited number of expensive acts. Tickets this season cost as much as \$45 for a more prominent show.

Not only had the price of the acts changed, the collection of acts had also grown over the years since the Masterpiece Season was formed in 1990 by Dr. Richard Whitman, who was the dean of the College of Visual and Performing Arts at the time.

Colin Mochrie and Brad Sherwood performed the most popular show of the Masterpiece Encore Series this year. Both starred in "Whose Line Is it Anyway," the improvisational comedy show that aired on Comedy Central and ABC Family. "Oklahoma," Rodgers and Hammerstein's popular musical, was the most popular show overall, with tickets to the weekend performances sold out.

"The interest from the community and students were high," said Weaver. "Students get to see their friends perform in the production."

In addition, ideas for the shows stemmed from DVDs, conferences, showcases and CDs.

"We receive a lot of direct contact from agents that call," added Weaver.

Next year, the Masterpiece Season planned to move into a new building. According to Weaver, the Masterpiece Season would likely expand and include more mainstage performances. //

mandysmoot // writer



# Seeing **HER** in **HIS**tory

STUDENTS CELEBRATED WOMANHOOD  
THROUGH POETRY, DANCE AND SONG

sarahlockwood//writer

**A**s audience members filed in, Chaka Khan's "I'm Every Woman" rang through Grafton-Stovall Theatre, introducing the theme for the evening: valuing womanhood.

"Through The Eyes of A Woman," a program sponsored by Student Wellness Outreach (SWO) and the Center for Multicultural Student Services (CMSS), celebrated womanhood through artistic expression. Students had the opportunity to "incorporate what it means to be a woman, what women have inspired them—anything that has to do with women and how [they] affect their life in a positive way," said Courtney Jones, graduate assistant for CMSS. Jones directed the event with fellow CMSS graduate assistant Doron White and SWO graduate assistant Megan Brill.

CMSS represented any group whose voice had been repressed in the past, making this event for women an ideal program for the center, according to Jones. SWO became involved with the program after merging the forces of many women's groups, including the Women's Research Center.

"We see it as our roll to maintain a place to recognize women: our history and our advancements, our struggles and our triumphs," said Brill.

The event had personal meaning for all three assistants working on the project. For White, a sports leadership major and high school sports coach, it was about working with the student performers. Jones, who was working on her master's in college student and personnel administration, hoped to work in multicultural affairs, so

the event gave her insight and experience in this area. For Brill, it was an interest in women's topics.

"Women's issues have always been close to my heart," said Brill, citing her grandmother as her role model. "Even the history of the Lion Dance [performed by the Chinese Student Association] and how women weren't originally allowed to participate in the dance and now they are. It's the little things like that."

"Through The Eyes of A Woman" took place on Feb. 23, beginning the celebrations for Women's History Month in March. Because this year marked the 30th anniversary of Women's History Month, the program's theme recognized a national effort to write women back into history with the phrase "Seeing HER in HIS'tory." As Khan's voice belted in the background, the program opened with a slideshow highlighting women's advancements in history. Between acts, the emcees also asked the audience trivia questions about influential women such as Amelia Earhart and Eleanor Roosevelt.

The evening's performances lasted about 80 minutes, ranging from a cappella groups Note-oriety and the Alpha Phi Heartbreakers, to hip-hop performers from the Mozaic Dance Team. Sophomore Loleeta Dalton, a member of the executive board of CMSS, performed Eve Ensler's soliloquy "Hair" from the "Vagina Monologues." In her search for monologues about empowering women, she wasn't swayed by the frequent occurrence of the "v-word."

"'Vagina' is a politically correct word, so people should get used to





## STUDENT WELLNESS & OUTREACH

Student Wellness and Outreach (SWO) was a university organization that worked with students to help them make educated choices by providing them with information on various health, lifestyle and educational topics. Founded in the summer of 2008, SWO organized campus-wide events where speakers discussed topics including nutrition, eating disorders, sexual assault prevention, sexual health, substance abuse and relationships.

A number of student organizations that SWO oversaw included Reality Educators Advocating Campus Health (R.E.A.C.H.) peer educators; 1 in 4, a men's group dedicated to lessening the incidence of rape and sexual assault; Campus Assault Response (C.A.R.E.), a support system for individuals bringing their assault cases to court; and the Lesbian, Gay, Bisexual Transgender (LGBT) and Ally Education Program, which worked to promote a welcoming community for all students, regardless of sexual orientation or gender identity. Students could join support groups and receive individual and group counseling through SWO. In addition, a resource center was located in Warren 403.

One notable program that SWO hosted was "Through

The Eyes of A Woman." During this night of song, dance and creative expression, university members celebrated the diversity of women. Female students joined together to recognize the contributions they had made throughout history.

Graduate assistant and counseling intern Anna Khizanishvili worked with SWO for three years, where she was able to provide a safe and comfortable place for survivors of sexual assault.

"[I] love working with JMU students and it definitely shows [in our work]," said Khizanishvili. "I think the difference I feel at SWO compared to other jobs is that I feel extremely supported and appreciated at SWO."

A female C.A.R.E. volunteer approached Khizanishvili after a sexual assault program and informed her of the fulfilling and life-changing experiences she had as a C.A.R.E. volunteer. Khizanishvili, who was touched by the student's comment, said it proved that SWO programs and outreach efforts really did have a huge impact on the university community. //

stephsynoracki//writer

saying it," said Dalton, of her speech discussing pubic hair. Because she didn't consider herself a repressed woman, Dalton did not identify directly with her character, but she performed to support CMSS.

Slam poet junior Brittany Suit performed her original piece "Little Alice." As the third performer from the Word Is Born Poets Society, Suit wrote her emotionally charged piece as "a message to controlling parents that their overbearing natures would result in a wayward woman; she would struggle in life because her parents weren't just honest with her about the 'facts of life.'"

The importance of community resounded throughout the night, which Jones summarized as "getting together with other females to celebrate being a woman in our society and specifically on JMU's campus."

However, the message did not only reach out to women.

"[This is] an opportunity for women to be able to showcase or tell their story through their own eyes," said Brill. "I think men can really appreciate that."

Men even held a presence on the stage, beating the drums and other accompanying instruments during the Lion Dance while women performed.

As a first-time performer, Suit didn't know what to expect from the evening.

"I got a sense of 'We're not alone in this' from the experience," she said. "I found it to be an entertaining and eye-opening experience that I will definitely recommend to my classmates next year." //



Note-oriety performs at Through The Eyes of A Woman on Tuesday, Feb. 23. Performers were limited to 10 minutes each and were required to submit an application by Feb. 1 that described their performance in detail to be considered for the event. photo//sunshim

Members of the Chinese Student Association perform the history of the Lion Dance at Through The Eyes of A Woman. Traditionally, women were not allowed to perform the Lion Dance. photo//sunshim

# AWAITING *commencement*

allisonlagonigro // writer

**A**s the spring graduation ceremony drew closer, the class of 2010 prepared for the future. In hopes of making the most of their time left at the university, members of the senior class council developed a countdown to graduation program, which consisted of celebratory events for each major countdown milestone.

"The countdown nights are just the senior class council's way of getting people together before graduation," said senior Ashley Fary, the vice president of the senior class council. "It was an idea that we came up with as a fun way to bond."

On Thursday, Jan. 28, the senior class council held an event at Clementine Café in downtown Harrisonburg to celebrate 100 days left until graduation. The event included free food, a senior slideshow, raffles and giveaways.

"I thought it was a lot of fun," said senior Scott Petercsak. "I went with a few friends and met several others there and just stayed for a few drinks."

While most seniors enjoyed the event and the chance to reminisce with friends, the realization that graduation was drawing nearer brought out concerns about finding a job in the frustrating market.

"The job hunt is difficult because my field of study does not involve the sciences or computers," said senior Bonnie Weatherill, an English major and creative writing minor. "I am currently looking into programs for teaching English abroad. I would prefer to teach in Latin America or in Asia."

While Web sites that enabled users to search for jobs made the process easier, many sites required payment for their services. And even when students made liberal use of job sites, finding a job that fit was a challenge.

"I check craigslist.org and other sites at least every

## SENIORS PREPARED FOR GRADUATION AND THE NEXT CHAPTER IN LIFE

other day and I even put my CV [curriculum vitae, a longer and more detailed resume] on job sites in Ireland and England," said senior Anna Young. Young hoped to obtain a journalism, design or nonprofit job. She also applied for AmeriCorps programs.

For senior Candace Workman, the pressure of the job hunt was delayed. Workman decided to remain at the university for another year as part of the graduate school program for education.

"Some of the most helpful classes for the education program are in that fifth year, so I think it is really important," said Workman. "After the fifth year I hope to have a job teaching. I'm not sure where I want to be, but I know that I want to teach middle school English."

Despite difficulties in preparing for the future, seniors agreed that their time spent at the university shaped who they were, and were some of the best years of their lives.

"My favorite part of JMU, other than all the awesome people I have met, was my study abroad experience," said senior Laura Starsiak, who studied and interned in London for two months in the summer of 2009.

"Living in another country was by far the best choice I made while here," said Starsiak.

"I have made some great life-long friends throughout my four years and I have definitely found my place," said Young. "I think what's really special about JMU is that everyone can find their place here." //





Senior **Katherine Cook** plays an icebreaker game at "Dinner on Us," a program sponsored by Off Campus Life. Students learned about finance, safety and maintaining relationships after graduation.  
photo//tiffanybrown



## SENIOR WEEK 2010

Mon., 4/26:

### Where In The World Are JMU Seniors Going?

Seniors had the chance to share their plans after graduation by placing their name and corresponding location on a map of the United States. Sponsored by Student Ambassadors.

### D-Hall Dinner

Seniors came out to Gibbons Hall (D-Hall) one last time to enjoy their favorite D-Hall foods with fellow classmates.

Tues., 4/27: Free Movie

Seniors enjoyed a free movie at Grafton-Stovall Theatre, hosted by University Program Board.

Wed., 4/28: Senior Class Picnic

Hosted on the Festival Lawn by Student Government Association Senior Class Council.

Thurs., 4/19:

### Mark Warner's "Words of Wisdom"

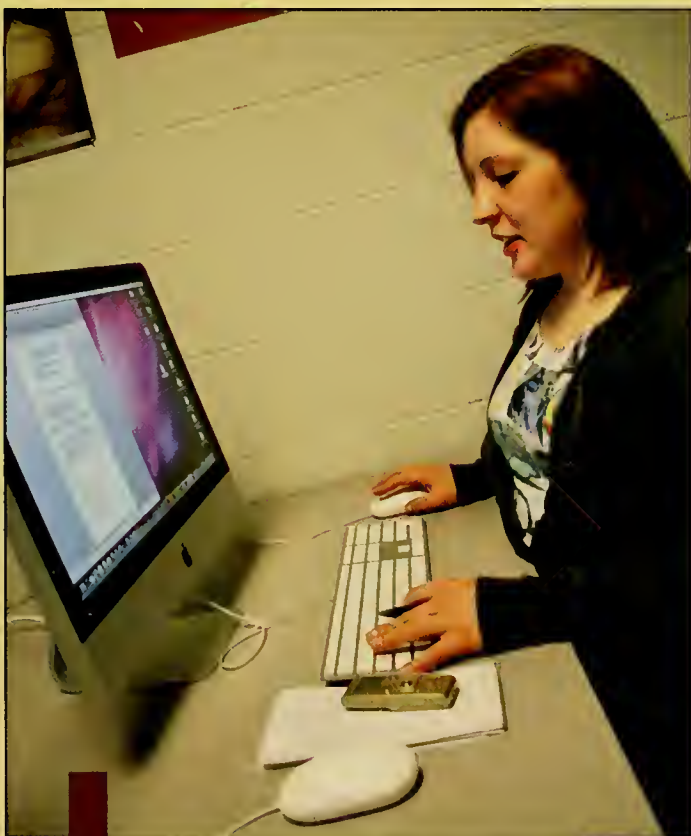
Hosted by the Alumni Association at the Leeolou Alumni Center.

### UREC Sand Volleyball Tournament

Seniors and friends joined together for a sand volleyball tournament in the University Recreation Center Courtyard.

Thurs., 5/6: Senior Candlelighting

Immediately following Senior Convocation, seniors were inducted into the Alumni Association and a Class of 2010 picture was taken on the College of Integrated Science & Technology steps. There was a reception following the ceremony with food and entertainment.



Editing her resume, senior **Anna Young** prepares to submit her application for job opportunities after college. A media arts & design (SMAD) major concentrating in journalism, Young was one of the executive editors of *Curio*, a regional magazine published each spring by students in the SMAD program.  
photo//nataliewall

calendar of events



through  
*your*  
 LENS

above left:  
**HANGING OUT  
 WITH JAMES**  
 photo//karenggray

above right:  
**UNTITLED**  
 photo//jessicadodds

THE BLUESTONE'S  
 STUDENT-SUBMITTED  
 PHOTO CONTEST





**HOFFMAN  
HEROES**  
photo//rosemarygrant



**TWILIGHT  
FOUNTAIN**  
photo//nathancarden



**SNOWY SIDEWALK**  
photo//kevincollins

**UNTITLED**  
photo//laurabock

**WINTER  
IMPROVISATION**  
photo//evanmcgrew







**SOMEWHERE  
OVER THE QUAD**  
photo//ashiamccrory



**ARCH  
ARCHITECTURE**  
photo//kellymattran

academics//

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# college of arts and letters //

Housed in buildings throughout the Quad, the College of Arts and Letters (CAAL) was made up of three schools: the School of Communication, Information and Media; the School of Liberal Arts; and the School of Public and International Affairs. CAAL offered degrees to a large number of students while keeping classes small. By providing students with individual attention from professors, the college created a unique environment different from the majority of the university, according to David Jeffrey, the dean of CAAL.

The School of Communication, Information and Media (SCIM) was home to the School of Communication Studies (SCOM), the School of Media Arts & Design (SMAD), and the School of Writing, Rhetoric & Technical Communication (WRTC).

These schools offered majors ranging from corporate communication to computer software. SMAD was one of the most popular and vocationally oriented majors, according to Jeffrey. Thinking critically about media and getting valuable practical experience were two goals of the program, according to its Web site. The college accomplished these goals through award-winning student publications such as the student newspaper, *The Breeze*.

Another popular choice for students was housed under the School of International & Public Affairs. Areas of study included political science, international affairs, public policy and administration, and justice studies.

bethfeather // writer



146	WRTC 400: Critical Perspectives on Harry Potter
149	Pre-Law Program
150	Medieval Renaissance Studies Minor
153	Phi Alpha Theta Biennial Convention
154	SPAN 490: Practical Law Enforcement
157	FACULTY PROFILE: Thomas O'Connor

# [WRTC400] critical perspectives on HARRY POTTER

maryclairejones // writer

As hard as it was for some people to admit, there was no such thing as magic, or Hogwarts, or even Albus Dumbledore. But for students who were deeply disappointed that they didn't receive their Hogwarts acceptance letters on their 11th birthdays, there was a solution. Professor Elisabeth Gumnior knew that the next best thing to taking classes with Harry Potter, was taking classes about Harry Potter.

The book series' popularity, along with its academic significance, sparked Gumnior's interest.

"I thought, 'I've got to do something with that,'" said Gumnior. "Teaching a class seemed like the logical thing to do. It was a dream come true."

This dream led to the creation of WRTC 400: Critical Perspectives on Harry Potter, which highlighted the vast amount of scholarly writing about Harry Potter that existed.

"I didn't want to teach a fan club class," said Gumnior.

The Critical Perspectives on Harry Potter class had only been taught once before, as a general education course in the fall of 2007.

"It was a lot of reading and writing," said senior Elizabeth Ramsey, who had taken the course when it was offered as a general education class. "We discussed different takes on the books in general—how some people think it's completely evil compared to the wholesome aspects of the books."

Still, the class wasn't all work and no play.

"It was the year before ['Harry Potter and the] Deathly Hallows' came out,

so we would all theorize about whether or not Snape was bad," said Ramsey.

Since then, Gumnior had expanded the scope of the class. She encouraged students to look at secondary material about the novels, as well as the whole Harry Potter phenomenon in general.

"They all have something to say," said Gumnior. "How they use Harry Potter in their teachings to explain concepts in their discipline is fascinating, and there are a wide variety of disciplines—everything from the media and culture, to law, medicine and business."

One of Gumnior's favorite things about the class was exploring how Harry Potter applied to other disciplines and career paths. She used the articles she read to learn about other professions.

The end goal for class members was to construct their own academic projects for *The Scholars Wand*, a journal for undergraduate Harry Potter research that was sponsored by the university's school of Writing, Rhetoric & Technical Communication (WRTC).

"I like to give them lots of scholarly and creative freedom," said Gumnior. "I've had students turn in papers, create artwork [and] start blogs. They always surprise me."

Gumnior hoped to continue to teach the class and spread her love for Harry Potter beyond the classroom.

"With the class, and especially with *The Scholar's Wand*, I hope to attract interest from students who want to write about Harry Potter outside of any class," said Gumnior. //



A group of students in Professor Elisabeth Gumnior's WRTC 400: Critical Perspectives on Harry Potter listen to a fellow student give his opinion. Students in the class read critical literature on the Harry Potter phenomenon from a wide variety of disciplines, including law, medicine, philosophy, media studies, business and psychology.

photo: brittanyjones



The class often faced one another to facilitate in-depth discussions about the complexity of the Harry Potter series. Students had to create fictional lesson plans based on the Harry Potter books that teachers could use to promote learning in math, biology, English and other subjects.

photo: brittanyjones





**Jacob Agner**  
English

**Danielle Ainson**  
English

**Elizabeth Anderson**  
History



**Sara Aultman**  
English

**Candace Avalos**  
Modern Foreign Languages

**Angela Barbosa Wilborn**  
Political Science



**Diana Bazarbayeva**  
Public Policy & Administration

**Caroline Bourne**  
Communication Studies

**Brandon Brown**  
Communication Studies



**Jessica Brown**  
Communication Studies

**Tiffany Brown**  
Media Arts & Design

**Lauren Brumfield**  
Justice Studies



**Julie Bryant**  
Communication Studies

**Ashleigh Bynum**  
Communication Studies

**Elisabeth Cady**  
Communication Studies



**Sarah Chain**  
Media Arts & Design



**Meagan Clark**  
International Affairs



**Katherine Cook**  
International Affairs



**Leigh Culver**  
Communication Studies



**Matthew Dorting**  
Communication Studies



**Ansa Edim**  
Media Arts & Design



**Beth Feather**  
Media Arts & Design



**Paula Ferguson**  
Communication Studies



**Kiersten Fescemyer**  
Communication Studies



**Alyssa Fisher**  
History



**Jasmine Fo**  
Philosophy & Religion



**Joseph Garcia**  
International Affairs



**Danielle Garrigan**  
Communication Studies



**Allison Gould**  
Media Arts & Design



**Britnie Green**  
Communication Studies







Members of the pre-law fraternity, Phi Alpha Delta, take a look at sample law school applications. Phi Alpha Delta was the first law fraternity to open membership to all genders, races, creeds and national origins, according to the university chapter's Web site.  
photo: tiffanybrown



John Benfield, the associate dean of administration at his alma mater, Charleston School of Law, talks to pre-law students about what admissions coordinators look for in an application. As members of Phi Alpha Delta, pre-law students hosted presentations by guest speakers who could answer questions about applying to law school or potential careers in law.  
photo: tiffanybrown

## pre-law program

chloemulliner // writer

The pre-law program was a resource facility equipped with advisers to guide students who were interested in pursuing a future in law. The program offered prospective law students an opportunity to learn more about law school and possible careers.

"Our job is to give advice to students on what they should be taking and how they should prepare for the LSAT [Law School Admissions Test], which was the entrance exam for law school," said David Jeffrey, dean of the College of Arts and Letters. "What I do is try to catch students early in the freshman year and say, 'Here is what you need to do to start preparing.'"

One of the most useful aspects of the pre-law program was the constant supply of information provided to the students.

"They keep you on your toes about things you wouldn't usually know," said senior Michael Snively. "There have been things I wasn't aware of that they let us know."

The pre-law program was unique in that students were able to personally choose their own advisers. The program was made up of eight advisers in areas of finance/business law, political science, philosophy and religion, English, and media arts and design. This opportunity allowed each student to pick an adviser whose schedule and field of study best matched the student's availability and interest.

Although political science was the most popular major for students in the pre-law program, there were no major requirements, and students

were encouraged to get involved regardless of their areas of study.

In addition to having no major requirements, the pre-law program did not have any course requirements. Instead, advisers recommended courses that would be most helpful for students planning a future in law.

"The program offers a student a great degree of flexibility because we don't say you have to be a specific major," said Roger Soenksen, a pre-law adviser within the School of Media Arts & Design. "We've adapted the program [because] law schools have indicated they like a large diversity of knowledge."

"Students have little idea how much work law school entails and I tell them that the best preparation for it is to take demanding courses," said Howard Lubert, a pre-law adviser within the department of political science. "That means courses that require a lot of critical thinking, reading and writing, because that's what one does in law school."

The pre-law program also worked closely with organizations such as Phi Alpha Delta, the pre-law fraternity. Advisers in the program contacted lawyers, judges and others affiliated with law school to speak at meetings. This relationship between the fraternity and pre-law program created an opportunity for students to hear about real-life law applications and experiences.

"The program is an excellent opportunity to learn more about law school and help you make a decision about whether you want to apply," said Snively. //

# MEDIEVAL *renaissance* studies *minor*

stephsynoracki // writer

“No one in the Middle Ages, let alone later periods, thought the Earth was flat,” said sophomore Emily Kohlhepp. “They may have thought the Earth was the center of the universe, but in manuscripts the Earth is always depicted as round.”

“Vikings didn’t actually wear those horned helmets,” said senior Marlee Newman. “Who knew? I was kind of disappointed when I learned that.”

These were just two of the many myths that students in the Medieval Renaissance Studies (MRS) minor explored during their studies. The minor was first established in 2007 with the help of Charles Bolyard, a philosophy and religion professor. Nine students had officially declared the minor.

Professor Mark Rankin, who had a Ph.D. in English renaissance literature, believed that the study of this time period was truly important in understanding human beings and humanistic problems. The minor also provided students with an appreciation for the former time period and how times had changed since then.

“The medieval and renaissance periods established a foundation for the development of modern ideas concerning the individual and its relationship to broader ideologies, social structures and systems of government,” said Rankin.

Word of mouth advertising was used to entice students’ interest in

the medieval and renaissance periods. The department also sponsored lectures, film screenings and public readings.

Newman was unexpectedly drawn to the minor when she caught a glimpse of a brochure advertising the minor. She hoped to become a history professor and thought the MRS minor would complement her double major in history and English, as well as make her academic discipline more well-rounded.

“[This minor] has taken me in directions that I probably would not have gone otherwise,” said Newman. “I think it’s a really great way to broaden your horizons both intellectually and [socially], in terms of the people you meet.”

Kohlhepp was drawn to the minor because of the romantic perception she had of the Middle Ages. In one word, Kohlhepp described her experience in studying the Middle Ages as “fulfilling.”

“I am constantly reminded that I know very little,” said Kohlhepp. “It’s humbling and yet so exciting to know there is still much [knowledge] to be gained.”

Both Kohlhepp and Newman advised any student who had the slightest interest in the medieval and renaissance periods to take the minor into consideration. Students quickly found that the reality of the Middle Ages that was not all that familiar after all. //

Students take notes in ENG 457: Shakespeare’s Comedies and Histories, taught by Professor Mark Rankin. Rankin was the Medieval and Renaissance Studies minor coordinator.  
photo: tiffanybrown



Flipping through pages of the text, students discuss the play “Richard III.” A mix of art history, English, music, philosophy, political science, religion, language and history courses, the Medieval Renaissance Studies minor required 18 credit hours.

photo: tiffanybrown







**Chelsea Gutshall**  
Communication Studies

**Emily Haines**  
International Affairs

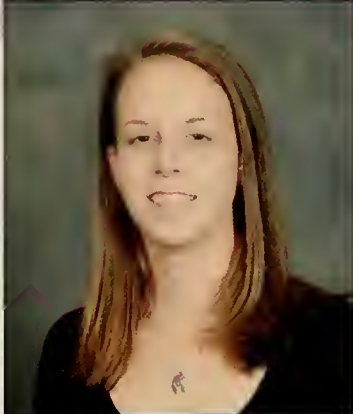
**Michelle Hammerle**  
Justice Studies



**Caitlin Hardgrove**  
Media Arts & Design

**Caitlin Harrison**  
Media Arts & Design

**Sean Hart**  
History



**Andrae Hash**  
Communication Studies

**Dan Heinkel**  
English

**Melissa Jarrett**  
Justice Studies



**Alyssa Johnson**  
Media Arts & Design

**Vladislav Kassiyev**  
Public Policy & Administration

**Jason Knight**  
Anthropology



**Linda Laarz**  
Public Policy & Administration

**Thomas Leahy**  
Media Arts & Design

**Telmyr Lee**  
Media Arts & Design

**Mariel Liceaga**  
Communication Studies



**Averyl Long**  
Public Policy & Administration



**Bryan Lundahl**  
Public Policy & Administration



**Ashley McPike**  
Media Arts & Design



**Caitlin Merritt**  
Sociology



**Chervon Moore**  
Communication Studies



**Owen Mullaney**  
International Affairs



**Patricia Newett**  
Sociology



**Timothy O'Keefe**  
Media Arts & Design



**Hannah Pace**  
Media Arts & Design



**Ashley Pangle**  
Media Arts & Design



**Kendra Parson**  
History



**Cassandra Potler**  
Media Arts & Design



**Judith Quintal**  
International Affairs



**Maeve Rafferty**  
Communication Studies





Senior **Kelly Weber**, junior **John Napier** and Professor **Kevin Borg** use their free time to explore the beach. San Diego's average temperature in January was 57°F, a far cry from Harrisburg's average temperature of 36°F.

photo courtesy of paulmcdowell



Conference presenters stay at the Hyatt Regency Mission Bay Spa and Marina. Mission Bay was the largest aquatic preserve in the United States.

photo courtesy of paulmcdowell



## phi alpha theta biennial convention

amandacaskey // writer

Three university students were selected from Phi Alpha Theta (PAT), a national history honors society, to present their research in front of panels of fellow students and distinguished historians at the 2010 Biennial Convention. The convention, which included presentations from undergraduate and graduate students, was held in San Diego from Jan. 6 to Jan. 9.

Associate history professor Kevin Borg and assistant history professor Mary Gayne selected three students to represent the university: senior Kelly Weber and juniors Paul McDowell and John Napier. About a dozen students had submitted papers for consideration.

"We selected the students' papers based on the quality of their primary source research, their analysis of those sources, and the quality of their writing," said Borg. "It was a difficult decision and we would have liked to have been able to send more than three to San Diego."

Students at the convention were grouped into panels based on subject matter and had to formally present their research in 15-minute time periods. A question-and-answer session followed once all the papers in the panel were presented.

Students' papers could not exceed 10 pages, and all three students from the university had to cut out significant portions of their papers in order to stay within the limited time frame.

"That was a little difficult, trying to figure out which part of my research didn't matter enough to fit within the 15-minute time limit," said McDowell, whose research focused on the mass lynching of 11 Sicilians in 1891. She explored newspapers' responses to the New Orleans event and how these

responses varied across different geographical regions.

Fortunately, Weber, McDowell and Napier had plenty of practice rehearsing their papers. Napier, who researched how the gradual term extensions of military leadership in the Roman Republic ultimately led to the reign of Julius Caesar, had won first place at the PAT Virginia Regional Conference in the spring of 2009.

Weber believed presenting at other conferences helped her confidence when presenting this time around.

"Public speaking is not my favorite activity, but I have presented this paper at other conferences and know the material very well, which helped to diminish most of my anxiety," said Weber, whose research focused on how the American Civil War affected the lives of Confederate women. Weber found that although the war had impacted their daily and long-term lives, their support for their country did not waiver.

The students had written their original papers for Professor Raymond Hyser's and Professor Stephen Chappell's sections of HIST 395, a seminar course on how to research thoroughly and effectively.

"Part of my job was to help them with their topics and show them where to get books and scholarly articles and where to get primary sources," said Hyser.

All three students credited their success to their professors and their influences.

"More than anything, [the professors] have been extremely supportive of me and my research," said Weber. "[That's] what anyone working on a long-term project such as this needs the most."//

# [SPAN490] *practical* law enforcement

caitlin crumpton // writer

As the Spanish-speaking community grew, the need for bilingual individuals became increasingly important in city offices. SPAN 490: Practical Law Enforcement was a practicum experience that gave students the opportunity to apply practical uses of Spanish in routine and high-risk law enforcement situations.

"SPAN 490 was created to develop the skills that students need to interact with the Spanish-speaking community and to be able to have an outlet for newly required language skills," said Professor Stephen Gerome, who taught the course.

The practicum was established as a combination of medical- and business-oriented Spanish courses and was not restricted to just Spanish majors or minors. The only prerequisites were SPAN 231: Intermediate Spanish, and SPAN 360: Law Enforcement Spanish.

In SPAN 360, students learned about the basics of criminal investigation and practiced vocabulary that pertained to law enforcement personnel and situations. In SPAN 490, students were exposed to real-world interactions while shadowing law enforcement personnel at their individual sites.

Junior Virginia Alfaro, who was a double major in justice studies

and Spanish, completed her practicum at the Harrisonburg Police Department and described her experience as "absolutely amazing."

"I met so many police officers and rode along with the officers whenever I had the chance," said Alfaro. "I saw criminal procedure up close and got to see a lot of exciting things, and learned so much about how the police department is actually looking out for [the students'] best interest instead of the preconceived notion."

Students who took the course were typically individuals seeking professions in social work, public safety, emergency medical technicians, fire and rescue, political science and criminal justice.

"This course appeals to students in a lot of ways," said Gerome. "It appeals to their ability to use knowledge that they've learned and apply things and see how effectual they are."

By incorporating basic information in courses and then allowing students to apply the material to real-world experiences, SPAN 490 gave students opportunities to explore potential career fields.

"These courses have definitely prepared me in a sense that I have a good idea of what I'll be exposed to if I continue to pursue a profession in law enforcement," said Alfaro.

In her internship with the Harrisonburg Police Department, junior **Virginia Alfaro** rides along with an on-duty policeman. During ride alongs, which lasted between four and six hours, Alfaro translated between the officer and Harrisonburg's large Spanish-speaking community.

photo: tiffanybrown



Junior **Virginia Alfaro** calls the Harrisonburg Police Department (HPD) to check in after arriving at the Harrisonburg Public Safety building. It was Alfaro's second semester interning with HPD.

photo: tiffanybrown







**Matthew Richard**  
History

**Sara Riddle**  
Media Arts & Design

**Amanda Scheffer**  
History



**Rebecca Schneider**  
Media Arts & Design

**Mary Shindler**  
Philosophy & Religion

**Julia Simcox**  
International Affairs



**Amanda Slade**  
Communication Studies

**Brittany Smith**  
Justice Studies

**Caley Smith**  
Organizational Communication



**Michael Socha**  
Communication Studies

**Kellen Suber**  
International Affairs

**Adam Swisher**  
History



**Holly Taing**  
Justice Studies

**Kira Thompson**  
Justice Studies

**Dan Tichacek**  
Sociology



chloemulliner//writer

**T**homas O'Connor, a media arts and design professor for script writing and documentary and film, educated his students based on the experiences he had gained in the professional documentary field.

"He is heavily involved and always talks about his travels, what he's working on, and his projects," said senior Lauryn Burrell.

Although he had already created more than 50 documentaries, O'Connor continued to pursue his outside interest in documentary production as he worked on his new project, "Dangerous Edge," a film that detailed the life of British author Graham Greene.

Having won two Emmys for his documentaries "A Place Called Home" and "Fatima," O'Connor had extensive experience in the documentary profession.

"It's something we all admire about him," said Burrell.

Although O'Connor had enjoyed success with many of his projects, he also faced challenges as a writer and producer, such as financial obstacles during the production stage. He advised students to push through such setbacks and maintain a strong work ethic.

"Develop a tough skin," said O'Connor. "It's a very competitive business [and] you need to learn to overcome. Perseverance, I can't emphasize enough—and being passionate about your work."

In addition to winning two Emmys, O'Connor also received the Cine Golden Eagle Award and the Gabriel Award for his work on two

other documentaries. Because he was publicly recognized for his work, O'Connor was highly regarded among his students and his peers.

"He's not afraid to tell you if your material is boring, which is good," said junior Kelly Meehan, who took O'Connor's documentary and film class in the spring. "It's what you need to hear."

O'Connor's documentary achievements allowed him to base his lectures on the first-hand knowledge that he had gained from writing and producing documentaries for a living.

"He has real-life, current experience with what we're working on," said Burrell.

Meehan agreed. "He knows the business. He's been out there and has done the work for it."

O'Connor's success inspired his students and served as proof that they could achieve similar success in the documentary and screenwriting businesses.

"It's nice because it shows people can actually make it," said Meehan.

Teaching while working on documentaries allowed O'Connor to blend his artistic interests with his scholarly interests. While O'Connor's experience as a writer and producer affected his teaching style, his experience as a professor affected his work outside of the classroom as well.

"Students in any class challenge you to think differently," said O'Connor. "I'm surprised about what movies and techniques they're talking about. We exchange ideas." //



In a classroom with stadium-style seating, a video projector and a large screen for viewing films, students listen intently to Professor **Thomas O'Connor**. O'Connor wrote and produced more than 50 documentaries and teleplays for broadcast media, and had traveled internationally for his work.

photo: hannahpace





**Jennifer Turner**  
Sociology

**Hana Uman**  
Media Arts & Design

**Brant Underwood**  
Political Science



**Tara Vaezi**  
Communication Studies

**Angel Walston**  
Justice Studies

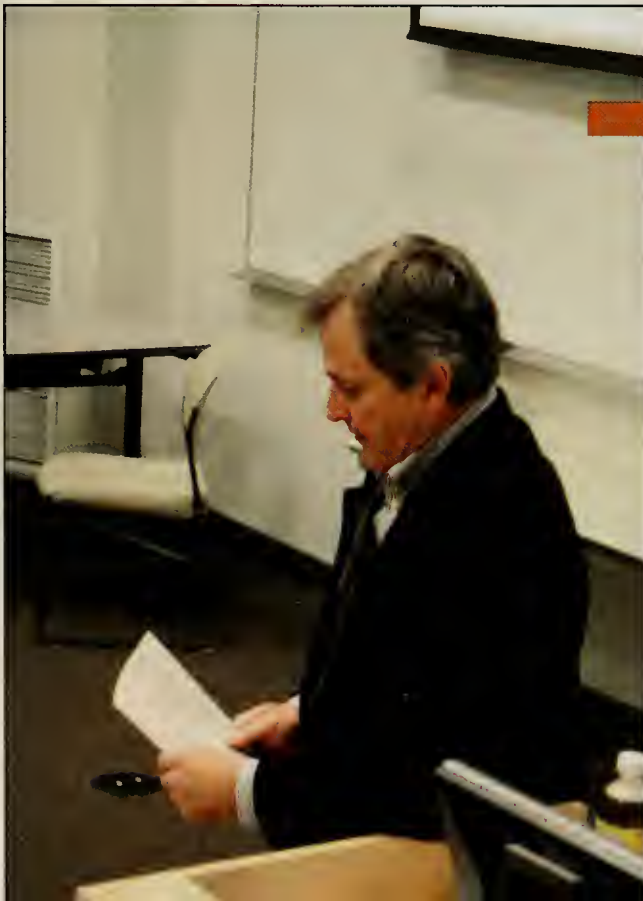
**Jane Walters**  
English



**Jacqueline Weisbecker**  
Communications Studies

**Amanda Williams**  
Sociology

**Lindsay Williams**  
Communication Studies



Professor **Thomas O'Connor** glances at his notes while lecturing on the film "Nanook of the North," a documentary about indigenous people living in 1920s Canada. Students in SMAD 462: Documentary in Film and Television watched at least one documentary each class to study the films' content, style and techniques.  
photo: hannahpace

# college of business//

Ranked as one of the top five business schools in the nation by *BusinessWeek*, the College of Business (COB) was committed to preparing students to be active and engaged citizens who were exceptionally well-qualified leaders for success in a competitive global marketplace.

One major development within COB this year was the creation of the Innovation Master of Business Administration (iMBA) program. Classes were scheduled to begin in the fall of 2010 and would be centered on the program's theme, "Leading Through Innovation With Technology and People."

The program would be led by Paul E. Bierly III, the university's first director of the Master of Business Administration program. Bierly had recently been recognized as one of the top 50 authors in the area of innovation and management of technology over the last five years, an honor that placed him within the top 1 percent of all researchers in the field, according to the International Association for Management of Technology.

The program was created for working professionals who had two years of experience in the working world. Two highlights of the program were the Leadership Development Program, which matched students with a mentor to create a closer bond with a professional and a personal leadership plan; and the conclusion of the iMBA program, where students took a two-week international trip.

caitlinharrison // writer



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Net Impact

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Second Life

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HTM 473: Beverage Management and Marketing

lisamees // writer

Students had always bled purple, but in 2010 a new organization encouraged them to bleed green. Net Impact was a national organization with more than 30 undergraduate chapters. During the fall semester, the university became one of them. The new chapter launched the organization with an event in Taylor Down Under, designed to bring people together through something they loved while teaching them about something they knew little about.

"We wanted to bring people in through a laid-back, social event, but still educate them about our cause at the same time," said senior Tyler Conta, the event's coordinator. "We needed to find something they were interested in and use it to create interest in the organization."

This x-factor was music. The line up for Net Impact's laugh event included some of the campus' most talented musicians. Sophomore Casey Cavanagh played original acoustic pieces and covers that got lighters out of students' pockets and up in the air. Freshman James Orrigo was, as he put it, slightly more "goofy" than the other acts, but still a crowd pleaser. One of his songs turned out to be a melody of different songs thrown together, including Miley Cyrus, the Lion King and Lady Gaga. Lights in the Fog also performed, followed by the final guest, a cappella group The Madison Project.

"It melted my heart to its core," said sophomore Sarah Elliot, who attended the event. "I love anyone who can sing, so this is the place for me to be."

While the music reeled students in, Net Impact used the intermissions as opportunities to inform students about what they could do to make the world a little greener.

An entrepreneurial class introduced a product they created called "Maddy Soap," a detergent that was environmentally friendly all the way to its recycled

packaging. The students claimed that it was not only just as effective as the average detergent, but it also only cost \$5 to do 64 loads of laundry. The product held true to Net Impact's motto—it was easy to do little things to make a big impact.

Sophomore Andrew "Bagsby" Pharr, the organization's president, claimed that while the United States consumed 80 billion cans of soda per year, recycling just one would save energy worth half a gallon of gasoline. Statistics like this enforced the group's main message of the night: sustainability.

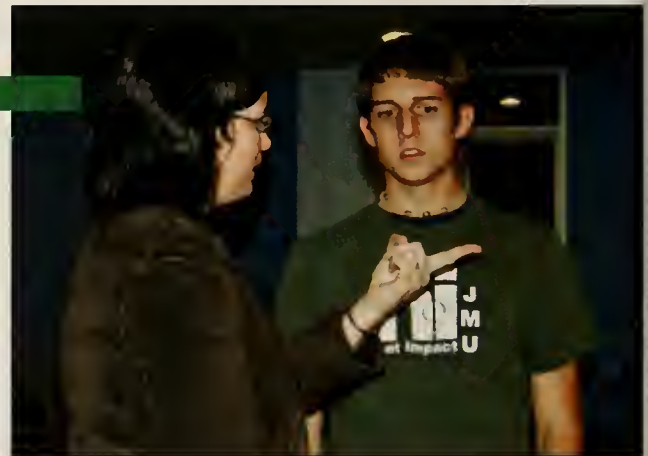
"Sustainability is the development that meets the needs of the present without compromising the ability of future generations to meet their own needs," Pharr read from the promotional flyer for the event. In his own words, he explained "that means you've got to live sustainably if you want to have more than two kids, and everyone loves kids."

Net Impact hoped that by having events like this and speaking to large classes and organizations, it could help students and the community to advance the "green" initiative. Knowing a fact—like every ton of paper destroyed 17 trees—could spark students' interest enough to join the group in its efforts.

The group had already been out in full force at game-day tailgates, giving students plastic bags to recycle their cans and solo cups. They hoped that with this launch event, they could gain enough support and membership to create a program that helped less fortunate people file paperwork to receive more energy efficient heaters, doors and windows.

"There have been other similar organizations on campus, but none of them have been super organized," said Conta. "Hopefully the support we have nationally will help change things." //

Senior **Tyler Conta**, the event's coordinator, speaks with a faculty adviser at Net Impact's launch event. There were more than 30 undergraduate Net Impact chapters in the United States and Canada.  
photo: tiffan, brown



Senior **Morgan Hartwell** looks over information to be discussed at the launch event, some of which was also included on the Net Impact poster set up for prospective members. Net Impact members could be spotted around campus sporting their "I Bleed Green" T-shirts.  
photo: tiffan, brown







**Mark Browner**  
Marketing



**Laura Cascio**  
Accounting



**Christie Cerimele**  
International Business



**John Gewe**  
Finance



**Carter Cole**  
Finance



**Veronica Collins**  
Computer Information Systems



**Alysia Cushman**  
Computer Information Systems



**Amanda Cybulski**  
Accounting



**Ryan Farrell**  
Management



**Steven Galer**  
Marketing



**Megan Geddes**  
Marketing



**Cora Gnegy**  
Management



**Amanda Grace**  
Management



**Nicole Grayson**  
Finance



**Yun Huang**  
Finance

**Piyachai Kasemsant**  
International Business

**James Kelly**  
Management

**Joseph Kotula**  
Finance



**Daniel Lacasse**  
Computer Information Systems

**Michael Lee**  
Finance

**Devon Little**  
Accounting



**Michael MacDonald**  
Management

**Andrew Marshall**  
Finance

**Gina Martellacci**  
Accounting



**Tyler Martin**  
Computer Information Systems

**Christopher Miller**  
Economics

**Katherine Morton**  
Computer Information Systems



**Michelle Nunnally**  
Marketing

**Patrick Page**  
International Business

**Hans Pedersen**  
Finance







A group of Second Life users gather for junior **Marina Yancheva's** virtual exhibit opening. Between 100 and 150 Second Life users unaffiliated with the university visited its virtual campus each week.  
photo: courtesy of kathrynstevens



Senior **Chris Kniss** creates a Second Life version of herself to participate in classes and meetings. In addition to the benefits of hosting virtual classes, the Second Life campus also allowed prospective students who were unable to visit the university virtually tour the campus from home.  
photo: courtesy of kathrynstevens

## secondlife

alexledford // writer

Imagine you were on your way to class in the morning. The grass was green, the buildings were bright and inviting, and oh—you could fly too.

It wasn't a dream. It was Second Life, a virtual world where anything could happen. In 2003, the university built an entire virtual campus on Second Life, with the hope that the program would enhance distance learning. It allowed students and professors to hold meetings, collaborate on projects and even have class, all while never leaving their rooms.

"Basically, you can do everything you would do in class, from bed," said Kathryn Stevens, one of the faculty members responsible for bringing Second Life to the university. Stevens taught her students to use the program in her museum studies and ancient art history courses. The first step was creating an avatar, an electronic representation of a person.

"You can be anything from a cute little gummy bear to a disgusting, rotting zombie," said senior Chris Kniss.

"When I told my friends about it they thought I was insane," said senior Molly Campbell. "They had heard about it and thought it was for shut-ins who were afraid to talk to real people."

But Stevens maintained that it was actually a useful teaching tool. Professors held office hours and other meetings in Second Life, and Stevens even held entire classes in the program, lecturing to a room of avatars. She also took her classes on virtual field trips to world-renowned museums and other famous sites like the Egyptian pyramids,

the Parthenon and Stonehenge.

"It's a very cheap field trip," said Stevens.

But Second Life was not just about exploration, it was also about creation. Stevens had her students create their own art exhibits in Second Life, and senior Alison Huffstetler used the program to create an entire African mask museum.

"Dr. Stevens helped me design the texture and shape of the masks, and I built the remainder of the museum—everything from curtains and walls to informational panels and books," said Huffstetler. "But I still haven't figured out how to put shoes on my avatar and keep them on."

While it was still a work in progress, professors and students had high hopes for the program in years to come. In December, the university's Second Life campus hosted an open house and a virtual fashion show, providing a mock scenario for business students to employ skills learned in their marketing courses. Practicing business principles—and learning new ones—was a method that large companies like Adidas and IBM were already employing, according to Toni Mehling, communications director for the College of Business.

As for students, most seemed to enjoy classes where faculty chose to use the program.

"I would recommend other professors to use the program for sure," said Campbell. "It shakes things up and makes the class more interesting."



# [HTM473] beverage management & marketing

sarahlockwood // writer

The first requirements were fairly typical for an upper-level hospitality and tourism management (HTM) class: must have been accepted into the HTM major, must have completed COB 300, must have been a senior. However, it was the final prerequisite that stood out: must have been at least 21 years old by the first day of classes. This age limit was necessary because HTM 473: Beverage Management and Marketing involved taste testing of both non-alcoholic and alcoholic drinks.

It was this hands-on, or rather, "snack-on" experience that senior Mindy Halpert appreciated the most.

"You sit in class and talk about the hypothetical so often," said Halpert. "In this class, we talk about wines and we actually get to try it."

"The first week of class, we smelled about 35 different liquids, food and woods, just trying to familiarize ourselves with each scent," said senior Jenny Wise.

This process helped students identify specific aromas in wines. During a class period focused on wine, students examined and discussed every visual and olfactory characteristic of the wine in front of them before they tasted a single drop.

Professor Brett Horton led these class discussions and brought his past experiences into the classroom, including photographs of the many wineries he had visited.

"Dr. Horton really knows what he's talking about," said Halpert, describing Horton's pictures and the visual context they brought to class.

"I never knew you could learn so much about how wine is made, where it is from, and why vineyards age wines and harvest them at a specific time," said Wise. "It is a really intriguing class."

Students not only became wine connoisseurs, but coffee and beer experts as well. The course objectives included learning the business aspect of beverages through writing beverage descriptions for menus, discussing beverage characteristics in a professional manner, discerning characteristics of different drinks, and being able to market and describe these products to consumers of all knowledge levels.

Grades in the course were based on professionalism, readings, a group project, the midterm and the final exam. Horton's definition of "professionalism" included attendance, preparedness, engagement and leadership.

As seniors, the students gained practical skills that they could use after graduation.

"I'll be able to sell wines if I'm working at a restaurant as a server or manager," said Halpert, who also said the skills she learned would come in handy for event planning and weddings. "You have to know what you're talking about." //

Seniors **Taylor Donohue** and **Matthew Sines** raise their wine glasses to get a whiff of the scents in a white wine. HTM 473: Beverage Management and Marketing was offered to students who had declared the food and beverage management concentration in hospitality and tourism management, where students applied problem-solving skills to issues that often arose in restaurants.

photo // anniekraft



A group of students in HTM 473: Beverage Management and Marketing take notes on aromas in woods, and wines and other liquids. Students in the class applied what they learned in class to their theme dinners in the Catering Operations and Events Management class, one of hospitality and tourism management's core courses.

photo // anniekraft







**Alexander Plunkett**  
Economics

**Ashley Pond**  
Hospitality & Tourism Management

**Amber Richards**  
Management



**Jason Ruffner**  
Accounting

**Joseph Swartout**  
Finance

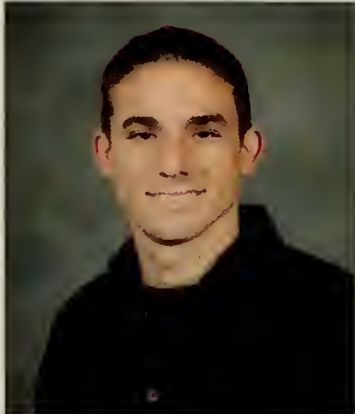
**Rachel Swecker**  
Marketing



**David Walters**  
Accounting

**Kajun Waybright**  
Management

**Lauren Wiest**  
International Business



**Matthew Wright**  
Management

**Elliott Yousefian**  
Finance

**Marginis Zamora**  
Accounting

# college of education //

Initially founded as a college focused on teacher education, the university opened its Education and Psychology Department in 1927. Although the program had gone through extensive restructuring over the years, the College of Education (COE) had upheld its goal to “prepare educated and enlightened individuals who can skillfully contribute to the common good of society and who can enter competently into positions of teaching and educational leadership, civic responsibility, and national service,” according to the college’s Web site.

Located in Memorial Hall, COE gave undergraduate students a strong liberal arts education, specialized study and opportunities to gain professional skills, according to the college’s mission statement.

The Early, Elementary and Reading Education department focused on providing students with the opportunities to work with children and their families. The Young Children’s Program, where students assisted in operating the daily preschool program, served as a professional learning environment that provided hands-on experience. Senior Rachel Smith said that she benefited from the small class sizes, which allowed for interactive learning and discussions during class time.

COE offered a fifth-year graduate program, which Smith thought was a great asset to the program. Graduates would leave with a master’s in their field of study and a teacher licensure in Virginia.

“It’s nice because you stay with the same people for the fifth year,” said Smith. “If you do it after you’re graduated, then you would do it while you’re teaching, which would be really hard at the beginning and would take two or three years.”

Another program in COE was the department for Exceptional Education, which focused on preparing educators to teach and work with individuals who had special needs or students who were considered gifted. The department offered three distinct programs in gifted education, special education and teaching English as a second language.

The third of five departments in COE was Learning, Technology and Leadership Education. Along with assisting with the 21st Century Community Learning Centers, the department offered two programs of undergraduate study: Educational Media and Human Resource Development. It also provided adult education programs and English as second language courses, among other graduate programs.

The fourth department was Middle, Secondary and Mathematics Education, and the fifth was the Military Science department, which housed ROTC.

Through its five departments and a series of innovative programs, COE was working towards its mission to educate students “not merely by transmitting skills and knowledge but by stimulating creativity, developing cognitive abilities and encouraging the testing of hypotheses and reinterpretation of the human experience.”

bethfeather // writer



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Student Teaching in Rome

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Gifted Education

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FACULTY PROFILE: Teresa Harris

# studentteachinginROME

britnigeer // writer

Field trips to the Colosseum and the chance to indulge in authentic gelato made up just a few of the perks to the study abroad program in Rome, where students wishing to pursue a career in education had the opportunity to student teach at the Marymount International School. The program, which lasted from May 12 to June 13, provided students with a cultural experience to better aid them in their future career plans. Participants taught four days a week in classrooms of students who ranged from 3-year-olds to high school students.

"I taught music in 6th, 7th and 8th grade, and I also taught a high school music class, which was 9th to 12th grade," said senior Taylor Vaughn. "My favorite part was getting the chance to learn about other cultures and how students learned and interacted with each other in an international school."

The program focused on the theme of cultural competency and taught students how to interact effectively with people of different cultures both inside and outside of the classroom. Students wrote weekly journals based on their experiences while in Rome, developed and taught a lesson plan, and completed two projects after the trip's conclusion.

"My favorite part about the program was that we were able to have the experience of student teaching in another country," said senior Maria Davis, who taught 3-year-olds in the early childhood program. "Although it was an international school and was based on an American curriculum, it was still a completely different experience for me than student teaching locally."

Being in Rome allowed students opportunities to experience different

food, culture and history. They took weekend trips to Pompeii, Vesuvius and Florence, and some students also took a side trip to Capri. Participants visited different historical sites such as the Colosseum, the Trevi Fountain and Vatican City.

"One of my favorite things about Italy was the food, and especially the gelato," said Vaughn. "Our favorite place we got gelato was called Old Bridge, and I would go to Old Bridge at least once a day."

Along with cultural education and an unusual teaching experience came challenges that many of the students faced when teaching in a different school setting.

"Teaching in an international school was most difficult because of the language barrier," said Vaughn. "Even though the students were all required to speak English, it was still difficult teaching in a school where a lot of the students spoke Italian."

Teaching at an international school over the summer provided students with exposure to a new culture and lifestyle without causing them to miss a semester at school.

"For me, it was the perfect amount of time, and I loved that I could get experience student teaching while still enjoying time traveling around Italy," said Davis. "I felt like I came out with a better understanding of the Italian culture."

The program enriched students' understanding of teaching in different cultures, provided educational and career-oriented opportunities, and offered the experience of a lifetime. //



Marymount International School is located in the northern part of Rome. The school was created to serve the children of Allied personnel in Rome following WWII, it and bought this building in 1953.

photo courtesy of taylor vaughn

Seniors MaryAlyse Klement, Katie Becker, Erica Whiting, Taylor Vaughn and junior Jessica Capano pose for a quick photo in front of the Colosseum.

In addition to student teaching, students had free time to explore Rome and other cities in Italy.

photo courtesy of taylor vaughn







**Kristina Alff**  
Interdisciplinary Liberal Studies

**Ashley Britt**  
Interdisciplinary Liberal Studies

**Jennifer Bryant**  
Interdisciplinary Liberal Studies



**Sara Christie**  
Interdisciplinary Liberal Studies

**Maria Davis**  
Interdisciplinary Liberal Studies

**Kelsey Dodd**  
Interdisciplinary Liberal Studies



**Melissa Dunn**  
Interdisciplinary Liberal Studies

**Gabrielle Hurley**  
Interdisciplinary Liberal Studies

**Kelley Kolar**  
Interdisciplinary Liberal Studies



**Heidi Logan**  
Interdisciplinary Liberal Studies

**Stephanie Lopez**  
Interdisciplinary Liberal Studies

**Rachelle McCracken**  
Interdisciplinary Liberal Studies



**Dana McRae**  
Interdisciplinary Liberal Studies

**Kelly Patullo**  
Interdisciplinary Liberal Studies

**Cristina Piccinino**  
Interdisciplinary Liberal Studies



britnigeer // writer

As one of the first undergraduate institutions to offer a Virginia Add-On K-12 Gifted Education Endorsement to its students, the College of Education encouraged future educators to add on the gifted education endorsement to their degree.

"The add-on endorsement prepares any teacher, administrator or support personnel to study the unique characteristics and needs of gifted learners as well as how to best differentiate their educational programming," said Mary Slade, the program's coordinator.

The gifted education endorsement allowed educators to develop the skills necessary to teach students who showed evidence of high performance capabilities in areas ranging from intellect to creativity. The endorsement also allowed educators to qualify more easily for a position in a gifted education classroom or program. Others used the endorsement to help individual gifted learners in classrooms that did not have separate services or activities that would allow gifted children to fully develop their capabilities.

"I would recommend that anyone who works or wants to work in education or schools should add on the endorsement," said Slade. "We also hope that teachers who want to teach advanced placement or honors will enroll in this program."

There were only a handful of institutions in the country that offered the endorsement to initial teacher licensures. The gifted education

endorsement in the Commonwealth of Virginia required a minimum of 15 graduate credit hours.

"There are five courses total and we offer one course per semester," said Slade. "We have approximately 10 to 12 graduating students in each course and average about 30 full-time educators in another section of the courses."

The course sequence was offered to students in initial licensure programs as well as practicing educators. For graduate level students, the coursework was offered entirely online. Full-time employed educators had the choice of teaching for a year or participating in a gifted education practicum. Students not enrolled in a master's degree program were still able to participate in a practicum, unlike other university endorsement programs that only allowed students to add the endorsement if they were enrolled in the program.

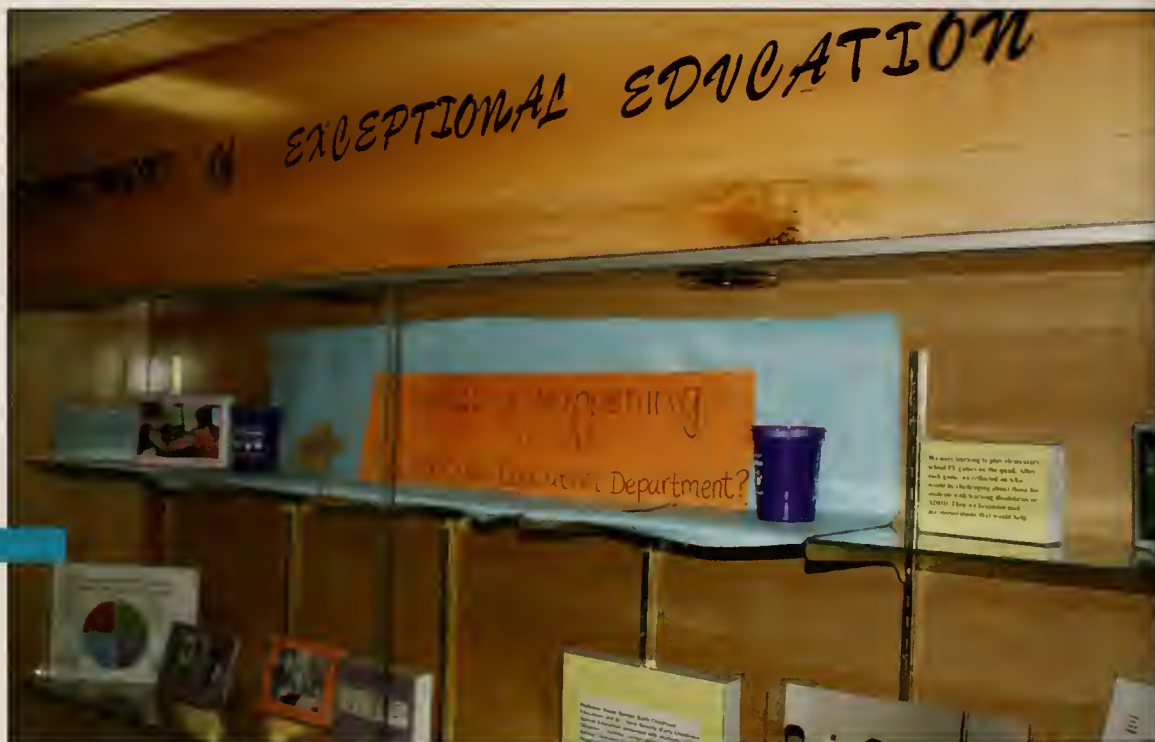
According to Slade, the program raised awareness about the population of K-12 gifted students who proved gifted in a wide range of areas from academic to creative.

"Gifted students deserve accommodations for their learning styles, and my goal is to be an advocate for these bright and fascinating students," said senior Lauren Mattson, who planned to complete the requirements for the add-on endorsement. "By getting my endorsement, I feel more competitive entering the job market and I hope to work with advanced students in new and exciting ways." //



Many brochures and literature are available to students to explain the benefits of the gifted education program. It was one of the only college programs that included a practicum for students who were not completing a master's degree.

photo: kateelyvers



The gifted education program keeps its students informed about current activities and awards using a large bulletin board. The program was most beneficial to student teachers who planned to teach advanced placement, honors and dual-enrollment courses.

photo: kateelyvers

Professor **Teresa Harris**, an elementary and early childhood education faculty member, takes a break between classes. Harris received a Fulbright grant in January to spend six months building partnerships between the university's education programs and the elementary education programs at the University of Pretoria in South Africa.

photo: na. alex-wall







**Kaylene Posey**  
Interdisciplinary Liberal Studies

**Leah Ray**  
Interdisciplinary Liberal Studies

**Jenny Smith**  
Interdisciplinary Liberal Studies



**Kelly Tierney**  
Interdisciplinary Liberal Studies

**Caitlin Tracy**  
Interdisciplinary Liberal Studies

**Taylor Vaughn**  
Interdisciplinary Liberal Studies



**Sarah Young**  
Interdisciplinary Liberal Studies

# teresaharris

After her visit in 2006, Harris brought 11 graduate students to South Africa in 2007 and eight in 2009, where they studied primary education in the post-apartheid environment and worked in children's academy classrooms. During this time, Harris connected with Nkidi Phatudi, the head of UP's Early Childhood Development department, and the two set out to find ways to work together as educators.

"Nkidi Phatudi and I have already managed to successfully Skype with one another across the seven-hour time difference, and now we're already trying to plan our first departmental meeting to share research interests with one another," said Harris.

The Fulbright Scholarship provided travel, living expenses, a stipend and funds for purchasing materials for the project. Harris developed a proposal of her plans, completed an application about her professional life experiences, and solicited recommendations from those who knew of her qualifications for the project. Her hard work paid off when she was able to move into her apartment near UP in January and start closely examining primary education in South Africa and the challenges that needed to be addressed.

Along with her extensive work in South Africa, Harris had accomplished many roles in her career. In 2006 she served as the curriculum specialist for the university's Fulbright Hays Short Term Program for Teachers. She also served at the state level on several early childhood initiatives as well as on the executive board of the International Beliefs and Values Institute.

"I hope we can become a professional community of learners who can take what we understand today, challenge one another and have a positive impact on the communities in which we live," said Harris. //

britnigeer // writer

**W**ith seven years of schooling, a seven-hour time difference and one determined mind, Professor Teresa Harris worked to achieve her goal of improving education in South Africa.

After being awarded the Fulbright Scholarship in March 2009, Harris set out for Johannesburg, South Africa in January 2010 to create a positive impact on the education process for children and their families.

The Fulbright Program, sponsored by the U.S. Department of State's Bureau of Educational and Cultural Affairs, was designed to "increase mutual understanding between the people of the United States and the people of other countries," according to the program's Web site.

Harris received a grant to build a collaborative relationship between the Early Childhood Development department of the University of Pretoria (UP) and the university's Early Childhood, Elementary and Reading department in the College of Education.

"South Africa is one of the first countries I ever visited, and I fell in love with the people I met," said Harris. "I have been working in South Africa in the Gauteng Province since 2006, when I came with a group from my church to provide professional development for teachers. We all shared our concerns for providing high-quality educational experiences for children of all life circumstances."

# college of *integrated* science *and* technology //

The College of Integrated Science and Technology (CISAT) empowered students to analyze and solve “real world” problems by integrating scientific, technological, commercial and social aspects of these problems, and communicating innovative solutions to a diverse audience.

Introduced by former university president Ronald E. Carrier, CISAT started with a proposal in 1989 and officially entered its “pilot” stage in 1992. The geographic science program was added in 1995, and psychology and kinesiology joined in 2001. The information analysis program, created for students interested in working for the government as trained intelligence analysts, was the college’s most recent addition, added in 2007.

CISAT offered programs ranging from communication sciences and disorders to sport and recreation management. Computer science, nursing, dietetics, geographic science and health services administration were also housed in CISAT, among other programs.

The master’s program in integrated science and technology (ISAT) was added in 2000, but a new development in the program was its joint master’s program with the University of Malta. Malta, a small island in the Mediterranean Sea, housed the entire program according to Pauline Cushman, who had served as the interim department head in CISAT for two years and planned to retire at the end of the year.

Formally named Sustainable Environmental Resource Management (SERM), the Malta program had 22 students enrolled in 2010. SERM motivated its students—half American and half Maltese—to develop a broad international viewpoint and focus on the European-Mediterranean region. SERM also allowed students to gain and implement specialized knowledge to deal with natural or man-made problems that impacted the environment.

CISAT students also worked to implement innovative ideas for “real world” applications by renovating a motorcycle to make it more environmentally friendly. The team, led by engineering faculty member Rob Prins, had renovated a 1968 Sears motorcycle by installing batteries and an electric motor. With help from students in finance, engineering and ISAT, three seniors broke the East Coast Timing Association (ECTA) record when their “E-Cycle” went 70.17 mph.

By combining cutting-edge research with a collaborate environment between faculty members and students, CISAT was accomplishing its goal of contributing to the betterment of society.

caitlinharrison // writer



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# activemindschapter

stephsynoracki // writer

**S**uicide was the second leading cause of death among college students, with more than 1,100 students' lives claimed each year, according to Active Minds. A nonprofit organization, Active Minds was dedicated to promoting mental health awareness and reducing the stigma of mental health issues on college campuses.

The university began its own Active Minds chapter during the spring of 2009. Colleen Slipka, a psychiatrist at Varner House, proposed the idea of beginning a chapter on campus to a group of students who were doing their internships at Varner in the fall of 2008. Senior Liz Loveless, who became the president of the university's Active Minds chapter, worked with Slipka and seven other students to develop and establish the organization. Students created a mission statement, objectives and goals for the chapter, and a constitution.

Alison Malmon, a former University of Pennsylvania student, founded Active Minds in 2001 after her older brother, Brian, committed suicide. The organization was founded to serve as a liaison between students and mental health communities, and to raise college-aged students' awareness of mental health issues and symptoms. Since the organization's beginning, chapters had sprung up on college campuses across the United States.

The Active Minds chapter on campus had approximately 20 active members who attended meetings, helped plan campus-wide events and worked to live each day by the founding principles of the organization.

Sophomore Maegan Pisman, the chapter's publicity chair, advertised the chapter through flyers, *The Breeze*, Facebook and the psychology e-newsletter. A number of events were held on the Commons to promote the organization and awareness of mental health issues.

Stress Out Day on the Commons was a day dedicated to relieving stress before final exams during both fall and spring semesters. Students made their own stress balls and received tips on how to relieve stress.

On National Day Without Stigma, the Monday of Mental Health Awareness Week in the beginning of October, a panel was available to speak to students and to hopefully reduce the negative feelings toward mental illness. Mental Health Awareness Week also informed the campus community about leading mental health issues and how to recognize symptoms.

Also in October, the chapter brought an exhibit to the university called "Send Silence Packing," a traveling display of backpacks from students who had committed suicide within the past year. The display demonstrated that "preventing suicide is not just about lowering statistics, but also about saving the lives of students, daughters, sons, brothers, sisters and friends," according to Active Minds' national Web site.

"Each backpack comes with a picture of that student and their story," said senior Vanessa Olson, the chapter's vice president. "There are approximately 1,100 [backpacks in the display]. This is a truly powerful message for suicide prevention and we feel it will greatly impact the JMU campus." //

Seniors **Liz Loveless** and **Vanessa Olson** take a break on the Commons during fall semester's Stress Out Day. Members handed out literature about different mental disorders and tips for handling stress, and provided games and bubble-blowing to help students take a break from studying.

photo // courtesy of lizloveless



Senior **Liz Loveless** and juniors **Christine Schmidt** and **Kelsie Bathurst** attend the Active Minds National Conference in Washington, D.C.

In 2009, the university's Active Minds chapter won an honorable mention for the Road Runner award, which was given to a chapter that had established a strong presence on its campus in a short period of time.

photo // courtesy of lizloveless







**Dansowaa Ahima**  
Health Sciences

**Shami Ammad**  
Computer Science

**Alice Anderson**  
Kinesiology



**Barbee Ashley**  
Psychology

**Charneice Barnes**  
Nursing

**Katie Byrd**  
Health Sciences



**Mark Caplinger**  
Kinesiology

**Shari Carlos**  
Health Services Administration

**Briana Carper**  
Integrated Science & Technology



**Katya Chopivsky**  
Nursing

**Ivaco Clarke**  
Social Work

**Rebecca Coleman**  
Communication Sciences & Disorders



**Dana Corriere**  
Nursing

**Paul Crisman**  
Integrated Science & Technology

**Ashley Cross**  
Nursing

**Chelsea Dilkes**  
Health Sciences



**Rebecca Dial**  
Communication Sciences & Disorders



**Patrick Deal**  
Athletic Training



**Brooke Eckman**  
Health Services Administration



**Katelyn Dillon**  
Athletic Training



**Veronica Dillard**  
Social Work



**Colleen Farrell**  
Psychology



**Latrice Ellerbe**  
Health Sciences



**Danielle Egan**  
Communication Sciences & Disorders



**Christopher Flint**  
Computer Science



**Vernita Fisher**  
Integrated Science & Technology



**Timothy Finney**  
Kinesiology



**Eleanor Garretson**  
Athletic Training



**Andrew Fornadel**  
Kinesiology



**Elizabeth Forde**  
Psychology





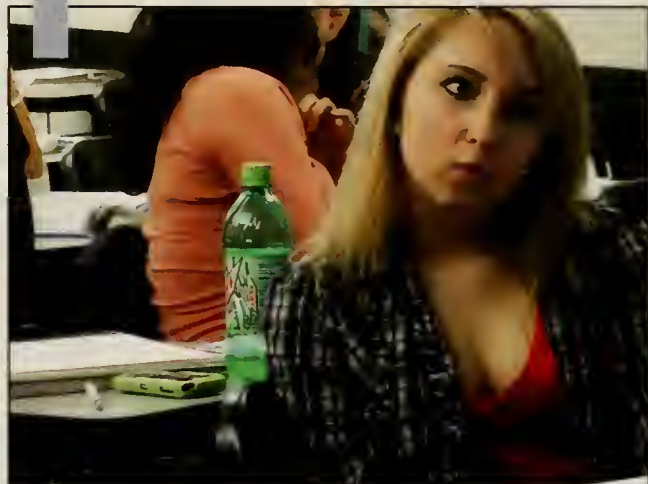
Professor Amy Graham teaches an Impact of Chronic Illness class. Graham was the faculty advisor of the university's Nursing Student Association, a student organization within the School of Nursing where the chronic illness minor was housed.

photo: nataliewall



Sophomore **Beth Stinson**, a psychology major, listens intently during class. The chronic illness minor was offered to all undergraduate students, although many students were nursing majors.

photo: nataliewall



## chronicillnessminor

stephsynoracki // writer

Everyone involved in healthcare, regardless of their specialty, needs to consider the impact of chronic illness on their specific client population," said Monty Gross, a nursing professor with a Ph.D. in curriculum and instruction.

Many professors agreed with Gross' belief that understanding chronic illnesses was important for students' future careers. For this reason, the chronic illness minor was developed and approved by the Committee on Academic Programs in the fall of 2009.

Department head Merle Mast, who had a Ph.D. in nursing, first sent out a survey to current nursing majors to get a better idea of the interest level in a chronic illness minor. Professors worked together to come up with a curriculum and course objectives for the minor.

The minor was made up of two core classes—Impact of Chronic Illness, and Living Successfully With Chronic Illness—as well as a number of electives. In Impact of Chronic Illness, students gained a better idea of the influence that chronic illnesses had on the individual and the local and global communities. Living Successfully With Chronic Illness offered students an understanding of existing resources and strategies that provided the most effective care for each patient.

Gross, the minor's coordinator, advertised the new program through word of mouth. Nineteen students had officially declared the chronic illness minor, including senior Matt Sears.

"The chronic illness minor initially caught my interest as something

that could be valuable to me in my future career by giving me a glimpse into the clinical aspect of health care," said Sears, a health services administration major.

All majors were welcomed to add the minor, although the majority of the 19 students were part of the School of Nursing. Junior Stephanie Modena, a nursing major, picked up the minor in addition to her medical Spanish minor.

Through her chronic illness classes, Modena had learned a number of interesting facts. As the U.S. population aged, chronic diseases were the leading causes of death and disability. These illnesses included obesity, diabetes, arthritis and emphysema. According to an article presented in class, 100 million people in the U.S. had at least one chronic condition, and half of those individuals had more than one. Another fact that stuck out to Modena was that chronic illness accounted for three-quarters of the total national health care expenditure.

Four nursing professors taught the two core classes, while other nursing or healthcare professionals taught the electives available to students. The number of electives would grow over time as the professors worked to develop courses that had a strong emphasis on chronic illness.

"Those who complete the chronic illness minor will have a comprehensive understanding of chronic illness and strategies to better manage [its effects]," said Gross.

Information compiled from [www.CDC.gov](http://www.CDC.gov) and [www.nursing.jmu.edu](http://www.nursing.jmu.edu)

# [KIN157] women's self-defense

maryclairejones // writer

**“Y**ou said all I have is sarcasm and a gun.”  
*“That and a right hook.”*  
 -“Miss Congeniality”

Even Sandra Bullock understood that no woman should be without a basic knowledge of self-defense. The university saw the importance of educating women in this area, and added KIN 157: Women's Self-Defense to show its commitment to women's safety. The eight-week course gave “a practical hands-on experience [where students] are shown simple things they can do with their body to defend themselves,” according to Professor Denise McDonough.

“We practice a lot of basic defense principles like twisting and blocking, and we take turns attacking each other,” said senior Stephanie Hunt.

McDonough didn't classify the course as a certain type of self-defense, instead combining a series of styles that she had learned over the years.

“There's a little bit of jiu-jitsu with the twists and turns, but it's really just a combination of styles I've studied,” said McDonough. “It is important for the girls to know that it's not necessarily about strength. It's mainly about using their bodies to get loose, how to get out of different situations.”

“We keep logs of what we've learned each day and what we've learned about ourselves,” said Hunt. “The best part for me is realizing that I'm capable of doing all these things, of being able to defend myself.”

McDonough also stressed to the women that what happened in the real world could be very different than what happened in a classroom.

“She tells us not to be so careful with our partners, that we won't learn that way,” said Hunt. “And it's true—I've learned that I don't think about the moves, if I just go for it, it comes naturally.”

Aside from the hands-on portion of the class, there were also times when students were able to bring in questions they had about different situations.

“It's kind of an open forum,” said McDonough. “The discussion goes where the class goes.”

Discussions included various situations one could get into, the best ways to get out of dangerous situations by using your voice, and different avoidance strategies. One of the main things the class discussed was assorted ways to stay safe in various settings, including in a group or car.

Students also had assignments outside of class, including a stalking assignment where the students had to pick someone to follow.

“They had to stalk someone just to get a feel for how easy it really is,” said McDonough. “It just gets them thinking. In today's society, people are just in more risks, more situations where there is increased violence against other people. Knowing what to look for and how to keep yourself safe are all unfortunately part of our society and it's important for both men and women to be able to protect themselves.” //



Practicing at home in their living room, seniors **Rikki Wagner** and **Morgan Coubot** work on a choke hold and defense they learned in KIN 157: Women's Self-Defense. KIN 157 was just one of the one-credit kinesiology courses offered in the first or last block of each semester.

photo//anniekraft

Senior **Rikki Wagner** demonstrates a rear hold on senior **Morgan Coubot** while practicing at home for KIN 157: Women's Self-Defense. Other eight-week kinesiology courses offered at the university ranged from scuba and skin diving to mountain cycling.

photo// anniekraft







**Alexandra Gawler**  
Health Sciences

**Christina Gennari**  
Nursing

**Donald Gleason Jr.**  
Integrated Science & Technology



**Courtney Gordner**  
Social Work

**Alynn Gordon**  
Psychology

**Mina Gurung**  
Communication Sciences & Disorders



**Jeffrey Haas**  
Geographic Science

**Christina Hairston**  
Health Sciences

**Catherine Harmon**  
Health Services Administration



**Lura Harrell**  
Nursing

**Kristy Marie Harris**  
Health Sciences

**Lucas Hauschner**  
Integrated Science & Technology



**Christopher Hite**  
Athletic Training

**Jessica Hopkins**  
Nursing

**Caitlin Howard**  
Nursing

**Jennifer Jenkins**  
Psychology



**Ashley Jackson**  
Health Services Administration



**Ashley Hudson**  
Health Services Administration

**Kimberly Kavanaugh**  
Nursing



**Donna Jones**  
Kinesiology

**Katie Johnson**  
Communication Sciences & Disorders

**Daezel Lacanlale**  
Nursing



**Jacqueline Kurecki**  
Health Sciences

**Paula Keough**  
Health Services Administration

**Bethany Magee**  
Communication Sciences & Disorders

**Ashley Luhrs**  
Psychology

**Megan Lipp**  
Health Sciences



**Ryan McGlynn**  
Information Analysis

**Kelly Mayhew**  
Health Sciences

**Allison Marano**  
Health Services Administration







Smiling in anticipation, students and their mentees prepare for a hayride as part of the Fall Harvest Festival. The festival was held at a park near Waynesboro, Va., and also included hot cider and games. photo: courtesy of jessicacave



Students from Waynesboro High School (WHS) join their mentors for a Fall Harvest Festival. "It was a huge success," said graduate assistant Jessica Cave, who worked specifically with WHS. photo: courtesy of jessicacave

## purple&goldconnection

lisamees // writer

"JMU students are different from the surrounding community in the sense that they have had people around them to help them dream and think about their lives a little bit more, even if it was just a good high school teacher," said Professor BJ Bryson.

This was the need Bryson saw in Waynesboro High School, and with the help of the Professors in Residence program, she was able give the university's students an opportunity to give back the support that they had received.

"Young people need the capacity to dream," said Bryson. "You can't dream if you've never had the experience, or saw, or even thought of something."

The Purple and Gold Connection began in the fall with a small group of students who were mostly social work majors. The group partnered with Waynesboro High School teachers and counselors to find rising 10th-graders who they felt could greatly benefit from the program. Even though the program was new, its presence had already impacted the school and the community.

Students hosted a snow tubing trip, a family pizza night and a harvest festival. They also began reaching out to the rest of the student body by hosting "Hanging Out With P&G," where kids who may have been turned off from the formal relationship of a mentor could still go for lunch and hang out to talk about their own issues and concerns.

"Our role as mentors is to, in a nutshell, be your mentee's No. 1 fan," said sophomore Elizabeth Coates. "We are there to be a tool for the mentee to navigate through their emotions, and more fully realize who they are."

However, the mentors did not just jump in feet first. They received

extensive training on confidentiality guidelines, the basics of conversation, developmental stages, and how to be most beneficial to their mentees. They also participated in scenario-based training where they practiced handling potential situations where their mentees confided dangerous situations such as violence in the home, family members using drugs, or plans to run away. In these situations, the mentors learned how to help their mentees make better decisions and lead them to higher goals and a lifestyle that was beneficial to them.

Mentors were required to spend four hours a month with their mentees, which Bryson noted was more time than many students got with their own parents.

"My mentee is more than just another high school student, an immigrant, a statistic; she is a kind, hard-working, bilingual, and differently experienced young lady that will, I believe, one day make something great of herself," said sophomore Annunciata Corey. "Believing this has made me see that the less fortunate person who happens to live on the wrong side of the tracks in a small town has just as much potential as the less grateful one who lives in the right neighborhood."

The goal of all students involved was to build a greater community and develop the Waynesboro area. The Professor in Residence program intended to do the same in the other 12 partner schools.

"Education changes a lot of people," said Bryson.

The Purple and Gold Connection was bringing that message to those who didn't hear it enough.



# athletic training education program

caitlin crumpton // writer

**A**thletes tolerated long practices at intense levels that often caused injuries to their bodies, requiring treatment by professionals who had specifically studied athletic injuries. These professionals, called athletic trainers, focused on the prevention, evaluation and rehabilitation of athletic related injuries.

The university's Athletic Training Education Program (ATEP) provided students with academic and hands-on experiences that would better prepare them for a profession in athletic training.

"Students learn about injury evaluation, emergency care and management, general medical conditions, cardiovascular and skin conditions, injury rehabilitation, bracing, taping, strength and conditioning, nutrition, and administrative topics," said Connie Peterson, an athletic training faculty member.

In order to be accepted into the program, students were required to take certain pre-requisite courses and maintain a minimum GPA of 2.5. The students also went through an application and interview process to determine if they were passionate about a career in the field.

The student couldn't be accepted into the program typically until his or her junior year, when they entered the professional phase of the program. There were 31 individuals in the professional phase, and up to 18 students per year were accepted.

Students in the pre-professional phase, which typically began in the spring semester of his or her sophomore year, were required to complete nine to 12 hours per week of observation in the athletic training facilities. Once admitted into ATEP, the students completed 800 hours over four semesters at a clinical site.

Clinical sites were located on campus with varsity teams or at surrounding colleges, universities and high schools. At these sites, students practiced

hands-on applications under the supervision of certified athletic trainers.

"It is a way for students to take his or her skills from class, and apply it to the real world," said Peterson.

Students in ATEP also had the opportunity to be involved with Madison Athletic Training Student Association (MATSA), a student-run organization established specifically for individuals interested in pursuing a career in athletic training.

"This is done so through three goals, including academic, professional and social aspects," said senior Kelly Murphy, the organization's president. "Ultimately, MATSA looks to give back to the community and promote the profession and its skills through various events."

After completing ATEP, students went onto graduate school to obtain their master's, where opportunities with high schools, major colleges and universities, and even professional sports were possible. Other individuals went on to physical therapy school or physician assistant school, or even received a graduate assistant position at a university in a large athletic conference.

"Athletic training is a good healthcare profession that gives you opportunities and also allows you to create your own jobs," said Peterson.

With the education and hands-on experience that the ATEP provided, it gave students the opportunity to become more knowledgeable and skilled in the field of athletic training.

"The ATEP brings a unique quality of education to its students through practicum and clinical rotations as well as through academic classes," said Murphy. "The classes are beneficial for learning the content, [but] the experience the students are exposed to in the athletic training rooms truly allows them to apply what they've learned for further understanding and growth in the subject matter." //



A player raises her arms, allowing the student athletic trainer to tape a bag of ice to an inflamed muscle. Athletic training students devoted approximately 20 hours a week to clinical education.

photo: alexledford



Working to massage a player's knee, senior **Elly Hart** gains practical experience in working as a student athletic trainer with the women's basketball team. The Athletic Training Education Program was approved by the National Athletic Trainers' Association (NATA) in 1982.

photo: alexledford





**Tiara McKeever**  
Psychology

**Brittany Melton**  
Dietetics

**Jared Miller**  
Athletic Training



**Dana Mitchell**  
Kinesiology

**Lauren Murphy**  
Nursing

**Bianca Newton**  
Health Sciences



**Michael Oliver**  
Computer Science

**Eileen Peterman**  
Psychology

**Emily Phillips**  
Health Sciences



**Erin Plecker**  
Health Sciences

**Caitlin Price**  
Psychology

**Ginna Quillen**  
Athletic Training



**Maggie Ramseyer**  
Health Sciences

**Melissa Reimert**  
Kinesiology

**Polly Reuter**  
Health Sciences



**Tara Searight**  
Psychology



**Angela Saunders**  
Health Sciences



**Rachel Rosenburg**  
Psychology



**Tiffany Stevens**  
Communication Sciences & Disorders



**Steph Smith**  
Dietetics



**Janay Smith**  
Health Sciences



**Michael Trop**  
Integrated Science & Technology



**Shannon Thornhill**  
Health Sciences



**Nina Szemis**  
Athletic Training



**Lauren Walston**  
Dietetics



**Allison Walsh**  
Kinesiology



**Shavonne Turner**  
Psychology



**Jessica West**  
Health Sciences



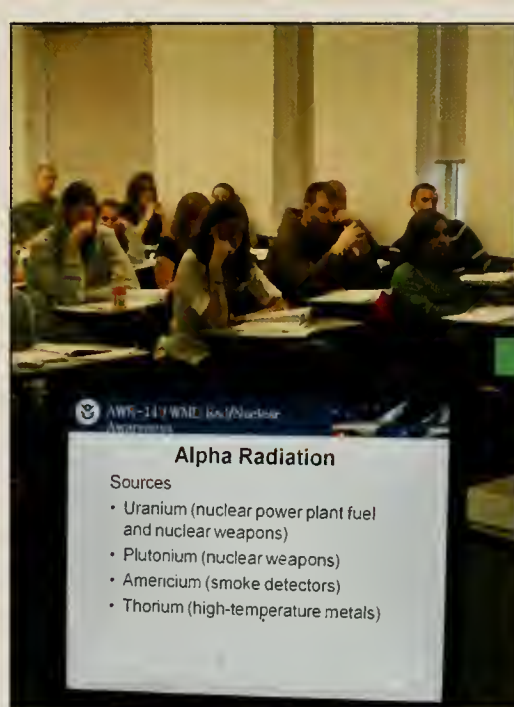
**Sarah Weitzel**  
Psychology



**Sarah Ward**  
Psychology







Students listen with rapt attention as Professor **Ronald Raab** lectures on alpha radiation. During the semester, students learned about different types of radiation, including beta radiation, gamma rays and X-rays.  
photo: sunshim

Professor **Ronald Raab** discusses radiation diseases and demonstrates radiation detection on senior **Lumyai Layden**. Students watched several video clips following the demonstration and learned to recognize examples of radiation.  
photo: sunshim

*awareness &  
understanding of*

# **[ISAT459]** weapons of mass destruction

karlynwilliams // writer

The syllabus read: “The current war in Iraq, predicted on the likelihood of Saddam Hussein’s store of ‘weapons of mass destruction,’ illustrates the feeling of the current concern about this type of modern warfare and terrorism.”

Students enrolled in ISAT 459: Awareness and Understanding of Chemical, Biological and Radiological Weapons of Mass Destruction, were from various disciplines including public administration, information analytics, biotechnology, media arts and design, and criminal justice. The course educated students about chemical and biological instruments of terrorism, with an emphasis on bacterial, viral and chemical agents.

“They will do a project where they divide into pairs and each pair will plan a ‘terrorist attack’ using a certain agent,” said Professor Ronald Raab. “They must include reasons for the attack, where it will take place, how the agent will be used and the expected outcome.”

After the assignment was turned in and graded, pairs were given one of the “terrorist attacks” from another pair. Their role was to plan a response to that attack based on the knowledge they acquired throughout the semester.

Raab believed that the media was desensitizing Americans to ignore possible warning signs of an attack with weapons of mass destruction. Through this project, Raab wanted the students to become more aware of the various agents that could be used in potentially dangerous attacks.

“I want to become more aware on what’s going on around me,” said senior William Jay. “As a biotech major, knowing what chemicals make up explosives will keep me aware of suspicious activity in my everyday life.”

In addition to gaining awareness about these agents, each student had the opportunity to gain certifications in Weapons of Mass Destruction Awareness, Radiological Awareness and Federal Emergency Management Agency. These certifications proved valuable when the students sought employment.

Senior Andrew Piske applied the skills he had learned in the course by volunteering at the fire department, where Raab served as a hazardous materials (HazMat) officer for the Rockingham County Fire and Rescue.

“[I use] hazard recognition skills as well as response skills—knowing what the hazards are, what to look for in suspicious situations and how to handle them accordingly,” said Piske. “I plan on using the information in my career pursuits as I am looking to begin my career in emergency management after completing my master’s.”

Those who did not understand the importance of the class had questioned Raab in regards to the course’s subject matter.

“I’ve got the question, ‘Are you training terrorists?’” said Raab. “My answer is ‘No, we’re just teaching [the students] how to respond to an attack with certain chemicals because certain chemicals require different responses.’”



Miranda Williams  
Psychology

Jessica Wray  
Communication Sciences & Disorders

Obolety Jacob  
Nursing



## joanngrayson

allisonlagonigro // writer

**J**oann Grayson, a professor in the department of psychology, worked as an advocate for child and family abuse victims and won several awards for her work. Through her class teachings as well as her volunteer work, Grayson was an inspiration to her students.

At the university, Grayson taught in the areas of child abuse and neglect, child clinical psychology and clinical psychology.

Grayson had also played an important role in the department of psychology's field placement programs, which consisted of volunteer programs that students participated in for university credit. These programs included mentoring elementary school students, tutoring at-risk and foster children, and working with programs like the Virginia Mennonite Retirement Community, Healthy Families or the Virginia Child Protection newsletter, a publication distributed nationwide that Grayson had edited and published since 1981.

"I have had the opportunity not only to learn more about what it is like to work as a professional in the field of psychology, but I have also learned more about my personal strengths and weaknesses," said senior Cassie Castro, a student who worked at Shenandoah Academy for the Shenandoah Youth Services of Virginia. "I have also learned that I am in the right profession because I value helping others enrich their quality of life."

In addition to her other accomplishments, Grayson sat on the Governor's Advisory Board on Child Abuse and Neglect from 1983 to 1993, and served as its chair for four years. In 2001, Grayson testified before a Congressional

committee to lobby for the reenactment of the Child Abuse Prevention and Treatment Act.

"Speaking to the Congressional Committee was something I did as a service to the American Psychological Association," said Grayson. "I gave testimony on my thoughts and hoped my ideas were helpful to the committee."

In 2006, Prevent Child Abuse Virginia awarded Grayson with its Champion for Children Award in recognition of her dedication to helping children and families. In March 2009, Grayson was awarded the Virginia Women in History Award after being nominated by a fourth-grade class from a school in Alexandria, Va. She had also won the university's Be the Change award in healthcare.

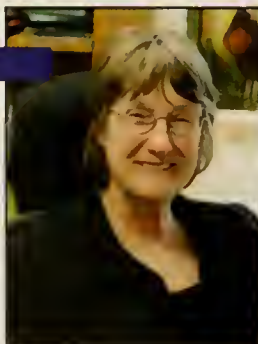
"It is certainly wonderful to be recognized," said Grayson. "It is especially nice that others see the efforts as worthwhile. It is humbling, as so many others also do exceptional work."

Many of her former students had enrolled in graduate school, while others were conducting their own case studies or spending time teaching in foreign countries. Despite their differences in occupations, future goals and plans, they all attributed some amount of their success to their participation in the field placement program and the encouragement they received from Grayson.

"It's just very positive to know that students are able to launch wonderful careers," said Grayson, who enjoyed hearing from former students. "It's just so much fun to read what everybody has done." //

Professor **Joann Grayson** fills out paperwork in her Miller Hall office. Grayson was named a "Virginia Woman of History" along with seven other women. Past recipients of this award included Martha Washington, Dolly Madison and Katie Couric.

photo: emilylaw



Psychology professor **Joann Grayson** is well known for her prevention programs for at-risk children in the Harrisonburg community. Grayson had taught at the university for 30 years and supervised more than 9,000 hours of community service.

photo: emilylaw







# college of science and mathematics //

The College of Science and Mathematics (CSM) made a series of changes over the course of the year, adding three environmental minors and a biochemistry minor to the curriculum. Students experienced the benefits of developments made inside and outside the classroom.

A new bioscience building was in the planning and production stages, to be built in the space between the East Campus Library and the Physics and Chemistry building, which was currently a parking lot.

Math students competed in the Consortium for Mathematics and Its Applications Project (COMAP), a math modeling competition sponsored by a nonprofit organization. Over a period of four days, 800 teams from 11 countries used mathematical modeling to present their solutions to real world problems.

Students who wanted to get some hands-on experience had this opportunity through the Office of International Programs, where CSM sponsored programs for students to study geology in Ireland, explore the history of science in London, and dive into environmental issues in the Bahamas or Madagascar. The college also periodically sponsored a study abroad program in the Galapagos Islands.

"Our study abroad programs are fabulous," said Dr. David Brakke, the dean of CSM.

CSM was dedicated to excellence in undergraduate education and research, according to the college's Web site. Its programs were student-centered and designed to prepare students for responsible positions at all levels in research, industry, education, medicine and government.

The college emphasized learning through hands-on activities and provided active learning experiences in a range of settings. It also encouraged collaborative research with faculty, internships and other experiences that facilitated transitions to the work environment, or graduate or professional education, preparing students for life after graduation.

caitlinharrison // writer



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ENVT 400: Capstone Seminar in Environmental Problem Solving

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Astronomy Park

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FACULTY PROFILES: Mark Mattson & Brian Utter

# [ENVT400] *capstone seminar* in environmental *problemsolving*

sarahlockwood // writer

Captain Planet was quoted at the top of the syllabus, “Protect the environment or I’ll f@!&%\*# kill you!” Despite its comical nature, the sentiment was no joke. During its debut in the spring, ENVT 400: Capstone Seminar in Environmental Problem Solving gave conscientious students the opportunity to study and address some of the world’s environmental issues.

A team of professors called “The Environmental Science and Studies Work Group” created the capstone course as part of the reorganization of the three environmental minors. Because the new curriculum required all environmental minor students to take the capstone course, it enabled “very different perspectives to come together to work on problem solving over one central controversial issues,” according to Professor Jennifer Coffman, who co-taught the course with Professor Steven Frysinger.

Coffman and Frysinger chose the theme “Biofuels and the Global Food Supply.”

“The reason we want to teach this is because we are nowhere near to having all the answers,” said Coffman. “[We’re] very interested in this controversy and hearing what they think because these are the ones that are going to graduate and likely get involved.”

“We wanted to find an issue that would be sufficiently difficult, challenging and ill-defined so that there’s no quick answers [and] we

could have a conversation about it,” said Frysinger. The plans for the class allowed for a different set of teachers to present students with a different theme each semester.

Although current environmental minor students were not required to take the capstone course because they were grandfathered in, the course was almost filled. On the first day of class, both professors agreed that this pilot group was promising, as they were already discussing candidly and intelligently with one another.

“We even assigned an advanced reading and they did it,” said Coffman. “What more can you ask for?”

The 14 students, who ranged from integrated science and technology majors to communication studies majors, had more than readings and discussions in store for them. Students also took field trips to the university’s Alternative Fuel Vehicle Lab, listened to guest speakers, and were given the responsibility of designing five weeks of the course—one lesson a week taught by a group of two to three students.

“When you’re going to teach a topic, you really do have to dive in and learn as much about it as you can and so that’s what we’re hoping happens in that process,” said Frysinger. “The broader picture is we’re hoping that they learn to appreciate different points of view about environmental issues in general, improve their methods of discourse, and develop their critical thinking skills.” //



Passing back an informational pamphlet, students listen as Professor **Steven Frysinger** elaborates on environmental issues. Before teaching at the university, Frysinger was a lead display systems engineer in the development of sonar systems for the U.S. Navy.

photo/kimlofgren

Taking time out of class for discussion, Professor **Steven Frysinger** talks to students in ENVT 400: Capstone Seminar in Environmental Problem Solving. The capstone was designed around a particular environmental topic, and was usually capped at 16 students to facilitate intensive projects.

photo/kimlofgren







**Paige Abe**  
Biology

**Laetitia Bergeron**  
Health Sciences

**Timothy Blake**  
Health Sciences



**Jason Branton**  
Biology

**David Craven**  
Geology

**Amanda Dedonato**  
Biology



**Maria Keaton**  
Biology

**Jennifer Lam**  
Mathematics

**Sarah Maier**  
Mathematics



**Lane O'Brien**  
Mathematics

**Christina Raeder**  
Biology

**Meghan Raghianti**  
Mathematics



**Kristin Sachs**  
Biology

**Lauren Saunders**  
Biology

**Thomas Smith**  
Biology



Monica Szymanski  
Math

Dillon Trelawny  
Physics

Jacqueline Wagner  
Mathematics



## markmattson    brianutter

juliacramer // writer

Last summer while flipping through the presets on his radio, Professor Mark Mattson turned to WXJM 88.7, the university's station. All he heard was static, and he thought of the dead air as a waste. This experience, "mashed with a desire to spread science and math," gave him the idea to create his own science-based radio program. With his co-host, Professor Brian Utter, Mattson created his weekly radio program, STEM Sell.

Mattson had originally become interested in teaching during his freshman year of college at Virginia Tech. He majored in chemical engineering but often found himself helping friends understand math and came to enjoy it. His teaching adviser encouraged him to fulfill teaching requirements, and Mattson also earned his Ph.D. in physics. After he graduated, Mattson taught at a few schools in Virginia before coming to the university in 1997 to teach physics.

Utter had served as a teaching assistant when he was a graduate student at Cornell University and worked as a researcher for three years at Duke University. The university's physics department hired him in 2004.

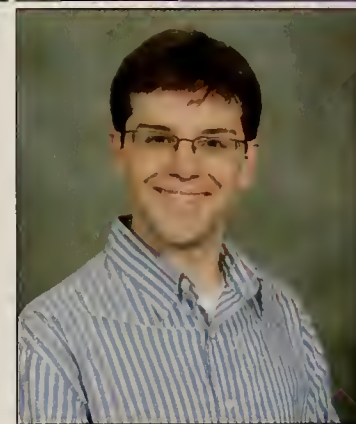
In the fall, Mattson began contacting the advisers at WXJM and higher university administrators to develop his idea into a reality. The radio station told him he needed a co-host for his show, so he started e-mailing other faculty members. Utter saw the e-mail and jumped at the chance to co-host a science radio show. Neither Mattson nor Utter had any experience in radio, but they hosted their first show on Tuesday, Oct. 27, under the direction of the WXJM program director, senior Eric Wuestewald. At the time, the show did not have a name, but both Mattson and Utter quickly came up with the name STEM Sell and decided to stick with it at the risk of sounding cliché. STEM was an acronym for Science, Technology, Engineering and Mathematics.

"Stem cells have been an issue in the news lately and we're selling the concept of science and math," said Mattson.

In the spring semester, the show ran every Wednesday from 8 p.m. to 9 p.m. During the first 15 minutes of the show, Mattson and Utter reported science in the news. Then they interviewed a guest, usually a faculty member who talked about his or her latest research. In the final 15 minutes, they discussed STEM in the news and science in everyday life. For example, in January they explained the science behind the 3D movie, "Avatar."

"Ultimately, I like learning new things," Utter said. "I like talking about some of the bizarre and amazing things that science uncovers. This show has given me an excuse to talk to STEM faculty and students across campus and troll the Internet for interesting science news. It's fun. In the end, I guess that's why I do it." //

Christopher Willis  
Physics



STEM Sell guest **Kevin Minbiole** leans in closer to the microphone while Professor **Brian Utter** looks on during STEM Sell's seventh broadcast episode. Minbiole, a professor in the university's chemistry department, was working in collaboration with the biology department on the Natural Product Isolation Project, whose research on amphibian extinction was presented in a program on the Discovery Channel in 2008.  
photo: kimlofgren





Senior **Daniel Simonson** peeks into one of the six telescopes mounted at the Astronomy Park. The park had been constructed in the fall of 2006 and the Astronomy Club often hosted "star parties" there to allow students to view nearby planets.  
photo//kimlofgren

Astronomy Club president, senior **Patrick McCauley**, adjusts the telescope to try to see through the clouds. Less than optimal viewing circumstances often caused the club to cancel their "star parties."  
photo//kimlofgren



# astronomypark

karlynwilliams // writer

The Astronomy Park provided an escape for students and the community and allowed them to star gaze in the convenience of the university's campus. Located on the east side of campus between the Integrated Science and Technology (ISAT) building and the Skyline dorms, the Astronomy Park was used by classes, the Astronomy Club and the public.

The Astronomy Park had electricity and six mounting pedestals for telescopes, so its users didn't have to worry about batteries, long extension cords or tripods. The park's concrete pad also made viewing easier when the ground was wet or muddy. The park was primarily reserved for introductory science courses, such as GSCI 104: Exploring the Night Sky.

"These courses use the park to look at bright objects in the sky," said William Alexander, assistant professor of physics and the planetarium's director. "They aren't too bothered by light pollution from the stadium and the nearby fields."

The campus lighting was not ideal for research and deterred some faculty and students from doing more serious scientific research at the on-campus park.

"The light pollution on campus severely inhibits the collection of scientific data," said senior Daniel Simonson, who used Alexander's telescope for projects related to his astronomy minor.

As members of the Astronomy Club, both Simonson and senior

Patrick McCauley's biggest project was reaching out to the community through events at the park. McCauley, the club's president, believed astronomy was a casual interest for most people, so the park was able to pull a decent crowd when the park held public events such as viewings of a lunar eclipse.

"Having an on-campus site for setting up telescopes is very important to us in terms of how many people come out," said McCauley. "Many people are content to have a quick look and leave, so I think having to trek any further might discourage some folks."

Alexander agreed. "If we were on a mountain top some place, we wouldn't get that random traffic that is walking by the park."

Students or community members could learn to use the specialized equipment with just a few training sessions. The club attempted to use the park every other week, but often had to reschedule due to weather.

McCauley did not use the park much for his own research, but instead preferred using a larger telescope in darker skies off campus. Faculty, staff and student organizations often did their own research at the University Farm, located just 10 miles east of campus. The farm provided 31 clear acres alongside the North River, eliminating some of the light pollution found on campus.

"In an ideal world, we'd have both the park and an off-campus observatory for research," said McCauley, "possibly located at the University Farm."//

# college of visual and performing arts //

The College of Visual and Performing Arts (CVPA) provided a platform for students to creatively express themselves. CVPA offered degrees in art, art history, music, theatre and dance.

"In the College of Visual and Performing Arts, students are able to pursue rigorous training in their major discipline within the context of a top-notch, undergraduate-focused university," said Kate Arecchi, an assistant professor of musical theatre. "There is a real sense of excitement and collaboration between the varied artistic disciplines that make up the College of Visual and Performing Arts."

The School of Art and Art History had more than 600 students who could choose from more than 155 available courses. This "collaborative community" offered degrees in art history, studio art, graphic design, interior design and industrial design. The school sponsored four art galleries, which offered opportunities for students to explore, think and succeed artistically.

The School of Music allowed students to study subjects ranging from percussion to the music industry. Anthony-Seeger Hall and Wilson Hall auditorium remained the sites for student performances as the university completed construction on the Center for the Performing Arts, which was due to open in the fall of 2010.

The School of Theatre & Dance would also use the new facility for its programs in theatre, musical theatre and dance. Although classes were spread out around campus in four separate locations until the new construction was completed, the new building would bring the different schools closer together.

"Theatre, dance and music sharing this new facility will foster even more collaboration between students and faculty," said Arecchi.

bethfeather // writer





Lindsey Andrews  
Studio Art



Courtney Barnes  
Music



Melissa Burrus  
Studio Art

Kathleen Coffey  
Studio Art

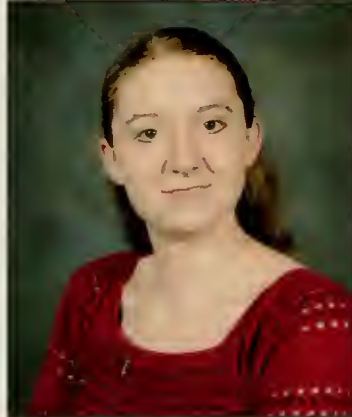


Rachel Garmon  
Theatre & Dance



Katherine Houff  
Theatre & Dance

Brittany Jones  
Studio Art



John Keeney  
Music Industry



Sang Yong Kim  
Studio Art

Shanna Langhorne  
Studio Art



Patricia Lawless  
Music



Stephen Long  
Studio Art

Lorinda Loucks  
Fine Art



Kelley Oliver  
Studio Art



Tiffany Painter  
Studio Art





Siana Pentcheva  
Studio Art

Roger Phelps  
Music Education

Alyssa Suran  
Studio Art



Marina Yancheva  
Art History



Warming up with a series of pirouettes, sophomore **Lindsay Wirt** and senior **Briana Carper** prepare for DANC 246: Intermediate Jazz. Like many courses in the dance program, DANC 246 could be repeated for credit.  
photo//nataliewall

# [DANC246] intermediatejazz

allisonlagonigro // writer

“Jazz is a fun, upbeat form of dance,” said Professor Suzanne Miller. “It’s a fun way to be getting exercise without really knowing you’re getting exercise, and a fun way to gain strength and flexibility.”

DANC 246: Intermediate Jazz was a class designed for any dancers who had minimal jazz training or for those who had previously only taken a beginner’s jazz class. However, priority placement in the class was given to students majoring in the School of Theatre and Dance.

“It has provided the opportunity for me to escape the stressful world of a college student and enjoy dancing,” said senior Kelsey Ann Hickson.

Many students who enrolled in the class had danced growing up, either on a school dance team or at a private dance studio. Those students saw the class as a way to continue their passion for dancing.

“It is such a release,” said senior Jenna Thibault. “I can truly say I get lost in my own world when I’m dancing. I am only aware of myself, the movement and the music.”

Through the class, students worked to increase skills such as flexibility, strength, balance, endurance and rhythm.

“My favorite part of the class is going across the floor,” said senior Alissa Clayton, which she described as practicing technical skills in sequence or in combinations.

The purpose of the class was not only to improve upon existing skills, but also to learn about the many different styles of jazz dance.

“In the first half of the semester, they’re usually taught three different dance combinations and they’re graded on those combinations,” said Miller, who had taught at the university for 14 years. “They’re graded on things like musicality, memory, technique and use of space.”

Another component of the class consisted of a choreography assignment, where the class was given a combination and then required to manipulate the combination in order to make it their own. Students were able to add a segment, change certain aspects of the combination, or add their own style to it.

“It’s a great class to take even if you don’t ever want to continue to dance again because it teaches lifelong skills,” said Miller. “It probably gets them excited about being physically active for the rest of their lives.”//

# ***underclassmen//***

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General Education Program

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Madison Advising Peers

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GSCI 164: Physical Science—Learning Through Teaching

# general education program

mandysmoot // writer

The university prepared students for their futures by providing them with a broad range of general education requirements and career-oriented majors. The general education program required students to take classes in the arts, humanities and sciences, which consumed about one-third of the necessary undergraduate credits. While some students grumbled about these mandatory classes, a number of students had a higher regard for the university's commitment to their overall education.

Junior Kayla McKechnie felt that the idea of the program benefited students.

"If you get a passionate [general education] professor that isn't overly fond of projects, readings and assignments, then the classes can be enjoyable and entertaining," said McKechnie. "You can't help but walk away with more knowledge than you had before."

But McKechnie also recognized difficulties in balancing her general education classes with required classes for her major.

"It's nice to learn things that I wouldn't otherwise be exposed to, but there is nothing worse than a [general education] professor that goes too far in making the class overly difficult," said McKechnie.

Students who had already declared their majors prior to their freshman year may have considered the program to be a waste of time, but others found that general education classes were particularly helpful when they were still trying to figure out their majors.

"I think that it [the general education program] is very helpful for those

who are undecided as to what major they want to pursue," said sophomore Katelyn O'Donnell.

The program offered students an assortment of diverse classes to introduce them to variety of subjects and career fields, and students often had a choice between one or more classes that would fulfill a certain requirement.

"I appreciated that I was forced to take a class other than my minor," said junior Amy Sullivan, who enjoyed her general education math class thrown into a semester full of writing courses.

Professor Timothy Howley, who taught GKIN 100: Lifetime Fitness & Wellness, also saw the benefits of general education classes.

"If students were not mandated to take a general health [or] wellness class, they may not examine their own health behaviors," said Howley. "With current health trends, it is essential that we promote wellness and prevention."

A remainder of students were on the fence when it came to the program.

"I think JMU should keep [general education classes], but they do get in the way at times," said junior Tessa DuBois, a communication studies major who disliked her required science class because she didn't see its benefits in her field.

In the end, it often depended on the student.

"I took several science and English courses, which seemed fairly repetitive," said senior Lindsey Monroe. "I wish we had more free range when it comes to selecting which [general education classes] to take." //



Students take notes during a lecture in GEOL 110: Physical Geology. GEOL 110 was one course that filled a requirement in the third general education cluster, "The Natural World."

photo // anniekraft





Diane Abadam  
Kristina Apwisch  
Rachel Atkins  
T'Airra Belcher  
Lauren Bernardo



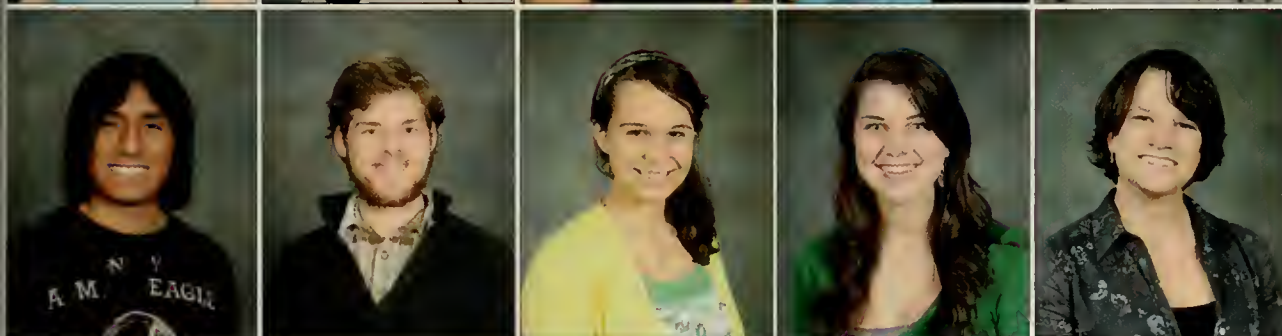
Kelsey Blanchard  
Elizabeth Cannon  
Joni Carnes  
Amanda Caskey  
Nadia Charity



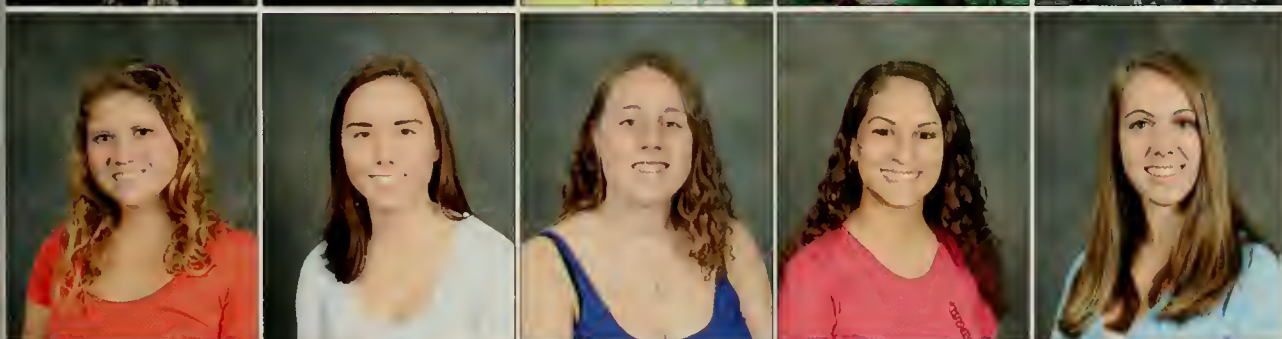
Veronica Choi  
Kristi Clemons  
Cody Clifton  
Taylor Cochran-Sutton  
Candice Coleman



Brandi Cooper  
Logan Cox  
Julia Cramer  
Kelsie Davenport  
Jessica Davis



Paul Dimarco  
George Dippold III  
Rachel Dozier  
Catherine Duval  
Constance Evans



Alana Ferens  
Allyson Fleming  
Margaret Fogarty  
Alexandra Foundas  
Kathleen French



Kelly Gatewood  
Ashley Grappone  
Candice Groover  
Daniell Haas  
Tiffany Hawkins



Elisa Hernandez  
Kaitlin Holbrook  
Sara Hollands  
John Hollenbeck  
Chris Holt



Shannon Huntley  
Azamat Ibragimov  
Danielle Jenkins  
Matthew Johnson  
Ilia Koulinitch



Karley Kranich  
Allison Lagonigro  
Abby Lantzy  
Betsy Larue  
Britanie Latimer



Brianna Lauffer  
Emily Law  
Sarah Lockwood  
Kimberly Lofgren  
Jessica Ludwig



Katherine Lyvers  
Lisa Mees  
Almas Mendygaliyev  
Evalena Miller  
Mary Mitchell







Sophomore **Lauren Burwell** looks on as senior **Jack Wickham** helps her to choose her classes on e-campus. In addition to offering help in the office, Madison Advising Peers could also be reached through e-mail. photo : sarahwink

# madisonadvisingpeers

sarahchain // writer

Imagine yourself as an underclassman: bombarded with general education requirements, the stress of declaring a major, exploring study abroad opportunities and navigating e-campus. Imagine yourself as a senior: completing your major, completing your minor and getting an override into the last course you need to graduate. Understanding the ins and outs of the academic system was often overwhelming for even the most resourceful students.

"I think we all have been in a situation where you have a question that keeps getting referred to someone else," said sophomore Allison Scire.

Recognizing a need for direction that would supplement assistance provided by faculty advisers, the Student Government Association (SGA) and University Advising created a new program in the fall of 2009: Madison Advising Peers (MAPs).

More than 50 students applied for the eight available positions, and in August, Scire and seven others returned to campus before classes started to complete three days of training. The MAPs learned about general education requirements, registering for classes on e-campus and other general advising topics. They also attended presentations by guest speakers from different colleges, in order to better understand the policies of individual colleges.

Some students were intimidated to approach a faculty member, according to the director of University Advising, Anna Lynn Bell. Students often met with a MAP first in order to prepare for a meeting with their faculty advisers, which eased students' worries about asking the right questions.

"We thought there was a role that the peers could play in collaboration with the faculty advisers," said Bell. "From the very beginning working with the SGA, we felt that it was important to partner with faculty and not create a system to replace faculty advisers."

MAPs covered mostly procedural questions about how certain academic systems worked, and directed most curriculum- and career-oriented

questions to a faculty adviser.

The MAP office was open five days a week in Wilson Hall, and saw an influx of both underclassmen and upperclassmen searching for guidance. The peers' busiest time of year was typically during the course adjustment period at the beginning of each semester, and during course scheduling near the end of each semester.

"People want us to look over their schedules and make sure they're on the right track," said junior Courtney Dickerson. "We can help them look over any scheduling issues and then send them to the appropriate program directors or professors that they may need to talk to."

Aside from the common questions about general education, MAPs also dealt with correcting misinformed students, students looking to build their GPAs, and seniors who wanted to adjust their schedules to prevent staying an additional semester.

"A lot of people who come to our office are confused or stressed out, and we get to feel really rewarded because we can sit down with them and figure out what their problem is and what the easiest and most logical solution is," said junior Alexis Jason-Mathews.

Six of the eight advisers planned to return the following year, with new ideas for advertising the program and attracting more students. MAPs had held programs on campus and in residence halls to explain the services they offered and answer common questions, but planned to add a communications coordinator position next semester.

"It's really rewarding to be able to help a student with a problem they've been struggling with," said Scire, who added that the diversity of the MAPs added to the program's collaborative nature. "If I get a major-related question that I cannot answer, chances are one of the other peer advisers in the office has that major and can answer that question."

By working in collaboration with one another and the faculty advisers, MAPs provided answers and direction for any confused student.

# [GSCI164] *physical science: learning through teaching*

karlynwilliams // writer

Instead of spending class listening to lectures and taking endless notes, students in GSCI 164: Physical Science - Learning Through Teaching learned how to teach science concepts by using hands-on techniques.

Sophomore Miranda Lojek had asked Professor Nicole Radziwill to teach this course in the spring because Lojek had enjoyed her teaching style during the fall semester.

"She gets on a personal yet still professional level with her students," said Lojek. "She does her very best to make herself available for her students. She's willing to Skype, text, call, e-mail or whatever is easiest for the student."

Though the spring was Radziwill's first time teaching this course, she had taught all the enrolled students during her first semester at the university in the fall.

"I know them all from before, so we can get started full force," said Radziwill. "It's nice because it is only an eight-week course."

For the first few weeks, Radziwill reviewed a few basic concepts with her students, who were all Interdisciplinary Liberal Studies (IdLS) majors. Then Radziwill stepped back, and the students taught the course. Their major project was to pick a topic, create a lesson plan and find a way to effectively demonstrate that concept to the rest of the group.

"Professor Radziwill leaves the assignments very open," said sophomore

Katie Putnick. "We are able to take our own ideas and run with them." The class only had 12 students, which made it easier for Radziwill to focus on the students' specific needs. Junior Vanessa Dunn enrolled in the course because she hoped to understand the concepts in physics better.

"Physics is not my strongest subject," said Dunn. "I want to be able to better understand so I can feel confident when teaching."

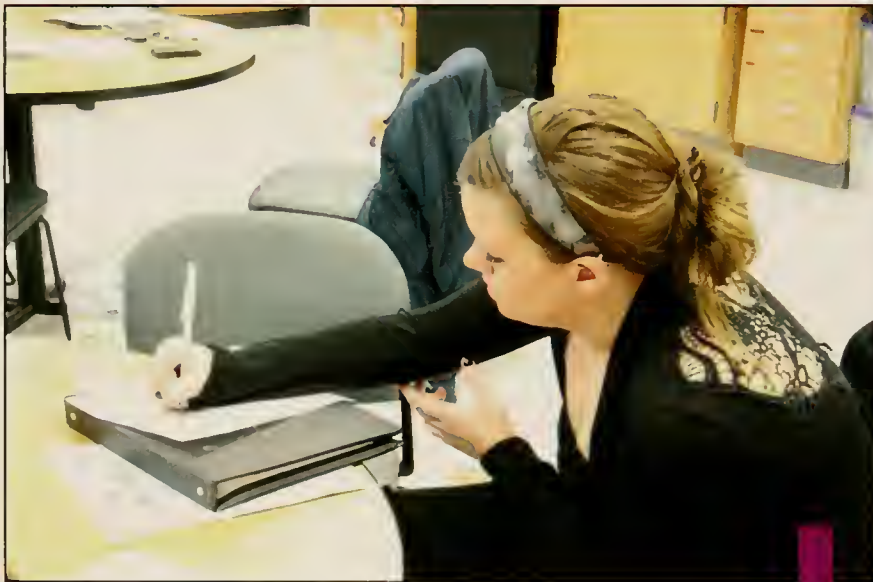
Radziwill encouraged students to adopt a hands-on approach to teaching and learning so they could begin thinking outside the box when they created their own lesson plans.

"In 10 years down the road, I want them to remember and internalize the fundamental concepts through memorable experiences in class," said Radziwill.

Since they were learning about momentum in the beginning of the course, Radziwill took the class to play pool in order to learn about the effect of mass and velocity on the momentum of the pool balls.

"In my opinion, this is a much better alternative to sitting in class and working through sample problems," said Putnick. "We are actually able to see the reasons behind the formulas."

After the students' lesson plans were completed, Radziwill had a surprise for her students. She published a PDF document of all of the students' work in a book, so that each student had the class' entire collection of lesson plans to use in the future when teaching their own classes. //



Sophomore **Kelly Merle** takes notes during a student-led presentation on thermodynamics. GSCI 164 was a block course that lasted eight weeks, where students taught the last four weeks of the course.

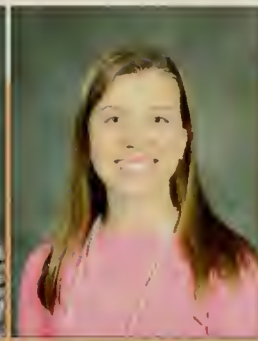
photo emilylaw



Professor **Nicole Radziwill** sets up a student presentation. In her first year teaching at the university, Radziwill encouraged her students to keep in contact through phone calls, e-mails, texting and even Skyping

photo emilylaw





Jade Morse  
 Chloe Mulliner  
 Matthew Phillips  
 Andrew Reese  
 Alyssa Richardson



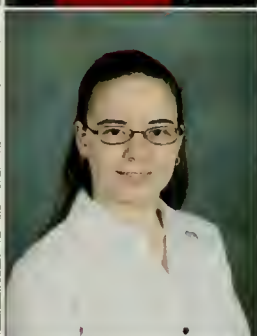
Skye Riddle  
 Corbin Rugh  
 Kaitlyn Schmit  
 Emily Senn  
 Michael Serna



Amy Shadron  
 Alex Smart  
 Katlyn Stiedle  
 Thomas Stokes  
 Elisabeth Sundin



Ethan Thompson  
 Joshua Thompson  
 Samantha Thompson  
 Stacey Walker  
 Brock Wallace



Kimberly Walsh  
 Jessica Weaver  
 Lindsay Weida  
 Morgan Wells  
 Laura Wilkins



Sarah Wink

# *administration//*

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# office of the president

matthewjohnson // writer

**T**he Office of the President's main priority was the student. "One of the main things that the senior management of the institution has an emphasis on is that the student is the main priority," said Donna Harper, the executive assistant to President Linwood H. Rose. "We try to think of what is in the best interest of the students."

With the recession in full swing, attention was given primarily to the budget crisis in Virginia and its effect on students. The Office of the President was constantly looking for different ideas that could help students, but due to a hold on the budget, it wasn't sure what resources would be available within the current budget.

Harper said that the faculty and staff had helped by writing for grants that allowed undergraduates to assist with research, an opportunity that was usually only available to graduate students.

Besides looking out for students, the Office of the President oversaw four divisions at the university: Academic Affairs, Administration and Finance, University Advancement, and Student Affairs and University Planning.

"The strategic emphases of the university for the current year are

academic programs, diversity, sustainability and philanthropy," said Nick Langridge, assistant to the president.

These emphases brought doctoral programs in both strategic leadership and nursing practice. The Office of the President also developed the university's Master Plan, which anticipated use of the space recently acquired with the purchase of Rockingham Memorial Hospital in 2009.

The Office of the President's emphasis on environmental efforts was one of its most important objectives. The office established the Institute for Stewardship of the Natural World (ISNW), which held programs that focused on the university's sustainability efforts.

The ISNW had three main goals: to minimize materials' impact, emissions, toxins, solid waste and consumption; to conserve, steward and restore natural systems; and to advance environmental literacy and engagement through research, education and community programs.

The university's effort paid off when it was ranked among the top 10 schools for Power Vote pledges, which was a campaign to create a clean energy economy.

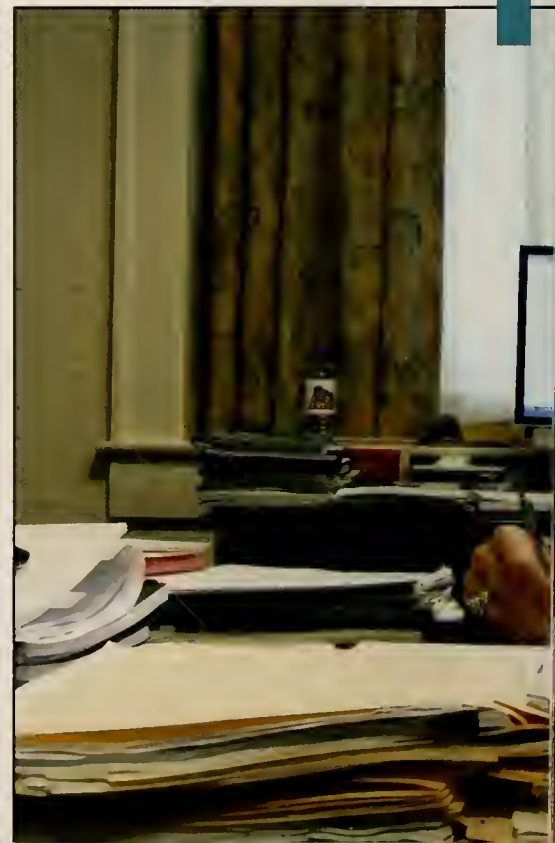
As for future plans, the Office of the President intended to eventually accommodate an enrollment of more than 20,000 students. But even in the midst of the university's growth, the students were always on the administration's mind.

"[Decisions] are always made with the student's best interest at the forefront," said Harper. //



President Linwood H. Rose

Charles W. King Jr., senior vice president of Administration and Finance, concentrates on paperwork in his office. Administration and Finance was housed in Alumnae Hall along with the other administrative divisions.  
photo//tiffanybrown





sarahchain // writer

As the administrative division that coordinated each academic program at the university, Academic Affairs kept busy throughout the school year. In addition to managing each of the six colleges, the department also oversaw the general education program.

During the 2009-2010 academic year, the department worked on developing new programs and expanding old ones. Staff focused on adapting the university's academics to better complement the changing job market and growing industries.

One new program was the School of Hospitality, Sport, and Recreation Management, which would open in the fall of 2010. The new school was a result of a task force that considered all areas of the hospitality and entertainment industries.

"The task force recommended putting faculty together from all areas and letting them develop existing programs and create new programs," said Douglas Brown, the provost and senior vice president for Academic Affairs.

By creating this new school, the administration hoped to attract a large hotel corporation interested in putting a "sizeable" hotel on campus where students could gain experience in an internship setting. The hotel would be connected to a large conference center, according to Brown.

The Academic Affairs branch was also working on expanding the

curriculum in three other areas: creating a doctoral program in strategic leadership, reorganizing the College of Arts and Letters to create a School of Public and International Affairs (SPAI), and developing a communications major with a focus on health communication.

"We're trying to anticipate student demand and what we see out in the market in terms of job potential," said Brown.

In SPAI, the curriculum had changed in the past few years to include more emphasis on cultural education and critical thinking. Focusing on these skills prepared students to fill the federal jobs left open by retiring employees, according to Brown.

The Health Communication program would educate students so they could help both professionals and patients understand the healthcare system.

"In hospitals there are a lot of specialties, but not enough people coordinating what's happening to the patient," said Brown. "These professionals would be experts in that."

Whether it was international affairs, hospitality or a change in health focus, Academic Affairs was working on implementing a series of academic changes to better prepare each student who graduated from the university. //

## administration & finance

sarahchain // writer

As the largest division at the university, Administration and Finance included a wide range of units. Athletics, Facilities Management, Dining Services, Public Safety, the post office and Parking Services were all areas the division oversaw.

Despite difficult economic times, Administration and Finance worked to use the university's budget to best serve its programs and departments.

"With the economic downturn continuing, the budget office works hard to make sure JMU squeezes value out of every dollar spent," said

Brian Charette, assistant vice president of human resources, training and performance.

Some of the improvements the division was working on included renovations to Bridgeforth Stadium. Construction on the stadium, which would add 10,000 seats, began in the fall semester and was scheduled for completion by the fall of 2011. Administration and Finance had also completed designs for new recreational fields to be constructed at the corner of Port Republic Road and Neff Avenue, although the bids that it had received were over budget allowances.

Information and Technology (IT) was also developing a new e-mail system for faculty, staff and students, which was unveiled on Jan. 20. Staff and faculty had the new option to use the Microsoft Exchange system, which offered integrated services including a calendar and task management system, in place of Webmail. IT was also working on moving student e-mail to the Microsoft Live@EDU service in the spring.

The division was also particularly proud of the new East Campus dining facility, according to Charette. "E-Hall," as students had labeled it, was the first building on campus eligible for sustainability certification by the U.S. Green Building Council. Building the university's newest dining facility with a focus on sustainability was in step with the university's commitment to environmental stewardship. Facilities Management, which cared for the campus' grounds and buildings, was a leading force in this movement, according to Charette.

Charette acknowledged that the budget would affect the university's future plans, but offered assurance that Administration and Finance's first obligation was to the students.

"The budget situation creates significant challenges related to future projects," said Charette. "However, we never stop thinking of how to improve services to students." //



bethprincipi // writer

From the day students moved into their dorms freshman year to the day they flipped their tassels at graduation, the university was constantly evolving. The changes ranged from subtle—what constituted a punch—to massive—two libraries instead of one. But the largest changes that affected the students in a direct way were all planned by the division of Student Affairs and University Planning.

Student Affairs and University Planning based its mission on “providing the best possible programs and services for our students and to help them develop life-long skills which will enable them to accomplish their dreams and realize success in all areas of life,” according to the division’s Web site.

The division was made up of a wide variety of university departments, including Community Service Learning, Disability Services, Judicial Affairs, Residence Life and University Recreation. These departments, among others, were expecting big changes in the future.

One of the largest projects that Students Affairs and University Planning had undertaken was the renovation of the Rockingham Memorial Hospital (RMH), which the university bought in 2009. According to Mark Warner, senior vice president of Student Affairs and University Planning, the new hospital would house a number of different departments, including Orientation, Career and Academic Planning, the Health Center and a counseling center, as well as a dining facility for students.

RMH planned to close in the summer and move its patients to its

new building located off Port Republic Road. The university would move its departments into the vacated buildings by 2012, leaving some buildings on campus empty and available for other uses.

“The health center building will probably come down,” said Warner. “And Wilson and Varner Hall will become academic buildings.”

Another development to the university was the addition of Environmental Stewardship as the university’s 18th defining characteristic.

“Not only has it been added as a defining characteristic, but it has been further elevated to become one of the institution’s four strategic emphases,” said Nick Langridge, assistant to the president of University Planning.

The four strategic emphases of the university were academic programs, environmental sustainability, diversity and philanthropy.

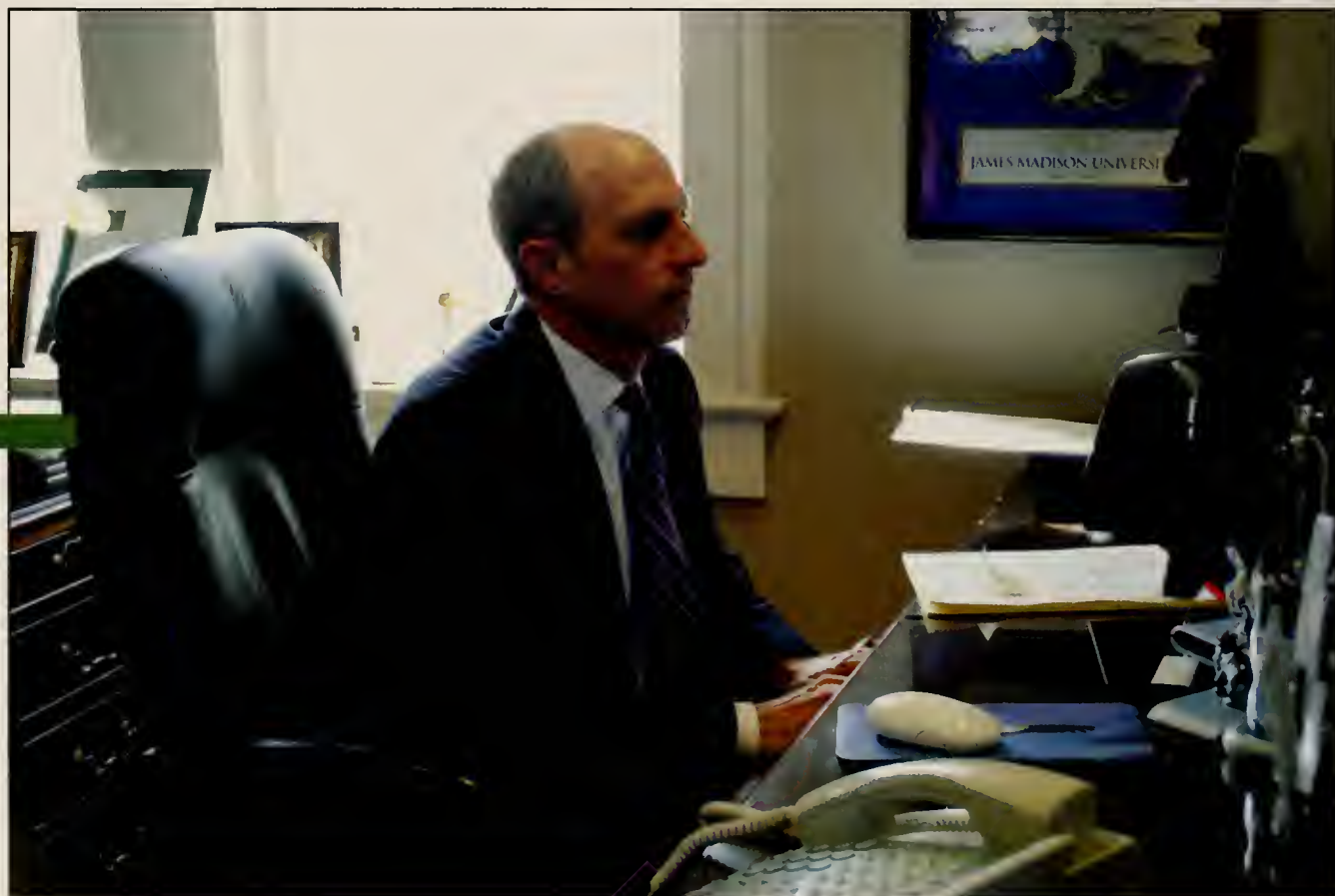
Besides coordinating university changes, the division also took pride in the events put on by the different departments, including the Martin Luther King Jr. (MLK) March and Speak Out, which took place on Jan. 14, and was organized by the Center for Multicultural Student Services.

“It was the best MLK March and Speak Out in 23 years,” said Warner. “The most powerful thing to me, as it always is, was when students speak out and to hear their voices.”

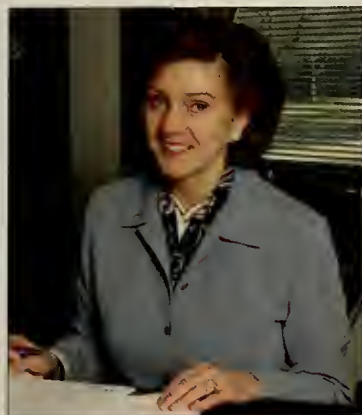
With Student Affairs and University Planning working on significant transformations to come in the university’s future, it seemed as though the students’ experiences were sure to change along with them. //

Senior Vice President of Student Affairs and University Planning **Mark Warner** checks his e-mail inbox. In addition to his duties with Student Affairs, Warner also taught HTH 439: Leadership, an upper-level course that encouraged students to develop leadership skills through practical experience.

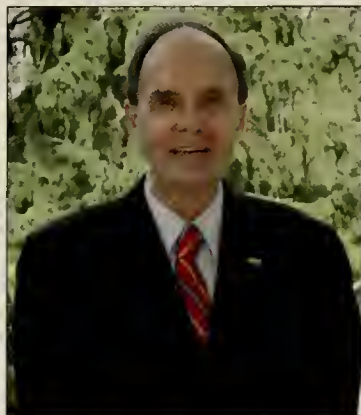
photo : tiffanybrown







**Joanne Carr**  
Senior Vice President for  
University Advancement



**Douglas Brown**  
Provost and Vice President  
for Academic Affairs



**Mark Warner**  
Senior Vice President for Student  
Affairs and University Planning



**Charles King Jr.**  
Senior Vice President for  
Administration and Finance



**Jerry Benson**  
Vice Provost for Science, Technology,  
Engineering and Mathematics



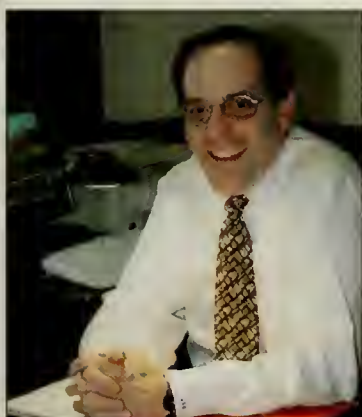
**John Noftinger**  
Vice Provost for Research  
and Public Service



**Teresa Gonzalez**  
Vice Provost for Academic  
Program Support



**David Jeffrey**  
Dean  
College of Arts and Letters



**Robert D. Reid**  
Dean  
College of Business



**Phillip Wishon**  
Dean  
College of Education



**Linda Cabe Halpern**  
Dean  
University Studies



**Sharon Lovell**  
Dean, College of Integrated  
Science and Technology



**David Brakke**  
Dean, College of Science  
and Mathematics



**George Sparks**  
Dean, College of Visual  
and Performing Arts



**Ralph Alberico**  
Dean, Libraries and Educational  
Technologies

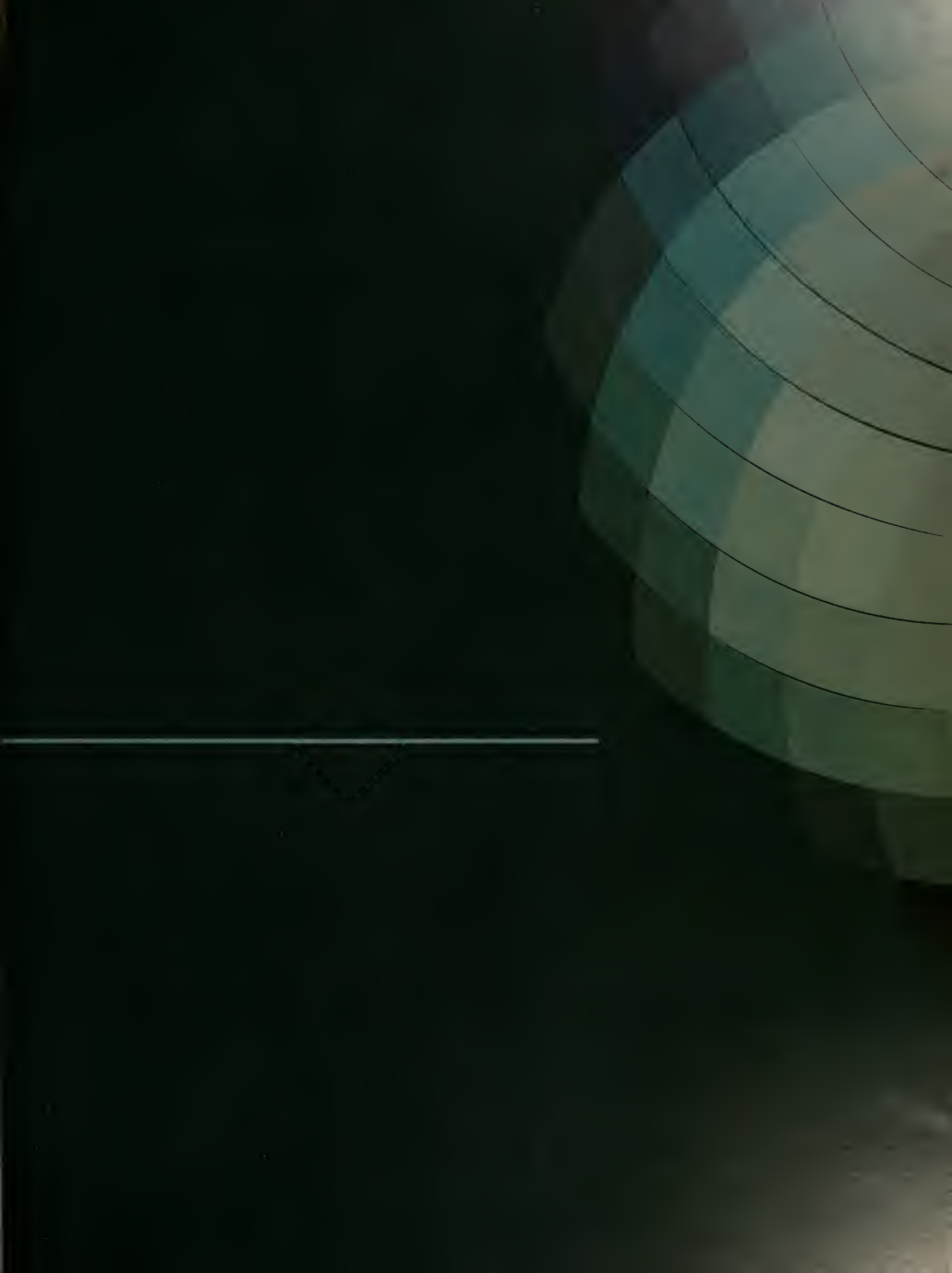


**Ronald Carrier**  
Chancellor

organizations//

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**D**uring their time at the university, many undergraduate students chose to enhance their experience on campus by joining a student organization. No matter a student's interests or hobbies, there was a club at the university that could fit their needs. From special interest organizations such as the Outdoor Adventure Club, to Greek life or club sports, opportunities for extracurricular involvement were abundant on campus and in the surrounding community.

The Office of Student Activities & Involvement (OSAI) provided students with the chance "to develop an ongoing relationship with the campus and community through programs, activities and support as they become



educated and enlightened citizens who lead meaningful and productive lives," according to its Web site. The OSAI Web site offered a one-stop shop for students looking for an activity that extended beyond the classroom. The site offered a lengthy list of more than 350 recognized student organizations.

The OSAI Clubhouse, located in Taylor 202, was a resource center for all recognized student organizations. The Clubhouse supplied developmental and promotional tools free for use by all recognized student organizations, including colored paper and banner paper, use of the copier and laminator, and organizational resources such as handouts about teambuilding and communication. //



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# ALPHA SIGMA ALPHA // ALPHA



Alpha Sigma Alpha alumnae look through scrapbooks and reflect on fond memories of the sorority. The 70th anniversary brunch was a way for current sisters and alumnae to reconnect and learn about past and present ASA events.  
photo: ifanybrown

caitlincrumpton // writer

Alpha Sigma Alpha (ASA) had a lot to be proud of as the sorority celebrated its 70th year at the university.

The sorority organized a series of special events on Nov. 7, inviting alumnae to participate in campus tours and attend a brunch and home football game against the University of Maine.

“We had a really good turnout for the amount of alumni that came,” said senior Catie Hans, vice president. “They shared old stories, and it was nice to meet a lot of alumni that we hadn’t met before.”

Not only were the festivities a success, but ASA’s national magazine, *The Phoenix*, also featured the 70th anniversary celebration in the January 2010 issue.

Another accomplishment for ASA was the creation of the



ASA Beta Epsilon Web site, which featured pictures, videos and updates about the sorority.

"This Web site allows members, alumni, family and friends to find out more about our chapter," said senior Kristen Matthews, president. "We hope that the Web site will continue to grow as more people contribute documents and information."

The organization also participated in the Homecoming banner contest, winning third place out of 25 contestants, and held its first Special Olympics philanthropy week, which occurred the first week in November.

ASA's philanthropy week was based off the "R" word campaign, also known as the "Spread the Word to End the Word" pledge. The Special Olympics sponsored this specific campaign, which influenced individuals to pledge to not use the word "retard" to insult another person.

Another philanthropy ASA was involved with was the S. June Smith Center, which used education and other services to support children with developmental needs.

"Instead of donating money, we created large, simple, handmade puzzles that the children could use," said Matthews. "We felt that donating something the children could actually learn from was more valuable than simply writing out a check." //

Alpha Sigma Alpha sisters look through sorority scrapbooks to learn about the history of the organization. The sorority held its Madison MADDness philanthropy week in the spring to raise money for Mothers Against Drunk Drivers (MADD).  
photo/tiffanybrown



**Front Row:** Lauren Turner, Allison Perez, Kristen Matthews, Anne Birkhead. **Second Row:** Liz Cyr, Alex Busch, Elizabeth Buckley, Cera Bevan, Bobbie Lou Long, Taryn Anrig. **Third Row:** Ella Smith, Courtenay Craven, Lynsco Studer, Annie Leslie, Allie Romeo. **Back Row:** Katie Carter, Melissa DeFuria, Liza Moncarini, Meg Brooks.



# a-phasco

SISTERS OF ALPHA PHI RAISED MORE THAN \$19,000 FOR THEIR PHILANTHROPY

alexledford//writer



Sophomore Jessica Farah and freshman Sara Hibson offer cookies to customers. Selling cookies for \$1 each, Alpha Phi donated its proceeds to the Cardiac Care unit at Rockingham Memorial Hospital. photo amygwaltney

Over the course of the school year, the women of Alpha Phi were busy competing in scholarship pageants, building their GPAs, organizing community service events, staying involved on campus, and bonding with new and old members. But all year, there was one thing consistently on their minds: philanthropy.

In the fall, the members of Alpha Phi raised more than \$19,000 for the Alpha Phi Foundation and the Rockingham Memorial Hospital Women's Health Focus Center. Both organizations worked to raise awareness of women's heart disease.

"Heart disease is the No. 1 cause of death among women, so as young women we feel it's crucial to educate and raise awareness about cardiac care," said senior Erin Flint.

During its philanthropy week, "A-Phiasco," Alpha Phi raised money through its "King of Hearts" male auction, selling T-shirts on the Commons, a 5K run and the Red Dress Gala. It was the sorority's most financially successful philanthropy week.

The members' hard work was recognized by the Fraternity and Sorority Life office when Alpha Phi won the Chapter of the Year award. The award took into consideration everything the sorority did during the year, including its community service, sisterhood events, programming, GPAs and philanthropic efforts.

"I think Fraternity and Sorority Life saw that Alpha Phi doesn't strive to succeed in only one aspect of Greek life," said senior Kelley Kolar.

It was balance and diversity that defined the sorority, according to Kolar.

"It's hard to say what makes an Alpha Phi an 'Alpha Phi,'" said Kolar. "There is for sure no cookie-cutter mold or equation you can put together to equal a sister. We have one thing in common: we are sisters and we act like it."

"We're not just a bunch of girls trying to be social," said sophomore Julie Moores. "We respect the organization and its history. Alpha Phi has given me the opportunity to surround myself with down-to-earth people who truly care."



Proudly wearing their letters, the sisters of Alpha Phi prepare cookies to sell to the audience at Michael Larrick's comedy show. The sorority participated in other organizations' events, including Alpha Phi Alpha's Miss Black and Gold Scholarship Pageant, where one of their sisters, senior Kelley Kolar, won. photo amygwaltney





**Front Row:** Cara Prodanovich, Ally Baker, Rachel Northridge, Sarah Konspore, Brittney Tardy, Katie Grady, Danielle Girard, Emily Lindamood, Jessica Shelton. **Second Row:** Kaitlyn Gemmell, Shannon Nelson, Stacy Murphy, Ericha Forest, Liz Bixby, Katie Soriano, Christie Reitz, Erin Turkel, Jessica Farah, Erin Collins. **Third Row:** Caroline McGraw, Casey Crone, Julia Florio, Amanda Sower, Kaitlyn Schmit, Megan Lipp, Elspeth Hart, Shelby Allard, Kelley Kolar, Stephanie Tan, Ann Smith. **Back Row:** Alison Parker, Victoria Juhasz, Lindsay Martin, Cara Livingston, Kelsey Peyton, Kaitlin Solomon, Melissa Peale, Abby Burkhardt, Heather Nunziato, Megan Roth, Lauren Hughett.

## EXECUTIVE COUNCIL

president//  
stephanietan

vpofprogramdevelopment//  
jessicanaylor

vpofmemberrecruitment//  
hunterarey

With smiles on their faces, junior **Rachel Northridge** and sophomore **Katy Summerlin** serve cookies and collect money at Mikey Larrick's comedy show. The cookie sale was one fundraiser that the sisters held to raise money for the Alpha Phi Foundation.  
photo//amywaltney

Alpha Phi underwent changes as it added new members, according to senior Emily Lindamood, vice president of marketing.

"Change is necessary because it allows us to meet new people and experience new things every year," said Lindamood.

The sorority had a large turnout during recruitment week and was excited about the new additions to the sisterhood.

"We feel we got such great new members because they could see our bonds shine throughout the week," said Kolar.

Alpha Phi was confident that the bonds made between new and old members would continue to grow in the future.

"It's a home away from home to many sisters, and a place where each one of us can go and feel safe and loved," said Lindamood.

"I don't feel like I have to look or act in a certain way to fit in," said Kolar. "I only feel that I need to have an open and welcoming heart."//



# ALPHA SIGMA TAU



Dressing up in Dukes apparel, sisters of Alpha Sigma Tau huddle together for a snapshot. Tailgates before football games were a popular way for sororities to get together and celebrate sisterhood.

Photo by [unreadable], if es ehase

amandacaskey// writer

Community issues were no match for the women of Alpha Sigma Tau (AST).

With 134 women in the sorority, AST members were involved in more than 30 organizations on and off campus, including the Boys and Girls Club and the Society for the Prevention of Cruelty to Animals (SPCA). The sorority was committed to promoting ethical, cultural and social development, according to junior Danielle Storrie.

AST also changed its philanthropy this year, from AIDS Awareness to juvenile diabetes. Also known as type one diabetes, juvenile diabetes affected more than 3 million people in the United States and an average of 40 children were diagnosed each day, according to Storrie.



The sorority supported the Juvenile Diabetes Research Foundation and Lions Camp Merrick, a camp in Maryland for children with diabetes. They raised \$4,131, enough to sponsor a child to attend the camp that he or she could otherwise not afford.

AST also raised money for diabetes research through Rockingham County Kids with Diabetes (Rock'd), a community group for parents with children who had been diagnosed with the disease.

The sorority's philanthropy week in October consisted of fundraising events such as the Mr. Fraternity Pageant and a kickball tournament. AST also had a donation table and held a 5K run with Pi Kappa Alpha to spread awareness and raise money through Rock'd.

"We wanted a philanthropy that we felt could connect us to the community," said senior Sarah Kyger. "One of our sisters has type one diabetes, and after hearing about her life with diabetes we wanted to help support her and others with diabetes."

"We felt that because diabetes affects so many, it was a cause that hit close to home for us," said senior Lauren Littleton. "Any little bit that we raised is one step closer to finding a cure."

Wearing their letters, sisters of Alpha Sigma Tau pose for a picture. Letters for sororities and fraternities could only be worn once a person was formally inducted into the organization.

photo: courtesy of lesliehaase



**Front Row:** Mary Slado (Advisor), Kendall Meyer, Mallory Shields, Liz Schwieler, Nina Szemis, Daniella Sturrie, Erica Masin, Kristin Cassell, Sarah Kyger, Chelsea Fichter. **Second Row:** Lisa Gwizdzewskaya, Kimberly Kavanaugh, Molly Shea, Jennifer Campbell, Jessica Armus, Haley Levin, Emily Douillard, Victoria Eradiay, Jenna Calascabotta, Allie Baxter. **Third Row:** Ashley Ennhardt, Lindsey Grogan, Leslie Haase, Katy Huntsinger, Meghan Bourne, Krissy Cover, Emily Greon, Ashley Maston, Katie Duquette, Katerina Tzamerias, Sydney Talbot, Rolsa Berg. **Fourth Row:** Lauren Littleton, Julia Bleuer, Courtney Denelsbeck, Lauren Hartman, Bergdis Magnusdottir, Megan Kennedy, Meghan Garlinier, Amanda Thacker, Spike Luffke, Marlee Wise, Ashley Jones, Daniella Hall. **Back Row:** Kristen Westbrook, Krista Rockhill, Megan Backer, Kristin Baltimore, Bridgette McNamara, Jamie Delsimer, Ann Gottlieb, Kristen Emmeghim, Christie Palinski, Clair Richardson, Logan Meyer.



# UNIVERSITY ORGANIZATIONS //

## ALPHA KAPPA ALPHA

The four members of Alpha Kappa Alpha kept busy throughout the year with programs such as Skee-week, Capture the Fun, the Mr. and Ms. Enchantment Scholarship Pageant, and AKAdemic study hall hours. Founded in 1908, the group required its members to maintain a GPA of 2.5 or higher and perform a certain number of community service hours.



Front Row: Jade Hillery, Telmyr Lee, Tiara McKeever, Renee Newsom.

## ALPHA KAPPA DELTA PHI

Twelve university women established the charter for Alpha Kappa Delta Phi in spring of 2003, with the mission of promoting Asian awareness on campus.

The women participated in service events like Breast Cancer Awareness month and Adopt-A-Highway. Any female student with an overall GPA of 2.5 or higher was eligible to participate in rush.



Front Row: Alyssa Rachubka, Avian Tu, Kristen Hoang, Kim Nguyen. Second Row: Duy-Nhat Nguyen, Yuri Jung, Jenny Chung, Amanda Ou, Michele Patena, Hong-Quy Duong. Back Row: Courtney Wu, Chelsey Sison, Jill Lu, Nabila Hafez, Christina Pickman, Diana Pei.



## ALPHA KAPPA PSI



**Front Row:** Megan Ngo, Kate Asai, Katy Lovin, Stefanie Winnicki, Kerry Matthews, Patricia Grinnell, Stacie Garay. **Second Row:** Jessie Hendrick, Kelly Salire, Ali Donzella, Stephanie Sousa, Lindsay Higgins, Brittany Jennings, Elise Lindquist, Marsha M. Shenk (Adviser). **Back Row:** Jeff Danowski, Luke Nelson, Nick Snider, Justin Patterson, Kristen Davis, Tyler Austria, Kim Wojno, Kyle Ikeda.

Alpha Kappa Psi stayed active by putting on golf tournaments and 5Ks to raise money for its philanthropy, cystic fibrosis. The business fraternity was open to all majors and combined aspects of a social, honorary and service fraternity with the professional development that led to success.

## ALPHA PHI ALPHA



**Front Row:** William McCoy, Aamir A. Cobb, Zachary Lane, Jarrett W. Smith, Emmanuel J. Jefferson. **Back Row:** Justin Harris, Brandon Brown, Shaun Harris, Kenneth Hopkins, Dominique Scott, Alex Lee Jones.

Through events like the Miss Black and Gold Scholarship Pageant and Homeless Night Out, Alpha Phi Alpha fulfilled its goals of developing leaders and promoting brotherhood. The fraternity also began an initiative in 2008 called Tools for School, which ensured that students in two local elementary schools were equipped with the necessary supplies to return to school in the fall. Historically a black fraternity, Alpha Phi Alpha was open to all races and ethnicities.

# CAMPUS ASSAULT // RESPONSE



Showing off their goofy side, Campus Assault ResponsE members pose for a picture. Sweatshirts with organizations names printed on them, similar to the ones worn by CARE members, could be seen all throughout campus.

photo courtesy of Kelly Johnson

mandysmoot// writer

To expand its mission, Campus Assault ResponsE (CARE) went through various changes in the fall. The group adapted its programs to address intimate partner violence (IPV) as well as sexual assault.

“We identified a need on this campus for someone to talk to and an awareness about emotional, physical, mental and sexual abuse in relationships,” said senior Kelly Johnson, president.

In addition, CARE greatly expanded its membership, doubling in size from previous years.

“We are incredibly excited about what this new mission and our increased membership will be able to do for our campus,” said Johnson. “We were created by students for students, and we are here for you.”



In October, CARE put on Rape, Abuse and Violence Elimination (R.A.V.E.), an event where CARE members performed skits and read poetry to raise awareness of sexual assault and IPV.

CARE also continued to offer a 24-hour, seven-days-a-week helpline for survivors of sexual assault. Each person had to complete a minimum of 30 hours of training through the organization before he or she was allowed to take calls. The helpline ran whenever the university was in session.

“We offer a nonjudgmental and confidential person to talk to and give you available resources on and off campus,” said Johnson. “The number for our helpline is located on the back of the JAC card.”

Phone operators had also been trained this year to deal with IPV.

“We are now capable of handling any dating violence issue from stalking to rape and everything in between,” said senior Caitlin Bitto, training coordinator.

“There is no specific day, week or month that is dedicated to educating the campus,” said Johnson. “We, as CARE members, consider every day a day in which we can dispel the rumors about sexual assault and intimate partner violence, and raise awareness of the issues to prevent them from happening here at JMU.” //

Dressing up in formal wear, members of Campus Assault ResponsE (CARE) smile for the camera. CARE was successful due to the supportive and comfortable atmosphere provided for those in need.  
photo//courtesy of kellyjohnson



**Front Row:** Ashley Libby, Jenni Frazier, Jenn Ahokas, Jessica Paradis, Cara Lawn. **Second Row:** Kelly Wilson, Duncan Campbell, Emily Garrett, Sally Boyd, Tereza Xie. **Back Row:** Kelly Johnson, Lydia Hotak, Ellen Katzman, Danielle Terry, David Comar, Ariana Vanderveldt.

# EDITORIAL BOARD, WRITERS, PHOTOGRAPHERS AND DESIGNERS WORKED TO CAPTURE EACH DIMENSION OF THE UNIVERSITY

allisonlagonigro// writer

The 101st volume of the university's yearbook, *The Bluestone*, underwent many changes from previous years. With publication trends constantly changing, the yearbook needed to undergo a "makeover" in order to remain reader friendly. *The Bluestone* was updated to provide readers with a more contemporary feel, much like that of a magazine.

Going against the lengthy stories past *Bluestone* yearbooks traditionally held, the 2009-2010 volume contained shorter stories while still providing a vast amount of information through alternative copy, such as personal profiles and Q&As.

Another major change made to *The Bluestone* was the size of the book. The book originally had 400 pages, which was reduced to 352. Senior Rebecca Schneider, editor in chief, hoped that by reducing the number of pages in the book, the staff could increase the amount of time spent on each page, improving the quality of the book as a whole.

In addition to a new take on the yearbook, several new people were given the opportunity to become members of the editorial board. Senior Tiffany Brown, assistant photography director, was one of those people.

"I got involved with *The Bluestone* because I love photography and it seemed like a great opportunity for me to showcase my photos," said Brown, who worked

on her yearbook staff in high school taking pictures, writing and editing.

"My favorite part is getting to do what I love, taking photos," said Brown.

Junior Matthew Johnson, managing editor, was also new to the editorial board this year. During high school, Johnson worked on the school newspaper, but decided to try yearbook once he got to college. Johnson began working for *The Bluestone* during his sophomore year as a writer.

"One of my favorite things is being able to work on things I'm interested in pursuing once I graduate," said Johnson, a media arts and design major.

Each year, a new group of students began working for *The Bluestone* as writers, interviewing a wide variety of people in order to get as many student voices in the yearbook as possible.

"I love interviewing people because it gives me a chance to get to know a wide variety of people and events on campus," said senior Mandy Smoot, a staff writer. Smoot had originally hoped to be a designer for *The Bluestone* but had also applied for a writing position.

Another new addition to the yearbook staff was sophomore Sarah Wink, a staff photographer.

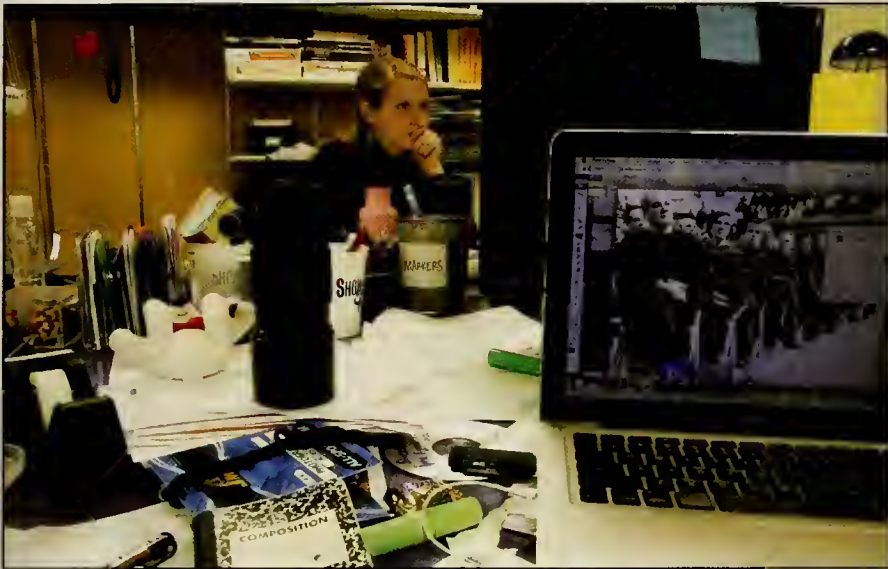
"I love experimenting with light and contrast and

Members of *The Bluestone*'s editorial board work diligently during a deadline weekend. There were a total of five deadlines throughout the year and the editorial staff often stayed in the office past midnight both Friday and Saturday nights.  
photo//nataliewall

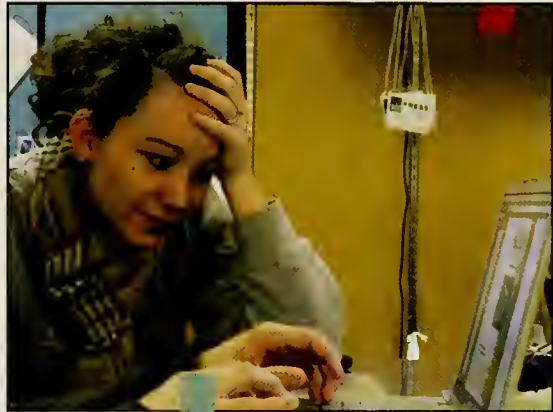




# the bluestone



Senior **Sarah Chain** edits the December graduation story. Chain served as *The Bluestone's* copy editor for two years after her adviser, Nancy Nusser, recommended she apply for the position.  
photo//nataliewall



Thinking hard, junior **Beth Principi** digs deep to find the perfect words to complete a photo caption. Principi joined the editorial board staff as supervising editor after writing for *The Bluestone* her sophomore year.  
photo//nataliewall



**Front Row:** Beth Principi, Matthew Johnson. **Second Row:** Parvina Mamatova, Caitlin Harrison, Rebecca Schneider, Sarah Chain, Tiffany Brown, Natalie Wall. **Third Row:** Kristin McGregor, Amanda Caskey, Britni Geer, Steph Synoracki, Amy Schlinger, Caroline Blanzaco, Kimberly Lofgren, Julia Cramer, Allison Lagonigro, Susy Moon. **Back Row:** Colleen Callery, Sarah Lockwood, Kariyn Williams, Chloe Mulliner, Brittany Jones, Allie Conroy, Anna Thompson, Lisa Mees, Katie Lyvers, Sarah Wink, Caitlin Crumpton, Shaina Allen.

## EDITORIAL BOARD

- editorinchief//  
rebeccaschneider
- managingeditor//  
matthewjohnson
- copyeditor//  
sarahchain
- creativedirector//  
parvinamamatova
- photographydirector//  
nataliewall
- supervisingeditor//  
bethprincipi
- assistantphotodirector//  
tiffanybrown
- co-producers//  
caitlinharrison  
bethfeather

just basically documenting everyday life," said Wink. "Photography gives people different views on things they may or may not have seen before." As a photographer, Wink got the opportunity to attend a variety of campus events, and some events that she photographed were ones she likely would not have attended otherwise.

Also new to the staff was junior Mary Kate Wilson, a designer. Although she had no prior yearbook experience, her passion and interest in art and design helped push her in the direction of designing for the yearbook.

"I like that I can do it on my own time, and

that I don't have to go into an office and sit there and work on a design," said Wilson. "Art was always fun for me and I really like doing it more than anything else."

With the combination of several new editorial board members, new staff members and changes that had been made to the yearbook, the 101st volume of *The Bluestone* was guaranteed to capture the year in a new light.

"We are trying to find interesting angles in order to capture this year at JMU," said Johnson. "I think the book itself is looking a lot better than last year."//

# CIRCLE K



Senior **Alexis Bergen** and junior **Joe Laura** help to apply a girl's temporary tattoo after she answers a question on fire safety. Circle K International volunteered at the Children's First Fair on Sept. 12. photo//courtesy of alexisbergen

amandacaskey// writer

**L**ive to serve, love to serve—the motto of Circle K International held true throughout the year as the organization participated in many community service projects. Members were involved in programs such as Big Brothers Big Sisters, the Boys and Girls Club, and the Society for the Prevention of Cruelty to Animals (SPCA). They were also pen pals with elementary school students and volunteered with the Harrisonburg Children's Museum.

Circle K International was the world's oldest service organization, dating back to 1936 when it began as a fraternity at Washington State University. The university started its own chapter on campus in 1971, as an organization dedicated to service, leadership and fellowship.



“This organization encourages students to do their part to make our world a better place, not only during college, but for the years to follow,” said senior Alexis Bergen.

Circle K welcomed 40 new students this year, bringing the total to 80 members. To join, students simply had to pay dues and participate in a required number of service hours per semester.

One of the main events that Circle K helped put together was the third annual Autism Walk with Gamma Gamma Sigma and FIJI, held in March. The event, which followed Autism Awareness Week, helped to raise money for the Shenandoah Valley Autism Partnership, a nonprofit organization that worked to improve the lives of those living with autism.

The money raised went toward scholarships for families, efforts to raise awareness, training and support for parents and professionals, and resources to be shared with other organizations, according to sophomore Randa Meade.

“While our organization is involved with many different causes, we often focus on making children’s lives better,” said Meade. “Increasing money and awareness for autism will hopefully help us to decrease the likelihood that a young child will have to live with this.” //

Junior **Mary Catherine Aesy** and sophomore **Marianne Bradshaw** play an icebreaker game on the Quad. To help members get to know one another better, the board members of Circle K International held a social event at the beginning of each school year.

photo/courtesy of alexisbergen



**Front Row:** Kaitlin Silver, Renata Esquillo, Kelsey Gardner, Stephanie Corkatt, Kate Miller, Alexis Bergen, Angela Lewis. **Second Row:** Mary Catherine Aesy, Lyz Tarman, Kristin Silver, Katie Bonusa, Randa Meade, Kelsie Devonport, Honnie Weatherill, Jenna Ashworth, Lisa Wallace, Katie Schwenke, Kelsey DeWitt. **Third Row:** Kelley Kolar, Meredith Sizemore, Label Sak, June Brunelle, Randi Dillard, Kelsey Seward, Alyssa Suran, Gina Waclawski, Kelly Pilkerton, Jennifer Schwartz, Allison Seward. **Back Row:** Mostfaul Haque, Laura Barkley, Marianna Bradshaw, Margaret Fogarty, Donna Jones, Loannah Williams, Tony Garner, Carter Lusk, Justin Kibicki, Spencer Holloman.



# UNIVERSITY ORGANIZATIONS //

The American Medical Student Association (AMSA) was chartered as a local chapter at the university, whose members worked with children at Spotswood Elementary School, hosted a Pre-Health organizations fair, and attended regional and national conferences. Its mission was to provide an environment of support for physicians in training and increase the knowledge of health information among its members and the public. AMSA also provided an opportunity for members to network with others in the medical field.

## AMERICAN MEDICAL STUDENT ASSOCIATION



**Front Row:** Jennifer Bienz, Chris Gurreri, Gina M. Cavallo, Iwona Stepniak, Matt Cronin, Lindsay Pipion, Meghan Frawley, Megan Barnes. **Back Row:** Lindsey Nelson, Natalie Burrus, Robert Guanci, Sean Burke, Paul Gomez, Cameron Straughn, Gregory Minutillo, Kevin Root.

The Asian Student Union (ASU) worked to raise awareness and understanding of Asian-American cultures. The organization strived for multiculturalism, the promotion of multiple ethnic cultures in the interest of diversity. ASU held its annual culture show in November, "Traveling With Destiny," which educated others about different cultures.

## ASIAN STUDENT UNION



**Front Row:** Amber Nguyen, Thanh-Thuy Nguyen, Yoonji Ha, Brittany Bailey, Adrienne Maraya, Kristin Brouillard, Regina Perena, Bibiana Oe, Alethea Spencer, Jenny Shi, Raphael Villacrusis, Priscilla S. Odango, Diane E. Abadam, Tina Bui, Emily Goodin. **Second Row:** Ngoc-Han Thi Nguyen, Rachel Hernandez, Christina Thai, Erica Hwang, Tommy Surma, Phoebe Liu, Angeline Vo, Michael Wu, Thanh Nguyen, Patricia Ahn, Andrew Spurr, Linda Zeng, Jessica Say, Olivia Stout, Jen Park, Maria Siapno. **Back Row:** Vivian Ho, Jason Chuang, Jacob Albert, Faheem Hamidzada, Michael Nguyen, Athony Hwang, Sung Ho Park, Daniel Maeng, Jonathan Belmonte, Megan Mullins, Michael Evangelista, Eugene Jung, Nona Aragon, Andrew Aldaya, Michael Urgel.



## BLACK STUDENT ALLIANCE



**Front Row:** Loleeta Dalton, Asya Toney, Jazmine Harrington, Christine Stallsworth. **Back Row:** Teneisha Bailey, Mynik Taylor, Janna Hall, Jessica Bailey.

Proud winners of the 2008-2009 Dolly Award for its Annual Hip-Hop summit fashion show, the Black Student Alliance worked to raise awareness both on campus and in the community. Membership was open to all who were interested and members met every first and third Wednesday of each month. Ebony Exposure Week, held in the fall semester, focused on educating the community on black culture.

## BOCCE BALL



**Front Row:** Matt Acosta, Scott Keo, Abby Lantzy, Kat Kaufman, Stephanie Corkett, Shea Goitia, Jessica Scudder. **Second Row:** Amanda Podgorski, Jonathan Blair, J.J. O'Malley, Daniel Phillips, Kelly Carr, Rachael Pucillo, Becky Moorshead. **Back Row:** Pat Lay, Mike Dusold, Noah Curtis, Zack Neurohr, Phil Blake, Bon Tang, Emory Johnson.

As a recreational organization, Bocce Ball Club promoted its sport along with other outdoor extracurricular activities. Bocce ball was typically played on a beach or flat stretch of land, so club members usually practiced on the Quad or Hillside Field. The club often visited the Virginia Mennonite Retirement Center to play bocce ball with its residents.

# DELTA DELTA // DELTA



Helping themselves to a variety of pastries, sisters of Tri Delta pass out plates to one another. The colors of the sorority were silver, gold and cerulean, and the official sorority flower was the pansy.

photo: carolineblanzaco

britnigeer// writer

**W**ith its annual Triple Play softball tournament approaching, Tri Delta prepared for one of its biggest events of the year. Normally occurring in the fall, the sorority planned to move the tournament to March to coincide with the start of spring.

“We hold our Triple Play softball tournament every year,” said senior Lindsay Schoenle, president. “We invite all kinds of different organizations across campus, not just Greeks, to participate in friendly competition and help raise money for our philanthropy, St. Jude Children’s Research Hospital.”

Instead of paying a registration fee to participate in the tournament, the sorority required the organizations to send



letters to friends and family asking for donations to St. Jude.

“Having the organizations send letters to participate in the tournament increases awareness for what St. Jude is all about,” said Schoenle. “It also encourages further donations to the hospital in the future.”

Lasting for three days, the Triple Play tournament took place on the Festival lawn and allowed for organizations to partake in friendly competition while raising awareness for Tri Delta’s philanthropy.

“We organize various facilities around the local community to donate food and raffle items for the tournament,” said Schoenle.

With about 18 organizations participating, the tournament was split into a men’s and a women’s bracket, guaranteeing two winners.

“I actually had the pleasure of coaching one of the teams and had a blast,” said sophomore Elizabeth Kitts. “And the best part about the whole tournament was that we were running the bases, trying to win so we could help children with cancer. It was a great success and last year we raised over \$25,000 dollars for St. Jude.”

A cookout with free food, raffle items and T-shirts for the winners encouraged organizations to participate in a tournament designed to spread awareness and promote donations for St. Jude Children’s Research Hospital. //

Tri Delta sisters enjoy a snack at their Founder’s Day Luncheon at the Ramada Inn. The university’s chapter was founded on Nov. 27, 1988.  
photo/carolineblanzaco



**Front Row:** Stephanie Fesob, Lauren Coble, Lindsay Schoenle, Alison Malinchak, Anne Elussing, Amanda Finnerty. **Second Row:** Christina Eyl, Kate Kljful, Lauren Fesob, Cristen Gravath, Whitney Stulke, Cindy Phung, Mirra Gallagher, Mag Gurliff, Christina Smith, Madeline Miceli, Paula Funsten, Alli Marshall, Kellen Suber. **Third Row:** Colie McGee, Sonje Webster, Caitlin Fontanez, Lily Hale, Christen Showker, Amanda Tinsay, Jenny Kling, Fecca Lippman, Leah Watchler, Jenna Hudson, Kristine McNamoy, Liran Heaps, Stephanie Carey, Elise Emmis, Michelle Cjaba, Kristan Tinsch, Christina Liu, Kaitlyn Clinage, Mekonzie Walter, Elits Kitts. **Fourth Row:** Hayley Manth, Kate Baker, Luci Erinn, Lindsay Malinchak, Kimmie Bass, Bianca Hogan, Georgina Fackley, Meghan Lloyd, Katie Grube, Patience Cantrell, Kristan Hiltz, Charlotte Moss, Cara DiFiora, Jackie McKay, Laura Spinks, Olivia Fritsch, Kim Falk, Erica Super, Kate Freshwater, Michelle Stonebrink, Jess Hendricks. **Back Row:** Ariane Carney, Lindsay Jondahl, Claire Eallwag, Kari Owens, Kayla Hirschmugl, Ashley Monger, Kelsey Jensen, Michalla Kriepers, Kelsey Jefferies, Samantha Platano, Dana Verner, Chelsea Burgess, Lauren Hamill, Anne Parks, Heather Fox, Melissa Margulies, Ashley Ward, Kelly Morris, Kelly Gooch.



# UNIVERSITY ORGANIZATIONS //

## BROTHERS OF A NEW DIRECTION

Designed to provide support for minority men on campus, Brothers of A New Direction encouraged its members to grow personally, spiritually and intellectually. The organization promoted cultural awareness through the discussion of issues that affected men as a whole. Members also reached out to the community through service projects with the Boys and Girls Club and local soup kitchens.



**Front Row:** Ryan James, K.D. Doxie, Zachary Lane, Brian Davis. **Back Row:** Chris Copolillo, Forrest Parker, Jr., Donte Jiggetts, Justin Wilson, Kenny Tinsley.

## CHINESE STUDENT ASSOCIATION

Often seen performing the Lion Dance at Student Organization Night, the Chinese Student Association accepted any students who were interested in learning more about the Chinese culture and tradition. With more than 30 members, the group performed at more than 20 events each year.

They were also committed to philanthropy, with a goal to raise \$1,500 to help the Wolong Panda Reserve, which worked to save pandas from extinction.



**Front Row:** Thanh-Thuy Nguyen, Maria Siapno, Ngoc-Han Nguyen, Courtney Wu, Rachel Hernandez, Jenny Shi, Raphael Villacrusis, Kristin Brouillard, Amy Wu, Adrienne Maraya, Olivia Stout. **Second Row:** Angeline Vo, Michael Wu, Winsie Lee, Jessica Say, Thanh Nguyen, Lisa Huynh, Phoebe Liu, Michael Urgel, Christina Thai. **Back Row:** Peter Chan, Jason Chuang, Michelle Rudman, Michael Evangelista, Tian-Hao Wang, Daniel Maeng, Michael Nguyen, Sung Ho Park, Anthony Hwang, Jacob Albert.



## CINEMUSE



**Front Row:** Emily Correa, Rebecca Pratt, Helen Jaques, Kristin Silver, Kaitlin Silver, Ashley Scott, Jessica Weaver. **Second Row:** Kimmy Rohrs, Kimberly Tyson, Natalie Lauri, Stephanie Jansen, Dustin Kenney, Andrew Henchen, Keely Walsh, Jared Schaubert. **Back Row:** George Dippold, Tyler McLeod, Thaddeus Lamar, Sydney McKenney, Leanna Caplan, Jason Kim, Nicholas Young, Jacob Dickey.

As the only film club at the university dedicated to educating the community on the creative aspects of classic, independent and foreign films, Cinemuse was open to any interested students. The group, which was formed in 2005, held an annual film festival each spring semester. The festival grew each year, expanding in 2009 to show films at Court Square Theater in downtown Harrisonburg.

## CLUB SOFTBALL



**Front Row:** Jill Zeller, Catherine Haley Harmon, Kelly Nardo. **Second Row:** Lauren Kiser, Michele Patten, Courtney Wallace, Erin Henning. **Back Row:** Nicole Averso, Shelby Webb, Nikki Peros, Lauren Ashcroft, Kelly Weber.

Participating in the National Club Softball Association (NCSA), the Club Softball team qualified for the collegiate World Series in four of its last five seasons. Tryouts were held each fall and spring, and students were required to have a cumulative GPA of 2.0 or higher to become part of the team. The women in the club devoted much of their time to fundraising and service efforts in the local community.

# DELTA //

# GAMMA



Members of the "Fly Girl" family take a break during Philanthropy Day of fall recruitment. The sisters of Delta Gamma raised money for Service for Sight through Anchor Splash, an event they sponsored every spring semester. photo courtesy of Faith Harrison

stephsynoracki // writer

**F**athers came to visit their daughters from all over the country for a new tradition in the making: Dad's Day at Purcell Park. A barbecue feast brought the women of Delta Gamma and their fathers together before they competed against one another in a game of kickball. The fathers also had a chance to play against other fraternity men.

The women of Delta Gamma strove to show their potential for growth during the fall and spring semesters. They attended philanthropy events of other Greek organizations on campus and participated in numerous community service-oriented activities.

"We've made a lot of progress and the only way we can go from now is up," said senior Candace Avalos.

During recruitment, Delta Gamma sought women who were dedicated to leadership and involvement in their community.



“Through recruitment, all of the sisters worked their butts off to recruit new members who believed in our mission and the places we were going,” said senior Kelsey Schum, vice president of finance on the Panhellenic Council.

Unlike many other Greek organizations that had varying philanthropies, Delta Gamma had only one: Service for Sight. All Delta Gamma chapters worldwide had the same philanthropy, which aimed to raise awareness for the blind and visually impaired.

“[Delta Gamma] is different and special because of our genuine sisterhood and our unique philanthropy,” said Avalos.

Since the sisterhood had only about 75 women, the members of Delta Gamma formed a very tight and close-knit relationship with one another. The women were there for one another academically, emotionally and socially.

“Delta Gamma has given me my best friends, whom I will carry with me through my life, despite my college years quickly coming to an end,” said Schum.

“At the end of the day, we know that we can look at the woman standing beside us and say that she upholds the values set forth by our original three founders,” said senior Kerry Stolz, president. “We have confidence in each other and we can depend on one another for the rest of our collegiate and alumnae lives.” //

Sisters of Delta Gamma work to make their marks on a mountain of steps on the Festival lawn. Fraternities and sororities came together to participate in activities throughout campus during “Greek Week.”

photo/courtesy of caitlinharrison



**Front Row:** Carline Willis, Lauren Gilson, Gopi Fitcher, Caitlin Van Sueten-Joel, Sean Morgan, Natalie Godwin, Heather Holston, Eryn Will, Mary-Scott Standish, Kathleen Thompson, Nikki Fischer, Julia Bryant, Courtney Marjot. **Second Row:** Maggie Gallagher, Sarah Schorf, Janne Wagner, Caitlin Harrison, Jackie Kurecki, Elizabeth Tiering, Elizabeth Davis, Victoria Elliott, Stephanie Trapani, Fay Czaus, Caroline Ebourne, Danielle Dulto, Amanda Deano. **Third Row:** Chantelle Patch, Brittany Kempsey, Emily Ainsworth, Sarah Scholtz, Emily Mullan, Lauren Dabski, Sarah Hayes, Kate Zielenki, Emily Ingo, Michelle Sotellari, Erin Hanning, Aurdie Ferebee, Kaitlyn Jenkins, Katherine Salgado-Valaz. **Back Row:** Selley Nimmeagadda, Erin Bakwin, Karen Stefanski, Melissa Cunningham-Hill, Sara Hiddle, Cathi Owens, Alissa Clayton, Rebecca Kinsay, Kerry K. Stolz, Honthar Murray, Lis Palmer, Carline Jordan, Megan Cristy, Marlana Crnan.

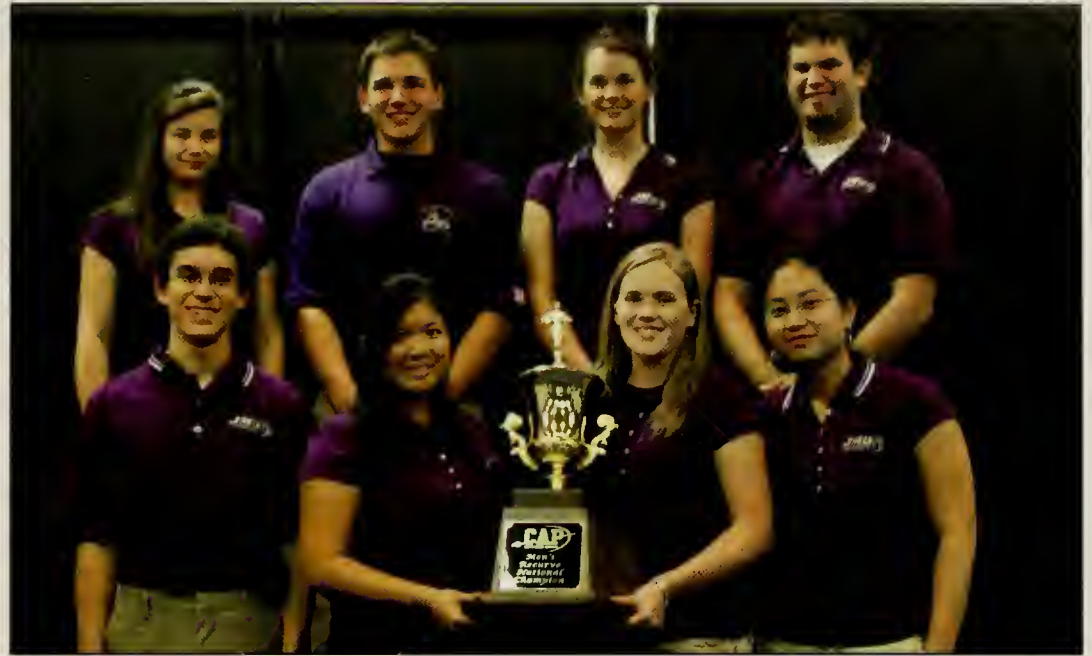
# on target

THE ARCHERY CLUB  
COMPETED IN TOURNAMENTS  
BOTH HOME AND AWAY





Aiming for the target, sophomores **Rachel Mabb** and **Katie Patterson** prepare to take their best shots. In individual competitions, archers had 40 seconds to shoot each arrow. photo//katelivers



**Front Row:** Bryan Brady, Katie Lee, Rachel Mabb, Amy Hui. **Back Row:** Katy Holmes, Clinton Teegarden, Katie Jepson, Tyler Martin.

maryclairejones // writer

The university's varsity archery team formed in 1965, but was cut from varsity status in 2007 when Title IX was put into effect. At that time, several students decided to form the Club Archery team. Since then, the team had become a point of pride for the university, producing standout athletes including several world champions and 35 U.S. Collegiate Archery All-Americans. In 2007, the club won its second National Championship.

"We've got a really good team," said sophomore Scott Einsman, vice president. "I started shooting in high school, and when I was looking at colleges, JMU definitely had the best archery team."

The team participated in several tournaments, two of which were held at home. The National Indoor Championship, where hundreds of shooters competed, was held in Godwin Hall over spring break. A memorial tournament was also held in honor of Adam Wheatcroft, a former member who passed away in 2003 after battling cancer.

"The team is open to all skill levels, but the travel team consists of a smaller number of students who are willing to prove their dedication and skill level," said senior Katie Jepson, president. "We traveled to Texas A&M, Illinois,

a couple of schools in New Jersey—pretty much all up and down the East Coast."

These tournaments varied in the number of arrows shot and distance from the target, depending on where they took place.

Indoor tournaments took between two and three hours, and each shooter shot 20 ends of three arrows, each from a distance of 18 meters. Outdoor competitions lasted up to six hours, with each shooter shooting 144 arrows at four distances, which varied

for men and women.

Preparing for these tournaments was time-consuming—the team practiced five days a week for two hours a day. Members practiced shooting both indoors, in the basement of Godwin Hall, and outdoors on Hillside Field.

"We're a good team," said Einsman. "We can shoot together and encourage each other and push each other. We make each other better." //



Closing one eye, junior **Paul Sexton** aims for a bull's-eye. Archers wore arm guards to prevent injury from a bowstring slap when shooting their arrows. photo//katelivers

# EQUESTRIAN CLUB //



Freshman **Catherine Vaughan** performs a fence jump during a fall horse show. The number of riders varied at each show, depending on how many students were allowed to compete for each team.

photo courtesy of carly hall

racheldozier // writer

“I almost had a different childhood than most people,” said sophomore Carolyn Hall. “It’s hard to go from doing something every day to just cutting it.”

Since riding was a specialized sport that required the use of a live animal, most of the 15 students on the show team had been riding for many years—and most riders continued in college because they enjoyed it so much. Hall described riding as “rewarding and very stress relieving.”

“When you’re having a bad day, if you have a good ride it can fix everything,” said Hall. Others on the team agreed, which was why many of them spent entire weekends “showing”



in competitions. The Equestrian Club worked with the Intercollegiate Horse Show Association (IHSA) and competed against other Virginia schools such as Radford University, Hollins University and Sweetbriar College. The majority of the shows in the fall took place in October, and the shows in the spring took place in February.

“With jumping, it’s like a puzzle almost,” said junior Morgan Fink. “You need to figure out how to solve the problems, like the horse’s pace. Once you figure something out, it’s so exciting. Everything feels like a really cool accomplishment even on small levels.”

One major factor in riding was taking into consideration the skills needed to control an animal.

“You forget that it’s an animal,” Hall said. “And then you’re like wait, this thing is thinking. It’s kind of like a constant anxiety ‘cause you never know what’s going to happen. But it’s almost like a good feeling. I think it’s a really cool concept that someone my size can control a 2,000 pound animal.” //

Sophomore **Devon Williams** performs a show jump while practicing at Seventh Heaven Farm. Practices were scheduled by the farm depending on each student’s individual class schedule.  
photo//courtesy of carolynhall



**Front Row:** Liz Lange, Molly Schulman, Jessica Aguilino, Camille Corum, Devon Williams, Jessica Scudder. **Second Row:** Leslie Carlson, Vanessa Colley, Allison Emerick, Tessa Amey, Katelyn Bianco, Johanna Pedersen, Linnéa Elsammeik. **Back Row:** Allison Smyrl, Maggie Foley, Amanda Podgurski, Catherine Vaughan, Carolyn Hall, Eekah Jarzaniok, Jeanne Forrest.

# UNIVERSITY ORGANIZATIONS //

## CONTEMPORARY GOSPEL SINGERS

As the only singing group that didn't have an audition process, the Contemporary Gospel Singers accepted anyone who loved to sing.

Each spring, the group brought together local choirs for a Gospel Extravaganza, with the purpose of spreading the gospel of Jesus Christ through song. The group was established at the university 40 years ago and often traveled along the East Coast to perform at different churches and universities.



**Front Row:** Kenneth Gilliam, Nathaniel Kearney, Joshua Holmes, Andrew Jackson, Dominic L. Wright. **Second Row:** Cyndle Hash (Directress), Amy Luggett, Alicia Carroll, Jasmine Gilbert, Lamar Walker, Felicia Bracey, Amanda Williams, Jasmine Booker. **Third Row:** Tia Mack, Tekeya McDonald, Lauren Smith, Maggie Florence, Quaneisha A. Green, Brittne Sykes. **Back Row:** Heavenly Hunter, James Rosenquist, Korey Lamb, Teneisha Bailey, Grace Flanagan, Angelina Stauer, Hannah Cope.

## COB STUDENT ADVISORY COUNCIL

Started by Dr. Robert Holmes, the College of Business (COB) Student Advisory Council (SAC) had been at the university for about 20 years. The organization served as a means of presenting student perspectives and concerns to the COB dean and assistant dean. All COB juniors in good standing were eligible for the SAC, but were required to complete an application and interview process.



**Front Row:** Justin Giuliano, Jared Antin, David Melendez, Ashleigh Kenion, Jayce Guthrie (Adviser), Ryan Farrell, Amber Richards. **Back Row:** Astin Pronio, Justin Quaglia, Katherine Cole, Will Coffield.



## DELTA SIGMA THETA



**Front Row:** Rashunda Jackson, Nell Smircina, Candace Long, Briana Harris, Adriane Lauier. **Back Row:** Ivaco Clarke, Nicole Carter, Jerrica Browder, Mynik Taylor, Yernita Fisher, Jessica Wade.

With dedication to public service and academic achievement, the women of Delta Sigma Theta were committed to their involvement on campus and in the surrounding community. In December, the sorority paired with other multicultural organizations to teach five sororities and fraternities the significance and art of step dancing. The event promoted unity between two cultures and helped to bring together the Greek community on campus.

## DIVINE UNITY



**Front Row:** Rebecca Wineland, Jasmine Booker, Alicia Carroll, Sharae Floyd, Amanda Williams, Tiera Hinton. **Second Row:** Quaneisha A. Green, Grace Flanagan, Ashleigh Bynum, Aamir Cobb, Constanee Gillison, DaNae Colson, Angela Jenkins, Tekeya McDonald. **Back Row:** James Daniel, Darrin Whitley, Dominic L. Wright, Nathaniel Kearney, Korey Lamb, Demetrius Lancaster, Ron Tazz Clay, Lamar Walker.

Encompassing worship, fellowship and discipleship, Divine Unity worked to help students develop their individual spirituality. The organization served as a bridge between the university's community and Divine Unity Righteously Applying God (DuRAG Ministries). Divine Unity helped students realize their potential in Christ through understanding, applying and relating the Bible to their everyday lives.

# FENCING CLUB //



Two club members each do their best to win the duel. There was a four-minute limit in foil and saber.  
photo//amygwaltney

maryclairejones// writer

**A**lthough playing pirate and pretending to sword fight was often considered child's play, the Fencing Club knew better. Practicing four times a week for several hours, the Fencing Club proved that the art of sword fighting wasn't just for kids.

The Fencing Club began after Title IX was put into effect in 2007 and the women's varsity fencing team was disbanded. Members participated in tournaments sponsored by the United States Fencing Association (USFA), "the NFL of fencing," according to senior Scott Bell, club president. The season officially began in August and lasted through the academic year.

Because fencing was an individual sport, club fencers could compete in as many or as few USFA tournaments as they wanted. As a team, the club participated in three tournaments.

"One was an exhibition tournament—a friendly one between colleges," said Bell. "The next one is the Southern Atlantic Conference, which will have collegiate teams ranging from Florida to New York. And the final one is the largest, the Collegiate Fencing



Championships, which have teams from all over the United States.”

The club also participated in collegiate team tournaments that were organized by the collegiate clubs themselves, outside the USFA.

These tournaments were especially competitive because they were team-based, explained Bell.

“Not only are these competitions a great opportunity for our members to fence against clubs from around the nation, but going is also a great travel and bonding experience for our members,” said junior David Warnock.

Each match in fencing was called a ‘bout.’ In a tournament, each bout went to either five or 15 points. Score was kept on equipment called ‘boxes’ that had lights go off whenever a button on the tip of each sword was pressed. The bout took place on a long strip that the fencers were required to stay on.

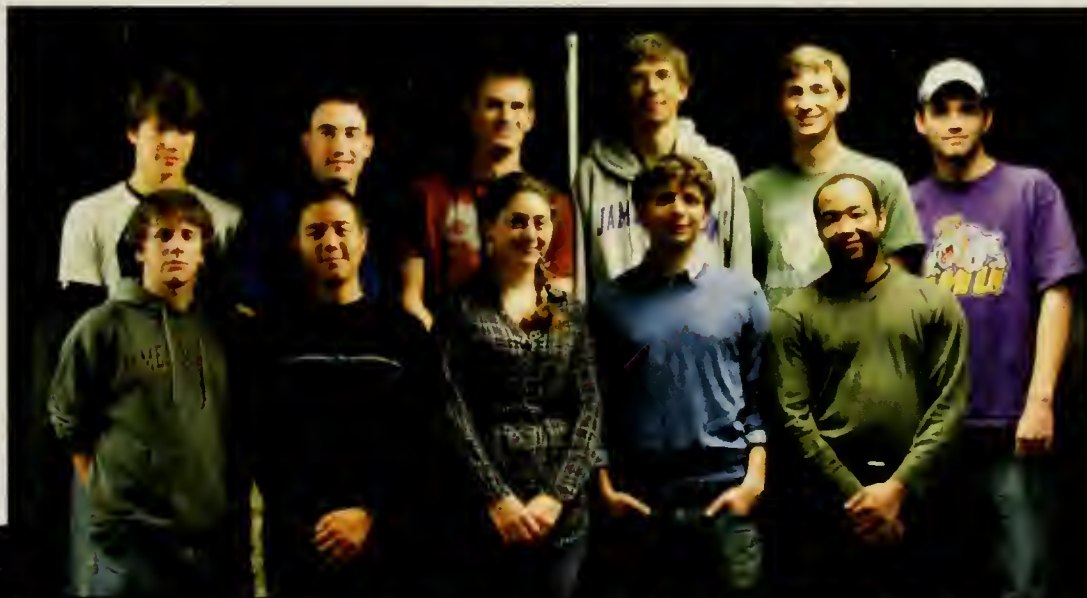
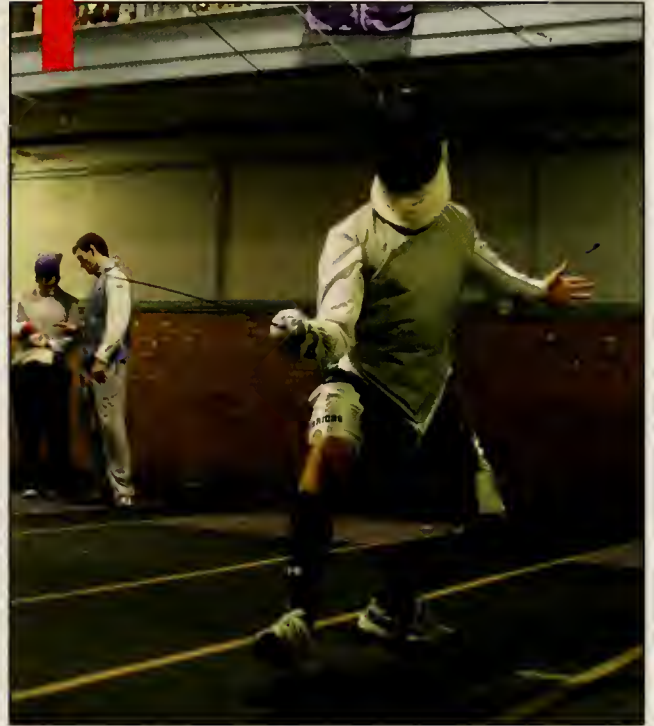
The Fencing Club was open to any interested students, and they had two separate practices to meet members’ varying skill levels: beginner, which met Tuesdays and Thursdays, and advanced, which met Mondays and Wednesdays.

“My favorite part about being in Fencing Club is probably the practice atmosphere,” said Warnock. “Everyone in the club is very friendly and willing to help each other. Overall, the practices are very laid back, but it’s still easy to get a lot done and to improve significantly throughout the semester.”

Bell acknowledged most fencers on the team had started as beginners in college.

“But we do encourage all people to give it a try,” said Bell. “And we will work with anyone willing to do that to try to make them into excellent fencers.” //

Practicing his footwork, a fencing member prepares for an upcoming match. Fencing was conducted on a 14 meter by 2 meter “strip” or “piste,” to replicate combat in confined quarters such as a castle or hallway.  
photo//amygwaltney



**Front Row:** Jacob Truokwa, Timothy Devino, Devan Maddox, Jeffrey Smith, Will Brown. **Back Row:** John Soyka, Bryan Meun, Bryce Hingers, Brian Lee, Scott Eiall, Robert J. Brown.

# UNIVERSITY ORGANIZATIONS //

With approximately 100 performances each year, the 16 members of the all-male a cappella group, Exit 245, stayed busy. Founded in 1998, the group released a greatest hits CD this year. Its reunion concert in December, "2+4+5 = Exit's 11-Year Reunion" brought back Exit alumni from across the country.

## EXIT 245



**Front Row:** Denny Norris, Adam Spalletta, Evan LaLiberte. **Second Row:** Tyler Bradley, Corey Hummerston, Dave Amadee, Ryan Larson. **Back Row:** Thomas Tombes, Drew Daniels, Kyle Hutchinson, Austin Colby, David Batteiger.

Celebrating its 40th year at the university, the Geology Club was a social network for those interested in geological and environmental issues. The club hosted field trips that educated elementary school children about the Earth. Members also got together for potluck dinners, hiking, camping and formal events.

## GEOLOGY CLUB



**Front Row:** David Craven, James Gehman, Michael Tracy, Kimberly Walsh. **Second Row:** Natalie Caro, Craig Morris, Derek Magnuson, Adam Wenger, Elizabeth Weisbrot, Katie Jepson. **Back Row:** Mike Fertitta, Susan Hoffman, Sara Rangel, Kevin Cabaniss, Erica Ragland.



## HABITAT FOR HUMANITY EXECUTIVE BOARD



**Front Row:** Sara Hanlon, Ashley Portch, Jason Farber, Brittany Jones, Kathryn Crowley. **Back Row:** Adam Baez, Victoria Eberle, Amanda Wilkins, Nikki White, Jenna Testerman.

Helping out families locally, nationally and internationally, Habitat for Humanity built homes to benefit those in need of shelter. With 300 members at the university, the organization took day trips as well as spring break trips to help build homes in Ft. Lauderdale, Fla., and Johns Island, S.C. Started at the university in 1994, Habitat for Humanity's roster continued to grow with each year.

## KAPPA KAPPA PSI



**Front Row:** Eric Blumenthal, Danielle Halsey, Johanna Salas, Leanne Shepherd, Rachel Hutchins, Margaret Amos, Meghan DePace, Stephanie Hunt, Caitlin Canoles, Jessica Cutler. **Second Row:** Jennifer Koch, Emily Parker, Caitlin Callahan, Vicki Stratton, Rachel Drane, Shandra Aber, Ashley Porter, Lauren Philp, Stefanie Ward. **Third Row:** Bret Zawilski, Daniel Singer, Benjamin Soltoff, Kim Wisener, Brian Giordano, T.C. Sasser, Dominique Paquette, Kelly Borkey, Kimberly Woods. **Back Row:** Dan Rowson, Patrick Haggerty, Kevin O'Brien, Steven Colella, Daniel Carpenter, Durrell Lewis, W. Todd Magowan, Kelsey Holland, Ralph Hill.

Kappa Kappa Psi was composed of students who had performed in a large band for at least one semester. The fraternity, founded in 1980, had grown to 43 members. The group often participated in regular service projects with the Marching Royal Dukes, the School of Music and the surrounding community.

# PANHHELLENIC COUNCIL //



The members of the Panhellenic Council show off their outgoing personalities on the Wilson Hall steps. Each sorority at the university elected two delegates who served as representatives to the Panhellenic Council.

photo: courtesy of anneblessing

britnigeer//writer

The 12 executive members and two advisers of the Panhellenic Council led and oversaw more than 1,500 sorority women. As the executive board of the sororities, the Panhellenic Council directed each chapter, implemented formal recruitment and led each chapter in weekly meetings.

One of the group's biggest accomplishments included the "Be Beautiful" campaign, a self-confidence campaign initiated by senior Anne Blessing, president.

"The 'Be Beautiful' campaign is meant to implement self-confidence by recognizing sorority women for their inner beauty," said Blessing. "The campaign has brought motivational speaker, Andrea Cooper, and Dove real beauty model, Stacy Nadeau, to our campus. We put on events and programming for the campaign and aim to instill service, character and scholarship in all of the sorority women."

The campaign held a role model fashion show in April to support these goals. The council received more than 50 nominations for the show and selected two women from each sorority to represent their inner beauty and role model attributes. Sponsored by DEB formal dresses, the fashion show included an evening wear section,



where each role model walked the runway in an evening gown. More than 300 people attended the event, and all the proceeds went to the Panhellenic Council's philanthropy, First Step, a battered women's shelter.

"We added First Step as our philanthropy this past year and have gifted them over \$1,500 in supplies," said Blessing.

Along with the addition of a campaign and a new philanthropy, the Panhellenic Council also changed sorority recruitment. For the first time, the council sent promotional postcards to freshmen, which had increased rushing by 50 percent since 2007. The council also successfully trained and prepared Rho Gamma for recruitment, resulting in zero Rho Gamma initiated infractions for the first time.

"I was so proud of the fact that there were zero Rho Gamma infractions," said junior Kaitlin Solomon, Panhellenic vice president of Rho Gammas. "We had a more intense selection process this year, and the 38 women chosen respected the position, the integrity of the recruitment process, their training and myself, resulting in a successful recruitment."

The 12 women of the Panhellenic Council strove to empower the Greek community, the campus and Harrisonburg. Through campaigns, recruitment, weekly meetings and fundraisers, the women were set on recognizing sorority role models and instilling self-confidence in each sorority. //

Potential new sorority members show enthusiasm during a recruitment information session. Recruitment for the sororities was a formal and structured process sponsored by the Panhellenic Council.

photo//courtesy of anneblessing



Front Row: Taryn Crampton, Kim Olson, Taryn Anrig, Hannah Hanks, Anne Blessing, Allie Romeo. Back Row: Hunter Bedard, Ashley Mukono, Kelsey Schum, Kaitlin Solomon, Ali Van Sickle, Meg Gerloff.

# UNIVERSITY ORGANIZATIONS //

## KIDS KLUB



With its focus on helping children, Kids Klub volunteered at after-school programs, book fairs and school carnivals. The group also helped a local radio station put on Monster Mash, an accessible way for kids to trick-or-treat in a safe environment at the Valley Mall.

**Front Row:** Liz Town, Kristen Giambone, Jennifer Cusick, Sarah Young. **Back Row:** Courtney Wallace, Michelle Scotellaro, Jennifer Bennett, Liz Reitman, Chelsea Bruno, Ashleigh Gunderson, Courtney Waldmann, Steph Synoracki.

## LAMBDA PI ETA



Lambda Pi Eta, the communications honor society, was founded in 1985 to reward outstanding scholastic achievement and to stimulate interest in the field of communications. Members of the group had to maintain a 3.0 GPA. The group held speech workshops at Skyline Middle School each year and encouraged its members to donate to the Angel Tree.

**Front Row:** Brittany Kaschak, Elizabeth Price, Kelsey Dayton, Amanda Slade, Elaine Bussjaeger, Aishah McNeil. **Back Row:** Kallie DeVecchio, Shawn Ramsey, Jacqueline Weisbecker, Chelsea Gutshall, Micah Day, Carrie Klamut, Constance Gillison, Jone Brunelle.



## MADISON MARKETING ASSOCIATION



**Front Row:** Vanessa Palenque, Alexandra Hansen, Stephanie Mazzamaro. **Second Row:** Kimmy Rohrs, Kimberly Tyson, Natalie Lauri, Stephanie Jansen, Dustin Kenney, Andrew Henchen, Keely Walsh, Jared Schaubert. **Back Row:** Blythe Klippstein, Joe Endress, Brittany Rosato.

Although it was considered a business organization, the Madison Marketing Association was open to all majors. Founded in 1982 as the collegiate chapter of the American Marketing Association, the organization aimed to educate students on business practices, dress code and interview protocol. To become a member, students had to fill out an application and send it to the American Marketing Association in Chicago, Ill.

## MATH TEACHER ORGANIZATION



**Front Row:** Alana Ferens, Theresa Dalmut. **Back Row:** Lane O'Brien, Meghan Raghianti, Eden Middleton.

Any student who wanted to become a math teacher was welcome to join the Math Teacher Organization, a group committed to the professional development of prospective math teachers at the university. Through the organization, students gained work-related experience relative to their goals as future math teachers.

# SIGMA KAPPA //



Wearing yellow and white, a Sigma Kappa family takes a break during the third round of rush week. During rush, there were multiple rounds girls would go through in order to find the sorority that best suited them.

Photo credit: [unreadable] - beers

caitlincrumpton // writer

**A**fter receiving the highest honor at the Sigma Kappa National Convention, Sigma Kappa was promoted to a three-star sorority in 2009.

“Getting awarded three stars at national convention means so much to our chapter,” said junior Amy Dolan. “It is the highest honor that a chapter can receive, and it is very rewarding to know that Sigma Kappa’s national headquarters recognizes all of our hard work.”

Founded in 1874 at Colby College in Maine, Sigma Kappa’s chapter at the university began in 1959. Its philanthropies included gerontology with a focus on Alzheimer’s research, and The Maine Sea Coast Mission, which delivered food and clothing to people in need. The sorority went by the motto of “One Heart, One Way.”



Recruitment for all sororities started on Sept. 10, and ended with a bid celebration on Sept. 15. Sigma Kappa recruited a new pledge class of 52 girls. Playing off The Beatles' song, the theme of its recruitment was "All you need is love and Sigma Kappa." The theme was consistent throughout the week with Beatles board games created by the sorority.

"We had really strong recruiters this year," said senior Rachel DiGirolamo, vice president of Membership. "I think a lot of the girls that were rushing were given more information about the sororities by the new booklets that were given this year so they were better informed to make a decision."

The sorority's biggest event was its annual Turkey Bowl, a philanthropic event in November that raised money for Alzheimer's research. Twelve teams, ranging from fraternities to groups playing for fun, competed in flag football games. The 2009 Turkey Bowl winner was a group of friends called Little Rascals, and was awarded a Thanksgiving dinner by Sigma Kappa in celebration of their win. Other events that took place that week included bowling at Valley Lanes and a benefit concert at the Pub.

Senior Tara Higgins was proud of the money Sigma Kappa raised and its commitment to philanthropy.

"The Greek community has made me realize how great the girls of Sigma Kappa are," said Higgins. //

Squeezing in for a photo, sisters of Sigma Kappa take a picture to remember Bid Celebration. Bid Celebration takes place the night the new recruitments chose and are accepted to pledge the sorority of their choice.

photo: courtesy of jenniferbeers



**Front Row:** Chrissy Sullivan, Amy Dolan, Nicole Nesbitt, Chrissy Hartley, Katelyn Thyrring, Liza Charnack, Emily Abram, Nicole Napolitano, Alyssa Lopez, Alex Switzer, Tara Ginty, Kaitlin McKinley, Sarah Roberts, Alyssa Hirsh, Brittany Witt, Alyssa Miller, Caitlin Romig, Morgan Higgins. **Second Row:** Tara Higgins, Heather Sarty, Lisa Muoio, Colleen MacDowell, Alexis Kyriacou, Amanda Scott, Kouryn Lupino, Logan Hannah, Amy Schlinger, Shariene Avonick, Jennitar Freed, Caitlin Ryan, Lauren Fisher, Arianna Hartmann, Amanda Armstrong, Carly Sinkin, Veronica Nalbandian, Katalyn Murray, Janay Thzioli. **Third Row:** Erica Parker, Joanna Kirby, Sarah Mecke, Laura Anderson, Alex Morgan, Devin Gunther, Sarah Robertson, Alie Smith, Brooke A. Williams, Nad' Alsajoff, Jacqueline Strasser, Christine Lynch, Kelly Ziegler, Brittany Schiff, Alexa Graustain, Lara Hollman, Caitlin Whitt, Justine Fink, Amber Campitelli, Kelly Mertz, Kristen Richardson, Meggie Greenwood. **Back Row:** Alicia Fuzin, Christine Tedesco, Becky Hoffman, Jordan Long, Bridget Gomersall, Jenna Federico, Katie McClure, Lizz Donnelly, Lauren Mavin, Caroline Leach, Tiffany St. Clair, Lauren Mairs, Erin Madison, Alyson Hubino, Robin Parrallo, Jordan Gunkind, Kristen Resutek, Marry Ferro, Cassia Loudon, Nicole Del Negro, Kathryn Flytynski.





# Changes *and* Challenges

Wearing their own special chef hats, SGA members serve mashed potatoes to students from the Southern Bistro station in D-Hall. "SGA Serves You at D-Hall" took place on Nov. 20, in the all-you-can-eat dining hall located on the Bluestone side of campus.  
photo/ amywaltney

SGA MADE IMPORTANT STRIDES TO BETTER STUDENTS' EXPERIENCES WHILE AT COLLEGE

chloemulliner // writer

The Student Government Association (SGA) worked to maintain the communication bridge between the student body and the administration. Perpetually seeking opinions and concerns from the student body, the SGA strove to accurately represent all students on campus.

"We represent student voice," said senior Candace Avalos, student body president. "We influence policy changes and anything that will affect student life."

Every Tuesday evening, the SGA met for senate meetings, where members drafted bills, passed out money to clubs and listened to presentations. In addition to senate meetings, individual committees met on different days to further discuss their targeted areas.

Although individual SGA members held different positions and worked on separate focuses, there was a common passion for seeking the best interest of the students.

"I love meeting new people and being able to

be the spokesperson for the student body," said junior Caitlin Natale, director of Membership Development.

"I joined SGA to make a difference," said sophomore Pat Watral, a senator at large for the Student Service Committee. "The best part is probably that it takes a lot of hard work, but finding out that if you really want to try, you can help the students."

The SGA reached out to students and looked for ways to facilitate communication between the organization and the student body.

"Write-Up Wednesdays" were created to encourage students to contact SGA members and share their opinions. Students could anonymously leave comments, questions or concerns on a bulletin board for the SGA to address.

"When there is a problem, we seek it out and work on fixing the situation," said junior Brock Wallace, vice president of Student Affairs.

Although the SGA senate was smaller and

filled with more newcomers than previous years, the organization embraced the differences.

"There's a lot of fresh faces and eager people who are actively going out there and seeking out issues," said Wallace.

One of the major focuses of the organization was campus safety. The SGA conducted a late-night bus survey to collect student data concerning the buses' shortened hours and its effect on the students' sense of safety.

"We were extremely pleased with the survey," said Watral. "Over 4,000 students took the survey, which is 23 percent of the student body."

SGA members worked directly with campus security and the police department to address safety issues and find ways to better inform students on safe behavior. Members also began planning a new safety video for first-years to view during orientation that would address issues such as safe drinking and safety



resources available on campus.

Another big milestone for the SGA was changing the C17 commuter parking lot to permit residents to park there 24 hours a day, adding much-needed resident parking on the east side of campus. While a lot of issues with parking were unchangeable, the SGA was proud of this one opportunity to make a difference.

Another major accomplishment of the SGA was changing a line in judicial policy regarding obscene conduct. Students felt as though a certain phrase in the student handbook, which prohibited lewd, indecent or obscene expression regardless of proximity to campus, violated the students' constitutional right to freedom of speech. The SGA successfully assisted in the revision of the

passage to prohibit only obscene conduct, not expression.

While the SGA was successful in bringing about positive changes to campus, it was not an easy task due to a scandal that threatened the organization's reputation. The organization's moral image was in jeopardy when two SGA members were involved in generating an automatic voter for the Homecoming Banner Contest to rig the votes. Reeling from its temporarily damaged reputation, the SGA was forced to rebuild its credibility and faith within the student body.

"We realized how we influence the students and were able to refocus our energy and time into giving back to the students," said Avalos. "It's been a motivator to want to be better." //

## EXECUTIVE COUNCIL

president//  
candaceavalos

vpofadministrativeaffairs//  
dansmolkin

vpofstudentaffairs//  
brockwallace

treasurer//  
andrewreese

speakerofsenate//  
andrewelgert



**Front Row:** Susanna Chacko, Allison Wong, Melanie Goff, Amber Richards, Erin Brooks, Rheanna Martino, Jessica Morris, Susan Ghanem. **Second Row:** Timmy Austen, Adam Hall, John Napier, Daniel Smolkin, Ashley Fary, Rania Qura, Christine Rettig, Candace Avalos, Stephanie Kissam, Kenzie Fisher. **Back Row:** Hugh Blanchetti, Keith W. Zirkle, Dwight Richardson, Jacob Glessner, Patrick Elwell, Matt Wisniewski, Ian Crowe, Kyle Smith, Carlos Ruiz.

Smiling, a Student Government Association (SGA) member serves a wrap to a fellow student. During "SGA Serves You at D-Hall" day, SGA fulfilled the service aspect of the organization's mission "to serve, inform, educate, and represent."  
photo//amygwaltney



A Student Government Association (SGA) member uses tongs to serve chicken nuggets to students. SGA paired with Dining Services to bring "SGA Serves You at D-Hall" day.  
photo//amygwaltney

# SIGMA NU //



Members of Sigma Nu and Delta Delta run the cornhole tournament as participants wait for their cue to start. Sigma Nu also held a proceeds night at Ham's Restaurant and collected monetary donations from students on campus.

photo//lesliehaase

colleencallery // writer

As members of the oldest running fraternity on campus, the 49 brothers of Sigma Nu worked hard to make an impact in the Harrisonburg community. Established in 1974, the chapter had some trouble maintaining a connected, enthusiastic organization throughout the 1990s. Since then, members had made strides in establishing a cohesive and leading fraternity.

“The fraternity was divided,” said senior Michael Boitnott, president. “There was no optimism. But we were able to take our negatives and turn them positive; now everyone has a clear view of our goals.”

Improving internal operations, like restructuring its committee and awards systems, helped to establish a more organized fraternity that enabled its members to work more effectively toward its larger goals. These goals included philanthropy,



local volunteer work and maintaining strong relationships with alumni. In addition to volunteering for after-school programs at local elementary schools, Harrisonburg nursing homes and the Rockingham Educational Foundation, Inc. (REFI), members worked on making their annual philanthropy event bigger each year.

Formerly known as Hoops 4 Kids, the brothers of Sigma Nu renamed the event Wish Week, adapting the schedule of events to include a beanbag toss as well as basketball tournaments and fundraising efforts around town. Raising \$4,200 for the Make-A-Wish foundation, Boitnott said Sigma Nu got closer to raising its goal of \$6,000 every year.

"It's always good to give back to the community," said Boitnott. "We aren't in it to serve ourselves. We are more than just a group of guys; we're a group of guys that works for other people."

Sigma Nu was featured in *Madison Magazine* in the winter 2010 issue and named one of the university's top five chapters. It was also highlighted for having one of the highest GPAs on campus.

According to Boitnott, members planned to talk to their national headquarters to change their recruitment process and improve their alumni relations, and the effort seemed to be paying off. Sigma Nu had one of the most successful Homecoming events this year, with more than 150 alumni returning for the fun. //

Beanbags fly as teams participate in Sigma Nu's cornhole tournament held in September. Fifty teams participated in the tournament during the fraternity's first annual Wish Week, where all proceeds went to the Make-A-Wish foundation.

photo//lesliehaase



**Front Row:** Andrew Barnett, Gun Choi, Christopher Elliot Hotland, Samuel Blinstrubas, Austin Title, Steven Irby, Ryan Eixler. **Second Row:** Michael Owen Burgess, Derek Lubaczuk, Dustin Wedelridge, Jorge Lilly IV, Sean Lynch, Tyler Hunt, Brett Baldwin, Warren Sealock, Ryan Carlson, Faris Al-Nsour. **Third Row:** Alexander Bailey, Collin Yarusso, John F. Kirk IV, Jake E. Divers IV, Adam Wermus, Sean Miller, Steven Petas, J. David Ward, Sean Grabill. **Back Row:** Josh Krill, Matthew Passarge, Stephen R. Moulton III, Alexander Richert, Michael Boitnott, Patrick Folliard, Kyle Seymour, Max Greer, Chris McShane.



# UNIVERSITY ORGANIZATIONS //

Celebrating its 20th anniversary, the National Society of Minorities in Hospitality had grown from four to more than 1,000 students nationwide since its inception. The organization was open to anyone interested in learning about the hospitality industry. Its members focused on diversity in the workplace and networking between students and professionals.



**Front Row:** Christabelle Darby, Aisha Alami, Erika Maxberry, Yuliya Khrystych, Erin Niemela. **Second Row:** Kierra Jones, Cathy Snyder (Adviser), Bhavik Shah, Amy Hunt, Leigh Ashley Harden. **Back Row:** Taylor Donohue, Khea Adams, Leigh-Ann Mendelson, Ashley Pond, Katie Manges, Victor Bukowski.

The Pre-Physical Therapy Society helped students understand the physical therapy (PT) environment and the process of applying to graduate schools. The group stayed active by holding an annual PT Expo in the fall, where representatives from PT programs spent the day meeting with students. The club welcomed anyone who was interested in physical therapy.



**Front Row:** Shani Moore, Kathryn Boyd, Jessica Capano, Jessica Dang, Nicole Zelena, Lauren Pierce. **Back Row:** Joshua Egloff, Alexis Luis, Lauren Miccile, Brooke Powell, Courtney Miller, Christine Rettig, Nick Vitale.



## SIGMA ALPHA OMEGA



**Front Row:** Kristyn Huff, Evie Korovesis, Brett Wilson, Megan Ashby. **Back Row:** Sarah Young, Katie Carden, Courtney Hixson, Claire Harvey, Misty Newman (Adviser).

Sigma Alpha Omega was a new Christian social sorority established in the spring of 2009. The university's chapter was the first chapter in Virginia and was open to all women who wished to serve the Lord through fellowship and service. Their philanthropy was ovarian cancer, the fifth leading cause of death from cancer in women.

## SIGMA GAMMA RHO



**Front Row:** Shennean Tatem, Kimani Boykins, Chervon Moore, Victoria Gaines. **Back Row:** Rashonda Roberson, Tabatha Sherman, Angel Brockenbrough, Candace Cottrell, Britnie Green.

In an effort to bridge the gap between the university and local community, sisters of Sigma Gamma Rho held annual events throughout Harrisonburg. With a motto of "Greater service, greater progress," the sorority's main goals were service, sisterhood and the education of youth. The 10 sisters at the university held programs like Greekswitch, Gospel Explosion and their annual Easter Egg Hunt to help promote unity within the Greek community.

# SIGMA SIGMA // SIGMA

stephsynoracki // writer

**G**reek letters for Sigma Sigma Sigma (Tri Sigma) were proudly displayed on the T-shirts, sweatshirts and bags of Tri Sigma sisters. These women were under the leadership of a new executive team that took an oath to refocus the members of the sorority on the true values and mission of Tri Sigma.

The new executive board aimed for consistency and unity so that all executive members were on the same page. Board leaders felt it was extremely important for the entire chapter to be informed of any and all decisions made.

The women of Tri Sigma also made a point to attend more philanthropic events hosted by other organizations on campus, believing it brought unity to the group and made Tri Sigma stronger.



Singing their sororities song, sisters of Tri-Sigma dance around in matching outfits during rush week. Members of the sorority received a lifetime subscription of Tri-Sigma's national magazine, "The Triangle of Sigma Sigma Sigma."

photo//courtesy of ashleyhudson



Tri Sigma participated in Eating Disorder Awareness Month during February, where women who suffered from eating disorders spoke to the sisters as well as members of the student body who attended the events.

“It is our hope to spread awareness [of] eating disorders to women who are struggling,” said senior Jeannie Costin, vice president. “[We want them to know] that they are not alone, as well as supply them with the resources to get help.”

After losing a Tri Sigma sister, Leslie George, from complications arising from an eating disorder in 2000, the disease became very personal to the sorority.

With the motto of “Faithful Unto Death,” Costin had heard the world “cult” used to describe the group, but she took it as a compliment.

“As sisters, we love, defend, protect, support and trust one another,” said Costin. “If that makes us a cult, then I’m okay with that.”

Tri Sigma’s close-knit community was its biggest attraction for senior Ashley Hudson, president, who had a difficult time warming up to people during her freshman year.

“[Being a part of Tri Sigma] has helped me grow from a very timid girl from Delaware, to an extremely confident [woman] who is ready to embrace graduation and take on the world,” said Hudson. //

Sporting their sorority letters, sisters of Tri-Sigma pose for the photographer. Tri-Sigma made it a point to attend other functions held by other sororities and fraternities. photo/courtesy of ashleyhudson



**Front Row:** Alexandra Tubie, Christine Ching, Michelle Heart, Melanie Curto, Sara Rose Sommerstein, Kaitlan Brown, Alexa Emiccoli, Jocelyn Kylo, Ashley Parra, Ashley Ostandorf, Lynsae Fowler, Robecca Smith. **Second Row:** Melanie Sana, Jessica Shives, April Bowler, Alison Atkins, Bridget Dreppur, Kristie Bruzunak, Jeannie Costin, Carter Tyrrell, Halle Newbill, Lauren Jefferson, Jacqui Kiril, Emily Brown, Joanna DeRose, Megan Godfrey. **Third Row:** Robecca Rust, Heatherann McHugh, Krystan Collins, Catherine Ferla, Nicole Paak, Jenna Ruby, Stephanie Mazzamaro, Gabriella Fulton, Claire Maguire, Madeline Joy, Courtney McKown, Erica Merraffa, Anna Catanzaro, Sarah Pruske, Ryan Frizzellars. **Back Row:** Ashley Wilson, Katri Lindholm, Kate Kenney, Katie McCody, Courtney Stewart, Sarah Tith, Colleen Stevens, Ashley Hudson, Taylor Graney, Erin Crowley, Britt Thompson, Kathryn Leonard, Maggie Kiely, Aynsley Guertin, Erica Johnson, Victoria Avare.



# friendly **FACES**

## STUDENTS SERVED STUDENTS: PAST, PRESENT AND FUTURE

racheldozier// writer

Some of the first memories that incoming students had were of cheering Student Ambassadors waving signs and sporting the famous purple polo shirts.

Ambassadors participated in community service events both on and off campus, spirit events such as Homecoming, and gave the famous tours to prospective students and visiting alumni.

The tours were definitely a major part of the organization, according to junior Kristin Alexander, vice president of Alumni.

"There may be some days when you don't want to give a tour," said Alexander. "But once you get there and begin interacting with a group of people, you really start to get into it. I always take a poll on my tours to see who has been to JMU before, and most of them haven't. It's just really cool to be able to share my experience with them and let them see the campus I love."

Ambassadors accepted 64 new members in 2009. They had an intensive application process, which included a written application, a group interview and an individual interview. Those who were accepted went through a three-hour training session before giving their first tours. After the training session, the new members were required to take a tour with someone on the executive board and then shadow two separate tours.

Aside from the tours, Ambassadors gave back to the community and worked directly with alumni.

"We're all going to be alumni one day," said Alexander. "Most students here really enjoy their Madison experience so it's important to remember that so you can give back in any way possible, whether it's monetary or coming back to share your experience with current students."

Sophomore Brandon Farrar thought it was important to volunteer within the community as well as on campus.

"When you have a school put in the middle of a city, obviously there's a lot of college students and we're taking up a lot of space," said Farrar. "If this is where we're living for eight to nine months out of the year, it's important to give back and to have respect for

Members of Student Ambassadors collect toys for Operation Santa Claus. The group held many events throughout the year to help give back to the community.  
photo//tiffanybrown



Many dance groups and a cappella groups perform at Operation Santa Claus. During the school year, Student Ambassadors gave tours, sponsored alumni events and offered scholarships such as the Carrie Kutner Scholarship.  
photo//tiffanybrown







Senior **Sarah Coppinger** and junior **Emma Young** take turns reading from "The Polar Express" during Operation Santa Claus. Student Ambassadors held Operation Santa Claus each year in efforts to raise money and collect gifts for Harrisonburg Social Services.  
photo//tiffanybrown

those people who live here year-round."

Alexander agreed. "All of the people I've interacted with really enjoy the contribution that the students give. Many of them have businesses downtown and appreciate our presence."

Ambassadors had raked leaves in local parks, helped out at the Children's Museum and worked at a variety of events at local elementary schools. Members also participated in an event called Block Party in the 'Burg, where they gave tours of downtown Harrisonburg.

Though the organization was enthusiastic and excited to show off the school, it did recognize that some students might have been overwhelmed by members' outgoing personalities. However,

they believed that fear was unnecessary.

"I think that everyone has their own way of expressing that kind of spirit," said Alexander. "While Student Ambassadors has a really large, outgoing presence, I think that even if students aren't into that kind of thing, they can show it in small ways just by going to an event on campus or sporting JMU gear."

Farrar wanted students to feel like Ambassadors were approachable.

"They're just really pumped about the school and the chance to show it off," said Farrar. "It's not like we're up on a pedestal, we're just JMU students that are lucky enough to have the chance to do that." //



**Front Row:** Alli DiMartino, Lauren Granger, Melen Hagos, Phil Saunders, Nick Zurlo, Courtney Dickerson, Rachel Northridge, Janelle Sous, Jess Hopkins, Janelle Huggins. **Second Row:** Christa Samaha, Anna Degenhard, Kaitlyn Gordon, Kristin Alexander, Emmaunel Fairley, Camilla Posthill, Lauren Patrick, Megan Crawford, Melissa Reitano, Nicole Bruyette, Sarah Pineres, Kelsey DeVesty. **Third Row:** Katie Peabody, Tara Vaezi, Allie Weissberg, Rachel Navarrete, Katie Baker, Whitney Getka, Jen Morganstern, Dana Verner, Conally Owen, Kelly Weitzel, Deanna Carroll, Caitlyn Anderson, Lucy Madden, Alice Riley-Ryan. **Fourth Row:** Ahna Turley, Jordan Moore, RJ Ohgren, Anthony Riley, Drew Savage, Kelly Patullo, Kelly Bonnez, Mary Alyse Klement, Jordan Cole, Lauren Wholihan, Carlin Sherrill, Kristen Hanes, Stevie Hochenberger, Bethany Maxfield, Caitlin Heinlen, James Morrissey, Kaitlyn Kilduff. **Back Row:** Tyler Conta, Chris Palmer, Chris Meyers, John Morris, Abby Rucker, Andy Young, Sara Morgenstern, Matt Pronio, Erin Shellenberger, Daniel Currie, Claire Austin, Daniel Feldman, Amy Moore, Connor Birkner, Jim Antsey, Emily Govel, Meaghan McDonald, Chris Collins, Evan Balaber, Andrew Resse.

## EXECUTIVE COUNCIL

president//  
allieweissberg

vpofadmissions//  
amymoore

vpofalumni//  
kristinalexander

vpofmembership//  
taravaezi

treasurer//  
connorbirkner

tourcoordinator//  
nickzurlo

committeeheadcoordinator//  
rachelnavarrete

# STUDENTS FOR MINORITY OUTREACH //



Senior **Lorayah Priester**, junior **Nicole Carter** and sophomore **Leah Young** prepare for check-in during Take A Look Day. Students for Minority Outreach sponsored the open house for multicultural prospective students each year.

photo/sarahwink

lisamees // writer

**W**hen senior Ivaco Clarke was applying to colleges, she thought she had completely ruled out the university. Then she attended Take A Look Day.

“It gave me greater insight to what the university has to offer,” said Clarke. “Before coming for Take A Look, I knew what I was going to do and JMU definitely wasn’t it. For Take A Look to change my entire perspective is just phenomenal.”

Now the president of Students for Minority Outreach (SMO), Clarke made that transformation happen for hundreds of other high school students.

While Take A Look Day had been a university tradition since the 1980s, it had recently become something much bigger. SMO had expected a turnout of around 800 high school students for Take A Look Day on Nov. 14, but were surprised to see 1,200 students and their parents.



Families were invited to attend presentations from admissions, financial aid, Centennial Scholars and the Center for Multicultural Student Services, while students broke into groups and had the chance to meet with University Studies and Academic Planning. They were also provided with tours led by SMO members and were invited to the Organization Resource Fair, which included 46 organizations and resources.

As one parent commented, Take A Look Day accomplished more than most universities by providing students with both social and academic information.

SMO also hosted a Prospective Students Weekend for students who had been accepted to the university. This provided a more in-depth look at what it meant to be a student at the university by providing a student host for the weekend and organizing different events and activities.

With the university growing rapidly, SMO had been a driving force in recruiting the prospective students that made the university so successful.

“Our goal is to be proactive in helping admissions with recruiting,” said Clarke. “We are the minority students. We can share our experiences, tell them why we’re here and why we’re so grateful to be. We try to show them something they might not have considered.” //

Past presidents of Students for Minority Outreach (SMO), alumna **Whitney Davis** and senior **Angela Saunders**, look over the schedule for Take A Look Day. In addition to Take A Look Day, SMO also held Prospective Student’s Weekend and Bowl-A-Thon, a friendly competition between on-campus organizations.

photo//sarahwink



**First Row:** Tiara McKeevor, Tiffany Valentin, Isha Arora. **Second Row:** Leah Young, Briana Harris, Zurisadal Pena Roman, Vurnita Fisher. **Back Row:** Nicole Carter, Lorayah Friester, Tiffany V. Gary, Ivaco Clarke.



# UNIVERSITY ORGANIZATIONS //

Tau Beta Sigma, the national honors band sorority, accepted any woman with an interest in music. The chapter began on campus in March 1987. With 27 active members, the organization encouraged advancement in the music profession and promoted the appreciation of band music.



**TAU BETA SIGMA**  
**Front Row:** Hillary Benedict, Keaira Berkeley, Nikki Garner, Natalie French, Lauren Couture, Alexa Painter. **Second Row:** Amanda Banks, Kayla Payne, Geraldine Fiesta, Amanda Bell, Melanie Flick, Julia Barnes, Emily Long. **Back Row:** Danielle Liette, Allison Sachs, Sarah French, Grace McMahan, Michelle Beatty, Catherine Patterson, Kayla Mittelman.

The Vietnamese Student Association spread awareness of the heritage, traditions and distinguished history of Vietnam. Any student at the university was eligible for membership and there was no application process. The organization was especially proud of its culture show and awareness week, usually held in February.



**VIETNAMESE STUDENT ASSOCIATION**  
**Front Row:** Christine Luong, Cathleen Nguyen, Susan Xayavongsa, Vivian Ho, Natalie Ngu, Jessica Say, My-Ha Moon, Thanh-Thuy Nguyen, Emily Goodin, Tina Bui. **Second Row:** Vivi Sperling, Lisa Huynh, Mary Ta, Thanh Nguyen, Olivia Stout, Christine Tran, Briana Dishongh, Dun Weiss, Michael Wu, Tony Truong. **Back Row:** Vuhuy Pham, Jason Lieu, Eric Lien, Bryan Vu, Peter Chow, Minh Nguyen, Michael Urgel, Ryan Pitts.



## WOMEN'S CLUB WATER POLO



**Front Row:** Jillian Pope, Heidi Lindenfelser, Megan Flodorf, Laura Smith. **Second Row:** Katie Jenkins, Lauren Davis, Katie Sepanski, Hannah Holloway, Kelly Foelber, Lauren Rotsted. **Back Row:** Kelsey Karach, Allie Krafft, Caroline Reimann, Shannon McKernin, Courtney Versfeld, Emily Fano.

After winning the national championship in 2004, the Women's Club Water Polo team had become a thriving club. Members played competitively against other mid-Atlantic teams, participated in community service events such as canned food drives, and volunteered at the Society for the Prevention of Cruelty to Animals. All women at the university were eligible for membership, but to be on the travel roster, members had to have a 75 percent attendance rate at practice.

## WOMEN'S CLUB LACROSSE



**Front Row:** Luci Brinn, Lauren Cartier, Marianne Jarboe, Whitney Eagleson, Carolyn Fridley, Jennifer Bienz, Catherine Fadul, Jenna Boyd, Megan Kerr, Melissa Stieb. **Back Row:** Natalie Burrus, Shannon Wheeler, Katie Morton, Kristine Wayson, Kelly Corcoran, Kelsey Thistlethwaite, MacKenzie Taylor, Megan Matesic, Chelsea Shaut, Jess Stafford.

With 32 members on the team, Women's Club Lacrosse held tryouts at the beginning of each semester to attract new members. The team was involved in the Mid-Atlantic Women's Lacrosse League (MAWLL) and also competed nationally. Aside from practice, players were required to maintain a GPA of 2.0 or higher and complete five hours of community service per semester.

# for your ENTERTAINMENT

UNIVERSITY PROGRAM BOARD  
WORKED TO BRING ENTERTAINMENT  
TO THE UNIVERSITY

mandysmoot// writer

**U**niversity Program Board (UPB) had been focused on bringing events to campus for the education and entertainment of students since its inception in 1978, but this year UPB experienced some major changes.

“We are [now] able to function as more of a cohesive organization,” said junior Stephen Eure, director of Public Relations.

Programmers in training (PIT) allowed UPB to train new members on all aspects of the organization. PIT was a six-week induction where new members learned about all the things UPB did.

“We saw it as the best fit for them,” said Eure. “It brought a lot of energy and enthusiasm to events.”

UPB gathered ideas for its events from the National Association for Campus Activities (NACA) South Regional Conference that members attended each year. The organization also researched what other schools were doing and used inspiration from popular culture.

UPB marketed its events through banners, flyers, table tents, Facebook, Twitter, mass e-mails, bus ads, radio promotions, *Breeze* ads and word of mouth. However, the newest addition to UPB’s marketing campaign was its blog.

As opposed to Facebook and Twitter, UPB’s blog gave more transparency, personality and depth into the organization. The blog offered audience members details about why they chose to bring certain events to campus rather than just the date and time of an event.

“So far, the number of hits have exceeded our expectations,” said Eure.

Even though Eure was in charge of the blog, the entire organization helped make it a success.

“We all run it,” said Eure. “It gives a well-rounded picture.”

In addition, 80 One Records changed its focus this year, choosing to no longer record artists. In the past, the organization signed an artist and worked with him or her to record an album. But the organization refocused because members felt they couldn’t fully serve the artists’ needs.

“We don’t have resources they need,” said Eure.



Members of the University Program Board and the lead singer of the opening band, Blueskyreality, help to clear the stage. Blueskyreality opened for Third Eye Blind during the fall concert at the Convocation Center. photo//nataliewall

Waiting patiently, students search for any signs of paranormal activity during the Ghost Hunter event hosted by the University Program Board (UPB). photo//courtesy of upb





A student takes her best shot at the basket during Commons Day. The University Program Board (UPB) held various events on the Commons throughout the year. photo//courtesy of upb

Instead, UPB focused on giving bands performance space and promotion, which allowed the organization to focus on holding more concerts. The change better provided the “maximum benefit to students,” according to Eure. Matinee movies were added this year as well, a once-a-month event with reduced prices. “It is more than just a film screening,” said Eure. “We promote it as more of an event.” Trivia, costume contests and penny wars were just a few of the events that went along with matinee showings of “Harry Potter,” “Up” and “500 Days of Summer” during the fall semester.

According to Coordinator Carrie Martin, UPB far exceeded its attendance expectations at almost every Late Night Breakfast, the Family Weekend magician Peter Boie, the Ghost Hunter, To Write Love On Her Arms and the advanced screening of “The Fourth Kind.” It was hard for UPB to determine which event was most successful without first defining success specifically. “The most financially successful event has been Third Eye Blind,” said Martin. “Next semester I’m excited to see new, innovative ideas that haven’t been done on campus before.” //



**Front Row:** Anh Le, Holli Hughes, Claire Ainsworth, Chelsey Sison, Amy Steffens, Melissa Janocha, Carrie Martin. **Second Row:** Kayla Fleming, Maeve Rafferty, Natalie Hamlin, Katelyn Stewart, Angela Marino, Jacqueline Barnwell, Samantha Karnes, Sarah Montgomery, Leslie Bland, Kelsey Coffin. **Third Row:** Paul McDowell, Elizabeth Maddox, Craig Dixon, Zach Hamby, Patrick Crosson, Courtney Tubbs, Alyssa Johnson, Andrew Midgette, Maria Cheshire, Samantha Scutellaro, Christine Wells, Annie Blewett. **Back Row:** Sydney McKenney, Mike Johnson, Karlyn Doyle, Lindsey Mitchell, Erik Bowen, Rachelle McCracken, Emily Grochowski, Stephen Eure, Maribeth Jones, Katie Teague, Paul Lindsey, Mary Becker.

## EXECUTIVE COUNCIL

- president// annieblewett
- vpofmarketing&communication// zachamby
- vpofmembershipdevelopment// maeve rafferty
- vpofprogramming// kaylafleming
- directorofpublicrelations// stepheneure
- creativedirectorofmarketing// courtneytubbs
- executiveassistant// emilygrochowski
- financedirector// craigdixon
- directorofcenterstage// angelamorton
- directorofspiritandtradition// patrickcrosson
- directoroffilm// erikbowen
- directorof80onerecords// jennsteinhardt
- directorofspecialevents// drewmidgette



# WOMEN'S ULTIMATE // FRISBEE



Taking control, junior **Colleen Giglia** reaches for the disc and heads down field. The size of a regulation ultimate frisbee field was 70 yards by 40 yards, with end zones 25 yards deep. photo/courtesy of jacquelinewagner

juliacramer// writer

One look at the Women's Ultimate Frisbee Club told you it was an unusual group. Known as the Bitchmonkeys, the organization was unique not only because of its original team name, but also because each teammate was given a nickname in her first season. The three captains of the Bitchmonkeys, seniors Danielle "Cargo" Ainson, junior Colleen "Cody" Giglia and Jacqueline "Tinkerbell" Wagner, were referred to only by their nicknames.

In addition to their unique names, team members were proud of their "flair," ranging from flowered leggings to sequined tube tops and leopard-print leotards. At tournaments, they stood out from the other teams because they added "anything sparkly" overtop their jerseys.

"It ranges from sparkly pants to anything retro and ridiculous," said junior Janna Vloet, nicknamed Jester. "Some teams [we compete against] have flair, but we do it more than anyone else that I've seen. We have an entire closet full of flair passed down to rookies from old teammates."



The team roster boasted a large number of rookies this year.

“We got a really big newbie class—they just jumped in and were really good,” said sophomore Leslie Keller, nicknamed Baywatch. The freshmen this year were able to “jump in” quickly because some of them had played ultimate Frisbee in high school.

“In the past our social part was more important, but we have a lot more players and even the [veterans] have set a new tone,” said Keller.

The freshmen increased the team’s skills on the field and chemistry off the field.

“This year the team has a really tight bond,” said Vloet. “The majority of our team has been playing for two years or less.”

Besides practices and tournaments, the team got together for pasta dinners before each tournament and for community service projects. In December, the women volunteered with the Boys and Girls Club and helped sell concessions at the men’s basketball games. The team also had its own personalized Frisbee discs the players sold at practices.

In February the team hosted its own tournament, the Bonanza, with the Men’s Ultimate Frisbee team. Interested teams sent in bids and the Bonanza committee chose teams to compete based on how fun, competitive and close they were geographically. Every tournament the team participated in contributed to its standing in the Ultimate Player’s Association (UPA). With flair and funk, the team ended the fall semester by placing fifth at club sectionals and 10th at club regionals. //

Leaning down to intercept the disc, senior **Danielle Ainson** blocks her opponent. No physical contact was allowed between players on the field and players called their own fouls.  
photo//courtesy of jacquelinewagner



**Front Row:** Annie Schindler, Sarah Groves, Prady Winsten, Linda Laarz, Grace Corapi. **Second Row:** Danielle Ainson, Sara Pritt, Victoria Elmore, Jacqueline Wagner, Katie Krisely, Alison Liggett. **Back Row:** Alex Brennan, Mary Nguyen, Eleanor Garretson, Sophia Latour, Leslie Keller, Erica Stowe.



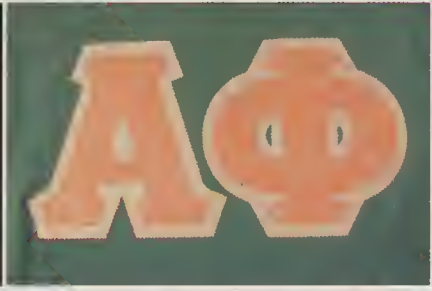
Front Row: Ryan Auvil, Lisa Shea, Eric Wuestewald.

As the university's student-run radio station, WXJM broadcast independent music from a variety of genres ranging from electronic to jazz to indie rock. Its members also sponsored shows in and around Harrisonburg, including the Mid-Atlantic College Radio Conference (MACRoCk) in the spring. Aside from programmed music, the radio station also broadcast live music and talk radio hosted by students.

## OTHER UNIVERSITY ORGANIZATIONS & CLUBS NOT FEATURED

- Active Minds
- African Student Organization
- Agape Christian Fellowship
- Aletheia Campus Organization
- Alpha Chi Sigma
- Alpha Epsilon Delta
- Alpha Epsilon Pi
- Alpha Kappa Lambda
- Alpha Phi Omega
- Alpha Psi Omega
- Alpha Tau Omega
- American Choral Directors Association
- American Criminal Justice Association
- American Sign Language Club
- American Society of Interior Design
- American String Teachers Assoc.
- Amnesty International
- Animal Rights Coalition
- Anthropology Club
- Army ROTC Cadet Association
- Art History Student Association
- Assoc. for Computing Machinery
- Association for Health Communicators
- Assoc. of Black Psychologists
- Association of Childhood Education International
- Association of Energy Engineers
- Assoc. of Information Technology Professionals
- Association of Women in Communication
- Astronomy Club
- Bah'ai Association
- Belly Dance
- Best Buddies
- Beta Alpha Psi
- Beta Beta Beta
- Beta Gamma Sigma
- Bhangra
- Blue Ridge Church of Christ Christian Fellowship
- BluesTones
- Boardline
- Brass Band Club
- Brazilian Jiu-Jitsu
- Breakdance Club
- Breathe Easy
- Bring Your Own Spirituality
- Building Tomorrow
- Campus Crusade for Christ
- Canterbury Episcopal Campus Ministry
- Cartoon Satire Club
- Catholic Campus Ministry
- Caving
- Chi Alpha Christian Fellowship
- Chi Sigma Iota
- Christian Student Union
- Circolo Culturale Italiano
- Clear Cadence
- Club Baseball
- Club Managers Association of America
- Club Spanish
- Club Swimming
- Club Tennis
- College Democrats
- College Republicans
- Colleges Against Cancer
- Collegiate Music Educators National Conference
- Council for Exceptional Children
- Crew
- Cross Country & Track
- Cycling
- Dance Company
- Dance Theatre
- Delta Chi
- Delta Epsilon Chi
- Delta Sigma Pi
- Destination Imagination
- Dietetic Association
- Double Reed Club
- Drumline
- Dukes For Life
- EARTH
- Economics Club
- Environmental Management Club
- Epsilon Chi Omicron
- Eta Sigma Gamma
- Exceptional Education Ambassadors
- Fashion Design Club
- Federalist Literary Society
- Fellowship of Christian Athletes
- Field Hockey
- Flute Club
- For The Love of Colorguard
- Freethinkers
- French Club
- Friends of Rachel
- Fugue
- Gamma Sigma Sigma
- Gardy Loo
- Geography Club
- Global Nonviolence Club
- Golden Key Int'l Honor Society
- Golf Club
- GAAMP
- Greek InterVarsity
- Gymnastics
- Health Administration Student Association
- Health Administration Student Association
- Hillel Counselorship
- Horn Club
- Ice Hockey
- IEEE Computer Society
- Inter-Cultural Greek Council
- Inter-Fraternity Council
- Int'l Interior Design Association
- International Student Association
- Int'l Tuba & Euphonium Assoc
- InterVarsity Christian Fellowship
- Into Hymn
- ISAT Honors Society
- James Madison Eco Community & Alumni
- Jete! l Esprit Dance
- JMU Chorale
- JMublee
- Kappa Alpha
- Kappa Alpha Psi
- Kappa Alpha Theta
- Kappa Delta Pi
- Kappa Pi Artemity
- Kappa Sigma
- Keyboard Association
- Knitwits
- Korean Students Association
- La Unidad Latina Lambda Upsilon Lambda
- Lambda Alpha Epsilon
- Lambda Chi Alpha
- Latin Dance Club
- Latino Student Alliance
- Latter Day Saints Student Assoc
- Leadership Team Development
- Living Buddhism
- Low Key
- Lutheran Campus Ministry at Muhlenberg
- Madison Advertising Club
- Madison Association of Clannets
- Madison Athletic Training Students Association
- Madison Dance
- Madison Equality
- Madison Flyfishers
- Madison Historians
- Madison Honors Club
- Madison Investment Fund
- Madison Liberty
- Madison Motorsports
- Madison P.R.I.D.E.
- Madison Political Affairs Club
- Madison Project
- Madison Student Giving Campaign
- Make Your Mark on Madison
- MANGA
- March of Dimes
- Mathematics & Statistics Club
- Men's Club Basketball
- Men's Club Lacrosse
- Men's Club Soccer
- Men's Club Volleyball
- Men's Rugby
- Men's Ultimate Frisbee
- Men's Water Polo
- Mid-East Interest Club
- Mortar Board
- Mosaic Dance Team
- Multicultural Women for Change
- Muslim Student Association
- NAACP
- National Art Education Assoc.
- National Association of Social Workers
- National Organization for Women
- National Residence Hall Honorary
- National Science Teacher Assoc
- National Society of Collegiate Scholars
- National Student Speech/Language/Hearing Association
- Neo-Underground Railroad Conductors
- Net Impact
- New and Improv'd
- Nicaraguan Orphan Fund
- Note-oriety
- Nursing Student Association
- Omega Psi Phi
- Omicron Delta Epsilon
- Omicron Delta Kappa
- One in Four
- Opera Guild
- Operation Smile
- Order of Omega
- Organization For Youth Empowerment
- Orthodox Christian Fellowship
- Outdoor Adventure Club
- Outriggers Peer Educations
- Overtones
- Paintball
- Phi Alpha
- Phi Alpha Delta
- Phi Alpha Theta
- Phi Beta Delta
- Phi Chi Theta
- Phi Epsilon Kappa
- Phi Gamma Delta (FUD)
- Phi Mu Alpha Sinfonia
- Phi Sigma Pi
- Phi Sigma Tau
- Physician Assistant Student Society
- Pi Gamma Mu
- Pi Kappa Alpha
- Pi Kappa Phi
- Pi Mu Epsilon
- Pi Sigma Epsilon
- Pre-Dental Organization
- Pre-Law Society
- Pre-Med Association
- Pre-Occupational Therapy Association
- Pre-Pharmacy Society
- Pre-Physician Assistant Club
- Pre-Veterinary Society
- Presbyterian Campus Ministry
- Professional Convention Management Association
- Promoting Love of the Arts to Youth
- PROMotion
- Psi Chi Honor Society
- Psychologists for Sustainability
- Psychology Club
- Psychology Peer Advising
- Public Relations Student Society of America
- Reality Educators Advocating
- Campus Health
- Relay For Life
- reNew
- Roller Hockey
- Roop Group: Past & Present
- Rotaract Club
- SafeRides
- Science Fiction Fantasy Guild
- Scuba Diving
- Sigma Alpha Iota
- Sigma Alpha Lambda
- Sigma Chi
- Sigma Delta Pi
- Sigma Gamma Epsilon
- Sigma Iota Alpha
- Sigma Phi Epsilon
- Sigma Tau Delta
- Sister Speak
- Skii & Snowboarding
- Ski Club
- Social Work Organization
- Society for Human Resource Management
- Society for Technical Communication
- Society of Automotive Engineers
- Society of Manufacturing Engineers
- Society of Physics Students
- Sociology Club
- Speech Team/Individual Events
- STAND
- Stratford Players
- Student Academy of Audiology
- Student Duke Club
- Student Education Association
- Student Occupational Therapy Association
- Student Officials Association
- Students for a Democratic Society
- Students for Concealed Carry
- Students for Minority Outreach
- Students Helping Honduras
- Students in Free Enterprise
- Student Association of English Teachers
- Swing Dance
- Table Tennis
- Tae Kwon Do
- Tau Kappa Epsilon
- The Breeze
- The Human Collective
- The Impact Movement
- The OrangeBand Initiative
- The Peace House
- Theta Chi Fraternity
- To Write Love On Her Arms
- Tnathlon
- Trombone Association
- Unix Users Group
- Up 'til Dawn
- Voices for Planned Parenthood
- Wait Disney World College Program Alumni
- Wesley Foundation
- West Side College Ministry
- Women of Color
- Women's Club Basketball
- Women's Club Soccer
- Women's Club Volleyball
- Women's Rugby
- Word Is Born
- Wrestling Club
- Young Life Leadership
- Zeta Phi Beta
- Zeta Tau Alpha



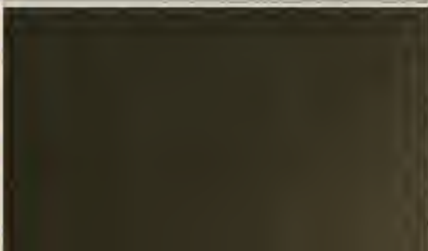
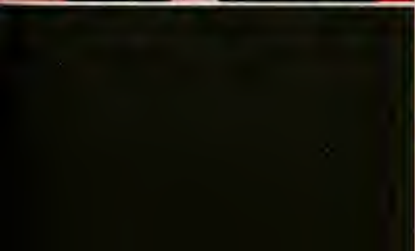
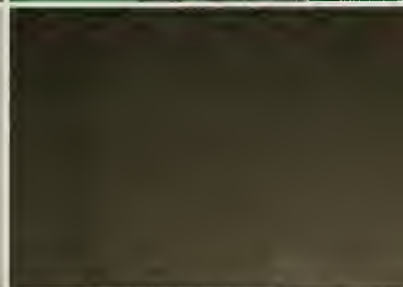
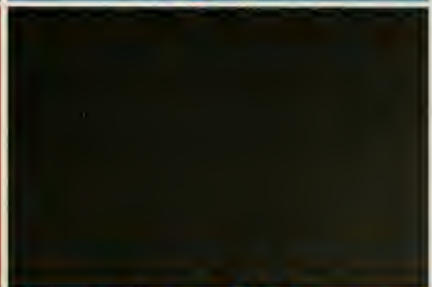
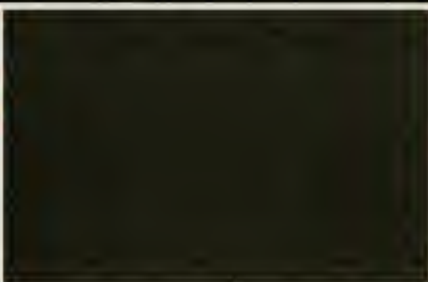


# ORGANIZATION APPAREL //

photo//nataliewall  
shirts//sosadvertising

From a T-shirt or sweatshirt, one could tell a lot about a person. At the university, many students chose to wear apparel with their sorority or fraternity letters, student organization name, club sport team, or major printed on the front. This form of "free advertising" was popular around campus, and many university organizations chose to offer personalized apparel for their members.

The Office of Student Activities and Involvement provided a list of approved and licensed vendors, which organizations could choose from. One of the most popular vendors was SOS Advertising, located on Grace Street next to the art studio. Realizing the popularity of Greek life and club apparel, SOS owners capitalized on the opportunity and provided students with everything they needed to promote their organization. //

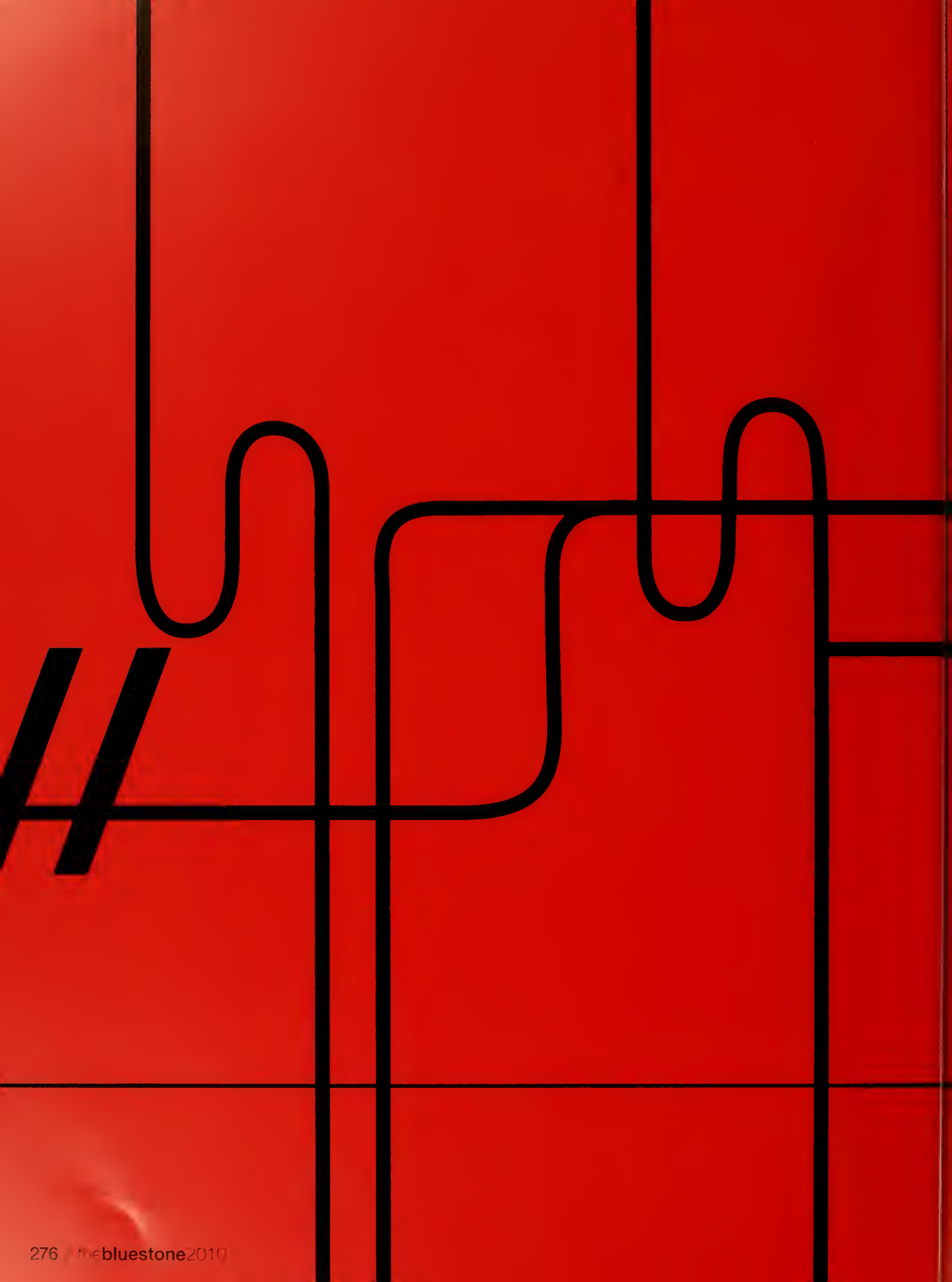


varsity*sports*//

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# spring sports

Baseball

278

Softball

280

Women's Lacrosse

282

Men's Tennis

284

Women's Tennis

286

Track & Field

288

# batterUP



caitlincrumpton // writer

**f**or the varsity baseball team, dreams of winning the Colonial Athletic Association (CAA) title and advancing into the National Collegiate Athletic Association (NCAA) tournament were still out of reach at the end of the season. Season-ending injuries from two of the Dukes' top three starting pitchers, senior Kurt Houck and junior Kyle Hoffman, caused the team to struggle early on.

The team also lost two would-be returners to Major League Baseball. Sophomore first baseman Steven Caseres was drafted to the Los Angeles Dodgers, while junior outfielder Brett Sellers signed as a free agent with the Washington Nationals.

The squad quickly felt the impact from the loss of these players.

"The frustration of losing was definitely the hardest obstacle, but it motivated me to work harder and push my teammates," said junior Kevin Munson.

With the season off to a slow start, the team regained confidence with a 9-6 win over Coastal Carolina University (CCU) at home. CCU was ranked 22nd nationally in the preseason poll, giving the Dukes their first triumph over a ranked competitor since their win against University of Virginia in 2007.

"We treat the season as a marathon, not a sprint," said Coach Joe "Spanky"

MacFarland, who completed his 12th season with the Dukes. "We focus on getting better every day, and understanding the mental part [of baseball], one pitch at a time."

Despite the obstacles the Dukes faced, they ended the season with an overall record of 30-24 and a 12-11 record in the CAA. The team was eligible to qualify for the CAA tournament, but lost its spot after the University of Delaware and Old Dominion University both posted victories. Falling short of the final spot to Delaware by .002 percentage points, it was the first time in the program's history a team with a winning record did not move on to the CAA tournament.

The final game in the team's regular season marked the last game to be played at Long Field at Mauck Stadium, home to the varsity baseball team for 35 years. The Dukes capped off this historic day with a 9-6 defeat over George Mason University, a game that only lasted eight innings due to rain. Plans were in the works to demolish the stadium and build a new complex, which could seat 1,200 spectators and would cost \$8.6 million.

Although unexpected events gave the Dukes more difficulties than they anticipated, the team worked together and finished its season with a winning record. //



Winding up, sophomore **Evan Scott** prepares to throw a pitch. According to *Baseball America*, Scott was named the fifth-best newcomer in the Colonial Athletic Association in pre-season of his freshman year.  
photo//brittanyjones



**Front Row** (L to R): McKinnon Langston, Jake Lowery, Kent Burford, Ian Haynes, David Herbek, David Edwards, Stuart Wright. **Second Row** (L to R): Trevor Knight, Shaun Villenave, Alex Valadja, Brett Garner, Kurt Houck, Mike Fabiaschi, Chris Johnson, Matt Townsend, Alex Foltz. **Third Row** (L to R): Justin Wood, Jason Kuhn, Evan Scott, Sean Tierney, Turner Phelps, Kyle Hoffman, Bryan Lescanec, Matt Browning, Kevin Munson, Josh Futter, James Weiner. **Back Row** (L to R): Director of Baseball Operations Chris Kelly, Assistant Coach Ted White, Head Coach Spanky McFarland, Associate Head Coach Jay Sullenger, Assistant Coach Jason Middleton. **Missing from Photo:** Chris Beaver, Lee Bujakowski.



Leaning in for the catch, redshirt junior **Trevor Knight** tags the base as Georgia State's **Derek Simmons** runs through. The Dukes defeated Georgia State in a three-game series in April.  
photo//brittanyjones

## scoreboard// home-opponent

southernillinois // 4-19  
troy // 3-6  
kentucky // 3-8  
coastalcarolina // 8 -6  
liberty // 11-2  
maryland // 5-1  
lafayette // 8-9  
lafayette // 5-0  
lafayette // 10-9  
stetson // 9-3  
stetson // 9-5  
stetson // 6-15  
stetson // 17-8  
youngstownst. // 6-6  
bryant // 8-22  
bryant // 9-4  
bryant // 7-8  
liberty // 13-2  
radford // 3-14  
towson // 11-9  
towson // 11-16  
towson // 16-17  
radford // 5 -1  
virginiatech // 0-4  
olddominion // 7-3  
olddominion // 10-14  
olddominion // 3-6  
mountst.mary's // 21-12  
virginiatech // 9 -13  
vcu // 4-5  
vcu // 13 -8  
vcu // 12-1  
vmi // 20-2  
georgewashington // 10-0  
delaware // 8-7  
delaware // 7-8  
delaware // 8-3  
longwood // 16-14  
georgiastate // 6-2  
georgiastate // 8-6  
georgiastate // 6-5  
maryland // 10-17  
vmi // 8-5  
william&mary // 2-8  
william&mary // 3-12  
georgewashington // 8-5  
longwood // 6-9  
georgemason // 6-10  
georgemason // 6-16  
georgemason // 9-6

## THE SPOTLIGHT



**MVP**  
Turner Phelps  
Junior  
Sports Management  
Roanoke, Va.

### Statistics

- Winning percentage - .800
- Strikeouts - 90
- Innings pitched - 82.2

### Honors

- Second Team All-East Region by the ABCA
- Second Team All-CAA
- All State (VaSID) Second Team
- Second in CAA history for career winning percentage (.889)
- Tied for eighth in season strikeouts (90)
- Ranked first in CAA for shutouts (1)



**MOST IMPROVED**  
David Herbek  
Junior  
Business Administration  
Haymarket, Va.

### Statistics

- Batting average - .370
- Homeruns - 10
- RBIs - 54
- Games played - 99
- Games started - 84

### Honors

- Listed on watch list for the Brooks Wallace Award for the nation's best shortstop
- All-State (VaSID) Second Team
- Invited to Cape Cod Summer League



# out of the park

## scoreboard // home-opponent

illinois // 4-6  
 houston // 3-10  
 ucdavis // 0-5  
 howard // 10-3  
 eastern Tenn. // 1-0  
 syracuse // 3-2  
 akron // 2-0  
 college of charleston // 9-3  
 sacred heart // 5-0  
 chattanooga // 2-0  
 north florida // 4-1  
 eastern illinois // 3-2  
 jacksonville st. // 0-6  
 tennessee // 1-3  
 lafayette // 2-0  
 lafayette // 2-0  
 rider // 4-0  
 lafayette // 4-3  
 delaware // 3-4  
 delaware // 6-4  
 delaware // 5-3  
 george washington // 7-0  
 george washington // 17-0  
 hofstra // 0-1  
 hofstra // 4-6  
 radford // 4-2  
 radford // 5-1  
 georgia state // 5-11  
 georgia state // 4-8  
 georgia state // 1-5  
 liberty // 4-1  
 liberty // 2-1  
 towson // 3-4  
 towson // 6-0  
 towson // 1-2  
 drexel // 4-0  
 drexel // 3-2  
 drexel // 2-0  
 georgetown // 2-4  
 uncwilmington // 5-0  
 uncwilmington // 4-1  
 uncwilmington // 5-3  
 george mason // 3-0  
 george mason // 3-0  
 george mason // 3-1  
 george mason // 3-0  
 hofstra // 2-0  
 towson // 1-0  
 towson // 11-1  
 tennessee // 3-4  
 jacksonville st. // 0-6

Graduate **Meredith Felts** and senior **Brittney Dyson** cheer on senior **Chel'sea Ryan** as she goofs off during a game. Felts was one player the team was sure to miss in the 2010 season, holding six university records at the time of graduation.

law

caitlin crumpton // writer

**t**he season was a series of firsts for the softball team, with members clinching the Colonial Athletic Association (CAA) Championship title for the first time in the conference's eight-year history. The win put an end to Hofstra University's seven-season reign as conference champions.

The fourth-seeded lady Dukes were able to crush Towson University in the championship game with the help of strong batting and consistent pitching from graduate Meredith Felts. The team scored 10 runs in the second inning and was able to tag on one more run in the fourth inning to keep the lead, winning 11-1. Felts only gave up one run and struck out five, which ended her season with a pitching record of 18-4. Picking up this win allowed Felts to break her own university record for number of wins in a season.





After defeating Towson, the lady Dukes advanced to the National Collegiate Athletic Association (NCAA) Regional tournament, but lost to Jacksonville State University, 0-6, resulting in elimination. This ended the team's season with a record of 35-16, allowing them to finish with the second-most wins in school history and tying them for the fewest number of losses.

"Winning the CAA title was probably the best feeling I've ever had in an athletic atmosphere," said sophomore Ashley Burnham. "I'm not sure I can even put in words how it really felt."

Burnham played a significant role after winning the position as starting shortstop.

"I think playing around experienced upperclassmen who were great leaders was very helpful [in my adjustment]," said Burnham. "They

were all so supportive of me."

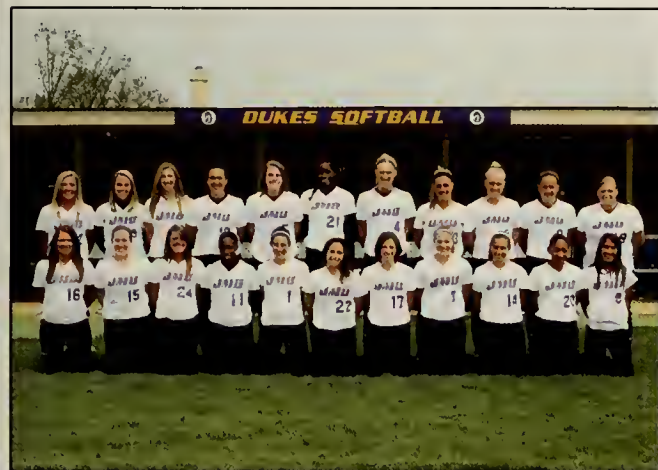
One player who exhibited this leadership role was senior Shannon Moxey. Moxey hoped to not only improve individually but to also help her younger teammates adjust and become better players.

"I want to do better than last year and lead the team in every possible way," said Moxey. "I hope to improve myself and also improve others."

The lady Dukes lost six seniors at the end of the season, including starting pitchers Felts and Jenny Clohan.

"It is a challenge to replace those six seniors," said coach Katie Flynn. "Five of them were starters their entire career. But we have a very talented recruiting class, and some of them will challenge to start for us right away." //

**Front Row (L to R):** Caitlen Manning, Brittney Lyddane, Michelle Clohan, Brittney Dyson, Lauren Robison, Gillian Giarrizzo, Megan Forbes, Casey Mansfield, Heather Widner, Kendra Johnson, Melissa Hill. **Back Row (L to R):** Ashley Burnham, Shannon Moxey, Courtney Simons, Julia Dominguez, Kaitlyn Wernsing, Chel'sea Ryan, Meredith Felts, Amber Kirk, Jenny Clohan, Katie Spitzer, Julie Smith.



Sliding into third base, graduate Kaitlyn Wernsing helps secure another win against George Mason University. The Dukes defeated George Mason in a three-game series last May.

Photo: Steve Law



## THE SPOTLIGHT



### MVP

Meredith Felts  
Graduate  
Sports Management  
Greenville, N.C.

### Statistics

- Winning percentage - .783
- Strikeouts - 184
- Threw first career no-hitter

### Honors

- First-team All-CAA selection
- 2009 CAA Championship Most Outstanding Player and All-Tournament selection
- University's all-time leader in wins (61), ERA (1.62), games started (85), complete games (52), strikeouts (581), shutouts (20)



### MOST IMPROVED

Chel'sea Ryan  
Senior  
Kinesiology  
Sandston, Va.

### Statistics

- Batting average - .281
- RBIs - 10
- Games played - 48
- Games started - 48

### Honors

- All-Tournament selection at the 2009 CAA Championships
- Conference Commissioner's Academic Award



# a quick draw

amandacaskey // writer

After losing close to one-third of its members to graduation, the women's lacrosse team faced multiple challenges in the form of new team dynamics, giving younger players the opportunity to prove their abilities to coaches and veteran players.

"I wanted to show the team that even though I'm a freshman, I can still play at the college level from day one," said redshirt freshman Casey Ancarrow, an attacker and midfielder. Ancarrow had been leading the team in goals for the first four games until she suffered a season-ending knee injury.

The season-opening win against Virginia Tech set the team in motion and helped prove the ability of a young team.

"I would say our most memorable game was our first game against Virginia Tech," said redshirt senior Kim Griffin. "All of our hard work paid off and came into play as we connected all over the field."

The team suffered additional injuries, including Griffin. A captain during the previous season, she tore her ACL during a game against The College of William & Mary.

"This year's team had some injuries occur after the season had started," said Griffin. "We overcame them by having the entire team step up and everyone taking on a new role."

Consisting mostly of freshmen and sophomores, the team ended the season with a 5-11 overall record and only won one of their six Colonial Athletic Association (CAA) games.

"I think that all of our CAA games were tough because they were all very close—three went into overtime," said Griffin.

The team dominated the statistics for unassisted goals, ground balls and draw control—the act of getting possession of the ball at the draw. However, the team fell

short when it came to goals, assists and fan attendance.

Although the team suffered two five-game losing streaks, the women found redemption in the form of wins against Drexel University, Richmond University, Longwood University, Yale University and Tech.

The team connected off of the field as well.

"I have never been a part of a team that is as close as these 28 girls," said assistant coach Meg Dentler. "From freshmen to seniors, these girls respect each other as teammates and as friends."

Senior Jaime Dardine, an attacker, agreed that the team's relationship was enhanced by the connection between the players—both new and returning.

"Each year a new freshman class comes in, and the way you welcome them to the team determines how strong your team dynamics will be," said Dardine. "I don't think we could have asked for a closer knit team for the past year." //

Stick raised in defense, senior **Morgan Kelly** blocks a shot for the Dukes. Kelly had a total of 84 saves during her lacrosse career at the university.  
photo//courtesy of sportsmedia



Pivoting away from her defender, junior **Mary Kate Lomady** runs toward the goal. Lomady, whose father played lacrosse at Penn State, led the team in goals.  
photo//courtesy of sportsmedia





## scoreboard //

home-opponent

virginiatech // 14-9  
 yale // 10-7  
 longwood // 17-11  
 notredame // 12 -16  
 richmond // 14-11  
 princeton // 11-13  
 loyola // 9-10  
 virginia // 9-18  
 maryland // 7-17  
 hofstra // 12-13  
 drexel // 14-6  
 william&mary // 13-14  
 olddominion // 8-11  
 delaware // 6-10  
 towson // 7-10  
 georgemason // 7-8



**Front Row** (L to R): Ashley Kimener, Cally Chakrian, Casey Ancarrow, Monica Zabel, Caitlin McHugh, Alex Napoli, Annie Brophy. **Second Row** (L to R): Rebecca McLouth, Meghan Wienecke, Kim Griffin, Mary Fran Shelton, Morgan Kimberly, Jaime Dardine, Annie Brophy, Lexy Schwabenland, Aisa Konishi. **Third Row** (L to R): Assistant Coach Meg Dentler, Jess Boshko, Head Coach Shelley Klaes-Bawcombe, Assistant Coach Kristin Hopson. **Fourth Row** (L to R): Ariel Lane, Caitlin Sullivan, Diana Apel, Mary Kate Lomady, Alex Menghetti, Michelle Maier. **Back Row** (L to R): Jessie Heisterman, Liz Walsh, Morgan Kelly, Susan Lines.

## THE SPOTLIGHT



**MVP**  
 Kim Griffin  
 Senior  
 Accounting  
 Jarrettsville, Md.

### Statistics

- Shots - 63
- Goals - 30
- Assists - 8
- Draws - 30
- Led team in shooting percentage
- Second in draw controls
- Second in free-position goals
- Third in points and goals

### Honors

- All-conference (CAA) first team
- All-State (VaSID) second team
- Team captain
- Conference Commissioner's Academic Award



**MOST IMPROVED**  
 Susan Lines  
 Senior  
 Marketing  
 South Windsor, Conn.

### Statistics

- Shots - 14
- Goals - 7
- Assists - 1
- Draws - 13

### Honors

- Conference Commissioner's Academic Award
- Dean's List

# MaKiNG a RAcket

jenniferbeers // writer

“Giving 100 percent every point is really important so that you know you did your best for yourself, your teammates and everybody at JMU,” said sophomore Jared Robinson, summarizing the men's tennis team's motto for the year. With this attitude, sophomores Ville Maaranen and Tommi Nissinen came up strong with their first career victory, while doubles partners Robinson and junior Mike Smith also added to the team's success.

Titled Colonial Athletic Association (CAA) Co-Rookie of the Year, Robinson made second-team All-CAA selection. Smith also made a name for himself as a two-time All-CAA doubles selection, becoming one of only five or six doubles teams in the conference to receive that honor. The pair won two out of three matches prior to the Group B consolation crown, putting the Dukes in the lead.

One highlight from the season included the team's victory home match against Liberty University in the non-conference tennis action.

“The home matches are always a highlight because we don't play at home very often, so it's great to have the home ground advantage and the fans cheering for us really does help,” says Robinson.

“Our 4-3 victory over Liberty was also a big win because earlier in the season we had a lot of close ties with other universities, and the win gave us some momentum toward the end of the season.”

Wins during the match against Liberty included Smith and sophomore Matt King with an 8-1 victory in No. 1 doubles. Maaranen had a pair of three set wins, and Nissinen finished the match with a win in No. 3 singles.

Some of the teams' main competition in its conference was The College of William & Mary, Old Dominion University and University of North Carolina-Wilmington.

“Our most memorable overall match I would say was our last match in the CAA Tournament at Old Dominion University, where we played William & Mary,” said King. “Unfortunately we lost this match. But a positive that came out of this was that we won the doubles point in a dominant fashion.”

The Dukes were sixth-seeded against William & Mary, who was third-seeded. Although they started off strong with a 1-0 lead after doubles play, William & Mary came back in singles play and proceeded to the semifinals after winning four singles matches.



With strength in his swing, senior **Mike Smith** aims to continue a rally during his match. Smith ended his season 14-19 in singles play.  
photo//courtesy of sportsmedia

“In terms of motivating my guys, they understand that if they put out the effort and hard work in practice, the results will eventually come in matches,” said assistant coach Erik Skartvedt. “As coaches, we work to translate all that hard work into a never-give up attitude out on the court. If the guys live by that philosophy on the tennis court, that's all I can ask for as a coach from my players.” //

## THE SPOTLIGHT



### MVP

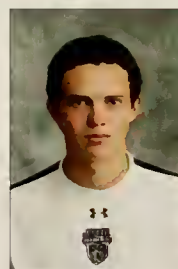
Jared Robinson  
Sophomore  
Sports Management  
Johannesburg, South Africa

### Statistics

- Went 17-14 in singles play
- Went 10-15 in doubles play

### Honors

- All-CAA second team in singles
- Finalist for JMU Male Athlete of the Year
- First in Group B consolation Bracket at U.Va. Invitational



### MOST IMPROVED

Yaroslav Voznenko  
Junior  
Economics  
Kherson, Ukraine

### Statistics

- Went 12-11 in singles play
- Went 8-5 in doubles play

### Honors

- Conference Commissioner's Academic Award
- First in C-2 singles bracket at Sergio Tacchini Invitational





Concentrating on his backhand, junior **Yaroslav Voznenko** attacks the ball. Originally from Ukraine, Voznenko joined the Dukes in January of 2008.  
photo//courtesy of sportsmedia

## scoreboard //

home-opponent

temple // 1-4  
campbell // 2-3  
vcu // 1-4  
northcarolina // 0-7  
olddominion // 0-7  
st.bonaventure // 3-4  
william&mary // 1-6  
georgetown // 5-2  
thecitadel // 2-5  
casereserve // 7-0  
eastcarolina // 2-5  
coastalcarolina // 1-5  
liberty // 4-3  
georgemason // 7-0  
longwood // 3-4  
norfolkstate // 4-2  
howard // 7-0  
delaware // 3-4  
drexel // 6-1  
uncwilmington // 1-6  
radford // 0-7  
william&mary // 1-4

# tutu tradition

karlynwilliams // writer

**W**hen graduate Barrett Donner was recruited for the tennis team her freshman year, she would have never guessed that ordering purple and gold tutus would become a tennis team tradition.

Originally, Donner thought the tutus would be fun to wear to football games. So she told her mother, the owner of a vintage shop in her hometown of Durham, N.C., to order 10, one for each member of the team.

"They were an instant hit with all the girls," said Donner. "Every year since then, we have ordered them in purple and gold for the incoming freshman as a welcome-to-the-team present. It's our special tradition."

In addition to tutus, another tradition was the high team morale and the team's solid support system. Maria Malerba, veteran coach of 34 years at the university, heightened spirit by balancing hard work and fun. While the players and the coaching staff realized that tennis was top priority, they understood that it wasn't everything. Malerba enjoyed interacting with the players and watching them grow and develop not only as players, but also as individuals.

Donner, who served as team captain for two years, took a hands-on approach in building a support system between players and coaches.

"I felt I could relate well to both, which is really important because communication and understanding is key to having a close team," said Donner.

She conversed with teammates and coaches on the best way to run practices to meet everyone's needs. Some players loved to get feedback from coaches during practices and matches, while others preferred to play without anyone watching.

The spring season had a few firsts for Malerba as a coach, including two injured players who needed surgery. Sophomore Ida Donner had wrist surgery on her racket hand and missed some of the fall practices and all of the spring season. Sophomore Alyssa Brandalik had both legs operated on for compartment syndrome, the compression of nerves and blood vessels that often led to muscle and nerve damage. In addition, the team lost seven matches by a score of 4-3.

"I've never had either of those things happen before," said Malerba.

On the brighter side, No. 1 doubles team sophomore Leah DeMasters and senior Rebecca Erickson made the All-CAA third team, making them one of the top nine doubles teams in the conference.

Another highlight that both Barrett and Malerba agreed on was the team's spring break trip to Florida. Team members got to spend quality time off the court and showcased their skills on the court as well.

The upcoming season looked strong because it would be the first year that the scholarship players outnumbered the walk-ons. In 2001, the university's Board of Visitors made the decision to create two sports sections, one with scholarships and the other without. Women's tennis fell into the non-scholarship group. Then in 2007, when the university cut 10 sports programs in compliance with the Title IX ruling, the tennis team reached full scholarship status, giving coaches greater flexibility in recruiting team members.

"This has created a great deal of depth and will definitely make a huge difference in our results," said Malerba. //



With complete confidence, junior **Kristin Nimitz** smashes the ball during a match. Nimitz was the returning No. 3 singles player and played with junior Rebecca Erickson as part of the No. 2 doubles team.

photo//courtesy of sportsmedia





The team comes together in a huddle after a successful match. Team members attributed their success to their family-like atmosphere.  
photo //courtesy of sportsmedia



**Front Row** (L to R): Kinsey Pate, Kristin Nimitz, Alyssa Brandalik, Rebecca Erikson. **Back Row** (L to R): Leah DeMasters, Kelly Maxwell, Barrett Donner, Ida Donner, Anna Khooor.

## scoreboard //

home-opponent

- westvirginia // 3-4
- liberty // 3-4
- georgetown // 5-2
- olddominion // 0-7
- norfolkstate // 6-1
- georgewashington // 3-4
- boston // 2-5
- floridaatlantic // 5-2
- southernillinois // 3-4
- washington&lee // 4-3
- towson // 6-1
- longwood // 6-1
- georgemason // 6-1
- richmond // 0-7
- delaware // 3-4
- drexel // 3-4
- uncwilmington // 0-7
- radford // 4-3
- towson // 5-0
- georgiastate // 0-4

# THE SPOTLIGHT



**MVP**  
Leah DeMasters  
Sophomore  
Media Art and Design  
Lititz, Pa.

**Statistics**  
- Went 15-6 in singles play  
- Went 14-12 in doubles play  
- Played No. 1 doubles  
- Played No. 5 singles

**Honors**  
- All-CAA third team in doubles  
- Team MVP  
- Conference Commissioner's Academic Award



**MOST IMPROVED**  
Kelly Maxwell  
Senior  
Health Sciences  
Williamsburg, Va.

**Statistics**  
- Went 14-10 in singles play  
- Went 11-6 in doubles play

**Honors**  
- Coaches' Award recipient  
- Conference Commissioner's Academic Award



# THE SPOTLIGHT

## MVP

Tanique Carter  
Graduate  
Psychology  
Richmond, Va.

## Statistics

- School record in 100m (11.68).
- School record in 60m (7.50)
- Member of school-record 800m relay (1:38.72)
- NCAA East Region qualifier in 100m and 200m

## Honors

- All-CAA in 100m and 200m.
- All-East in 100m and 200m at ECAC Championships
- CAA Athlete of the Week
- ECAC Track Athlete of the Week
- Conference (CAA) 200m champion
- Conference (CAA) 100m runner-up
- Conference Commissioner's Academic Award
- ECAC qualifier in 400m relay

## MOST IMPROVED

Katelyn Guerriere  
Senior  
Kinesiology  
Sidney, N.Y.

## Statistics

- 10th in 100m hurdles (14.58) at CAA Championships
- 10th in long jump at CAA Championships

## Honors

- Conference Commissioner's Academic Award
- Finalist for JMU Scholar Athlete of the Year
- JMU Athletic Director Scholar Athlete
- President's List

Focusing on her task, **Jessica O'Brien** clears the high jump. O'Brien set the university record for high jump at 5'8 3/4" in 2006. photo// courtesy of sportsmedia

stephsynoracki // writer

"My first few steps are slower, but I accelerate quickly and grab the ground with my spikes. Then I plant my left foot on the ground and drive upwards with my arms. My body rotates with momentum, so I tilt my head back, keep my hips up, and allow my body to clear the bar," described senior Jess O'Brien.

As a high jumper, O'Brien considered her process to be very technical. But when she was in the moment, her mind was clear and she didn't even have to think about her steps, her angle or her jump.

Head coach Kelly Cox, who came to the university in 2002, was a huge motivation to the women throughout the season. "Coach Cox has been a key component in developing my high jump ability," said O'Brien. "She was a very talented high jumper herself and she knows how to translate my raw ability into a refined skill."

The women showed a tremendous amount of growth each week as they worked on developing their skills.

"Working with the athletes and seeing them develop into strong leaders who go on to lead very meaningful lives is the best part of my job," said Cox.

All of the women's hard work helped them attain fourth place at the Colonial Athletic Association (CAA) Championship. A number of individuals qualified for the Eastern Athletic Conference (EAC) Indoor and Outdoor Championships, as well as the National Collegiate Athletic Association (NCAA) Outdoor Regional Championship.

The track and field team comprised sprinters, distance runners and jumpers/throwers. Each group trained separately and built close

relationships with the members of their immediate group.

"We've seen one another at our best and worst, and I think that's a factor that creates a strong bond," said senior Jess Propst, a long-distance runner.

"It is my own personal belief that track and field athletes, because of the individual component of the sport, struggle to feel connected to every member of the team," said O'Brien. "Spring season proved how important the idea of 'team' was, so we are making team unity a goal."

Injuries were a normal part of any athletic season and the women's track and field team saw their fair share. A number of the injured team members were jumpers.

"Our bodies are pushed to the extreme, not just with sprinting, but launching our bodies far, long, high and even upside down," said O'Brien. She and a few of the other team members struggled to stay in the competition. "We had to be creative in finding ways to preserve our bodies and yet still practice enough to improve."

O'Brien had her own injury during her freshman year after setting an exceptionally high jump record, an incident that had served as her motivation ever since. Propst also understood the pressure that injuries brought to the sport.

"I try my best to look at those obstacles as things that'll only make me stronger," said Propst.

Injuries had the potential to hinder a team, but both O'Brien and Propst had seen how injuries could bring team members together.

"I am a member of the women's track and field team because I believe in my teammates," said O'Brien. "I know that when we can pull together and support each other, we can achieve our goals." //

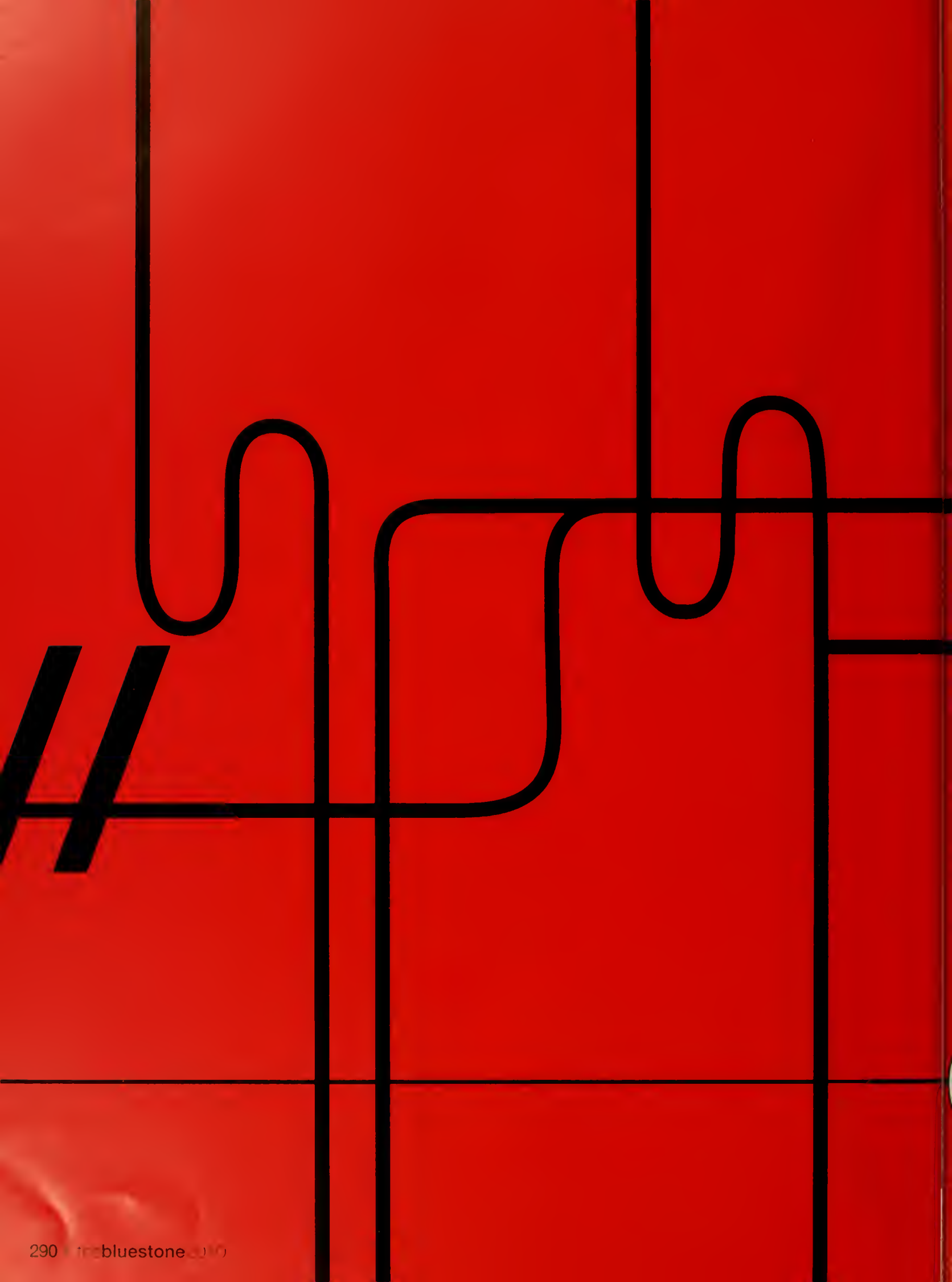




# over the hurdles



Rounding the last corner, junior Lana McGowan kicks at the finish of the 1600-meter relay at the CAA Championship meet. The relay team placed sixth at the meet with a time of 3:51.16, qualifying them for the Eastern College Athletic Conference Championships. Photo by [Lana McGowan](#) / [CAA Sports Media](#)





# fall sports

Cheerleading

Cross Country

Field Hockey

Football

Men's Golf

Women's Golf

Men's Soccer

Women's Soccer

Volleyball

292

294

296

298

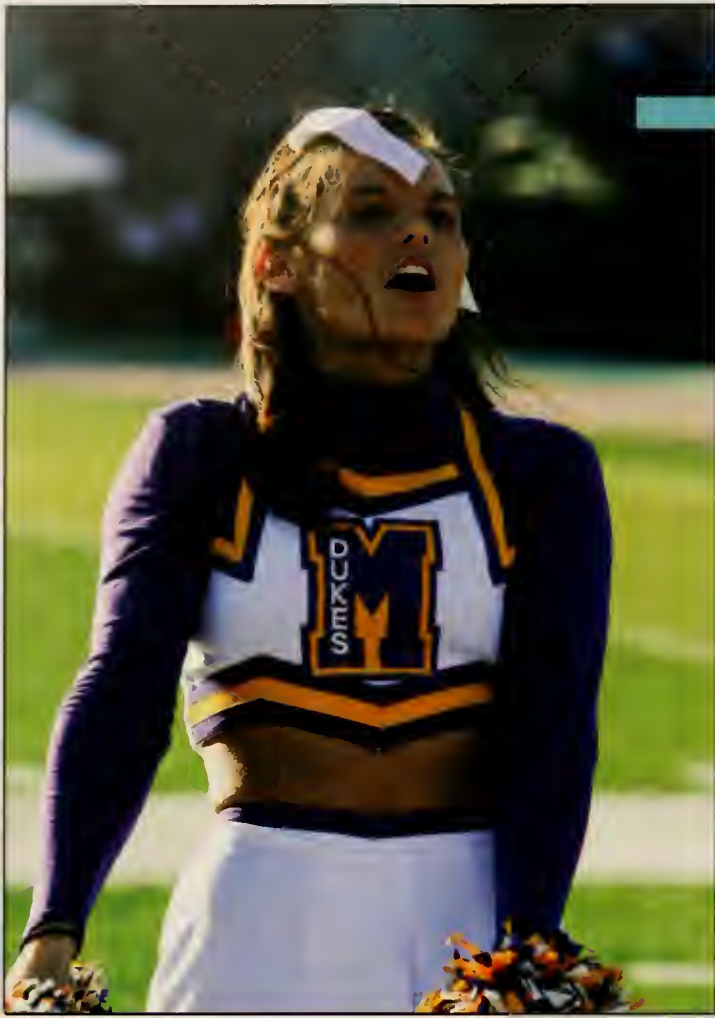
300

302

304

306

308



Senior **Briana Guertler** belts out the fight song to pump up the crowd. Lyrics for the fight song were printed upside down on freshmen's class T-shirts, so one could look down and sing along.

photo // hannahpace

# TOP OF THE PYRAMID

racheldozier // writer

As cheerleaders bounced around the room, scrambled to make dinner plans, and lifted one another in the air, Coach Tameka Burroughs worked on getting their attention. Equally as bubbly as each squad member, Burroughs joked with the students about her dinner of macaroni and cheese that she mixed with sugar because "it's not real cheese and that's just gross," and the power of anti-bacterial: "You can borrow my pen only if you use Germ-X after because you're diseased, do you understand that?"

Despite her jokes, Burroughs was proud of the two squads she coached.

"It is truly a pleasure working with the student-athletes," said Burroughs. "I do sometimes feel as if their hard work and dedication goes without being appreciated, but I thank them for being the ones that are paving the way for where the program is going."

The program had already come a long way. There were two squads, the coed Purple Squad and the all-girl Gold Squad. Burroughs, who had served as the head cheerleading coach since 2004, created the all-girl squad in 2006. Seven of the squad's graduating seniors had been on the original team.

Both squads were extremely dedicated to

their sport. They practiced from 5 a.m. to 7 a.m. once a week and traveled regularly for away games. Members of both squads agreed that being constantly together had improved the groups' overall chemistry.

"We all get together outside of practice and that's when we really bond," said junior Brittany Fortner, a member of the Gold Squad. "Being together really helps our performance."

"I think we're most productive at 5 a.m.," said junior Molly Chilton, also a member of the Gold Squad. "We all come from so many different majors with different activities that it's the best time to get together. Sometimes you do have those nights where you've stayed up past midnight, and that sucks, but it's all about how you manage your time."

Despite demanding schedules, both squads didn't seem to mind the added workload.

"I like being the one out on the field," said Chilton.

Though team members agreed that cheering was a fun way to get energized for a game, junior Nick Keatts, a member of the Purple Squad, acknowledged that sometimes the males on the squad got criticized for it.

"At the University of Maryland, I was called plenty of slanders," said Keatts. "Usually I take it, because it isn't true. People say it's a

feminine sport, but I like it. It's fun."

Though the season was a hard one for the football team, the squad remained loyal.

"We keep up with the team, like who has injuries and who all of the players are," said Fortner. "It's nice cheering for a team you know about."

Though they were often on the sidelines, the squads definitely considered cheering a sport.

"It's such a stereotype that all we do is sit there and cheer, but it's tough when we're trying out a new stunt at a game and a girl falls," said Fortner. "It's embarrassing to do it in front of everyone. We have a lot of tumbling requirements for even being considered for a spot on squad."

In 2008, the Purple Squad went to the ENCORE: Cheer and Dance Championships regional competition in Maryland and won the title of National Champions in the collegiate cheerleading division. The team had not been able to afford to return since.

"I look forward to the day that our program can consistently compete in Collegiate Nationals," said Burroughs.

"Though we're considered a JMU sport, we still don't get as much funding as some of the other teams," said Fortner. "We need money to travel and compete, but sometimes we just don't have it. But at least they consider us a sport."//





During a break in the game, cheerleaders perform an arabesque stunt. To perform this stunt, a cheerleader kept one leg down straight and extended her other leg behind almost at a 90-degree angle to her back, all while balancing in the air.  
photo//lesliehaase

**Front Row** (L to R): Matthew Hill, Holly Stevens, Ty Freeman, Briana Guertler, Leigh Culver, Greg Stuart, Lauren Schick, Rachel Johnson, Nicholas Keatts, Mary Sykes, Emmanuel Fairley. **Second Row** (L to R): Katherine Wrona, Stefanie Paige, Stephanie Lyons, Kimberly Ward, Kristen Slaughter, Kelsey O'Connor, Stephanie La Testa, Katherine Worten, Haley Hanson, Coach Tameka Burroughs. **Third Row** (L to R): Brittany Ford, Lauren Maira, Jennifer Tatanish, Samantha Schohn, Rosie Ortiz, Morgan Sterner, Anne Bianchi, Annie Lewis, Rachel McDonnell, Madison Furman. **Back Row** (L to R): Sarah Ratchford, Nikki Beatty, Sarah Smith, Brittany Fortner, Kendall Hicks, Lorin Whitt, Kristin Sachs.



## THE SPOTLIGHT

### coed varsity cheerleading //

The coed varsity cheerleading team reported to Godwin three hours before home football games started—almost as early as the football team. Team members used the time to warm up and practice their stunts, basket tosses and pyramids they would perform during the game.

“My favorite part of being on the team was stunting with the team,” said freshman Katherine Wrona. “Since we had a small squad, everyone plays an important role in making the stunts hit.”

Before each game started, Wrona and her teammates would huddle and break on “Dukes” before running out onto the field. Once on the field, team members started pumping up the crowd. They also began their pre-game rituals, including running the flags, tumbling across field and performing the “We Are Madison” cheer for the crowd.

“My favorite part of cheering at a game is when the team scores a touchdown,” said Wrona. “The crowd gets really pumped and cheers along with us.”

After the game, the team held a meeting to discuss the game and return the equipment to Godwin, including tumbling mats, megaphones and pom-poms.

### all-girl varsity cheerleading //

While most students were still sleeping, members of the all-girl varsity cheerleading team were already awake and “game-face ready.” They had to have their hair and make-up done and be ready to cheer well before the game started.

“I usually showered the night before because we had to curl our hair for the game,” said junior Anne Bianchi. “I got up probably two hours before I had to be at the game, and we had to be there two hours before the game starts.”

Warming up, Bianchi and her teammates practiced all of the stunts they would perform during the game, usually about ten. During halftime, the team stayed on the field and ate a snack for energy before switching sides to cheer for another section.

“We are on the field until the game ends and then we have to carry everything into the gym and we are free to go,” said Bianchi. “It tends to be a long day, but worth it.”

caitlinharrison // writer

# driven by

britnigeer // writer

**f**resh talent, determination and enthusiasm helped the women of the cross country team as they began their season. The team strove to compete at the National Collegiate Athletic Association (NCAA) championships the following fall, and team members used the season to prepare for the tough competition ahead.

With seniors Alison Parris and Jess Propst saving their last season of eligibility till 2010, the predominantly young team focused on its long-term goals of building strength and success through four-hour practices, six days a week. Conditioning and bonding helped the 10 freshman runners adapt and

gain experience in college-level competitions.

"My goal as a runner is to reach my full potential," said freshman Katie Gorman. "I want to become the best that I can be and represent JMU in the best way that I can. We are a cohesive team and through our individual and team goals we are able to succeed."

Each runner had her individual goals, but the women still came together and worked as a team. Relying on their positive attitudes and close family bond, the women competed in the team's largest meet at the Indiana State Pre-Nationals on Oct. 17, and finished in 18th place. The experience helped the women prepare for other large-scale competitions like the NCAA championship.

"We work hard at practice each day and encourage each other to get to where we want to be," said senior Holly Fredericksen. "We are very encouraging and supportive of one another and that kind of attitude definitely pays off in practices and races. We are also very energetic and enthusiastic because we love what we do."

With a promising season ahead of them, the team set out to establish a successful and strong group of runners by adding weight lifting to its conditioning routine. Strengthening exercises included work with medicine balls, free weights, bands and foam rollers.

With the success of Indiana State Pre-Nationals behind them, and the excitement of placing second at the Colonial Athletic Association conference championship, the team enjoyed its season of preparation, keeping in mind the women's ultimate goal: a chance at the NCAA championship.

## THE SPOTLIGHT

alison parris // senior

On a team filled with young talent, senior Alison Parris was a stand-out performer. Although she struggled with anemia and redshirted her freshman year, Parris contributed many successes during her sophomore and junior seasons. Parris led the Dukes to a sixth-place team finish at the National Collegiate Athletic Association (NCAA) Southeast Region Cross Country Championships and ran her best time in the 6,000-meter course at 20:41.5.

"Before the race I felt a little more nervous than normal," said Parris. "Once the gun went off, I was totally in the race and actually beat one of my arch rivals from another school."

Parris' long-term goal had been to make it to the NCAA Championships, held on Nov. 23 in Indiana. As a team, the university did not make the cut for meet, but Parris was invited to compete as an individual runner. Parris was confident that her team would join her for next year's national meet. "I am excited to experience it and see what it is like for next year," said Parris. "[Whatever happens], at least I know I shot for the stars."

bethfeather // writer



# determination



**Front Row (L to R):** Lynne Colombo, Katie Harman, Carole Spoth, Katie Gorman, Kate Otstot, Jessica Propst.  
**Second Row (L to R):** Mariah Hagadone, Kelly Jemison, Amber Lussier, Holly Fredericksen, Ashley Leberfingher, Jessica Zozos.  
**Third Row (L to R):** Jacki Ferrance, Megan Barnes, Alison Parris, Brittany Wilhelm, Heather Lambert, Anne Reiner.  
**Fourth Row (L to R):** Tina Forgach, Mikaela Davis, Brittany Lussier, Christine Toepfer, Michelle Savarese, Mary Cerasa.  
**Back Row (L to R):** Stacey Nobles, Kelly Jones.

Maintaining her pace, senior **Alison Parris** seeks the finish line with determination. Parris was a JMU Athletic Director Scholar Athlete.

photo//courtesy of sportsmedia



With the sun beating down on senior **Jessica Propst**, she remains motivated and steady throughout her race. Propst placed 23rd in the 5,000-meter race at the Eastern College Athletic Conference championships.

photo//courtesy of sportsmedia





# day by day

sarahlockwood // writer

## scoreboard // home-opponent

duke	//	0-4
ohio	<b>state</b>	// 1-0
kent	<b>state</b>	// 3-2
wake	<b>forest</b>	// 1-3
massachusetts	//	0-1
albany	//	2-1
michigan	<b>state</b>	// 1-4
american	//	3-2
towson	//	2-1
delaware	//	1-2
radford	//	8-1
hofstra	//	5-1
drexel	//	3-2
vcu	//	3-0
richmond	//	3-0
north	<b>carolina</b>	// 0-2
william&mary	//	2-1
old	<b>dominion</b>	// 1-2
iowa	//	2-3
northeastern	//	3-2

**T**he women's field hockey players began their season with obstacles. Out of eleven starters, the team lost five players—strongholds who had started for the past three seasons. The loss left a gap in the camaraderie on the field, according to senior Amy Daniel.

"But we're working on it," said Daniel, with an optimistic smile. "We're working on it every day to bring more chemistry to the field."

Team members proved their determination by setting goals, approaching each game with optimism, demanding commitment and sticking together.

"[We] go out as hard as we can," said Daniels. During pre-game practices, the players decided on individual goals. These motivated the players because it gave them a specific aspect of the game to focus on improving. In addition to individual game goals, the team approached the season with some overall objectives.

"We want to be [Colonial Athletic Association] regional season champs and win the championship in conference so we can get an automatic bid to [National Collegiate Athletic Association] and do well there," said Daniel.

But head coach Antoinette Lucas didn't place one particular game above the rest.

"I look at the next game," said Lucas. "One game at a time."

Even when the odds did not favor them, the team went out to win.

"Like always, we're going to go out and do our best," said Daniel. "It's always fun to play the high-ranked

teams and conference teams. They're really tough games and we get really riled up."

The team raised morale before each game through a commitment talk. After warming up, the team stood in a line behind the sideline on the field to listen to inspirational words by one of the upperclassmen. The talks demonstrated to the players "why we are on this team and why we play," according to freshman Tori Lindsey. The speaker concluded by asking the players to step over the line to show their commitment.

"It's pretty cool to watch," said Lucas.

Despite the work they had to put into building chemistry on the field, camaraderie came easily off the field. "Coming in as a freshman was very exciting," said Lindsey. "The upperclassmen are all welcoming and great to be with."

The team always displayed a "willing[ness] to help each other out, whether with a class or getting rides," said Daniel, noting the helpful relationship appeared between players and coaches as well.

"They help us whether as a team or as an individual," Daniel said. "They want you to be the best hockey player you can be."

Some coaches, including assistant coaches Julie Munson and Baillie Versfeld, helped off the field even if it meant helping players study on bus rides.

These relationships, the commitment of each player and the team's goals and determination helped the young field hockey team overcome the challenges it faced. //



**Front Row** (L to R): Vivienne Konijnendijk, Randi Segear, Meghan Bain, Sarah Warlick, Megan Matthews, Jessie Dawson, Tara King, Melissa McNelis, Becky Hilgar, Lindsay Cutchins, Erica Henderson. **Back Row** (L to R): Asst. Coach Julie Munson, Volunteer Coach Cole Werkheiser, Asst. Coach Baillie Versfeld, Kerrie Edmonds, Sam Smierika, Jenna Taylor, Courtney Versfeld, Margo Savage, Kelsey Cutchins, Kristen O'Rourke, Amy Daniel, Rachel Wein, Dolores de Rooij, Tori Lindsey, Auburn Weisensale, Trainer Jackie Downar, Head Coach Antoinette Lucas.





Water sprays off the turf as junior **Amy Daniel** takes a shot at the cage. Poor weather conditions made the turf slippery and difficult for players to compete on.  
photo//courtesy of sportsmedia



Rebounding the ball after a shot, senior **Meghan Bain** regains possession of the ball. Bain started 16 of 19 games after recovering from an injury she suffered in a car accident during her junior year.  
photo//courtesy of sportsmedia

## THE SPOTLIGHT



**MVP**  
Kelsey Cutchins  
Senior  
Psychology major, geography minor  
Suffolk, Va.

### Statistics

- Started all games
- Saves percentage - .796
- Saves - 121
- Shutouts - 1

### Honors

- CAA Silver Anniversary Team as one
- NFHCA Senior All-Star
- Preseason CAA Player of the Year
- First Team All-CAA
- First in CAA in saves (121) and saves per game (6.05)
- Second in CAA in shutouts (3) and shutouts per game (.15)



**MOST IMPROVED**  
Dolores de Rooij  
Junior  
Psychology  
Vaardingen, Netherlands

### Statistics

- Games played - 20
- Games started - 20
- Goals - 13
- Points - 28
- Assists - 2

### Honors

- Preseason All-CAA
- First Team All-CAA
- Fourth in CAA in shots (79)

# trying times



Senior wide receiver **Rockeed McCarter** rushes with the football as University of Maine's defensive back **Darlos James** attempts to bring him down. With nine touchdown receptions, McCarter began the season one reception short of the top-10 career list.  
photo//amygwaltney

kanekennedy // writer

After four straight years of making it to the playoffs, it seemed as if the football team's bid at a fifth consecutive trip to the Colonial Athletic Association (CAA) post season was slim.

At the beginning of the season, the playoffs didn't seem too far out of reach. Playing at Maryland University, the Dukes took the Terrapins into overtime. But the team couldn't hold on, allowing Maryland to kick a 26-yard field goal and end the game 35-38. Considering the reputation of the Division I-A Atlantic Coast Conference in which Maryland played, the Dukes' close finish was a surprising end to a game that many students expected Maryland to win with ease.

"Their top 50 players at Maryland are better than our top 50 players at JMU," said coach Mickey Matthews. "But when they get 11 out there and we get 11, it's just not a lot of difference. It gets down to who's executing and not making mistakes, in this game we did not allow any big plays, and offensively we didn't turn the ball over."

Following the loss at Maryland, the Dukes returned to Bridgeforth Stadium for their home opener against Virginia Military Institute. Having scored 45 points in each of their last two meetings with the Keydets, the Dukes continued this dominance with a 44-16 victory. The Dukes also won the next weekend's game against Liberty University.

But the Dukes encountered trouble midseason, losing to Hofstra University and Richmond University. Against Richmond, junior quarterback Drew Dudzik threw for the Dukes' only touchdown but was forced to leave the game after breaking his foot in the third quarter.

A fumble on the Dukes' six-yard line by freshman Justin Thorpe sealed Richmond's victory.

Homecoming brought defeat by the Villanova University Wildcats. With Dudzik still injured, Thorpe was forced to play the whole game.

"It is very frustrating," said Thorpe. "You just want to make plays. I had the two fumbles and that didn't help. The errors I made were on me and I just can't let it happen."

"This is the youngest team that we have had since 2001," said Matthews. "You look out there and we have got a lot of young kids, but we are not using that as an excuse."

After a loss to William & Mary University, the Dukes recovered on Halloween, posting a 20-8 win over the University of Delaware.

"I had a real good game against Delaware," said Thorpe. "And it gave me a lot of confidence coming into this game [against the University of Maine]."

Thorpe racked up 216 total yards in their game against Maine, while senior Arthur Moats recorded six tackles, resulting in a victory for the Dukes.

"It was definitely important to get the home crowd back under us," said Moats. "When we lost at home I felt like we let the fans down, so it was nice to be back home with a win."

"As JMU we are known as a top team and a winning team, so we have a sense of swagger that we can always go out with confidence," said redshirt sophomore Scott Noble. "But we had lost it and with these two wins we got our pride and swagger back." //





Sophomore tailback **Corwin Acker** holds on to the football as University of Maine sophomore **Jerron McMillian** dives for a tackle. Acker returned a blocked punt for a touchdown during the game against Maine. photo//amygwaltney



## scoreboard// home-opponent

maryland // 35-38  
vmi // 44-16  
liberty // 24-10  
hofstra // 17-24  
richmond // 17-21  
villanova // 0-27  
william&mary // 3-24  
delaware // 20-8  
maine // 22-14  
massachusetts // 17-14  
towson // 43-12

## THE SPOTLIGHT

### pre-gamepreparation//

Inside Zane Showker Stadium on Tuesday, Wednesday and Thursday afternoons, the varsity football team was hard at work. Aside from practices, the team also met on Tuesday mornings to scout the opposition for their Saturday games.

Preparation began early in the morning on game days. For home games, team members woke up around 8:30 a.m. to have meetings and a pre-game breakfast. Each player often had his own pre-game ritual.

"I like to take a nap in the training room for a bit with my music on my iPod on low, and when I wake up I get in the cold whirlpool followed by the hot tub," said sophomore Vidal Nelson, a strong safety. "Then I get taped up by the same trainer always."

He also had specific songs and artists he liked to listen to before the game started. "I like to listen to T.I., Jay-Z's 'The Blueprint 3,' Lil Wayne and of course anything from [Young] Jeezy."

caitlinharrison // writer

# HOLE IN ONE

kanekennedy // writer

**W**ith the loss of the team's two top players, graduates Fielding Brewbaker and Tim Driver, the Dukes looked to their young players to fill the top half of their roster.

"Before the season started, I thought it was going to be a tough year," said Coach Jeff Forbes. "As it turns out, we played three tournaments well and two tournaments poorly."

At their first two tournaments, the team finished in fifth and third place. After finishing in the top five in the next two tournaments, the Dukes traveled to Hawaii for the Kauai Collegiate Invitational, where they posted a second place finish.

"They've got a bright future," said Brewbaker. "Yes, they lost Tim and I, but they've had some top five finishes and they got second at Hawaii. Frankly, I'm not surprised. They have a lot of talent."

One source of talent was junior Mike Meisenzahl, who recorded top 20 finishes in every tournament.

"Mike has stepped up again this year in his play," said Forbes. "He is starting to become a leader on the team."

"Leading this team is what I have been aiming to do since the moment I came to JMU," said Meisenzahl. "I am a person that thrives off being in a leadership position."

The Dukes also benefited from the play of senior Jhonny Montano, sophomores Mike Smith and Chris Wellde, and freshman Ryan Vince, who finished in the top 20 at Spring Hill Suites Intercollegiate and the Sea Trail Intercollegiate tournaments.

"Ryan has been a huge surprise as a freshman," Brewbaker said. "He is playing very well right now, and I am eager to see what he does in the future."

To prepare his team, Forbes focused more on course management and shot preparation than he did in previous years. "Having a young team right now is good because they are much more willing to learn and take advice," said Forbes.

"The advantage of having a younger team is depth. We now have a core as opposed to one or two all-stars," said Meisenzahl. "Collegiate golf is team-oriented and one or two guys can't bring a team a championship. When all five guys are all focused on the same goal, we honestly can compete with anyone"

"To be doing as well as they're doing is pretty crazy," said Brewbaker. "They only have one senior and the underclassmen are really stepping up. They kept it going, and I'm just really proud of them."/>



Sophomore **Mike Smith** does his best to hit the ball out of the sand pit. Smith carded a 4-under-par 212 at the 2009 Kauai Collegiate Invitational held at the Puakea Golf Course in Lihue, Hawaii.

photo // courtesy of sportsmedia

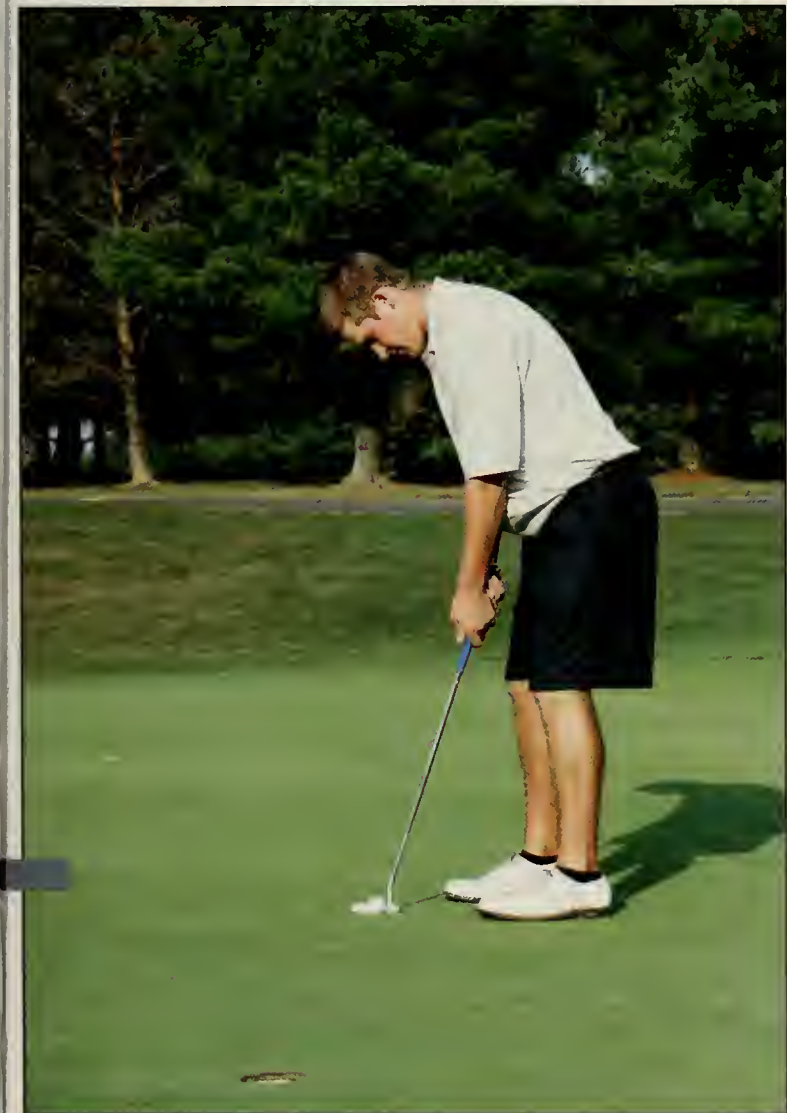


**Front Row** (L to R): Coach Forbes, Jhonny Montano, Garrett Whitmore, Chris Wellde, Chad Mazingo, Jack Bonifant. **Back Row** (L to R): Ryan Vince, Mike Meisenzahl, Rich Leeper, Matt Neely, Mike Smith.

Lining up for the putt, graduate **Fielding Brewbaker** prepares for the shot. During a golf match, it was important for spectators to stay extremely quiet so the players could concentrate on their shots.

photo // courtesy of sportsmedia





## THE SPOTLIGHT



### MVP

Mike Meisenzahl  
Redshirt Junior  
Business Management  
Medford, N.J.

### Honors

- Ranked 9th in the CAA after fall play
- Second-lowest score for an 18-hole round (68)
- Lowest score for a 54-hole tournament (211)



### MOST IMPROVED

Mike Smith  
Sophomore  
Undeclared  
Ponte Vedra Beach, Fla

### Statistics

- Stroke average - 73.6

### Honors

- Named CAA player of the week on Oct. 29
- Ranked 28th in the CAA after fall play

# up to par

mandysmoot // writer

The mission of Coach Paul Gooden was to recruit the best women golfers who could make an impact at the university on the course, in the classroom and in the community—and he was prepared to be patient in achieving this goal.

“It takes a while to build a team,” he said.

After certain teams were cut in compliance with Title IX in 2007, women's golf was awarded scholarship status. The team received six scholarships and had used three as of the 2009 season. Gooden stressed the importance of using them wisely, spreading them over four or five years.

“You can't, after one year, expect to play good,” said Gooden. “You can't throw all your eggs in one basket.”

The seven girls on the team were ranked 71st in the country at the beginning of their season, which Gooden considered “pretty decent” for the team's second scholarship year.

A highlight of the season came with sophomore Nicole Sakamoto's win at the University of Michigan (UM) tournament at the beginning of the season. At the time, UM was ranked

second in the country.

“It is really awesome if we can beat one of the top teams,” said Gooden.

Sakamoto was very proud of her team's performance at UM. “We did well as a team, and I won my first college tournament,” she said.

Many women on the team had been playing golf for more than a decade. Sakamoto started playing golf when she was 11 years old, continuing throughout middle school and high school because she loved the feeling she experienced when the pressure was on.

“Every stroke counts,” said Sakamoto. “You can't afford to mess up.”

Junior Laura Mesa began playing golf when she was 9 years old. Eventually, she quit playing tennis so she could focus solely on golf.

“It's definitely a mental game,” said Mesa. “If you can't control your thoughts and emotions then you will never be successful.”

Junior Kelly Lynch couldn't remember a time when she wasn't playing golf. Her dad got her into junior golf when she was young, and she had been playing it ever since.

“It is a very hard sport that takes constant work and talent,” said Lynch. “You can't just pick up the sport and play automatically. It takes time.”

The women's golf season ran from September to May. By the end of the season, the women wanted to bring their overall team score from 314 to 305.

“Next year we hope to break the 300 area,” said Gooden. “We want to play the best teams, wherever that might be.”

## THE SPOTLIGHT



### MVP

Nicole Sakamoto  
Sophomore  
Dietitics Major  
Honolulu, Hawaii

### Statistics

- Average strokes per round - 74.2

### Honors

- Named CAA co-player of the week on Sept. 17
- First in the CAA after fall play
- Won the Mary Fossum Invitational
- Fourth woman in team's history to break 70 for an 18-hole round

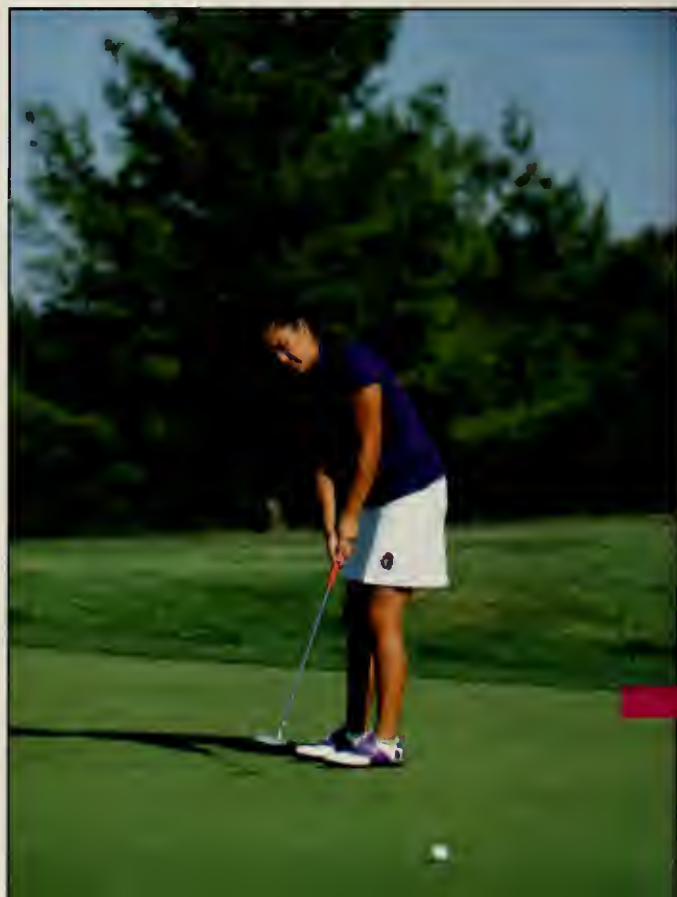


### MOST IMPROVED

Catrin Gunnarsson  
Junior  
Business  
Bankeryd, Sweden

### Honors

- Ranked 18th in the CAA after fall play







Finding her way out of a sand trap, redshirt junior **Mary Chamberlain** chips the ball onto the green. The Dukes' home golf courses consisted of Lakeview Golf Course in Harrisonburg, Va., and Packsaddle Ridge Golf Club in Keezletown, Va.  
photo// courtesy of sportsmedia



Front Row (L to R): Asst. Coach Lisa Gooden, Catrin Gunnarsson, Laura Mesa, Mary Chamberlain, Nicole Sakamoto, Valentina Sanmiguel, Kelly Lynch, Shannon Kramer, Head Coach Paul Gooden.

Dressed in purple and white from head to toe, sophomore **Nicole Sakamoto** putts the ball into the hole. Putters were the most important golf club; almost half the shots taken in a round of golf required a putter.

photo//courtesy of sportsmedia



# defense mechanism

alexledford // writer

**W**ith an older, larger team this year, Coach Tom “Doc” Martin planned to use depth and strength to the team’s advantage. The Dukes ended the season 7-3-2, but it was all about new beginnings for men’s varsity soccer.

“It’s a season of retribution because it’s been a long time since our execution has matched our talent and we are all motivated to prove ourselves this year,” said junior Andrew Harvey. Team members made a conscious effort to start each game more assertively.

“As a team, we really stress starting games off very intense and working so hard that it throws the other team off immediately,” said senior Joel Senior, a captain.

The Dukes began their season the same way they started every game: with aggression. Winning five of their first six games, things were taking off for the team.

They were especially proud of the win against Penn State University, who was ranked in the top 25 of the National Collegiate Athletic Association (NCAA). However, the Dukes began to slow down in the middle of the season, tying American University and losing to University of Delaware.

After two hard-fought games against George Mason University and the College of William & Mary, the team appeared to be regaining some strength. The Dukes began both games two goals behind and fought back to tie George Mason 3-3 and beat William & Mary 3-2.

Beating and tying these powerhouses gave team members confidence.

“We knew we could play with just about anybody out there,” said Martin.

“They approach us with caution,” agreed Senior.

Cautions, another name for yellow cards, turned out to be the team’s biggest enemy during the season. After a player accumulated five yellow cards during the season, he was suspended for one game. With more than 30 yellow cards in the season, many of the team’s key players were suspended from multiple games.

## scoreboard // home-opp

winstars // 5-0
radford // 2-0
duke // 0-2
rider // 3-2
richmond // 2-0
st.joseph // 1-0
uncgreensboro // 1-0
pennstate // 3-0
american // 1-1
delaware // 0-1
vcu // 2-0
georgemason // 3-3
william&mary // 3-2
georgiastate // 0-2
olddominion // 0-1
drexel // 1-0
uncwilmington // 0-2
hofstra // 6-2
northeastern // 1-12
towson // 5-2



Jumping up to grab the ball, redshirt sophomore Justin Epperson blocks a shot from going into the goal. Epperson started as a goalie for four years at Oakton High School in Herndon, Va. photo//courtesy of sportsmedia

“We had a tough time keeping our starting lineup consistent,” said Harvey.

But the team found relief in a deep bench.

“We had a number of players on the team capable of starting, which kept the competitiveness and versatility of our team high,” said Harvey. “Our substitutes gave us a larger boost this year than ones before.”

Even though the team played against tougher opponents, they finished with a better record. Junior CJ Sapong attributed this to the team’s chemistry.

“The team cohesiveness and leadership is spread more evenly throughout the team,” said Sapong.

“We just wanted to be a better team than last year,” said Martin. “Wins and losses don’t always define a season.”

Martin was hopeful the team would improve again next year, saying it had a very strong nucleus coming back that the team planned to build on. //



Dribbling through defenders, redshirt sophomore **Damien Brayboy** heads straight for the goal. The Dukes suffered many injuries during the season, with 11 of the 31 players redshirted. photo courtesy of sportsmedia



# THE SPOTLIGHT

## pre-game preparation //

The day before a men's soccer game, the team had a lighter practice, including a discussion about its opponent for the upcoming game.

The training session emphasized shooting, also known as finishing, free kicks and set plays. The team also worked on tactical patterns, which were especially effective against the team's opponents, according to sophomore defender Bakari Williams.

Williams went to bed early the night before a game, and attended his two classes the next morning before meeting up with the rest of the team.

"At 3 p.m. we have a pre-game meal at 'La Italia' on Port Republic where I always got baked ziti with meatballs," said Williams. "After the meal, I went back to my apartment for a quick nap before driving to the locker room with my roommates around 5:15 p.m."

The players got pumped for the game by listening to music and hearing the game plan from the coaches.

"Once our coaches leave we go into a huddle in which one of our upperclassmen would give us some words of wisdom and motivation," said Williams. After the huddle, team members boarded the bus to take them to the game field to warm up. From there, it was game time.

caitlinharrison // writer



**Front Row (L to R):** Bakari Williams, Johnny Borsellino, Mitch Mori, Paul Wyatt, Adam Bastidas, Markus Bjorkheim, Andrew Harvey, Uche Ukoha.  
**Second Row (L to R):** Daniel DiLullo, Patrick Innes, Stefan Durr, Kieran Rice, Torey Beiro, David Sandford, Jean Tshimpaka, Rahul Chandhry, Damian Brayboy, Joel Senior.  
**Back Row (L to R):** Patrick Stevens, Dale Robbins-Bailey, Billy Swetra, Tom Pollock, Colin Newcity, Matt White, Ken Manahan, Justin Epperson, David Meiklejohn, Jason Gannon, Jonathan Smithgall, Christian McLaughlin, CJ Sapong.



# THAT EXTRA KICK

Preparing for an inside kick, redshirt junior **Kristin Bowers** plays in front of a home crowd. The Dukes' first six games were played at home at the university's soccer complex on the east side of campus.

photo amywaltney



Scanning the field for an open teammate, junior **Cate Tisinger** heads toward the opponent's goal. Tisinger began the 2010 season tied in 12th place for career goals at the university.

photo amywaltney





The women's soccer team had a rocky start to its season as team members struggled to uphold the reputation of the team's prior accomplishments.

"Expectations for this team were very high this year and we got frustrated when we weren't living up to those expectations," said head coach David Lombardo.

The team began the season with several ups and downs, and after losing games that team members expected to win, they worried about their chances of scoring a spot in the Colonial Athletic Association (CAA) conference.

"We lost some disappointing games, but turned around and won the next game," said Lombardo. "We've showed lots of resiliency."

Filled with individual talent and a strong will to succeed, the team redirected its efforts during rough times. The players remained optimistic rather than focusing on their defeats.

"We tried to be really positive and tried to find the fun in the soccer game," said redshirt junior Morven Ross, a team captain. "We tried to take the pressure off to figure out why we're here to play soccer and that has been the main focus."

"We focused on hope and optimism," said sophomore Lisa Heise. "Being positive is what's so important."

Two major accomplishments for the women's soccer team were its wins against Old Dominion University and the College of William & Mary in the same weekend. These wins bumped the team up to second place in the CAA conference, making the Dukes eligible for a chance at the National Collegiate Athletic Association (NCAA) tournament.

The team felt a sense of urgency after its unsteady start to the season.

"We've been thrown obstacles this season, but what defines this team is how we overcome those obstacles," said Ross.

"We struggled in the beginning," said redshirt senior Melissa Reimert.

"Just the fact that we came together when we really had to so that we could make the CAA tournament was a big deal."

After a loss to the University of North Carolina-Wilmington, the Dukes weren't selected for the NCAA tournament. They placed second in the CAA conference.

The Dukes finished their season with a record of 11-8-2 overall and 6-3-2 in the CAA conference.

The team also saw individual achievements. Star player and reigning CAA player of the year, senior Corky Julien, left the university as the second all-time leading scorer. Her efforts, combined with those of junior Teresa Rynier, who held the school record for career assists, greatly benefited the team. //



**Front Row (L to R):** Sarah Zawie, Ariana Ruela, Ashley Flateland, Danielle Corey, Katie Menzie, Charline Cartoux, Morven Ross, Kristin Bowers, Jessica Remmes, Kelly Germain, Elisa Davidson, Theresa Rynier, Amalya Clayton, Theresa Naquin. **Second Row (L to R):** Melissa Reimert, Lisa Heise, Natalie Heintz, Jordan Zarone, Cate Tisinger, Corky Julien, Conna Strickland, Kristen Conrad, Jessica Barndt, Teri Maykoski. **Third Row (L to R):** Student Trainer Brittney Barns, Student Trainer Lauren Pierce, Megan Fessler, Yolie Anderson-Golhor, Stephanie Poucher, Diane Wszalek, Ellen Kimbrough, Asst. Coach Rachel Chupain, Grad Asst. Lindsay Bowers, Asst. Maggie McFadden, Asst. Coach John McClure, Tom Kuster. **Back Row (L to R):** Associate Head Coach Bobby Johnston, Coach Dave Lombardo, Athletic Trainer Nell Brazen.

## THE SPOTLIGHT

### pre-gamepreparation//

Waking up at 8 a.m., she ate a bowl of raisin and spice oatmeal, drank a glass of orange juice and headed to class. It seemed like a typical day for senior Corky Julien, a forward on the women's varsity soccer team, but Julien was preparing for game day. She kept water with her in her classes to stay hydrated and loaded up on carbohydrates and protein at D-Hall.

After lunch, Julien headed back to her room to take a two-hour nap, put on music and clean her room. "I tried to shut out everything," said Julien.

After relaxing in her room, Julien and her roommates, who were also on the team, went to their team room in Godwin to prepare for the game. On the way, they listened to "Spice Up Your Life"

by The Spice Girls, or "Burnin' Up" by The Jonas Brothers. "If we won the last game, we listened to the same song [again]," said Julien. "I also always tried to wear the same lucky spandex."

Once in the team room, Julien used the time to relax, listen to a pep talk from the coach and watch video clips from international games, premiere league games and their own games.

For away games, the team used time spent on the bus to further pump one another up. By the time they arrived on the field, the women were ready to play.

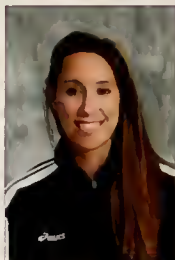
caitlinharrison // writer



# THE SPOTLIGHT

**MVP**

Lindsay Callahan  
Junior  
Media Arts & Design  
Virginia Beach, Va.



**Honors**

- CAA Commissioner's Academic Award as a sophomore
- JMU Athletic Director Scholar Athlete as a sophomore

**MOST IMPROVED**

Kelly Turner  
Sophomore  
Media Arts & Design  
Ontario, N.Y.



**Honors**

- CAA All-Rookie Team as a freshman
- JMU Athletic Director Scholar Athlete as a freshman



Spiking the ball, freshman **Danielle Erb** wins the point for her team. Erb was named to the All-Tournament Team in the university's Days Inn Invitational the first weekend in September.

photo//courtesy of sportsmedia

**Front Row (L to R):** Morgan Maddox, Danielle Erb, Holly Wall, Kelly Turner, Jessica Zeroual, Kelly Johnson, Merideth Riddell, Haley Jacobsen, Lindsay Callahan. **Second Row (L to R):** Manager Jessica Marsala, Sara Dougherty, Lauren Fanelli, Strength and Conditioning Coach Calye Williams, Megan Wiechmann, Natalie Abel, Trainer Erin Moore. **Back Row (L to R):** Asst. Coach Brian Grimes, Head Coach Disa Garner, Asst. Coach Ryan Parker.





# young & restless

amandacaskey // writer

**W**ith only four Colonial Athletic Association (CAA) wins and no seniors on the roster, the women's volleyball team had a learning year. The opportunities for new players to step up were prevalent, but in the end, injuries and a lack of consistency on the court proved to be too much.

"We've faced a lot of struggles," said junior Lauren Fanelli. "Obviously we are a young team, but we've had a lot of injuries and a lot of things we've had to overcome. It's definitely been a learning experience."

Fanelli suffered three injuries personally. She had been dealing with a back injury since January 2009 and suffered a concussion and broken nose during the season.

Junior Lindsay Callahan believed the team members' injuries caused a lot of adversity on the court.

"We had a lot of unlucky injuries, which really prevented us from gaining a lot of improvement in the gym and creating chemistry," said Callahan. "We've been working with a lot of different lineups and I think that prevented us from, unfortunately, clicking."

The holes in the roster from injuries were immediately filled with newcomers. Thrust into the spotlight, freshmen got a sudden taste of college-level athletics.

"You really have to learn how to manage your time and get your work done," said freshman Haley Jacobsen. "You learn fast."

Head coach Disa Garner was faced with many challenges as she worked on the roster for upcoming games.

"All of the [top] teams in the conference mainly have one freshman playing for them, while we have three and four at a time playing," said Garner.

The constant shifts in the lineup proved to be a challenging aspect of the season.

"It's been hard for us to build consistency and confidence because we've had to do a lot of changing

and adjusting for the various things that have popped up along the way," said Garner.

Though the new players were a vital part of the team, the team's record at the end of the season was not enough to achieve a spot in the playoffs. However, the team took pride in interfering with other teams' chances.

"We finally gained that last bit of confidence and got the proof that we know we can do it," said Fanelli.

Many of its CAA matches were close, but the team only achieved victories over four schools.

One close game was against the College of William & Mary, a formidable opponent in the CAA conference. Down after the first two matches, the Dukes came back in the next two only to lose in the fifth match.

"You might not see the wins, but when you get improvements like that, they really lead you to the wins in the end," said Callahan.

The Dukes also defeated seven nonconference teams, but they trailed the competition in 13 out of 26 statistical categories, including kills, aces, serve attempts and block assists. Though the desired results were not achieved, the team stayed positive.

"It's frustrating because it's been a lot of hard work and a lot of hours have gone into it," said Jacobsen. "We just try to think ahead to next season."

Practices usually lasted about three hours and consisted of skill work and watching film of previous games and opponents. In the gym, the women worked on position work, drills and team concepts.

On home game days, the team met up for a pre-game meal and started warm-ups an hour before game time. A locker room dance session always preceded the game in order to get everyone pumped up.

"The main focus right now is just to build a strong core," said Callahan, "and getting our chemistry to get a second chance next year with our younger girls." //

## scoreboard //

home-opponent

moreheadstate // 0-3  
etsu // 3-1  
chattanooga // 2-3  
duquesne // 2-3  
st. francis // 3-0  
hampton // 3-1  
radford // 3-2  
charlotte // 0-3  
northwestern // 0-3  
presbyterian // 1-3  
georgiasouthern // 0-3  
davidson // 3-2  
winthrop // 0-3  
umbc // 1-3  
towson // 1-3  
delaware // 0-3  
william&mary // 2-3  
vcu // 0-3  
georgemason // 1-3  
norfolkstate // 3-1  
northeastern // 0-3  
hofstra // 0-3  
delaware // 3-2  
towson // 3-1  
georgiastate // 3-2  
uncwilmington // 3-1  
vcu // 1-3  
william&mary // 0-3  
georgemason // 1-3



Sophomore **Natalie Abel**, the libero on the team, positions herself for the shot. A libero was a player specialized in defensive skills, who wore her jersey in a contrasting color from her teammates and could not block or attack the ball when it was entirely above net height.  
photo: courtesy of sportsmedia





# winter sports

Men's Basketball

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Women's Basketball

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Swim & Dive

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# enter the MADhouse

caitlincrumpton // writer

As a team with the potential to walk away with a regular season title, the last thing the men's basketball players expected was to end the season with only nine active team members on the roster and a losing conference record.

Team members overcame adversity early on when they lost sophomore Devon Moore, a starting point guard, to a season-ending knee injury in a preseason scrimmage against Hampton University. The Dukes' luck continued to dwindle when more injuries and academic ineligibilities caused several players' seasons to be cut short.

"We lost some good players and had to revise our plan for this team, and our goal now is just trying to improve every day," said Coach Matt Brady, who completed his second season with the Dukes.

With these unexpected obstacles, there were big roles left unfilled. One player that capitalized on the opportunity to get more minutes was junior Ben Louis, who "displayed terrific passing skills and defensive presence," according to Brady.

Another significant player who impacted the team was a transfer student from Texas A&M University, junior Denzel Bowles, who described himself as "the big man" that the program needed. Bowles, a forward, led the team in scoring and rebounds, averaging 20.8 points and 9.2 rebounds per game.

"I was welcomed in [the program] and had a smooth transition," said Bowles. "I've been able to play and be a focal point on offense."

Three freshmen who received a significant amount of playing time due to the unusual circumstances were guards Darren White and Alioune Diouf, and forward Trevon Flores. White, Diouf and Flores were all exposed to the differences between collegiate and high school basketball early on, when they were asked to step into positions that were normally filled by older players.

One player who was comfortable with the level of play in the league, senior guard Pierre Curtis, expressed "the frustration of leading a

young team throughout the year." Curtis felt compelled "to be more vocal day in and out, and be a leader for the younger guys."

With four years of experience under his belt, Curtis took over as starting point guard when Moore got injured, and finished his season by scoring more than 1,000 career points and setting new school records in career games played, games started, assists and steals.

Although the team felt pressure throughout the season, it still pulled out some close wins.

One game that proved the Dukes' underlying talent was their home victory over Virginia Commonwealth University. With only 43 seconds remaining in the second half, sophomore forward Julius Wells hit a tie-breaking three-pointer to advance the Dukes 72-69. Curtis followed, sinking four free throws in the last 18 seconds of the game to secure the 76-71 win.

"If we play hard like we know we can, we are a team that people don't want to play," said Curtis. "If we put it all together, we have a good chance to upset teams."

Even though the team fell short of a winning season, the players' challenges allowed them to focus on long-term improvement in the seasons to come.

"We are not concerned with end results," said Brady. "We are more process-oriented and do what we need to do as a group to improve. We focus on getting better, not winning games."

With all the unexpected obstacles that the Dukes faced throughout the season, the team took the trials in stride and concentrated on developing a strong future program. //



Front Row (L to R): Devon Moore, Ryan Knight, Darren White, Pierre Curtis, Ben Louis, Dazzmond Thornton, Julius Wells. Back Row (L to R): Alioune Diouf, Matt Parker, Trevon Flores, Alvin Brown, Denzel Bowles, Andrey Semenov, Eric Beard.

## THE SPOTLIGHT



### MVP

Denzel Bowles  
Junior  
Justice Studies  
Virginia Beach, Va.

### Statistics

- Total points this season - 520
- Total rebounds this season - 230
- Games played - 25
- Games started - 25

### Honors

- All-conference CAA second team



### SOPHOMORE SPOTLIGHT

Julius Wells  
Sophomore  
Justice Studies  
Toledo, Ohio

### Statistics

- Average points per game - 16.3
- Total steals this season - 30
- Games started - 32

### Honors

- 2009 CAA Rookie of the Year
- All-conference CAA third team





With arms outstretched, junior **Denzel Bowles** attempts to make a basket while **Kelvin McNeil** of University of Delaware tries to block the shot. Bowles transferred to the university from Texas A&M University in the spring of 2009.  
photo://courtesy of sportsmedia

Senior **Pierre Curtis** tries to maintain control of the ball as his opponent reaches in for the steal. Curtis became the 24th player in the team's history to score 1,000 points in his career.  
photo://courtesy of sportsmedia



## scoreboard //

home-opponent

- ohio**state** // 44-72
- murray**state** // 43-71
- florida**international** // 81-68
- north**carolina**central // 79-66
- umbc // 53-51
- norfolk**state** // 72-64
- georgia**state** // 44-49
- eastern**michigan** // 64-75
- gardner-**webb** // 78-57
- fordham // 85-73
- northeastern // 61-73
- delaware // 71-65
- old**dominion** // 72-74
- towson // 69-66
- william&**mary** // 78-85
- george**mason** // 71-82
- drexel // 57-78
- unc**wilmington** // 64-67
- radford // 67-63
- william&**mary** // 65-63
- george**mason** // 68-70
- hofstra // 48-68
- towson // 78-81
- old**dominion** // 44-64
- vcu // 76-71
- georgia**state** // 72-77
- canisius // 66-70
- longwood // 96-86
- vcu // 62-76
- drexel // 64-67
- drexel // 65-70
- william&**mary** // 65-70



Freshman guard **Tarik Hislop** tries to keep her opponent from passing the ball. Hislop was named Colonial Athletic Association Rookie of the Week in December after scoring 15 points against Liberty University and 14 points against the University of Virginia. photo: courtesy of sportsmedia



Fighting for the rebound, sophomore center **Rachel Connely** jumps up to get the ball in a game against Virginia Commonwealth University (VCU). In the Feb. 25 game against VCU, junior Dawn Evans scored a game-high 34 points. photo: courtesy of sportsmedia

## THE SPOTLIGHT

### MVP

Dawn Evans  
Junior  
Health Sciences  
Clarksville, Tenn.



### Statistics

- Total points this season - 763
- Games played - 31
- Games started - 31

### Honors

- CAA Tournament Most Outstanding Player
- All-conference CAA first team

### SENIOR SPOTLIGHT

Sarah Williams  
Senior  
Finance  
Wilmington, Del.



### Statistics

- Total steals this season - 51
- Total rebounds this season - 213
- Average points per game - 8.6

### Honors

- All-academic CAA first team
- Team captain





# slam dunk season

amandacaskey // writer

The women's basketball team had another winning season with an overall record of 20-6 and a Colonial Athletic Association (CAA) record of 10-5. Even with injured players, the team took wins against several tough opponents, including George Mason University, Old Dominion University and Virginia Commonwealth University. These victories gave the team both reasons to celebrate and opportunities to learn.

"The team went through a dry spell where we just could not find the energy to play," said freshman Tarik Hislop. "But we overcame that because we know how good we can be and we all have the same goal, which is to win a CAA Championship."

According to junior Dawn Evans, the team experienced phases where players put less effort into their performances, although the team and coaches couldn't pinpoint why. But this lack of consistency did not have a negative effect on the team's record. The Dukes had experienced winning seasons for four years, ever since the majority of the team—now upperclassmen—were freshmen.

"Even though this season was more challenging because everyone is talented, I enjoyed [it] because we have a great team and it feels good to beat other great teams," said Hislop.

One season highlight was when the team defeated Drexel University at home after losing to them on the road. The Dukes had lost to Drexel by one point in their first CAA game of the season. But after meeting them for a second time later in the season, the Dukes pulled out an impressive 73-56 win, with Evans scoring 31 points.

The Dukes experienced a similar situation when they first played Towson University. When the game went into overtime, the Dukes won by just four points. However, upon meeting them a second time at home, the Dukes destroyed the Tigers, 67-35. Games such as these demonstrated how the team

grew throughout the season by overcoming setbacks.

Injuries were prevalent, which the team took in stride. Junior Lauren Jimenez recovered from a knee injury from the previous season and was able to contribute to the team by playing often.

"I had to get used to playing again," said Jimenez. "My knee still hurts at times."

Jimenez was sidelined again this season in one of the final games, where she suffered a concussion and broken nose.

Evans also suffered an injury toward the end of the season to her ankle, but was not out for long. As the lead scorer for the National Collegiate Athletic Association (NCAA) from Dec. 21 through Jan. 30, Evans was recognized as the leader in three-pointers. Evans also scored a record 38 points in the Duke's win in overtime against Delaware University. She was named CAA Player of the Week for the week ending Feb. 21.

According to Evans, the team practiced at least five days out of the week, including drills, plays and competition between teammates.

"The harder we go in practice, the better we get," said Evans. "If I could describe it in one word, it would be intense."

No matter what the team faced, the coaching staff supported the team the entire season. Head Coach Kenny Brooks and his staff pushed the team to not only win games, but to be better players in general.

"The coaching staff motivates me by pushing me every day in practice to become a better player," said Hislop. "They are always available if I want extra shooting or help with plays or the scout. They love their job, which makes it a fun environment."

The team appreciated everything the coaches did for the players and wanted to prove their worth to them, according to Jimenez, who added, "when someone does that much for you, it's only right to make this program better and work our hardest for them."//

## scoreboard //

home-opponent

georgetown // 79-76  
virginiatech // 66-59  
austincepeay // 83-56  
wcu // 80-63  
liberty // 60-50  
virginia // 75-73  
sienna // 85-57  
duke // 65-79  
longwood // 85-67  
lafayette // 86-54  
westernmichigan // 74-65  
drexel // 67-68  
georgiastate // 67-61  
georgemason // 62-50  
towson // 72-68  
olddominion // 58-67  
northeastern // 64-57  
georgiastate // 67-61  
hoftra // 62-69  
towson // 67-35  
vcu // 71-56  
drexel // 73-56  
william&mary // 56-64  
uncwilmington // 67-70  
delaware // 88-83  
olddominion // 65-59  
vcu // 79-70  
william&mary // 67-53  
georgemason // 53-65  
uncwilmington // 67-40  
vcu // 79-70  
olddominion // 67-53  
temple // 53-65



Front Row (L to R): Graduate Assistant Tim Clark, Director of Operations Jenna Burkett, Tarik Hislop, Kiara Francisco, Sarah Williams, Dawn Evans, Courtney Hamner, Strength Coach Greg Werner. Back Row (L to R): Athletic Trainer Sherry Summers, Assistant Coach Sean O'Regan, Head Coach Kenny Brooks, Lauren Whitehurst, Lauren Jimenez, Rachel Connely, Kanita Shepherd, Nikki Newman, Jalissa Taylor, Associate Head Coach Jackie Smith Carson, Assistant Coach Lindsay Smith.

# making a splash

maryclairejones // writer

**W**hile being in the pool for hours on end might have sounded like fun and games, for the women on the swim and dive team, it was also a lot of hard work. Team members relied on one another to stay motivated throughout the season.

“Our team has a very unique dynamic,” said senior Julie Stefanski, one of the swim team’s three captains. “My favorite part of the team is the people. Our sport can get very hard mentally and physically, and without the family of teammates we would never be as successful.”

The women practiced nine times during the week, which included time in the pool, dryland practice and weight training. Their hard work paid off in the team’s eight meets, with six away and two at home. The most important meet, however, was the Colonial Athletic Association Conference Championship in February.

“The Conference Championship is the focus of our season,” said Dane Pedersen, the assistant coach. “All of our training, all of our competition is focused on training to perform at maximum level for the Conference Championship.”

Swimming and diving well at meets wasn’t the only motivation to train hard—meets were also some of the most fun the women had together.

“For me, the most fun [was] showing what all our hard work does,” said head diving coach, Becky Benson. “There’s a misconception about the training we do. I always get asked how we get the girls so strong.”

When they weren’t training in the pool, the team ran dryland practice, including work on the trampoline and hurdles.

“We have a pretty long season,” said junior Jessica Everett, the diving captain. “Our first meet is in October, and the divers’ postseason meet is in March, so we are in season most of the year.”

The divers typically traveled with the swim team. Although they competed at different times, the women were together most of the time cheering for one another. This camaraderie was something that ran through the entire team, whose members commonly referred to themselves as a family.

“The other girls on the team are some of my best friends and I couldn’t imagine it any other way,” said Everett. “The swim and dive team is also one unit, which is something that is very special to the JMU program, because we try to always support each other.”

“The day-to-day interactions are the best part,” said Pedersen. “We’re a close-knit group, and they swim the fastest when they’re having fun.” //



Freshman **Janene Senofonte** comes up for air while swimming the butterfly, one of the more difficult strokes. With a specialty in sprints, Senofonte won the 100-meter butterfly event against Marshall University, where the Dukes broke four pool records.  
photo courtesy of sportsmedia




## scoreboard //

home-opponent

vmi // 254-21  
georgetown // 187.5-112.5  
radford // 173-110  
olddominion // 207-146  
northeastern // 248-104  
william&mary // 161-190  
towson // 131-169  
loyola // 244-56  
marshall // 180-108



Diving off the starting block, junior **Layne Eidemiller** begins her event. Layne's younger sister, freshman Emily Eidemiller, also swam for the women's team.  
photo: courtesy of sportsmedia



**Front Row** (L to R): Laura Edwards, Carne Greene, Morgan McCarthy, Erika Lupacchino, Julie Stefanski, Beth Feather, Jessica Everett, Lauren Broussard, Morgan Hammond, Lisa Colapietro, Layne Eidemiller. **Second Row** (L to R): Andrea Crnsuolo, Carly Gibson, Christina Lepore, Becca Senn, Kimberly Helfrich, Leah Webber, Caroline Burns, Emily Vance. **Third Row** (L to R): Jackie Hartman, Melissa Helock, Janene Senofonte, Emily Eidemiller, Lauren Kranz, Jean Rodini. **Back Row** (L to R): Rebecca Hunt, Anna Susko, Kate Kessler, Emily Konieczny, P.J. Naber, Amanda Hauck, Kristen Wolla, Samantha Holland, Nicole Jotso, Chelsea Savage.

## THE SPOTLIGHT

### juliestefanski//

For most student athletes, balancing academics and a busy sports schedule could be difficult and stressful. For senior Julie Stefanski, a member of the swim and dive team, taking advantage of the resources offered to student athletes, using her free time wisely, and visiting the study center in the Robert & Frances Plecker Athletic Performance Center (APC) helped her reduce her stress levels.

"From freshman year on, I had to implement study strategies and management skills to make sure I stayed on top of all my school work," said Stefanski, a communication sciences and disorders major. "Swimming at the college level has taught me a new level of dedication to my sport, but this also carried over to schoolwork."

Head coach Samantha Smith emphasized the importance of balancing athletics and academics, applauding the team members for managing their time well.

"Our first priority was academics," said Smith. "We expected excellence in the classroom but it is not a message we had to repeatedly remind them. They have been an Academic All-American team [achieving above a 3.0 team GPA] since I've been the head coach and this is my sixth year."

Stefanski's balance between swimming and her classes paid off in both areas, placing her on the President's List her junior year, and winning her the Colonial Athletic Association Commissioner's Academic Award and recognition as an Athletic Director Scholar Athlete at the university. Stefanski also gathered three top-5 finishes in the team's home meet against Marshall University on Feb. 4, two in individual freestyle events and one as a member of the 200-meter freestyle relay team.

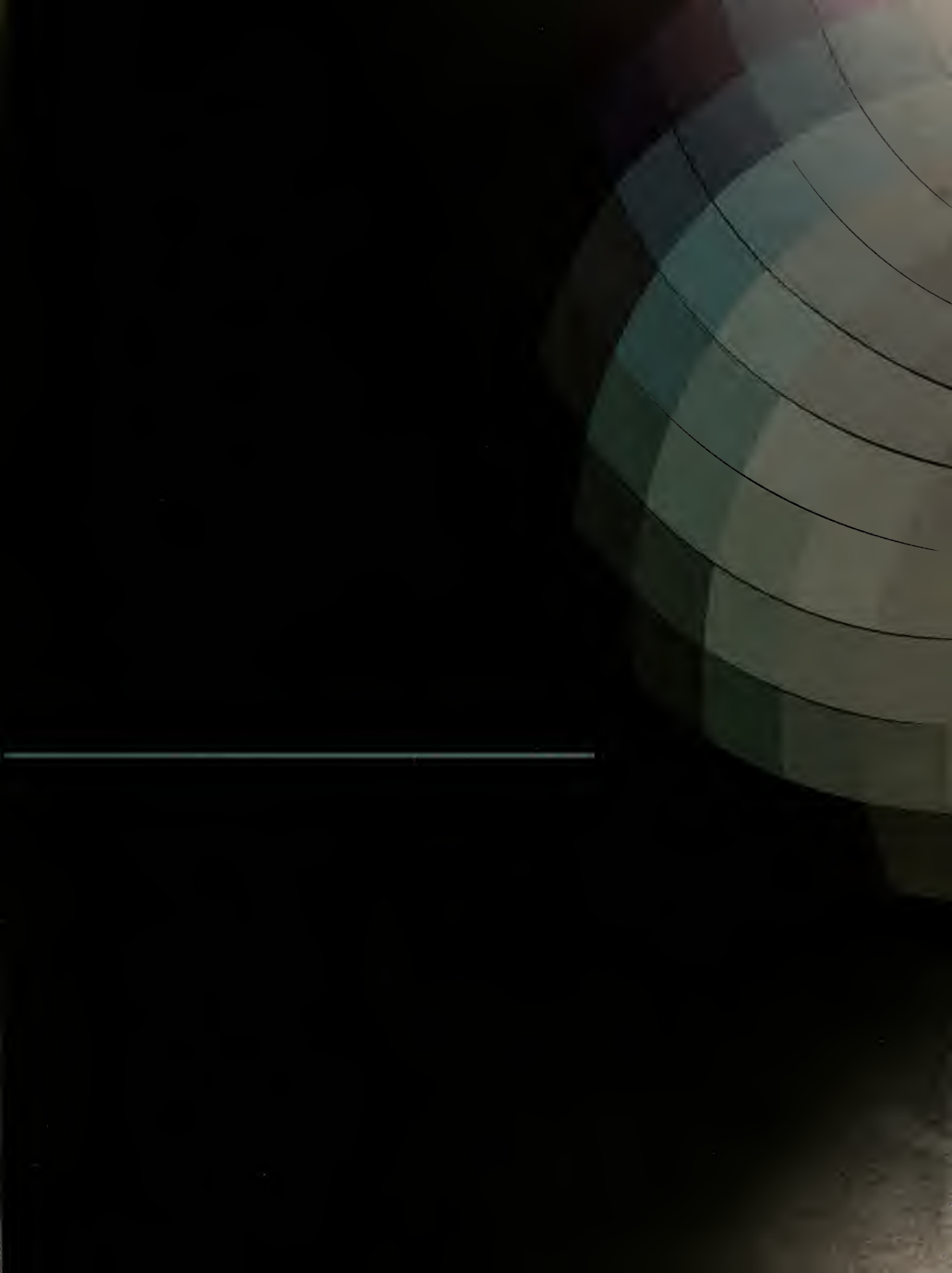
"I felt that my season went pretty well," said Stefanski. "My best times were at the end of the season." //

caitlinharrison // writer

*inclosing//*

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Sophomore **Andy Smith** and freshman **Sean O'Neill** run onto Zane-Shawker Field in Bridgforth Stadium before a game. The 2009 season was the last season before the expansion of the stadium began.  
*photo // courtesy of sportsmedia.*



For underclassmen, we hope that you find your dimension in the university and become involved in an area that best fits you. For those who are graduating or moving forward, we hope that your experience at the university will help you lead a productive and meaningful life in whatever field you may pursue.

The multiple dimensions of the university and community have introduced us to a variety of interests, beliefs and values. As Madison students, we are constantly inspired to succeed as educated and enlightened adults, and to be understanding of others. The faculty and administration have encouraged us to explore different views and cultures, including those outside of the Harrisonburg area.

It is now our responsibility to use this knowledge to continue the tradition of being open to all new people we might meet, and situations we may encounter in the future.

Determined, a cheerleader works on a new stunt while practicing on the Quad (right). Students flocked to the Quad during the warmer months of the spring semester to hang out with friends or study. The administration was planning significant changes as part of the university's Master Plan, including a tunnel under the Quad that would allow students to easily access the new Performing Arts Center and parking garage. Although the parking deck was already open to students and faculty, the Performing Arts center would not open until the fall of 2010.  
photos / nicolasantarsiero & jessicadodds





**we are evolving.**



Losing themselves in their performance, members of the dance team move around the stage (left). The university offered several different opportunities to develop new interests in areas like modern and contemporary dance. Students were also encouraged to explore new research in the sciences and humanities. Faculty and staff applied for grants that allowed undergraduates to assist with research, an opportunity that was typically only available for graduate students.  
photos /jessicadodds & alyssaviars





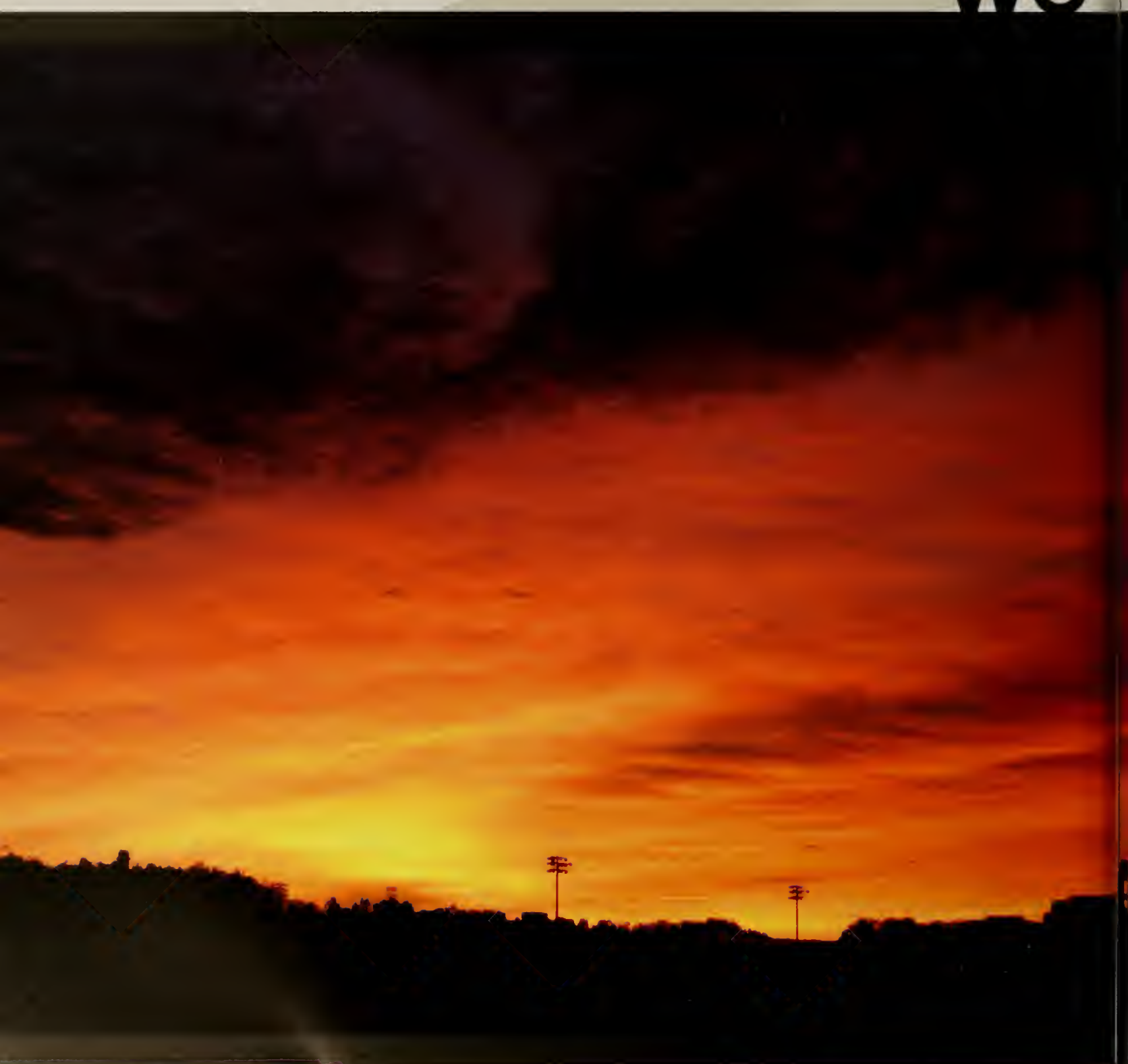
**we are discovering.**



With mixed feelings about the future, graduate **Lily Baldwin** gives one last hug to the James Madison statue on the Quad (right). "We were excited to graduate, but sad too," said graduate Logan Stana, Baldwin's freshman roommate. "I loved being able to spend the ending of my undergraduate years with my freshman roommates, who were there with me from the beginning." Graduates faced an uncertain job market, but some relied on Career and Academic Planning to aid in the transition. As they entered the real world, they took with them James Madison's advice to "arm themselves with the power which knowledge gives."

photos | jessicadodds & joedebordIII

**we**





are moving forward.



# letter *from* the editors

Dear Readers:

The 2009-2010 academic year has been a year of drastic change for us as members of the James Madison University community, as residents of Virginia, and as residents of the United States. We've seen hysteria caused by the H1N1 virus, budget cuts that threatened student scholarships, and international devastation caused by massive natural disasters. We've also seen students, faculty and staff come together to fundraise through Madison For Keeps, dive into new research about the beta-amylase protein in the Thale cress plant, and sit back to enjoy the laughter at events like "Whose Line Is It Anyway" and Aziz Ansari's standup comedy performance.

While the world around us is changing, it has also been a year of drastic change for *The Bluestone*. We've cut the page count from 400 pages to 352, to focus on making the 101st volume of *The Bluestone* the best it can be. We've overhauled the design to create a more contemporary feel and a more unified book. We've broken up longer sections of writing into shorter, snappier coverage with sidebars, behind-the-scenes reporting, and backstage interviews with the entertainment acts that performed on campus.

Our theme this year is a reflection of the many faces of the community and the changes that we all have both experienced and initiated. Our campus is multi-faceted, brimming with endless opportunities to become involved. It's almost impossible not to find your own niche.

The editorial board thanks the student body, the professors, faculty and staff for making our university such a unique place, and for allowing us access into your lives, your classrooms, and your events. We feel privileged to cover the ins and outs of the university, and are glad to have had the opportunity to explore each dimension of our community.

*The Bluestone* couldn't be done without the help of hundreds of individuals, but first and foremost, we'd like to acknowledge all the efforts put into the book by our adviser, Kristi Shackelford. We appreciate your guidance and the time you commit to every little detail from August until May.

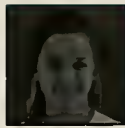
We'd also like to acknowledge our Taylor Publishing Company representative, Brian Hunter. From helping us pick our fonts over the summer, to submitting the final cover proof in February, you have guided us in creating this wonderful book from the ground up. Through your continued encouragement, you have become not only an adviser, but also a friend.

As a final note, we hope that while reading the book, you are able to see the multiple dimensions of the university that make our community so special and unique. We hope you enjoy *The Bluestone* as you look back on this year, and we hope you enjoy it equally as much when you reflect on your time at the university in the future.

*The 2009-2010 Editorial Board*



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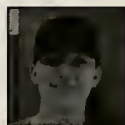
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## PRODUCTION//

The 2010 *Bluestone*, volume 101, was created by a student staff and proudly printed by Taylor Publishing Company on Kimori presses at their Dallas, Texas facility. The 352 pages, which cover March 2009 through March 2010, were submitted on compact disc and on the Internet using Macintosh versions of Adobe InDesign CS4 and Microsoft Word 2008. Photographs were edited with Adobe Photoshop and Lightroom. Graphics were created with Adobe Illustrator. Brian Hunter and Ashby Pollard served as publishing representatives and Glenn Russell as the account executive.

## THEME//

The theme, Dimensions, was developed by Sarah Chain, Parvina Mamatova and Rebecca Schneider. Tiffany Brown, Beth Feather, Caitlin Harrison, Matthew Johnson, Beth Principi and Natalie Wall were also involved in brainstorming and selecting the theme.

## COVER & ENDSHEETS//

Designed by Parvina Mamatova, creative director, in collaboration with Rebecca Schneider, editor in chief, the cover material is Teal #754 Lexotone with a Black #910 silkscreen application. The endsheets are printed with 100% black ink on one side, with full-bleed on all sides. Endsheets paper stock is 65 pound cover weight and the content paper stock is 100 pound dull enamel.

## DESIGN//

Parvina Mamatova designed the dividers, title pages and accompanying graphics. Rebecca Schneider designed the closing and index. Parvina Mamatova and Rebecca Schneider designed the theme pages. Susy Moon, Sonya Soroko and Anna Thompson helped design the student life features section. Samantha Thompson contributed to the academics section and Kristin McGregor assisted with the varsity sports section. Parvina Mamatova, Rebecca Schneider and Mary-Kate Wilson designed the organizations section. All section design, layout and typography was finalized by Parvina Mamatova and Rebecca Schneider.

## TYPOGRAPHY//

Type styles used in the 2010 *Bluestone* include the Helvetica Neue and Minion Pro font families. Body copy is Minion Pro Regular 10pt with 13pt leading. Subheadlines within the student life features section are in Helvetica Neue Thin 20pt with 24pt leading. Sidebar titles use Minion Pro Display and Helvetica Neue, and alternative copy uses Helvetica Neue Light. The varsity sports section headlines and drop caps are Harabara and Soolidium. All photo captions are written in Helvetica Neue Light 7.5pt with 9pt leading and all bylines are 12pt Helvetica Neue Light and Medium.

## PHOTOGRAPHY//

Unless otherwise noted, all photographs were taken by *The Bluestone* staff and contributing photographers. Portraits in the academics section were taken by Candid Color Photography of Woodbridge, Va. Group photographs in the organizations section were taken by Natalie Wall, photography director, and Tiffany Brown, assistant photography director. All athletic team photos were provided by Sports Media Relations, unless otherwise noted. Closing photo courtesy of JMU Photography Services. All digital photos were taken on a Nikon D60, Nikon D3000m Canon Digital Rebel XT1 or Fuji S6000.

## ORGANIZATIONS//

Pages within the organization section were purchased by the featured groups. All university-recognized organizations were invited to purchase coverage through direct mailings and informational e-mails.

## EDITORIAL//

Editorial content does not necessarily reflect the views of the university. The editor in chief accepts responsibility for all content in the book.

## CONTACT//

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# special*thanks*

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Christopher Gascoigne

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*memoriam*























